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 AMA House, First Floor, Opp. H. K. Arts College, Ashram Road, Ahmedabad - 380 009
 Phone: (079) 2658 8775

Email: amagsbima@yahoo.co.in • Website: www.ahmedabadmedicalassociation.com

DR. DILIP B. GADHAVI
 President - AMA



DR. GARGI M. PATEL
 Hon. Secretary - AMA

Imm. Past President - **DR. KIRITKUMAR C. GADHAVI**

VOL. 16

NOVEMBER-2021

ISSUE-7

HIGHLIGHTS

Programme

01-12-2021 Public Awareness Programme
 12-12-2021 Yoga Shibir
 to
 21-12-2021

Article

HIV update : Dual drug therapy-is there a bright future ? By Dr. Vipul V. Shah

- IVF - ICSI (Test Tube Baby Center)
- Blastocyst Culture
- Operative Laparoscopy & Hysteroscopy
- Thermal Ablation
- 3D (4D Live) Color Sonography



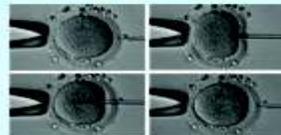
IVF



Dr. Laxmi Agrawal
 (Art Specialist)



Dr. Hasmukh Agrawal
 (Art Specialist)



Reshambai fertility Hospital

Center For Human Reproduction ivf-icsi (Test Tube Baby Center)

Swastik Complex, Opp. Rajsthan Hospital,
 Shahibaug, Ahmedabad-380 004.

Phone : 079-22863777 / 3444, M. : 094266 70791 Fax : 22865596
 E-mail : info@reshambaiivf.org • Website : www.reshambaiivf.org

Time : 10.00 a.m. to 2.00 p.m. • 5.00 p.m. to 7.30 p.m.



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'SECRET TO SUCCESS IS THE RESULT OF UNITY, HARD WORK AND PERSEVERANCE'

Message From President's & Hon. Secretary's Desk



Dear members,

"Anything is possible if you have the mindset and the will and desire to do it and put the time in"

Roger Clemens

In spite of a lot uncertainty regarding restrictions due to prevailing pandemic situations & in turn having a very less time to organize the event, we had an excellent programme on 24th October 2021 – GIMACON 2021. The event was graced with presence of Shri Rishikeshbhai Patel, Honourable health minister of Gujarat; Dr. Himanshu Pandya, the Vice Chancellor of Gujarat University & Dr. Jitubhai Patel, Past president of IMA. We are thankful to our entire team & especially, Dr. Bipin Patel, Dr. Mehul Shah & Dr. Mahesh Patel for their constant support in organizing the event. We congratulate Dr. Paresh Majmudar & Dr Mehul Shah respectively as the new president & secretary of IMA, GSB.

ॐ नमो भगवते धन्वन्तरये अमृतकलशहस्ताय सर्व आमय

विनाशनाय त्रिलोकनाथाय श्रीमहाविष्णुवे नमः ॥

Chanting the धन्वन्तरि mantra on occasion of धन्वन्तरि poojan on 2nd November (धनतेरस) created a wonderful divine environment. Dr. Snehal Kale very nicely conducted the spiritual event.

We are thankful to all the doctors who gave their consent to provide their on-call services to the society during festival season. The list of doctors of different specialty was given to the media

during press conference. The media also appreciated our perspective & gave good coverage on print & electronic media to deliver our message to the society / beneficiaries.

Hope, everyone has a wonderful Diwali. We wish all a very happy, healthy & prosperous new year.

The Gujarat is now considered the capital of diabetes. So, on 14th November, the Diabetes day, we did a holistic & three dimensional efforts to cover this topic. Dr. Urvesh Shah managed the event meticulously. We are thankful to Dr. Banshi Saboo & Diacare for sponsoring the CME on Diabetes day; & we are also thankful to RSSDI-Gujarat chapter for supporting the event.

14th November is also celebrated as Children's day. At AMA, we arranged "Kids- carnival" a wonderful celebration with active participation of Childrens of our members. Dr. Maulik Sheth, Dr. Kalpita Dave & Dr. Hetal Shah very nicely coordinated the event.

For the students, after appearing in NEET UG, whether they have cleared the exam or not, "what is next step?", often remained as the puzzle. To answer their questions, we organized an orientation programme on 17th November. Dr. Ashok Nirwan & Dr. Manish Solanki very nicely gave their presentation, answering all the queries in mind of aspirants of medical & paramedical courses.

1st December is observed as "World AIDS Day". This year the theme for the 2021 observance is "Ending the HIV Epidemic: Equitable Access, Everyone's Voice". With this, theme, we will be organizing a facebook live public awareness programme.

"United we stand, divided we fall", with this motto, we are doing a strong membership drive for IMA. With support of all we will be adding a huge numbers of new life members of IMA.

Jay AMA, Jay IMA

Dr. Dilip B. Gadhavi

President

Ahmedabad Medical Association

Dr. Gargi M. Patel

Hon. Secretary

Ahmedabad Medical Association

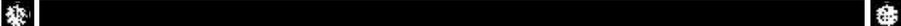
GIMACON-2021



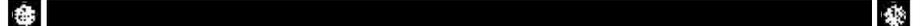
GIMACON-2021



GIMACON-2021



GIMACON-2021



GIMACON-2021



Doctor on Call - 02-11-2021



Dhanvantari Pujan on 02-11-2021



AMA Scientific Programme on 14-11-2021



AMA Scientific Programme on 14-11-2021

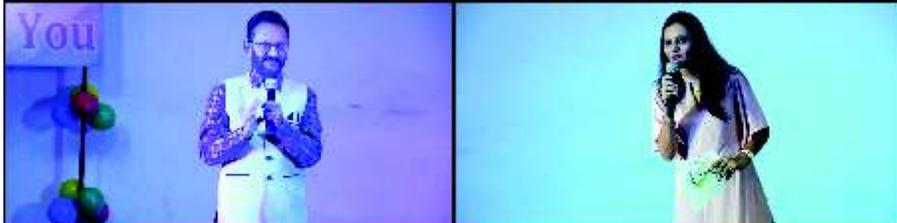


AMA Scientific Programme on 14-11-2021



Be a Member of
F.B.S.,
S.S.S.,
P.P.S.,
Health Scheme
and N.S.S.S.

Kids Carnival Programme on 14-11-2021



Kids Carnival Programme on 14-11-2021



Kids Carnival Programme on 14-11-2021



Kids Carnival Programme on 14-11-2021





Ladies Club Programme



IMA Membership Drive



IMA Membership Drive



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AHMEDABAD MEDICAL ASSOCIATION YEAR : 2021-2022

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DR. PATEL VAIBHAV NAVINCHANDRA 9825235347	MANINAGAR	DR. RAJGOR JAGDISH BHANABHAI 9998461904	MANINAGAR
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DR. KAMLESH PATEL	DR. SNEHAL KALE	DR. DHIREN R. MEHTA	DR. VIPUL TURKHIA

Public Awareness Programme

A public awareness programme will be held on "World AIDS day".

Platform	: Live on facebook page of AMA & You-tube
Date	: 1st December 2021
Time	: Will go live on 10.00 am
Theme	: END INEQUALITY END AIDS
Expert	: Dr. Bipin K. Amin, Ex Professor, Medicine, BJ Medical College

Coordinator : Dr. Kalpita Dave

Dr. Dilip B. Gadhavi
President, AMA

Dr. Gargi M. Patel
Hon. Secretary, AMA

YOGA SHIBIR

Late Dr. C. C. Raval - Divya Jivan Sangh
For Doctors & their Family Members

Date	: 12-12-2021 to 21-12-2021
Time	: 07:00 a.m. to 08:00 a.m.
Venue	: AMA Premises

Yoga is a great way to work on your flexibility and strength. Just about everyone can do it.

ADVANTAGES : Yoga's incorporation of meditation and breathing can help improve a person's mental well-being. Regular Yoga practice creates Mental clarity and calmness, increases body awareness, relieves chronic stress, relaxes the mind centers and sharpens attention. It also helps to build up immunity and improves respiration and lung capacity. So in current Corona period Yoga is the best weapon to fight against Corona and useful for prevention.

10 Benefits of Yoga :

- Improve flexibility
- Improve strength and posture
- Stretches & Tones your muscles
- Better all round fitness
- Maintain Weight
- Increase your energy
- Reduce stress
- Breathe better
- Be happier
- Become more mindful i.e. alert

Registration fee Rs. 50/- per person

This Shibir will be conducted by
Dr. Pushpa P. Multani (Qualified Yoga Teacher)

Dr. Dilip B. Gadhavi
President, AMA

Dr. Gargi M. Patel
Hon. Secretary, AMA

Report of GIMACON – 2021

GIMACON 2021 was organized by Ahmedabad Medical Association on 24th October 2021 at RM Fozdar Hall, AMA, Ashram road. Three interesting scientific lectures were presented by three eminent doctors of their fields of the city – Dr Dipak Limbachiya, Dr Payal Kamdar & Dr Dharmendra Panchal. This year, Dr P R Trivedi Oration was delivered by Dr. Dipak A. Rajyaguru, a senior Urologist from Mehsana; his topic was: "Recent advances in prostate management". It was very informative & interesting. On sharp 5.30 pm Installation ceremony was started. Dr. Dilip Gandhavi, President AMA, welcome all. Dr. Paresh Majmudar was installed as new president of IMA Gujarat state branch. The hall was completely full of audience. The entire event was blessed with valuable presence & wonderful speech of the chief guest of programme, Shri Rishikeshbhai Patel, honourable health minister of Gujarat; the guest of honour, Dr Himanshu Pandya, Vice chancellor of Gujarat University; the distinguished guest, Dr. Jitubhai Patel, Past president of IMA. On stage the event was nicely managed by Dr. Urvesh Shah & Dr. Mansi Patel. The installation ceremony was ended with vote of thanks by Dr. Dhiren Mehta. The event ended at 7.00 pm followed by very delicious dinner.

Report of Press conference regarding "Doctor on call" during Diwali

A press conference was arranged on 2nd November 2021 at Ahmedabad Medical Association at 2.30 pm by

AMA & AFPA. The office bearers & coordinators addressed the press conference. The list of the doctors who shown their will to provide their service was given to all. Total 32 media people were present. All the media gave priority coverage in the news regarding this service of AMA & AFPA.

Report of Dhanvantari Poojan

The program was arranged at AMA on 2nd November 2021, 3.30 pm. Many of office bearers, committee members & few of AMA members participated in the Pooja. Dr. Snehal Kale nicely conducted pooja; in a great holy environment, the Dhanvantari Mantra chanting & Aarti were done. All then dispersed after wishing the complements of Diwali to each other.

Report of scientific programme on "World Diabetes Day"

Dr. N T Shah & Dr. H. G. Jambhekar scientific programme was organized on 14th November 2021, "World diabetes day". Six different experts of diabetes from all over Gujarat, perfectly explained the subject in sequential manner. 80 + participants were present. Dr. Yogesh Gupta, Dr. Vijay Maurya, Dr. Mukesh Maheshwari & Dr. A. K. Maheshwari chaired the CME. Dr. Kamlesh Naik coordinated the entire event nicely & kept the stage live with interesting quiz. The entire event was sponsored by Diacare & supported by RSSDI, Gujarat chapter.

Report of Kids Carniwal – 2021

The 14th November is also celebrated as Children's day. This year the day was celebrated with active participation of school age children of AMA members. Total 28 children performed on the stage. All the participants were presented gifts. The programme was followed by DJ party & delicious dinner.

Report of Educational seminar

After the result of NEET UG declared, many questions are prevailing in students' & parents' mind. So, for the orientation of all, an educational seminar was held on 17th November 2021 at AMA hall. Dr. Ashok Nirwan, Associate professor of Anatomy, BJ medical college & Dr. Manish Solanki, Associate professor of Pharmacology of B J medical college gave A to Z guidance for entire admission process & options in various medical & paramedical courses. Dr. Manit Nayak & Dr. Pragnesh Vachchharajani conducted the event very nicely. More than 200 people took advantage of the seminar.

Gujarat Medical Council

No.GMC/3/11822/21 of 2021

1ST Floor, Old Nursing College Building, Nr. M. P. Shah Cancer Hospital, Civil Hospital Campus, Asarwa, AHMEDABAD-380016.

Tele-Fax: 079-22680534

E.mail: mail@gmcgujarat.org

REGISTERED

Date: 20-10-2021

To,
Foreign Medical Graduates,
Registered on MBBS Register,
Gujarat Medical Council.

NOTICE

All Foreign Medical Graduates, registered with this Medical Council, to take note that,

1. Degrees of medical qualification, Foreign Medical Graduates, obtained from medical institutions outside India are being given in different names like "M. D Physician", "Doctor of Medicines" etc. but these medical qualifications being equivalent to M.B.B.S. (Medical Graduate) in India they are registered as Medical Practitioner on the M.B.B.S. register by this Medical Council.
2. Hence, such FMG Medical Practitioners who are registered on MBBS register are required to mention the degree as such on their letter heads, rubber stamps, sign boards, etc. and not name of degrees which may create expressions that they are possessing some specialized qualification or higher degree than MBBS. Mentioning degrees in such manner is contrary to the provisions of the Gujarat Medical Council Act, 1967 and various other laws.
3. Necessary actions will be initiated by this Council against the concern Foreign Medical Graduate registered Practitioners and will be liable for the appropriate action under provisions of the Gujarat Medical Council Act, 1967, if any breach in this regard will come or brought on notice of the Council.

Yours Faithfully,


HON. REGISTRAR
GUJARAT MEDICAL COUNCIL

E-07

Gujarat Medical Council

No.GMC/3/11823/21 of 2021

1ST Floor, Old Nursing College Building, Nr. M. P. Shah Cancer Hospital, Civil Hospital Campus, Asarwa, AHMEDABAD-380016.

Tele-Fax: 079-22680534

E.mail: mail@gmcgujarat.org

REGISTERED

Date: 20-10-2021

To,
Whomsoever it may Concerned,
Medical Practitioners,
Registered with Gujarat Medical Council.

NOTICE

All Medical Practitioners, registered with this Medical Council, are informed with this notice that,

1. Any Medical Practitioner who possess **Additional and/or Special Qualification/Degree** other than MBBS wants to practice medicines in the State as specialist in accordance with that **Additional and/or Special Qualification/Degree**, requires compulsory registration of that Additional and/or Special Qualification/Degree.
2. Practicing medicines in the State as **specialist** by any Medical Practitioner who is **not duly registered** for that **Additional and/or Special Qualification/Degree**, in the Register kept for the same in the Council, will be liable for the action under provisions of the Gujarat Medical Council Act, 1967 and the Gujarat Medical Practitioners' Act, 1963.
3. **Practicing as specialist without the registration of that Additional and/or Special Qualification/Degree** is not only an offence but also an actionable misconduct as described in Section 22(1)(c) of the Gujarat Medical Council Act, 1967 and Indian Medical Council.
4. As far as visiting consultants having **Additional and/or Special Qualification/Degree** and who are register with NMC or in their concern State Medical Council as specialist in accordance with that **Additional and/or Special Qualification/Degree** are not required for registration for their periodical visit, but if they practice for the long term in the Gujarat State they are also liable for the aforesaid registration. Whereas, Medical Practitioners having **Additional and/or Special Qualification/Degree** registered with other States but serving as Government/Private employees in Gujarat are required to get themselves registered for their **Additional and/or Special Qualification/Degree** with this Council.
5. Necessary actions will be initiated by this Council if any breach in this regard will come or brought on notice of the Council.

Yours Faithfully,


HON. REGISTRAR
GUJARAT MEDICAL COUNCIL

E-07

Result of Quiz October 2021

Answers of medical quiz

1. Glucocorticoids treatment (a)
2. Propionibacterium acne (d)
3. Arrhythmia (c)
4. Lumbar spine (d)
5. Colchicine (d)
6. Uterine atony (b)
7. An Inferior MI (b)
8. Hypothalamus (c)
9. False (Malleus, incus, stapes)
10. Honey (a)

Out of all the received answers not a single responder gave all the correct answer.

So, herewith we declare the names of members who answered 9 questions correctly

1. Dr. Vinayak Mahadevbhai Jivani
2. Dr. Sheth Suhrid Bhagwandas
3. Dr. Deepak Vaikunthbhai Bhatt

The answers of sports quiz :

1. Football
2. 1942 & 1946 – due to 2nd world war
3. In Glasgow in 1872; Between Scotland & England
4. Golden duck
5. 1 point
6. 29th August
7. USA & Canada
8. Hockey
9. 42.195 Kms
10. Men's International Badminton tournament

Following members have answered all the questions correctly at the earliest

1. Dr. Shubham Sanjay Panchal
2. Dr. Shivam Sanjay Panchal
3. Dr. Anuragh Parikh
4. Dr. Ashok Naik
5. Dr. Sandeep Chandrakantbhai Shah

“Congratulations to all the winners”

Medical Quiz



1. What component of virus, are we detecting in RT-PCR testing for diagnosis of COVID – 19 infections?
 - a. RNA
 - b. DNA
 - c. Antigen
 - d. Envelop

2. When a Staphylococcus Aureus is reported as MRSA, it implies the isolate is resistant to which group of antibiotics?
 - a. Glycopeptides
 - b. Beta lactam

- c. Macrolide
 - d. Aminoglycosides
3. Which investigation is considered as the gold standard & earliest to be positive in suspected case of enteric fever?
- a. Widal test
 - b. Liver function test
 - c. Typhoid IgM, IgG
 - d. Blood culture
4. In suspected case of Dengue, at 3rd day of fever if serological test is done, which of the following finding is the most likely suggestive of secondary dengue viral infection?
- a. NS1 positive, IgM positive, IgG negative
 - b. NS1 positive, IgM negative, IgG positive
 - c. NS1 negative, IgM positive, IgG negative
 - d. NS1 negative, IgM positive, IgG positive

5. In which of the following infection, Meropenem is definitely not going to help the patient?
- a. Neonatal septicaemia
 - b. Peritonitis after intestinal perforation
 - c. Atypical pneumonia caused by Mycoplasma pneumonia
 - d. Ventilator associated pneumonia with ESBL positive Klebsiella spp.
6. Which of the following type of vaccine is still not available for use to prevent COVID-19 infections?
- a. Live attenuated vaccine
 - b. Killed whole virus vaccine
 - c. Viral vector vaccine
 - d. mRNA vaccine
7. Linezolid shall be reserved antibiotic for
- a. Multidrug resistant gram positive bacterial infections
 - b. Multidrug resistant gram negative bacterial infections
 - c. Fungal infections
 - d. Prophylaxis for clean surgery

8. The diarrhea due to antibiotic associated pseudo-membranous colitis is associated with,
- Escherichia coli
 - Vibrio Cholerae
 - Clostridium difficile
 - Enterococcus faecalis
9. CB-NAAT & true-NAAT are the tests used to detect
- M. tuberculosis bacteria in specimen
 - Rifampicin sensitivity of M. tuberculosis bacteria present in specimen
 - Both of above
 - None of above
10. Which of the following investigation is never recommended for diagnosis of tuberculosis?
- Culture examination by LJ medium
 - Smear ZN stain for AFB
 - Mantoux test
 - Antibody detection in patient's serum

GK Quiz



- The National Chemical Laboratory is Located in
- The National School of Drama is situated in which of the following cities ?
 - Mumbai
 - New Delhi
 - Bhopal
 - Kolkata
- The first woman to climb Mount Everest was
- Which of the following sanctuary is well-known for Elephants ?
 - Kanha
 - Air

- c) Kaziranga
- d) Periyar
- (5) Which one of the following is not a official language of the United Nations ?
 - a) Arctic
 - b) Chinese
 - c) Portuguese
 - d) Spanish
- (6) On july _____, men walked on the moon for the first time
- (7) Sabin Awards is given for the conservation of
- (8) How many squares are there in a chess board ?
 - a) 36
 - b) 48
 - c) 64
 - d) 72
- (9) Which place is known as the 'Mecca of Indian Football ?
- (10) What is the length of each stump in cricket ?

SANDESH 07

WEDNESDAY, 10•11•2021

૭ દિવસમાં વાઈરલ ઈન્ફેક્શનને લગતા ૩૦ ટકા કોલ્સ દિવાળીમાં 'ડોક્ટર ઓન કોલ' : ૬૦૦ કોલ્સ મળ્યા, વાઈરલ ઈન્ફેક્શન કેસ વધુ

ચિકનગુનિયા-આંખોમાં બળતરા સહિતના દર્દીને સલાહ આપાઈ

લોકોને ટેલિફોનિક સલાહ લીધી હતી, તેમ અમદાવાદ મેડિકલ એસોસિએશનના તબીબોનું કહેવું છે. મેડિકલ એસોસિએશન દ્વારા ડોક્ટર ઓન કોલ પ્રેક્ટિસ ઓન કોલ સેવા અંતર્ગત ઓન પર સલાહ આપવામાં આવે છે. આ સેવા અંતર્ગત તહેવારોના સમય દિવસના અરસામાં ૬૦૦ જેટલા કોલ્સ આવ્યા હતા, જેમાં વાઈરલ ઈન્ફેક્શનના ૩૦ ટકા જેટલા કેસ હતા, જે તે દર્દીને આ મામલે ટેલિફોનિક સલાહ આપવામાં આવી હતી, આ ઉપરાંત સ્કિન પ્રોબ્લેમના ૪૫, આમાન્ય ઈજાના ૩૯, ચિકન વધુ ચિકન ગુનિયાને લગતા કેસમાં લોકોને ટેલિફોનિક સલાહ લીધી હતી, તેમ અમદાવાદ મેડિકલ એસોસિએશનના તબીબોનું કહેવું છે. મેડિકલ એસોસિએશન દ્વારા ડોક્ટર ઓન કોલ પ્રેક્ટિસ ઓન કોલ સેવા અંતર્ગત ઓન પર સલાહ આપવામાં આવે છે. આ સેવા અંતર્ગત તહેવારોના સમય દિવસના અરસામાં ૬૦૦ જેટલા કોલ્સ આવ્યા હતા, જેમાં વાઈરલ ઈન્ફેક્શનના ૩૦ ટકા જેટલા કેસ હતા, જે તે દર્દીને આ મામલે ટેલિફોનિક સલાહ આપવામાં આવી હતી, આ ઉપરાંત સ્કિન પ્રોબ્લેમના ૪૫, આમાન્ય ઈજાના ૩૯, ચિકન વધુ ચિકન ગુનિયાને લગતા કેસમાં

બળતરા સંબંધિત ૨૯ જેટલા કોલ્સ આવ્યા હતા. બાઈબીજના દિવસે જ કુલ ૧૫૦ જેટલા કોલ્સ મળ્યા હતા જેમાં ઓન પર સલાહ આપવામાં આવી હતી. ડોક્ટર ઓન કોલ સેવા અંતર્ગત આ વખતે એસોસિએશને સ્પેશિયાલિટી અનુસાર હૈલ્થ બાઈન નંબર જાહેર કર્યા હતા, સાથે જ ચીફ કોન્સોલ્ટન્ટ, કોન્સોલ્ટન્ટની નિમણૂક કરી હતી. ગત વર્ષે પાંચ દિવસમાં નોન-ઈમરજન્સીને લગતાં એક હજાર કોલ્સ આવ્યા હતા, આ વખતે તેની સરખામણીએ ૪૦૦ કોલ્સ ઓછા આવ્યા છે.

02 રાજસ્થાન પત્રિકા
અમદાવાદ, બુધવાર, 10 નવેમ્બર, 2021

ડૉક્ટર ઓન કોલ પર સાધા 600 લોગોં ને સંપર્ક

અમદાવાદ @ પત્રિકા. દીપાવલી કે ત્યોહાર કો ધ્યાન મેં રખકર અહમદાબાદ મેડિકલ એસોસિએશન (એમએ) એવં અહમદાબાદ ફેમિલી ફિઝિશિયન એસોસિએશન (એફપીએ) કો ઓર સે લાગાતાર 12વે વર્ષ દો ગઈ ડૉક્ટર ઓન કોલ સેવા કો લાખ લગમગ 600 લોગોં કો મિલા. એમએ એવં એફપીએ કો ઓર સે સેવા બુધવાર સે શુરુ હુઈ થી જો મંગલવાર તક જારી રહી. દોનોં હી એસોસિએશન ને ઇસ બાર ઈમઆરઆઈ 108 એવં વિવિધ અસ્પતાલોં કા થી સંકલન કર નાગરિકોં કો સુવિધા પ્રદાન કી હૈ. એમએ ને દીપાવલી કે ઈર્ગિર્દ દિનોં મેં કાર્યરત ટ્રિકિલ્સકોં કા વ્હાટ્સએપ ગ્રુપ થી બનાયા ગયા હૈ.

દિવાલિયા
અમદાવાદ, બુધવાર, 15 નવેમ્બર, 2021

ડોક્ટર ઓન કોલ હેલ્પલાઈનમાં ૩૦ ટકા કેસો વાઈરલ ઈન્ફેક્શનના મળ્યા
ટેલિફોનિક સલાહ

દિવાળીના તહેવારો દરમિયાન શહેરીજનોને સલાહ સારવાર મળી રહે તે માટે ડોક્ટર ઓન કોલ સેવા શરૂ કરાઈ હતી. આ વર્ષે હેલ્પલાઈન પર તહેવારોમાં વાઈરલ ઈન્ફેક્શન, ચિકનગુનિયાના તેમ જ વાઈરલ ઈન્ફેક્શનને લગતા તબીબીના કેસો વધુ આવ્યા હતા. અમદાવાદ ફેમિલી ફિઝિશિયન એસોસિએશનના સેક્રટરી ડી. મહેશ વઘરાજાનીએ જણાવ્યું કે, છેલ્લા 11 વર્ષથી અમદાવાદ મેડિકલ એસોસિએશન દર વર્ષે દિવાળીના તહેવારોમાં ડોક્ટર ઓન કોલની સેવા આપે છે, જે અંતર્ગત 12મા વર્ષે અનુસરણી લાખપત્રમ સુધીમાં 550થી 600 લોકોએ સલાહ-સારવારની પુરુષાર્થ કરી હતી. તેમાં સૌથી વધુ ૩૦ ટકા કોલ્સ વાઈરલ ઈન્ફેક્શનને લગતા આવ્યા હતા. સૌથી વધુ 150 કોલ બાઈબીજના દિવસે આવ્યા હતા.

WE WELCOME FOLLOWING NEW LIFE MEMBERS

- 10355 L DR. SHAH PARTH NALINKUMAR
 10356 L DR. SHAH KUSH PARESHBHAI
 10357 L DR. RAJPUT MANHARSINH AJITSINH
 10358 L DR. PATEL GAURAV BHARATBHAI
 10359 L DR. SHETH DHWANI PALAK
 10360 L DR. SHAH RAJVI RITESH
 10361 LC DR. PATEL ALPESHKUMAR SHANKERLAL
 10362 LC DR. PATEL VAIDEHI ALPESHKUMAR
 10363 L DR. SHAH PRIYAM AJAY
 10364 L DR. PARIKH ARCHIT PARAG
 10365 L DR. SHAH ANAND MUKESHBHAI
 10366 L DR. PRAJAPATI BHARGAV SHAKARABHAI
 10367 L DR. PATEL JAIMIN CHATURBHAI
 10368 L DR. NAYAK SARITA KESHAV
 10369 L DR. MAVANI JATINKUMAR TULSIBHAI
 10370 L DR. RANA HIREN ARVINDBHAI
 10371 L DR. DESAI HITENDRA PRAVINBHAI
 10372 LC DR. ACHARYA HRIDAY PRASHANT
 10373 LC DR. ACHARYA RINI HRIDAY
 10374 L DR. SHARMA SHIVANGI MAHESHKUMAR
 10375 L DR. CHOUDHARY TANVI SUMESH
 10376 LC DR. PATEL SAGAR RATILAL
 10377 LC DR. PATEL RIYA SAGARKUMAR
 10378 L DR. CHANGADIYA KEVAL HASMUKHBHAI

CONGRATULATION



AMA and IMA GSB feel proud to announce that Dr. Falgoon Parikh, Gynaecologist, Ahmedabad has won 12 Silver Medals in the category of swimming at IMA National Sports 2021. IMA NATIONAL DOCTORS' OLYMPICS 2021 was held at Nashik from 27 to 31 October. This mega-event included all track and field sports along with swimming, football, cricket etc.

Dr. Parikh was the highest individual medal winner at the state level (Gujarat) and national level (India). He has been participating in competitive swimming since the age of seven, and continues his passion - even at the age of 65. He has won a total of 1003 medals in several competitions till date.



 Congratulations to Prasham

S/O Dr. Manan Shah & Dr. Ami Shah
 for getting All India Rank 100 in
 NEET U.G. 2021. He scored 705 out
 of 720

PROFESSIONAL PROTECTION SCHEME; G.S.B. I.M.A.

"P.P.S. HOUSE", Beside Sakar - V, Building, Nr. Mithakhali Railway Crossing,
Off Ashram Road, Navrangpura, Ahmedabad -38 00 09.

Tele No. 079-2658 8929 E-mail : ppsgsbima1@yahoo.in

(Reported by Dr. Bipin M.Patel , Managing Director , P.P.S.)

Sub. : ANNUAL REPORT : 2020 -2021

The office has received back the Annual Report of the following members with postal remarks as 'left' or 'Not Known'. The concerned members are requested to notify immediately change of their addresses.

Sr. No.	P.P.S. No.	NAME	BRANCH / CITY
1	15861	Dr. Ankola Ekta Hareshkumar	Ahmedabad
2	13580	DR. Chauhan Sanjiv Ranchhodbhai	Ahmedabad
3	15862	Dr. Dadhania Jaykumar Maganlal	Ahmedabad
4	7196	Dr. Dalal Tejal Rajendrabhai	Ahmedabad
5	11927	Dr. Gosai Dhara Kanugir	Ahmedabad
6	10270	Dr. Gosai Jigarkumar Baldevpuri	Ahmedabad
7	14304	Dr. Kukreja Ajit Maniksingh	Ahmedabad
8	7515	Dr. Lakhota Vishnukumar Jankivallabh	Ahmedabad
9	14359	Dr. Mohite Ninad Pradip	Ahmedabad
10	13533	Dr. Patel Amitkumar Rameshbhai	Ahmedabad
11	12920	Dr. Patel Hiren Fuljibhai	Ahmedabad
12	1484	Dr. Pandya Anjanaben Chandrak	Ahmedabad
13	2185	Dr. Pandya Chandrak Karanlal	Ahmedabad
14	12744	Dr. Parikh Devendra Ghanshyam	Ahmedabad
15	12745	Dr. Parikh Kusuma Devendra	Ahmedabad
16	16821	Dr. Parikh Riddhi Sapan	Ahmedabad
17	16822	Dr. Parikh Sapan Sanjivkumar	Ahmedabad
18	12919	Dr. Patel Snehal Hiren	Ahmedabad
19	10808	Dr. Prajapati Chirag Prahladbhai	Ahmedabad
20	14358	Dr. Prajapati Moolchand Chhawarlal	Ahmedabad
21	12865	Dr. Prajapati Rahul Manibhai	Ahmedabad

22	14791	Dr. Shah Hardik Vijaybhai	Ahmedabad
23	13371	Dr. Shah Kushal Pareshkumar	Ahmedabad
24	8300	Dr. Shah Pratik Maheshkumar	Ahmedabad
25	2776	Dr. Shah Rita Pragnesh	Ahmedabad
26	11133	Dr. Shah Rushabh Girishkumar	Ahmedabad
27	8990	Dr. Surati Pranavbhai Narendrakumar	Ahmedabad
28	11668	Dr. Swaminarayan Mittalben S.	Ahmedabad
29	15393	Dr. Tiwari Rajnish Hariprasad	Ahmedabad
30	15392	Dr. Tiwari Rashmi Kumari Rajnish	Ahmedabad
31	14047	Dr. Vora Hetal Dharmesh	Ahmedabad

OBITUARY

We send our sympathy & condolence to the bereaved family.
May their soul rest in eternal peace.



DR. SURESHBHAI P. PATEL
L-767 LMP

Date of Birth : 13-03-1934

Date of Death : 08-05-2020



DR. NARENDRA T. VANI
L-1276 M.D. F.R.C.S

Date of Birth : 28-06-1931

Date of Death : 22-04-2021

લેડીઝ-ક્લબ

SASHAKT KISHORI SASHAKT NARI SOCH BADALO KHUDKO BADLO DUNIYA BADLO

PROGRAM 1

On Date 25 October

At Hotel Four points Sheraton was Amazing Great fabulous Grand success>120 members attended tie-up with Shalby Hospital team

Dr Bhavesh Parekh Oncologist

Dr Shilpa Chitnis Gynaecologist

Dr Falguni Ayer Physician

Mrs Rajeshwari Jain Image Personality

PROGRAM 2

HERITAGE WALK

On 23 November Tuesday

PLACE : Swaminarayan temple Kalupur end At Jama Masjid

Time : 7.30am

PROGRAM 3

Topic : Women Wellness awareness program

PLACE : Hotel Silver Cloud

TIME : 12.20 pm - 2.30 pm Followed by Delicious Lunch

Speaker : Dr Bhavna perikh & Team

DATE : 27 November 2021

PROGRAM 4

DATE : 25 December 2021

TIME : 3 pm onwards

PLACE : Dr. R.M. Fozdar Hall, AMA House, Ashram Road, Ahmedabad.

Dance DJ Masti, Beauty Tips

Dr. Praful Panagar

President - Ladies Club

M. 9327019168

Mrs. Khushboo Doshi

Hon. Secretary - Ladies Club

M. 9429922071

Dr. Dilip B. Gadhavi

President - AMA

Dr. Gargi M. Patel

Hon. Secretary - AMA

RATES FOR ADVERTISEMENT IN AMA BULLETIN

WITH EFFECT FROM 5-6-2013

PARTICULARS	AMA MEMBER	GROUP MEMBER	NON MEMBER CORPORATE HOSP.
Last Cover Page (Colour)	Rs. 10000	Rs. 11000	Rs. 12000
Inside Cover Page Total 4 in (Colour)	Rs. 8000	Rs. 9000	Rs. 10000
Center Page - the Rates are per page (Colour)	Rs. 8000	Rs. 9000	Rs. 10000
Full Page Colour	Rs. 5500	Rs. 7000	Rs. 9000
Full Page Black & White	Rs. 3000	Rs. 6000	Rs. 8000
Half Page B/W.	Rs. 2000	Rs. 4000	Rs. 6000
Quarter Page B/W.	Rs. 1000	Rs. 1500	Rs. 2000

(Minimum rates, in case of more than one proposal higher one will be considered)

Size of Bulletin

Full Page 18x12 cm

Half Page 9x12 cm

Qtr. Page 9x6 cm

Note :

- For One year Advertisement 15% Discount
- For Six Month Advertisement 10% Discount
- Please Send your Advertisement in CDR / JPG Format only at AMA before the Date.
- Please Send your Advertisement Before Dt. of 15th each Month.

HIV Update: Dual drug therapy- is there a bright future?

With entering the third decades of progression in HIV management, there has been a considerable decline in HIV-associated morbidity and mortality and improved life expectancy. This attributed to introduction of combination highly active antiretroviral therapy (HAART) more than 20 years ago. However, mortality rates in patients living with HIV still remain 3 to 15 times higher than in the general population, the majority of the deaths in recent years have been attributed to non-HIV comorbidities. Antiretroviral therapy (ART) exposure has been linked as independent predictor of developing these comorbidities in HIV patients. So, now there is a shift to creating ART regimens that has minimal pill burden for better adherence, minimize toxicity and decrease cumulative drug exposure.

Till the end of 1995, the nucleoside reverse transcriptase inhibitors (NRTIs) were the only available antiretroviral agents – targeting reverse transcriptase, an enzyme essential for HIV replication. Unfortunately, NRTI mono- or dual therapy had only temporary effects due to rapid resistance development and virological failure. With the introduction of a new class of drugs: the protease inhibitors (PIs), outlook of the HIV patient management changed dramatically. Combination antiretroviral therapy (cART)—drug regimens consisting of multiple antiretroviral classes—leads to viral suppression, diminished the risk of resistance

development and led to spectacular increase in life expectancy.

Over the years, the development of antiretroviral drugs took off and several other third drug ("anchors") classes—such as the non-nucleoside reverse transcriptase inhibitors (NNRTIs) and integrase strand transfer inhibitors (INSTIs) —were introduced. Nowadays, triple antiretroviral therapy is highly successful with most patients reaching the main treatment goal of an "undetectable" viral load—defined as <50 copies/ml of HIV RNA when measured by polymerase chain reaction.

The present standard of antiretroviral therapy (ART) consists of two nucleoside reverse transcriptase inhibitors (NRTIs) plus a third active drug from other class, which effectively controls viral replication. NRTI exposure is associated with tolerability and toxicity issues, such as anaemia, gastric disturbances, and lipoatrophy (zidovudine); hyper sensitivity reaction (abacavir); and renal and bone impairment (tenofovir). Mitochondrial toxicity and lactic acidosis have also been reported, mainly with drugs that are no longer recommended, such as stavudine and didanosine. Lamivudine is an NRTI without major side-effects.

Ideal ART regimens should achieve and maintain viral suppression, improve adherence and convenience, while minimizing adverse effects, avoiding drug drug interactions, and less costs both to the patient and health care system.

Historically, ART development focused primarily on ensuring virological efficacy followed by an emphasis on improving patient adherence with the creation of singletablet regimens (STRs). Now, facing an aging HIV population with increased comorbidities that may in part be a consequence of ART-related effects, there is a shift to creating regimens that minimize toxicity and decrease cumulative drug exposure. Developing cost-effective ART with few drug-drug interactions (DDIs) is increasingly paramount. To simplify adherence, single-tablet regimens (STRs) have been developed; currently most include at least 3 drugs.

In the recent years, questions were raised whether there is a need to hold on to the dictum that cART should always consist of three antiretroviral drugs. Over the years, questions were raised whether virological suppression could also be achieved with fewer antiretroviral drugs, i.e., dual- or even monotherapy. This is an intriguing question considering the fact that antiretroviral drugs should be used lifelong and their use could also induce cardiovascular and bone disease. Therefore, the equilibrium between drug-induced toxicity and immune activation related comorbidity is delicate.

There has been interest in using boosted protease inhibitor monotherapies as part of initial and switch strategies, on the basis of their high barrier to resistance and to reduce costs and toxicity. Data show that this treatment is not as effective as triple therapy. The reason for this is though there is viral suppression but

intermittent viraemia can occur and leads to higher rates of protease inhibitor resistance compared with triple therapy in treatment-naïve patients.

Antiretroviral monotherapy is not likely to play a role in the near future, so the current focus is on the effectiveness of dual therapy. Dolutegravir (DTG) plus rilpivirine (RPV) is the first 2-drug STR approved by the FDA. DTG is integrase strand transfer inhibitors and RPV is a second generation nonnucleoside reverse transcriptase inhibitor (NNRTI). It is indicated for adults who have been virologically suppressed for ≥ 6 months and have no history of treatment failure or resistance to either component. Several advantages of DTG/RPV exist, including simplification of regimen, avoiding toxicity of other agents, minimal DDIs, and potential for improved tolerability. Prior to implementing a switch, providers must review a patient's ART history for past drug intolerance and resistance testing to ensure an efficacious, tolerable switch.

Dual drug therapy for treatment naïve HIV infected patients came in 2019. This first fixed-dose, single-tablet, 2-drug regimen contains an INSTI and a nucleoside reverse transcriptase inhibitor (NRTI) was FDA approved (DTG 50 mg/lamivudine [3TC] 300 mg as Dovato). The drug is approved for use in treatment-naïve individuals without resistance mutations to either component as well as switch therapy in patients whose viral load is suppressed by triple drug therapy.

Currently, there are several large trials that support the use of above two STRs in clinical practice:

SWORD-1&2, GEMINI-1&2, and TANGO study. Clinical trials evaluating two-drug regimens showed non-inferiority with respect to virological outcomes when compared to triple-drug regimens. However, it is largely unknown whether dual therapy is also able to suppress immune activation to the same degree as triple therapy. This poses a risk for an imbalance in the delicate equilibrium. This needs to be evaluated further in large well designed clinical trials.

The newly approved dual drug STR and agents may continue to make progress toward the goal of simplifying regimens, increasing medication adherence, minimizing toxicities, and minimizing sexual transmission of HIV.

Suggested reading

1. *Front. Immunol.* 12:637910. doi: 10.3389/fimmu.2021.637910
2. *Lancet Infect Dis* 2014;14:572-80
3. *Annals of Pharmacotherapy* 1-13. DOI: 10.1177/1060028018793252
4. *BMC Infectious Diseases* (2017) 17:215 DOI 10.1186/s12879-017-2311-2
5. *Annals of Pharmacotherapy* 1-8. <https://doi.org/10.1177/1060028020933772>

Dr. Vipul V Shah
MD, FICP.
Consultant Infectious Diseases
Healthcare Infectious Diseases Clinic
Ahmedabad

**AHMEDABAD MEDICAL ASSOCIATION
HALL DONATION AND DEPOSIT CHART**

Effect from 1-4-2016 Phone : 26588775 Office Time : 2 to 6 p.m.

Dr. R. M. Fozdar Hall (capacity 248 Seats)

	Others	members
Hall Deposit (Refundable)	Rs. 5,000-00	Rs. 5,000-00
Dr. R. M. Fozdar Hall (For 3 hours) Non A.C.	Rs. 4,500-00	Rs. 3,500-00
Extra Charges for 1 hour (Extra charges limit upto 3 hours)	Rs. 800-00	Rs. 700-00
A.C. Charges (For 3 hours)	Rs. 4,000-00	Rs. 3,500-00
(Extra Charges 1 hour) A.C.	Rs. 1,200-00	Rs. 1,000-00
Dr. R.M. Fozdar Hall Full Day (9 a.m. to 7 p.m.) Non A.C.	Rs. 11,000-00	Rs. 9,000-00
A.C. Full Day - Dr. R. M. Fozdar Hall	Rs. 11,000-00	Rs. 9,000-00

OPEN GROUND WITH Dr. R. M. Fozdar Hall

For Lunch / Dinner	Rs. 5,000-00	Rs. 4,000-00
For Refreshment	Rs. 1,200-00	Rs. 1000-00
Cleaning + Electric	Rs. 700-00	Rs. 600-00

**JAGMOHAN PARIKH HALL 1ST FLOOR
(Capacity 100 Chairs)**

Hall Deposit (Refundable)	Rs. 4,000-00	Rs. 4,000-00
J. P. Hall (For 3 hours) Non A.C.	Rs. 3,000-00	Rs. 2,500-00
Extra charges for 1 hour (Extra charges limit upto 3 hours)	Rs. 700-00	Rs. 600-00
A.C. Charges (For 3 hours)	Rs. 2,000-00	Rs. 1,500-00
(Extra charges 1 hours) A.C.	Rs. 600-00	Rs. 500-00
J. P. Hall Full day 9 a.m. to 7 p.m. (Non A.C.)	Rs. 7,000-00	Rs. 6,000-00
J. P. Hall A.C. Full Day	Rs. 6,500-00	Rs. 5,500-00

OPEN GROUND WITH DR. J. P. HALL

For Lunch / Dinner	Rs. 2,500-00	Rs. 2,000-00
For Refreshment	Rs. 700-00	Rs. 600-00
Cleaning + Electric	Rs. 500-00	Rs. 400-00

Dr. R. M. Fozdar Hall, J.P. Hall & Open Ground is not permitted for following purpose.

- Political programme
- Music programme (Professional)
- Marriage & Reception
- Event

Token Rates applicable for :

- GSB
- IMA
- S.S.S.
- P.P.S.
- N.S.S.S:
- Health Scheme
- Ladies Club