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AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902
AMA House, First Floor, Opp. H.K. Arts College,
Ashram Road, Ahmedabad-380009. Phone : (079) 26588775
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Website : www.ahmedabadmedicalassociation.com

AHMEDABAD MEDICO NEWS

125th Installation Ceremony on Dt. 27-09-2026



Happy Diwali & Happy New Year

TO YOU AND YOUR FAMILY

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CME on "Optimizing Influenza Protection: Febrile Illness to Vaccination" on Dt. : 20-09-2026



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Installation Ceremony

Sareethon

Message From President Desk



"CELEBRATING OUR LEGACY, SHAPING TOMORROW"

Dear Members and Colleagues,

It is with profound honour and deep humility that I, **Dr. Kalpita Dave**, assume the office of President of the **Ahmedabad Medical Association**, our distinguished institution as it celebrates its **125th year**.

I am acutely conscious of the rich legacy I inherit—a legacy built over generations through medical excellence, selfless community service, professional camaraderie, and an unwavering commitment to the welfare of society. The trust reposed in me by our esteemed members is both a privilege and a responsibility, and I accept it with sincere gratitude and a firm resolve to serve the Association to the best of my ability.

This milestone year presents us with a unique opportunity—not only to honour our illustrious past, but also to chart a purposeful and progressive course for the future. My vision for the year is twofold: the continued upliftment and strengthening of our esteemed Association, and the holistic empowerment of women within our medical community, particularly those in the families of our members.

Pink Ab Project

At the heart of my vision lies the **"Pink Ab Project,"** a dream initiative close to my heart. Through this project, we aim to offer **free screening mammography and abdominal sonography** for the early detection of breast and gynaecological cancers.

Early diagnosis remains the most powerful weapon in the fight against cancer. This initiative is my personal commitment to safeguarding the health and well-being of the women who form the backbone of our families and society. I earnestly seek the support of our members, diagnostic partners, philanthropists, and allied healthcare institutions in taking this initiative to as many deserving women as possible.

Aao Gaon Chalen

We shall further intensify our social engagement through charitable medical camps under the banner of **"Aao Gaon Chalen".** These camps will enable us to reach

underserved and remote populations, providing essential healthcare services, preventive screening, health education, and appropriate referral support. Through collective action with governmental bodies and social institutions, we can extend the healing touch of our profession beyond the consultation room and hospital walls.

CPR Awareness and Young Cardiac Deaths

The alarming rise in sudden cardiac deaths among young individuals is a pressing concern that demands our immediate attention. As medical professionals, we will prioritize the promotion of **CPR training and awareness activities** across schools, colleges, workplaces, residential societies, and public institutions. Equipping citizens with the confidence and skill to respond during the crucial "golden period" can make the difference between life and loss.

Member Welfare and Professional Security

Protecting the interests, dignity, and welfare of our members in their professional practice remains paramount. We will actively address issues concerning violence against medical professionals, medical indemnity, professional liability, and insurance-related challenges.

Our endeavour will be to create a supportive and secure environment in which every member can practice medicine with confidence, peace of mind, and professional satisfaction. The Association will remain a strong collective voice for the medical fraternity of Ahmedabad.

Community, Camaraderie, and Well-being

Beyond our professional and social commitments, I firmly believe in nurturing a strong sense of belonging within our Association. We will organize cultural, entertainment, and sports programmes that provide opportunities for members and their families to come together, bond, relax, and rejuvenate.

These gatherings are not merely events; they are the threads that strengthen the fabric of our Association and preserve the spirit of friendship that has defined it for 125 years.

A Collective Journey

As we embark on this meaningful journey together, I earnestly call upon each member to contribute your skills, expertise, time, and enthusiasm. Your active participation is vital to the success of every initiative we undertake.

Let us work hand in hand to make this 125th year a remarkable, impactful, and memorable chapter in the history of the Ahmedabad Medical Association. I am confident that, with our collective efforts, we shall not only uphold its glorious traditions but also take it to new heights of excellence, compassion, and service.

Jai AMA – Jai IMA

With warm regards,

Dr. Kalpita Dave

President,

Ahmedabad Medical Association

Message From Hon. Secretary Desk



"CELEBRATING OUR LEGACY, SHAPING TOMORROW"

Dear Esteemed Members,

It is a privilege to embark on this new journey with the Ahmedabad Medical Association for the year 2026–2027, guided by our inspiring theme, **"Celebrating Our Legacy, Shaping Tomorrow."**

As we honour the rich heritage and glorious legacy of our 124-year-old association, our collective endeavour will be to strengthen our bonds, create meaningful opportunities for our members, and build a more vibrant, progressive, and impactful AMA for the future.

We begin this exciting year with two much-awaited celebrations:

- **AMA Raas Rangat 2026** – 24th October 2026
- **AMA Diwali Get-Together** – 29th November 2026

I warmly invite all our members and their families to participate in these celebrations in large numbers. Your presence and enthusiasm will make these occasions truly memorable and strengthen the spirit of friendship, fellowship, and togetherness within the AMA family.

- **Project PINK AB – Our Flagship Women's Health Initiative**

In the coming days, we will roll out **Project PINK AB,** a flagship initiative dedicated to promoting breast health awareness, screening, and early detection. I sincerely urge all our women members to become ambassadors of this important project and help us spread awareness, encourage timely screening, and make a meaningful difference in the lives of women in our community.

Looking ahead, we aspire to organise a diverse range of **academic programmes, community outreach initiatives, and engaging social and entertainment activities**

that cater to the professional and personal interests of our members while reinforcing AMA's commitment to society.

The strength of AMA lies in its members, its unity, and its spirit of collective action. With the guidance of our President, Dr. Kalpita Dave, the support of our office bearers and Managing Committee, and the active participation of every member, I am confident that we will create new milestones together.

Let us come together to celebrate our legacy, strengthen our present, and shape a brighter tomorrow for the Ahmedabad Medical Association.

Looking forward to your active participation and continued support.

Jai AMA – Jai IMA

Warm regards,

Dr. Maulik Sheth

Hon. Secretary

Ahmedabad Medical Association

WE WELCOME FOLLOWING NEW LIFE MEMBERS

M.No.	Type	Name
13995	L Transfer	Dr. Patel Mukesh Shamjibhai
13996	L	Dr. Kotar Priyanka Raghunandan
13997	L	Dr. Patel Brijesh Kantilal
13998	L	Dr. Solanki Piyush Bhimsibhai
13999	L Transfer	Dr. Doshi Shrushti Sunilkumar
14000	L	Dr. Shah Heeya Niraj
14001	L	Dr. Gadhavi Udit Ishwardan
14002	L	Dr. Chitrapu Jayaanirudh Ravikumar
14003	L	Dr. Barot Anurag Jayesh

OBITUARY

May the departed soul rest in peace and be fondly remembered for their service to humanity.



DR. SHIRISH RAMANLAL SHAH

LM-1121 **PAEDIATRICS'**

Date of Birth : 23-02-1936

Date of Death : 30-09-2026

All the members of Ahmedabad Medical Association extends sincere condolences to the bereaved family.

AHMEDABAD MEDICAL ASSOCIATION YEAR : 2026-2027

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Wish you Happy Diwali and Prosperous New Year

From
Office Bearers
&
Managing Committee Members
&
AMA Sub Committees
&
All Past Presidents
&
Office Staffs
of
Ahmedabad Medical Association

ધનવંતરી પૂજન



અમદાવાદ મેડીકલ એસોસીએશન દ્વારા ધનવંતરી પૂજાનું આયોજન કરવામાં આવેલ છે.

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સમય : 3.30 કલાકે

સ્થળ : અમદાવાદ મેડીકલ એસોસીએશન

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Co-ordinators

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Dr. Kalpita Dave
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA

AMA & AFPA: "Doctor On Call" Diwali Service - Enroll Now!

Dear Friends,

As Diwali approaches, many local doctors travel out of town, leaving patients with reduced access to urgent medical assistance. To support our community during the festival, Ahmedabad Medical Association and Ahmedabad Family Physicians Association are once again organizing the annual **"Doctor On Call"** initiative.

Through this program, we aim to publish a list of participating doctors who are available in Ahmedabad during Diwali festival days. Our helpline will connect patients in need with volunteer doctors, ensuring they receive prompt advice and guidance, especially during emergencies.

Doctors are invited to enroll and render free telephonic advice to patients.

Your support will greatly help those who rely on us during these festive days.

To participate, please send your Contact Details and Specialty/Area of Service to AMA office via what's app on 97268 88775 or send details on amagsbima@yahoo.co.in

You do not need to be present in your clinic—calls will be referred to you only when required.

A master list will be prepared and patients will be guided via area coordinators. Telephonic advice is provided free; regular clinical/hospital charges may apply for in-person services.

Helpline operational from: 07-11-2026 to 13-11-2026

Doctors interested in joining this social service are requested to contact the Office of AMA.

Let's all come together to help our community celebrate Diwali safely and healthily!

:: Co-Ordinator ::

Dr. Manoj Kodwani

Dr. Kalpita Dave President (AMA)	**Dr. R. I. Patel,** President (AFPA)
Dr. Maulik Sheth Hon. Secretary (AMA)	**Dr. Mehul Shelat** Hon. Secretary (AFPA)

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Dr Bipinbhai M Patel	Dr Parth Desai	
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Dr Jitubhai B Patel	Dr J P Darbar	Dr Kalpita Dave
Dr Kirtibhai Patel	Dr Jignesh R Shah	Dr Maulik Sheth
Dr Mahendrabhai Desai	Dr Jitubhai N Patel	Dr Sunil Patel
Dr Maheshbhai Patel	Dr Kamlesh Saini	Dr Parth Desai
Dr Maitrey Gajjer	Dr Keyur Patel	Dr Jignesh C Shah
Dr Parimalbhai Desai	Dr Mehul J Shah	Dr Aashish Bhojak
Dr Tusharbhai Patel	Dr Viren Shah	Dr Bipinbhai Patel
Dr Vidhyutbhai Desai		Dr Brijesh Patel
Dr Yogendrabhai Modi		Dr Dhiren Mehta
		Dr Dipak Rao
		Dr Keyur Patel
		Dr Mehul Shelat
		Dr Rutvij Parikh
		Dr Vaibhav Sutaria

MSN / JDA ACADEMIC COMMITTEE		MEMBERSHIP DRIVE COMMITTEE	
Dr Kalpita Dave	Dr Jinen Pandya	Dr Kalpita Dave	Dr Jatin Lakhia
Dr Maulik Sheth	Dr Manjit Nayak	Dr Maulik Sheth	Dr Kruti Deliwala
Dr Nirali Patel	Dr Minaxi Parikh	Dr Dimple V Shah	Dr Mitesh K Patel
Dr Cherry Shah	Dr Rajesh Desai	Dr Gautam Shah	Dr Nisha Ghelani
Dr Chetan Parmar	Dr Rakesh Joshi	Dr Himanshu Patel	Dr Saumil Merchant
Dr Dipika Singhal	Dr Urvesh Shah		
Dr Gargi Patel	Dr Yamini Trivedi		
Dr Gaurishanker Shrimali			



Diwali Get Together

After the joyful Diwali vacation... it will be time to enjoy with family members and medical fraternity. Get ready for most enjoyable Diwali Get together.

Do not miss this most entertaining event.

Date : Tentatively on 29-11-2026, Sunday
Time : 6.00 pm onwards
Venue : will be declared soon

(Details will be given later on)

Programme will be followed by DINNER

Get your passes from AMA office from 17-11-2026
Rs. 250/- per person

:: Co-Ordinators ::

Dr. Falguni Vora
Dr. Piyush Patnaik
Dr. Nirali Patel
Dr. Ravi Prajapati

Dr. Kalpita Dave
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA

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CENTRE OF EXCELLENCE Multidisciplinary Paediatric Snoring & Sleep Apnoea Care

WHAT ARE THE SYMPTOMS ?

- Frequent cold & nasal blockage
- Snoring
- Mouth breathing
- Restless sleep/ frequent awakenings
- Daytime sleepiness
- Bedwetting
- Poor concentration / poor school performance
- Growth & Dental malocclusion
- Dental Malocclusion

WHY LIOHN?

MULTIDISCIPLINARY TEAM

- Paediatric ENT & Sleep Apnoea Surgeon
- Paediatric Sleep Dentist & Maxillofacial Surgeon
- Orthodontics
- Paediatric Pulmonologist / Paediatrician
- Myofunctional Therapist

LEVEL-I PAEDIATRIC SLEEP LAB with full medical observation

BEST-IN-CLASS WEREWOLF COBLATOR



WEREWOLF COBLATOR

DIAGNOSTICS

- Paediatric Level I Sleep Lab
- Drug Induced Sleep Endoscopy
- CT-Scan / CBCT In House
- 3D Dental Scan
- X-Ray

ENT SURGERIES

- Coblation assisted tonsillectomy & endoscopic adenoidectomy
- Coblation assisted intracapsular tonsillectomy (Less pain/less chances of haemorrhage)
- Balloon sinuplasty
- Paediatric septal & turbinate procedures
- Lingual tonsil removal

DENTAL SURGERIES

- Orthopaedic growth modulations for maxilla & mandible
- Fixation & removal of palatal expanders
- Rapid palatal expansion
- MARPE (mini plate assisted rapid palatal expansion)
- Invisalign expanders & interventional orthodontics
- Laser assisted tongue-tie release

MYOFUNCTIONAL THERAPY | Improves orofacial muscle function and supports long-term results

BENEFITS OF COBLATION SURGERY IN CHILDREN

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ADULT OBSTRUCTIVE SLEEP APNOEA SYNDROME

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WHO NEEDS A SLEEP STUDY / POLYSOMNOGRAPHY ?

- Loud snoring & witnessed breathing pauses
- Daytime sleepiness or fatigue
- Morning headache or dry mouth
- Difficulty concentrating /memory issues
- Restless sleep / frequent waking at night
- Choking or gasping during sleep

WHY LEVEL-I SLEEP STUDY?



Most accurate & complete sleep study as per AASM (American Academy of Sleep Medicine)

LEVEL I vs LEVEL II - KEY LEVEL-I ADVANTAGES

- Full-night study - 16+ channels
- Technician present whole night
- Video recording - full EEG
- Gold standard for diagnosing sleep disorders

GOLD STANDARD SLEEP DIAGNOSTICS AT LIOHN

SLEEP LAB
- State-of-the-art Level I Sleep Lab (Somnomedics)
- Comfortable room designed to feel like home
- CPAP/Bi-PAP titration with dedicated Lowenstein German titration device

PAP EXPERIENCE CENTRE
- Dedicated counselling & PAP dispensing zone
- Remote post-sales monitoring and compliance

DISE
(Drug Induced Sleep Endoscopy)
- Diagnostic DISE with BIS / Entropy monitoring
- Interventional DISE
- DISE with C-PAP titration for C-PAP intolerant patients

MULTIDISCIPLINARY TEAM



- Sleep Physician (Pulmonologist)
- Board Certified ENT, Snoring & Sleep Apnoea Surgeons
- Oral & Maxillofacial Surgeon
- Orthodontic & Sleep Dentist
- Neurologist
- Sleep Psychiatrist
- Endocrinologist with Obesity Management

TREATMENTS

- C-PAP/Bi-PAP therapy
- Single-stage multilevel surgery with advanced ICU backup
- All nasal & nasopharyngeal OSAS procedures
- Barbed/expansion sphincter palatoplasty
- Endoscopic tongue base reduction with coblation
- Epiglottoplasty
- Maxillo-mandibular advancement surgery
- Various types of advancement genioplasty
- SARME: surgical assisted rapid maxillary expansion
- DOME: distraction osteogenesis maxillary expansion
- Customized mandibular advancement devices

HOLISTIC MANAGEMENT. TRUE MULTIDISCIPLINARY APPROACH

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- Headache
- Neuro Critical Care
- Neuro Radiology
- EEG
- Neuro Pathology
- Cerebral angiography (DSA)
- EMG + NCV

SURGERY

- Head & Spine Trauma
- Brain & Spine Tumor
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- Pediatric Neurosurgery
- Endoscopic Surgeries
- Skull base surgery & Vascular Neurosurgery
- Degenerative Spine Disease

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Breast Clinic
An initiative by Divine Diagnostic Hub



Dr. Nupur Patel
Interventional Breast Radiologist
Director-Divine Breast Clinic &
Divine Diagnostic Hub
National Fellow Breast Imaging

1st Dedicated Breast Imaging & Intervention Centre

"One-Stop Diagnostic Breat Clinic For All Breast Related Concerns."

Imaging Services

- Digital Mammography
- Ultrasonography (USG) of Breast
- MRI Breast / MR Mammography / MR Ductography
- Elastography for Breast

Breast Interventions

- USG Guided Core Needle Breast Biopsy
- Vacuum Assisted Breast Biopsy(VABB)
- USG Guided Diagnostic / Therapeutic VABB
- Stereotactic VABB
- MRI Guided VABB
- FNAC of Axillary Node
- Wire Localization
- Clip Placement



— VABB- Vacuum Assisted Breast Biopsy —

The New Cutting-Edge Technology

1st Smart Biopsy System

- A state-of-the-art biopsy system with high accuracy, large specimen retrieval, and superior comfort for patients.
- It can replace surgical excision in many benign breast lumps such as Fibroadenoma, Papilloma and many more....

Benefits: Painless | Stitch-less | Scar-less






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Divine Diagnostic Hub

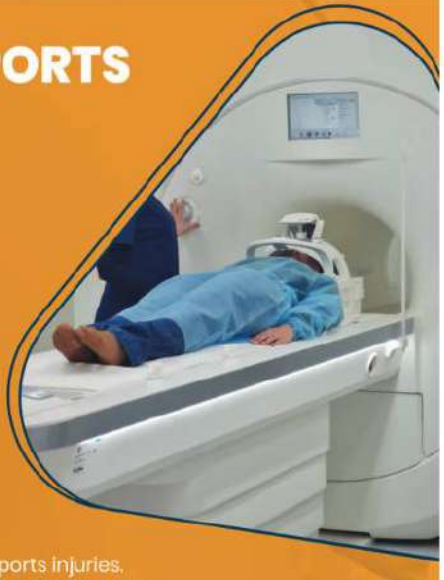


DR. AMAR SURI
MUSCULOSKELETAL & SPORTS IMAGING SPECIALIST

Dr. Amar Suri is a leading Radiologist with over 12 years of expertise in sports and musculoskeletal imaging. He completed his clinical fellowship at the University of Southern California, Los Angeles, USA.He specializes in wrist, finger, foot, and ankle MRI, with a reputation for precision and diagnostic clarity.Trusted by top orthopedic and sports physicians, his reports consistently support better clinical outcomes.

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- Fast, Clear Reports trusted by athletes.
- Comfort & Care with quick appointments.

IMAGING IN SPORTS INJURIES

MRI (Magnetic Resonance Imaging)
Soft tissue injuries | Tendon injuries
Ligament tears (e.g. ACL, MCL)
Meniscal tears | Muscle strains or contusions

CT Scan
Complex or intra-articular fractures
Small bone detail

X-Ray
Fractures /Dislocations
Bone alignment

Ultrasound
Tendon and ligament injuries
Muscle tears, hematoma
Joint effusions / foreign bodies

Wrist MRI | Finger MRI | Ankle MRI | Foot MRI | Shoulder MRI | Knee MRI | Hip MRI | TM Joint Dynamic MRI | Sternoclavicular Joint MRI | Multislice CT SCAN | Ultrasonography | Colour Doppler | Digital X-Ray | Digital Mammography with dedicated 1 stop Breast Clinic | 2D ECHO | ECG

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AHMEDABAD MEDICAL ASSOCIATION

Proudly launches-Project PinkAb

Dear AMA ladies,
Let's be brand ambassadors for

WOMEN'S PREVENTIVE HEALTH SCREENING INITIATIVE

FREE SCREENING TESTS

- Mammography
- USG Abdomen

RECOMMENDED FOR

Females aged **35** years & above

WHY SCREENING MATTERS?

- Early detection saves lives
- Timely diagnosis improves treatment outcomes
- A small step today for a healthier tomorrow

INVITED BENEFICIARIES

- Female Doctors of AMA and family members

Timing slots will be provided as per choice on first come first basis

Coordinators: Mrs Praveena Thakkar (President, AMA ladies club)
Dr. Shubhangi Shah | Dr. Dharti Shah | Dr. Mansi Shah

THIS INITIATIVE SUPPORTED BY HOC VEDANTA

SCAN QR CODE TO REGISTER

PRESIDENT
Dr. Kalpita Dave

HON. SECRETARY
Dr. Maulik Sheth

Project PinkAB – Partner Imaging Centres & Coordinators

Ahmedabad Medical Association warmly welcomes all partner imaging centres and coordinators on board as we join hands to make Project PinkAB a success.

No.	Name of Imaging Centre	Area	Zone	Name of AMA Co-ordinator	Mobile Number
1	Divine Breast clinic & Divine Diagnostic Hub	Shyamal cross road, Satellite	West	Dr. Rupal Ketan Kapadiya	9898044737
2	Dr. Avani Zaveri Imaging centre	Shyamal cross road, Satellite	West	Dr. Alpa Gandhi	9825065061
3	Infocus diagnostics	Navrangpura	West	Dr. Rupal Ketan Kapadiya	9898044737
4	Nucleon Imaing	Money Plant Junction, Bhuyangdev cross road	West	Mrs. Mayuri Pragnesh Vacchrajani	9427022586
5	Radiscan Diagnostics	Akhbarnagar cross road, Nava vadaj	West	Dr Jyoti Brijesh Patel	9824763630
6	Safal Diagnostics	Opp Torrent power, Naranpura	West	Dr Jyoti Brijesh Patel	9824763630
7	Sterling Hospital	Gurukul	West		
8	Unison Health check up	Behind reliance digital, Bhuyangdev cross road	West	Mrs. Mayuri Pragnesh Vacchrajani	9427022586
9	Usmanpura Imaging Centre	Usmanpura	West	Dr. Kruti Deliwala	9825070310
10	Usmanpura Imaging Centre	Satellite	West	Dr. Kruti Deliwala	9825070310
11	Usmanpura Imaging Centre	Vadaj	West	Dr. Kruti Deliwala	9825070310
12	Dr Hiren doshi Sonography & mammography Clinic	Dharnidhar cross road, Vasna	South west	Dr. Alpa Gandhi	9825065061
13	Shalimar Imaging Centre	Paldi	South west	Dr. Dimple Vipul Shah	9879004563
14	Unigold Hospital	Jivrajpark	South west	Mrs. Jashana Dhiren Mehta	9725373323
15	Satyam Diagnostics-Maninagar	Maninagar	South	Dr. Nitu Virendra Shah	9376186545
16	Spandan Diagnostic	Maninagar	South	Dr. Nitu Virendra Shah	9376186545

Project PinkAB – Partner Imaging Centres & Coordinators

Ahmedabad Medical Association warmly welcomes all partner imaging centres and coordinators on board as we join hands to make Project PinkAB a success.

No.	Name of Imaging Centre	Area	Zone	Name of AMA Co-ordinator	Mobile Number
17	Vivekanand Imaging - Maninagar	Maninagar	South	Dr. Nitu Virendra Shah	9376186545
18	Pramukh Imaging Centre	Chandkheda	North west	Dr. Mitali Solanki	9408763710
19	Neelkanth Imaging Centre	Nikol	North	Dr Mittal Patel	9551754350
20	PixelPlus Diagnostic	Nikol	North	Dr Rashi Jain	9426283317
21	Satyam Diagnostics-Nikol	Nikol	North	Dr Mittal Patel	9551754350
22	BRIC - Bopal Radiology & Imaging Centre	Bopal	New west	Dr. Dipti Alpesh Shah	9824168879
23	GIC Prime Imaging Centre	SG Highway	New west	Dr. Alpa Atul Gandhi	9825065061
24	Gota Imaging & CT Diagnostic centre	Gota	New west	Dr. Disha Patel	9099038930
25	HCG Hospital	SG Highway	New west		
26	Health One Hospial	Shilaj	New west	Dr. Dipti Alpesh Shah	9824168879
27	K D Hospital	Vaishnavdevi circle	New west		
28	Meenakshi Diagnostic - Gota	Gota	New west	Dr. Disha Patel	9099038930
29	SGVP Holistic Hospital	SG Highway	New west		
30	Zydus Hospital	SG Highway	New west		
31	Ananta Hospital	Nikol	East	Dr Rashi Jain	9426283317
32	Sanya Diagnnostics- Bapunagar	Bapunagar	East	Dr Mittal Patel	9551754350
33	Meenakshi Diagnostic - Shahibaug	Shahibaug	Central	Dr. Hetal Kapil Pandya	9428813460
34	Rajasthan Hospital	Shahibaug	Central	Dr. Hetal Kapil Pandya	9428813460

YOGA SHIBIR

AMA in association with Late Dr. C. C. Raval - Divya Jivan Sangh Organize Yoga Shibir for Doctors & their Family Members

Date	:	1-12-2026 to 10-12-2026
Time	:	07:00 a.m. to 08:00 a.m.
Venue	:	AMA Premises

Yoga is a great way to work on your flexibility and strength. Just about everyone can do it.

ADVANTAGES : Yoga's incorporation of meditation and breathing can help improve a person's mental well-being. Regular Yoga practice creates Mental clarity and calmness, increases body awareness, relieves chronic stress, relaxes the mind centers and sharpens attention. It also helps to build up immunity and improves respiration and lung capacity.

10 Benefits of Yoga :

- Improve flexibility
- Improve strength and posture
- Stretches & tones your muscles
- Better all round fitness
- Maintain weight
- Increase your energy
- Reduce stress
- Breathe better
- Be happier
- Become more mindful i.e. alert

Registration fee **Rs. 50/-** per person

This Shibir will be conducted by

Dr. Pushpa P. Multani (Qualified Yoga Teacher)

:: Co-Ordinators ::

Dr. Dharti Shah **Dr. Yogesh Jadav**

Dr. Kalpita Dave	**Dr. Maulik Sheth**
President, AMA	Hon. Secretary, AMA

AMA Installation News Clips

દિવ્ય ભાસ્કર અમદાવાદ 02-10-2026

મેડિકલ એસોસિયેશનના 125મા વર્ષમાં પ્રવેશ નિમિત્તે પદગ્રહણ સમારોહ યોજાયો



મેડિકલ એસોસિયેશનના 125મા વર્ષમાં નવી ટીમે પદગ્રહણ કર્યું. પ્રમુખના નેતૃત્વમાં 32 તબીબોની ટીમે તબીબોના કલ્યાણ, તબીબી ક્ષેત્રની એકતા અને સમાજના આરોગ્ય માટે કાર્ય કરવાનો સંકલ્પ લીધો. સમારોહમાં રાજ્યમંત્રી રિવાબા જાડેજા ઉપસ્થિત રહ્યા હતા.

New team takes guard at AMA

TIMES NEWS NETWORK

Ahmedabad: The new team of Ahmedabad Medical Association (AMA) took charge in an installation ceremony on Sunday. The event was attended by Rivaba Jadeja, MoS (education), and Dr Anil Nayak, president, Indian Medical Association (IMA) among others.

Dr Kalpita Dave is the new president of AMA, whereas Dr Maulik Sheth continued with his responsibility as secretary. Dr Naitik Patel is treasurer, whereas two vice-presidents are Dr Vipul Shah and Dr Sunil Patel. In all, 32 doctors assumed responsibilities in the core team and managing committees, said officials. Jadeja in her address congratulated medical fraternity for dedication and service to society. Dr Dave, sharing her vision, launched Project Pink Ab as preventive healthcare for women, especially for gynaecological cancers.

AMA Sareethon News Clips

દિવ્ય ભાસ્કર અમદાવાદ 05-10-2026

બ્રેસ્ટ કેન્સર અંગે જાગૃતિ લાવવા માટે ની ઝુંબેશમાં 500 મહિલા ડોક્ટર રિવરફ્રન્ટ પર રોકડ્યાં થયાં

કેન્સરનું લક્ષણ ન હોય તોપણ ચેકઅપ કરાવોનો સંદેશો આપવા 350 મહિલા તબીબની પિંક વૉક



દિવ્ય ભાસ્કર અમદાવાદ 28-09-2026

125 વર્ષના અમદાવાદ મેડિકલ એસોસિયેશનમાં ત્રીજી વાર મહિલા તબીબ પ્રમુખ બન્યાં

2500 મહિલા તબીબોના સ્તન કેન્સર સહિતની ગંભીર બીમારીની તપાસ થશે

ડૉ. કલ્પિતા દવે નવા પ્રમુખ, નવી ટીમે પદગ્રહણ સંભાળ્યો, કુલ 33 તબીબનો સમાવેશ કરાયો

માલિક સાવ અંગે જાગૃતિ લાવશે

Walk for breast cancer awareness held

Ahmedabad: Members of the Ahmedabad Medical Association (AMA) and several city-based organisations marked Breast Cancer Awareness Month with a walk on the Sabarmati Riverfront, dressed in pink saris to spread awareness about early detection and timely intervention. Around 350 women participated in the initiative, according to organisers. "Cancer winners shared their journeys and motivated others. We will continue to engage with social causes," said AMA president Dr Kalpita Dave.

In another event, more than 2,500 people took part in Pink Run 2.0 organised by HCG Aastha Cancer Centre in Ahmedabad to raise awareness about breast cancer. The event featured 5km, 10km and 15km categories and began with sessions on self-examination and seeking timely medical attention. TNN



Around 350 women participated in the initiative

Installation Ceremony of Ahmedabad Medical Association 2026–27

The Ahmedabad Medical Association (AMA) organised its 125th Installation Ceremony for the year 2026–27 on 27th September 2026 at AMA Hall, Ashram Road, Ahmedabad, marking the beginning of a new term of leadership and reaffirming its commitment to serving the medical fraternity and society. The prestigious ceremony was graced by Smt. Rivaba Jadeja, Minister for Tribal Development, Primary, Secondary and Adult Education, Government of Gujarat, as the Chief Guest, and Dr. Anil Nayak, National President, Indian Medical Association (IMA) Headquarters, 2025–26, as the Guest of Honour. The installation ceremony was conducted by Dr. Mehul Shah, Immediate Past President, IMA Gujarat State Branch, who served as the Installation Officer. Dr. Anil Patel, President-IMA Gujarat State Branch and many senior dignitaries and past presidents also remained Present to grace the occasion. The ceremony witnessed the formal installation of Dr. Kalpita Dave as the President of Ahmedabad Medical Association for the year 2026–27. Dr. Kalpita Dave, along with the newly appointed team of office bearers and managing committee members, assumed responsibility for guiding the association during the forthcoming year. The new office-bearers include Dr. Maulik Sheth as Hon. Secretary, Dr. Naitik Patel as Hon. Finance Secretary, Dr. Sunil Patel and Dr. Vipul Shah will serve as Vice Presidents, Dr. Alpa Gandhi and Dr. Nirali Patel as Hon. Joint Secretaries, Dr. Parth Desai as Hon. Library Secretary and Dr. Jignesh Shah as Immediate Past President. A new team of Managing Committee Members, representing both postgraduate and other categories, was also formally introduced during the ceremony. The occasion was particularly significant as Ahmedabad Medical Association celebrates its 125th year, reflecting more than a century of dedicated service to the medical profession and the community. The gathering brought together around 700 senior members, office bearers, managing committee members and members of the medical fraternity in a spirit of fellowship and enthusiasm. The new team also launched "PinkAb" project on this day to screen Breast cancer among the female doctors and their family members. The Ahmedabad Medical Association looks forward to an inspiring and impactful year under the leadership of President Dr. Kalpita Dave and her team with this year's theme of- "Celebrating Our Legacy, Shaping Tomorrow" The whole installation ceremony was well coordinated by Dr. Urvesh Shah and Dr. Palak Rao. The ceremony concluded with a renewed commitment towards strengthening professional excellence, fostering unity among medical professionals, promoting healthcare initiatives and continuing AMA's legacy of service to society. The event was by followed by lunch, providing an opportunity for members and guests to interact and celebrate the commencement of the new presidential term.

SAREETHON DRAPE IN PINK – WALK FOR LIFE

The Ahmedabad Medical Association (AMA) and Divine Breast Clinic, in association with Bharat Vikas Parishad organised "Drape in Pink – Walk for Life" Sareethon on 4th October 2026 at Sabarmati Riverfront, Near Atal Bridge to spread awareness about breast cancer, early detection and regular screening. The unique Sareethon witnessed enthusiastic participation by more than 350 doctors, women, families, breast cancer survivors and citizens, who came together in pink sarees with the message "One Saree. One Step. One Life Saved." The event was led by Dr. Kalpita Dave, President, AMA with the active support of the AMA team and partner organisations. Six inspiring breast cancer warriors shared their journeys of courage, treatment and recovery and were felicitated for inspiring the community with their resilience and positive spirit. Dr. Mona Desai motivated the female crowd with her inspiring speech and life lessons. Mrs. Pravin Thakkar, upcoming President Ladies Club, graced the event with huge presence of females from Bharat Vikas Parisad. Dr. Nupur Patel, Divine Breast Clinic, administered the breast health awareness oath, encouraging participants to undertake regular breast self-examination and screening. The event featured a vibrant awareness walk, Zumba, appreciation and felicitation of participants, followed by breakfast. The programme successfully brought together the medical fraternity, community organisations, survivors and citizens with a common commitment towards breast cancer awareness, early detection and women's health. Drape in Pink – Walk for Life concluded with a strong message that timely screening, awareness and collective action can help save lives.

CME on Optimizing Influenza Protection: Febrile Illness to Vaccination

Ahmedabad Medical Association, in collaboration with the Indian Medical Association and Abbott, organised a CME programme titled Optimizing Influenza Protection: Febrile Illness to Vaccination on 20th September 2026 at Radisson Blu Hotel, Ahmedabad. The programme brought together around 120 doctors for an evening of scientific learning, discussion and professional interaction. The CME focused on important clinical aspects of influenza prevention, including its burden among children and adults, evidence and rationale for vaccination, and vaccination following acute febrile illness. The scientific sessions featured Dr. Gajanand Mohata, who spoke on Burden & Prevalence of Influenza amongst Children & Adults; Dr. Nischal Bhatt, who addressed Influenza Vaccination: Evidence & Rationale; and Dr. Banshi Saboo, who discussed Influenza Vaccination Following Acute Febrile Illness. The sessions were followed by an interactive discussion and Q&A. Dr. Jignesh Shah, President, AMA, delivered the context-setting address, highlighting the importance of translating scientific evidence into practical clinical practice. Dr. Anil Kumar Nayak, National President, IMA, shared an overview and valuable perspectives during the programme. A special highlight of the evening was the launch of an IMA-prepared book on vaccination following illness, addressing an important and practical aspect of immunization in clinical practice. The programme concluded with a Vote of Thanks by Dr. Tushar Patel, Secretary, Gujarat State IMA. The successful CME provided an excellent platform for scientific exchange and interaction among members of the medical fraternity. The event reinforced AMA's commitment to promoting continuous medical education and facilitating evidence-based knowledge sharing among its members.

"નારી શક્તિ નેતૃત્વ થી નવરંગ સુધી"

લેડીઝ-ક્લબ

"નારી શક્તિ નેતૃત્વ થી નવરંગ સુધી"

આપણા આગામી કાર્યક્રમ આ પ્રમાણે છે.

કાર્યક્રમ નંબર-૪ : દિવાળી સ્નેહ મિલનનો કાર્યક્રમ પિતૃસંસ્થા એ.એમ.એ. સાથે

તારીખ : ૨૯-૧૧-૨૦૨૬, રવિવાર
સમય : સાંજે ૬ કલાકે થી

કાર્યક્રમ નંબર-૫ : બાળદીન ની ઉજવણી

૧૪ નવેમ્બર બાળદીન તરીકે ઓળખાય છે. આ દિવસને આપણે દિવાળીના તહેવારના લીધે તારીખ નક્કી કરીને પોલિયો ફાઉન્ડેશનના બાળકો સાથે ઉજવીશું.

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Clinical Research: A Beautiful Science and a Lucrative Career for Doctors

Introduction

Every drug we prescribe and every guideline we quote began as a question tested in a clinical trial. Clinical research is the science that turns hope into evidence, and doctors are at its centre. India has about 18% of the world's population and an estimated 20% of its disease burden, yet in 2019 it hosted only about 1.2% of global clinical studies. That gap between patients and research is exactly where new career opportunities are opening for young doctors.

Why Now? The Numbers

- **Union Budget 2026-27** announced Biopharma SHAKTI, with Rs 10,000 crore over five years to make India a global hub for biologics and biosimilars.
- The scheme proposes over 1,000 accredited clinical trial sites, 3 new and 7 upgraded NIPERs, and a stronger CDSCO with a dedicated scientific review cadre.
- India's pharma market is projected to grow from about USD 55 billion (2025) to USD 120-130 billion by 2030, and its bioeconomy from USD 165.7 billion (2024) to USD 300 billion; Gujarat contributes about USD 13 billion.
- The Indian clinical trials market is forecast to reach about USD 3.88 billion by 2030 at roughly 8.2% annual growth (estimates vary by agency).
- The 2026 amendment to the NDCT Rules cut test-licence processing time from 90 to 45 working days, speeding up trial start-up.

The Science: Phases of a Clinical Trial

A new medicine travels through carefully designed stages, each answering one question:

- **Pre-clinical:** laboratory and animal studies test biological plausibility and basic safety.
- **Phase I:** first-in-human studies in small groups to study safety, dose tolerance and pharmacokinetics.
- **Phase II:** early evidence of efficacy and the right dose in patients with the disease.
- **Phase III:** large randomised comparison against the standard of care to confirm benefit and risk.
- **Phase IV:** post-marketing surveillance, because rare adverse events appear only when many people use a drug.

Randomisation, blinding, pre-specified statistics, informed consent and independent ethics review (Good Clinical Practice) are what make the answer trustworthy. That discipline is the beauty of the science.

Current Ongoing Trials and Openings

India is no longer only a recruiting ground for late-phase studies. In early October 2026, ClinicalTrials.gov listed 6,546 studies with at least one Indian site, of which 952 were recruiting or about to start. Most activity is in non-communicable diseases, led by cancer, diabetes, cardiovascular and digestive disease. Live areas include:

- **Diabetes and obesity:** global Phase 3 programmes of newer incretin drugs, such as orforglipron and eloralintide, have Indian sites recruiting, and a 24-site Indian Phase 3 study has compared a semaglutide biosimilar with its reference product.
- **Oncology:** paediatric solid-tumour studies, and trials of the indigenous CAR-T

therapy NexCAR19 in further indications at Tata Memorial Centre.

- **Cardiovascular and neurology:** trials in atherosclerotic disease with obesity, and in acute ischaemic stroke.

The job market is following the trials. Industry hiring surveys in 2026 report that over 80% of pharma companies face acute shortages in clinical research and regulatory roles. One estimate puts the rise in demand at 30-40% for pharmacovigilance and drug safety, including safety physicians, and 20-30% for clinical research roles. Medical reviewer and safety physician posts are described as niche because they need a medical qualification. Global capability centres in India, now over 55 with more than 300,000 professionals, support clinical data, safety and regulatory work, and Ahmedabad is named among the strongest hiring hubs.

How Indian Doctors Can Leverage This

- **Start with training.** Complete a recognised GCP course and add a certificate in clinical research or pharmacovigilance; an internship with a CRO or time shadowing an investigator helps.
- **Join a CRO, pharma company or capability centre** as a medical monitor, safety physician or medical reviewer, where your clinical judgement is the scarce skill.
- **Build a niche.** Biosimilar trials, early-phase studies, dermatology and wound care, and real-world evidence reward doctors who become known for one area.
- **Stay connected.** Follow CDSCO notices, check the Clinical Trials Registry of India for studies in your area, and join professional bodies such as ISCR.

Career Pathways for Doctors

Role	What you do
Clinical Research Physician / Medical Monitor	Review eligibility, protocol queries and safety data for a study; advise investigators
Drug Safety Physician (Pharmacovigilance)	Assess adverse event reports, causality and MedDRA coding; detect safety signals
Clinical Development / Medical Affairs	Design protocols and development plans; engage experts; translate data into practice
Regulatory Affairs / Medical Writing	Prepare dossiers, protocols and study reports; espond to regulators
Ethics Committee / Clinical Quality	Review studies for participant safety; audit sites for GCP compliance
CRO / Site Management	Build or lead research organisations, especially in niche areas and early-phase studies

Physician roles in pharma and CROs are valued because medically qualified professionals are scarce. They can offer structured growth, global exposure and an attractive work-life balance. Pay varies widely with role, employer and experience, so compare current offers before deciding.

A Word for Practising Doctors: Becoming a Principal Investigator

The Principal Investigator (PI) is the doctor responsible for participant safety, protocol compliance and data integrity at a trial site. A qualified practising physician with a trained team, a suitable space for consent discussions, and a registered ethics committee can serve as a PI. Your patients may gain early access to new therapies, and your clinic can gain professional growth and additional income.

A good start is a GCP certificate, followed by observational or Phase III/IV studies in your own speciality. With 1,000 accredited sites planned, the demand for trained investigators in cities like Ahmedabad will only grow.

Conclusion

Clinical research lets a doctor impact thousands of patients through evidence rather than one consultation at a time. The policy push is in place, the industry is growing, and the need for doctors is real.

Dr. Purav Thakkar,
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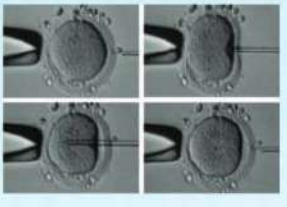




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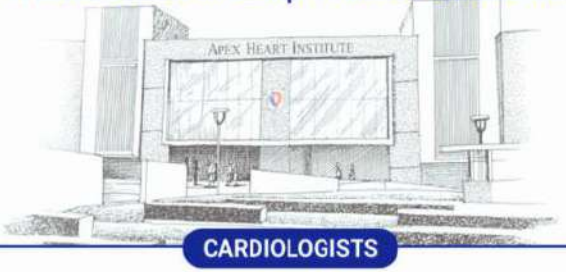
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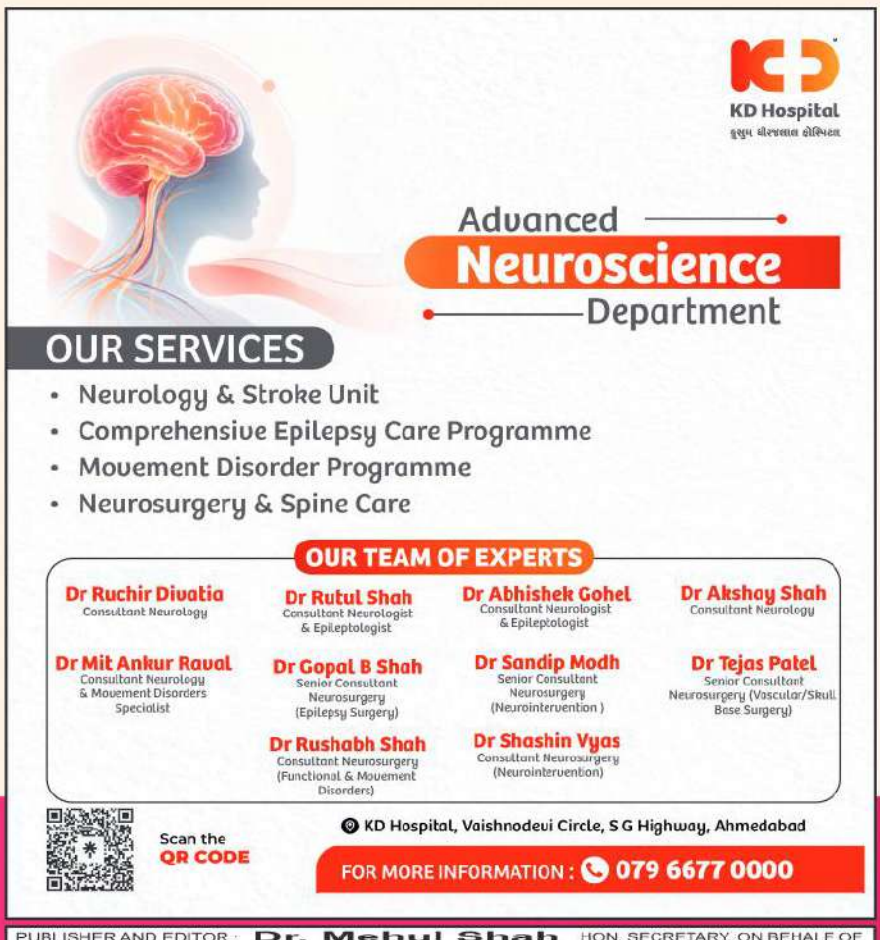
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