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AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902

AMA House, First Floor, Opp. H. K. Arts College,
Ashram Road, Ahmedabad - 380009 Phone : (079) 26588775



AHMEDABAD MEDICO NEWS

Dhanvantari Pujan on 29-10-2024



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NOVEMBER- 2024

ISSUE - 7

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Dr. URVESH SHAH
Hon. Secretary - AMA

Imm. Past President - Dr. TUSHAR PATEL

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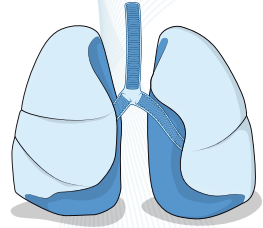
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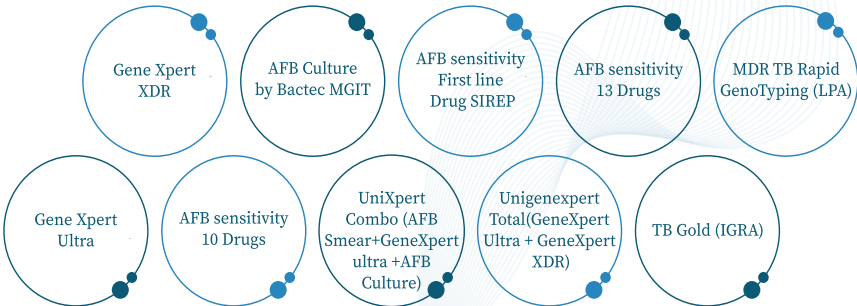
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GIMACON 2024





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GIMACON 2024



Scientific Programme on 17-11-2024





Doctors on Call, Press meet



Scientific Programme on 14-11-2024





Dhanvantari Poojan on 29-10-2024





Scientific Programme on 17-11-2024



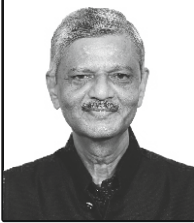


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Message From President & Hon. Secretary



Dear Members,

**“Coming together is Beginning.
Keeping together is Progress.
Walking together is Success.”**

- Henry Ford

Last month we had enjoyed Diwali vacation very well. But we also had taken care of society and patients that they should not have any difficulty for the management and treatment in their medical problems. For that we had planned Doctors on Call which was very successful. Almost 90 doctors of different specialties have participated in this noble work and we had received many calls for help from patients and all were attended nicely. We had press meet before that and all social media and print media have covered it very nicely. We are thankful to all doctors for giving their valuable time with dedication. We are also thankful to media for giving support and being with us for noble community work.

We also had traditional Dhanvantary Pujan as usual at our premises. We had planned couple of Blood Donation camp and CRP Training camp at different centers. We are thankful to all friends and team for planning and working for all projects.



Last week we had scientific programs also. As per our wish, this time we have started one lecture of medico legal subject which was delivered by our own PGDMLPE student. He has explained very nicely about Consent required for treatment and procedures, its legal importance very nicely. And now onwards we are planning to have one lecture of medico legal issue. The whole program was attended by many doctors with good inter action.

We also had couple of small scientific sessions, one on World Diabetes Day, 14/11, and another on 21/11. Both were excellent programs.

We also had Entertainment Program of Diwali Get together on 24/11, Sunday. We had enjoyed melodious songs from a singer, who himself is an MBBS doctor. We also had an excellent Housie game, very well conducted by our own lady doctors under leadership of Dr. Monaben Desai. We are thankful to Dr. Monaben Desai and her team.

We are thankful to all committee members and other friends for working hard to make all programs very very successful. Really,

“Individually we are Drop, but together we are an Ocean.”

- Ryunosuke Satoro.

Jai AMA

Jai IMA

Dr. Dhiren Mehta
President, AMA

Dr. Urvesh Shah
Hon. Secretary, AMA

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Dr. Yogesh Gupta

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YOGA SHIBIR

**AMA in association with Late Dr. C. C. Raval - Divya Jivan Sangh
Organize Yoga Shibir for Doctors & their Family Members**

Date : 1-12-2024 to 10-12-2024
Time : 07:00 a.m. to 08:00 a.m.
Venue : AMA Premises

Yoga is a great way to work on your flexibility and strength. Just about everyone can do it.

ADVANTAGES : Yoga's incorporation of meditation and breathing can help improve a person's mental well-being. Regular Yoga practice creates Mental clarity and calmness, increases body awareness, relieves chronic stress, relaxes the mind centers and sharpens attention. It also helps to build up immunity and improves respiration and lung capacity. So in current Corona period Yoga is the best weapon to fight against Corona and useful for prevention.

10 Benefits of Yoga :

- Improve flexibility
- Improve strength and posture
- Stretches & Tones your muscles
- Better all round fitness
- Maintain Weight
- Increase your energy
- Reduce stress
- Breathe better
- Be happier
- Become more mindful i.e. alert

Registration fee **Rs. 50/-** per person

This Shibir will be conducted by

Dr. Pushpa P. Multani (Qualified Yoga Teacher)

Dr. Dhiren Mehta
President, AMA

Dr. Urvesh Shah
Hon. Secretary, AMA



Gujarat Medical Council

No.GMC/PRESS NOTE/ 12481/24 of 2024

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REGISTERED

Date: 21-10-2024

એલોપેથીક ડોક્ટર્સ માટે અગત્યની જાહેર નોટીસ

- (૧) ભારત દેશ બહાર MBBS પાસ થઈને આવતા કેટલાક ડોક્ટર્સ (ફોરેન મેડીકલ ગ્રેજ્યુએટસ (FMGs)) કે જે ભારત દેશની M.B.B.S. લાયકાતને સમકક્ષ ડીગ્રી ધરાવતા હોવા છતાં પોતે M.D. "PHYSICIAN" અથવા Doctor of Medicine લાયકાતધારક હોવાનું દર્શાવી/લખી જાહેર જનતાને ગેરમાર્ગે દોરતા હોય છે, તો આવા તમામ ફોરેન મેડીકલ ગ્રેજ્યુએટસ (FMGs) એ તેઓના પ્રિસ્ક્રીપ્શન, વીઝીટીંગ કાર્ડ, લેટર પેડ, સાઈન બોર્ડ, રબર સ્ટેમ્પ, ફીની પહોંચ, મેડીકલ સર્ટીફિકેટ વગેરે જેવી તમામ જગ્યાઓ પર ફક્ત M.B.B.S. જ લખવાનું રહેશે અન્યથા તેમના વિરુદ્ધ નેશનલ મેડીકલ કમીશન/ ગુજરાત મેડીકલ કાઉન્સિલના નીતિ-નિયમો મુજબ લાયસન્સ સસ્પેન્ડ કરવા સુધીના પગલાં ભરવા અંગેની કાર્યવાહી કરવામાં આવશે.
- (૨) ગુજરાત રાજ્યમાં પ્રેક્ટીસ કરતા તમામ એલોપેથીક ડોક્ટરોએ તેઓના પ્રિસ્ક્રીપ્શન, લેટર પેડ/ રબર સ્ટેમ્પ, ફીની પહોંચ, મેડીકલ સર્ટીફિકેટ વગેરે પર તેઓને ગુજરાત મેડીકલ કાઉન્સિલ દ્વારા ઇસ્યુ કરવામાં આવેલ લાયસન્સ નંબર ફરજિયાતપણે દર્શાવવાનો રહેશે અન્યથા તેમના વિરુદ્ધ નેશનલ મેડીકલ કમીશન/ ગુજરાત મેડીકલ કાઉન્સિલના નીતિ-નિયમો મુજબ લાયસન્સ સસ્પેન્ડ કરવા સુધીના પગલાં ભરવા અંગેની કાર્યવાહી કરવામાં આવશે.
- (૩) તમામ એલોપેથીક ડોક્ટરોએ ગુજરાત રાજ્યમાં પ્રેક્ટીસ કરવા સારું ગુજરાત મેડીકલ કાઉન્સિલમાંથી લાયસન્સ લેવું ફરજિયાત છે. અન્ય રાજ્યનું કે MCI/NMCC નું રજીસ્ટ્રેશન/ લાયસન્સ હોય છતાં ગુજરાત રાજ્યમાં પ્રેક્ટીસ કરવા માટે ગુજરાત મેડીકલ કાઉન્સિલનું રજીસ્ટ્રેશન/ લાયસન્સ લેવું ફરજિયાત છે અન્યથા તેમના વિરુદ્ધ નેશનલ મેડીકલ કમીશન/ ગુજરાત મેડીકલ કાઉન્સિલના નીતિ-નિયમો મુજબ લાયસન્સ સસ્પેન્ડ કરવા સુધીના પગલાં ભરવા અંગેની કાર્યવાહી કરવામાં આવશે.



(જ) ગુજરાત મેડીકલ કાઉન્સિલના ધ્યાન પર આવેલ છે કે ગુજરાતમાં પ્રેક્ટીસ કરતા કેટલાક સ્પેશ્યાલીસ્ટ/ સુપર-સ્પેશ્યાલીસ્ટ ડોક્ટરો ગુજરાત મેડીકલ કાઉન્સિલનું ફક્ત MBBSનું જ રજીસ્ટ્રેશન/ લાયસન્સ ધરાવે છે પરંતુ તેમની પોસ્ટ ગ્રેજ્યુએટ MD/ MS જેવી સ્પેશ્યાલીટી કે MCH/ DM જેવી સુપર સ્પેશ્યાલીટી ડીગ્રીનું રજીસ્ટ્રેશન/ લાયસન્સ લીધેલ નથી, તો આવા ગુજરાત રાજ્યમાં પ્રેક્ટીસ કરતા ડોક્ટરોને તેઓની MCI/ NMC દ્વારા માન્યતા પ્રાપ્ત તમામ સ્પેશ્યાલીટી કે સુપર સ્પેશ્યાલીટી ડીગ્રીનું લાયસન્સ/ રજીસ્ટ્રેશન ગુજરાત મેડીકલ કાઉન્સિલમાં કરાવવું આવશ્યક હોઈ સત્વરે કરાવી લેવા જણાવવામાં આવે છે અન્યથા તેમના વિરુદ્ધ નેશનલ મેડીકલ કમીશન/ ગુજરાત મેડીકલ કાઉન્સિલના નીતિ-નિયમો મુજબ લાયસન્સ સસ્પેન્ડ કરવા સુધીના પગલાં ભરવા અંગેની કાર્યવાહી કરવામાં આવશે.

આપનો વિશ્વાસુ,

માનદ રજીસ્ટ્રાર
ગુજરાત મેડીકલ કાઉન્સિલ

WE WELCOME FOLLOWING NEW LIFE MEMBERS

M.No.	Type	Name
13105	L	Dr. Prajapati Bhargav Bharatbhai
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13107	L	Dr. Engineer Mitchell Arvind
13108	L	Dr. Jadeja Archanba Vikaramsinh
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13113	L	Dr. Jethva Vishalkumar Prakashbhai
13114	L (Transfer)	Dr. Radha Rajendra Dhudshia
13115	L	Dr. Rashmi Jain
13116	L	Dr. Shikha Praveen Sarda



Report of Blood Donation Camp dated 20/10/2024

The blood donation camp was organised at Rukshmani Nivas, Ambawadi on 20th October, 2024. 23 units of blood collected during the camp organised by Ahmedabad Red Cross in association with Shri Satya Sai Seva Organisation & Ahmedabad Medical Association. Shri Satya Sai Seva Organisation is doing such Blood Donation Camps since many years in service of Humanity. Dr. Maulin Patel (Centurion Blood Donor) remained present during the camp. Mr. Prakash Patel, camp organiser donated blood for 114th time in that camp.

Report of 'Dhanvantari Poojan' Date 29/10/2024

Ahmedabad Medical Association has organized 'Dhanvantari Poojan' at AMA hall, Ashram Road, Ahmedabad on the occasion of Dhanteras on 29th October, 2024. It is believed that Lord Dhanvantari is considered to be the incarnation of Lord Vishnu. It is said in the scriptures that whoever worship Lord Dhanvantari, the God of Health, on this day with full devotion gets relief from serious health disorders. Dr.Snehal Kale performed the Pooja very nicely.

Report of 'Doctors on Call' service during Diwali holidays

Ahmedabad Medical Association & Ahmedabad Family Physicians Association have always cared for people of Ahmedabad by running a campaign to keep emergency healthcare services available during Diwali festivals. It has helped in saving many lives and thwarting hardships to people during emergencies. In continuation of this noble tradition, this year too we had



announced 'Doctors on Call' voluntary consultation services during Diwali holidays from 31st October to 4th November. A press conference was arranged by the association on 29th October to proliferate the message. Area coordinator 22 and more than 90 doctors of our association have rendered their voluntary services in different areas of Ahmedabad. The list of the doctors and their contact details was made available on association's website as well as on various social media platforms.

Report of Scientific Programme on World Diabetes Day

A CME (Dr. Pushpaben Multani Scientific Programme) was arranged on topic of diabetes on 14th – November - world diabetes day at Hotel fortune Park, 8.30 pm onwards. Dr. Moxit Shah & Dr. Hiren Patt presented on recent advances in diabetes management & insulin therapy. The sessions were very informative & interactive. Dr. Aditya Gupta nicely coordinated the CME. The CME was attended by around 60 members.

Report of Scientific Programme on 17-11-2024

A CME (Dr. Tejas Patel Scientific Programme) – Cardiology update was arranged in association with Krish Heart care on 17th – November, Sunday at Ahmedabad medical Association, 9.00 am onwards. The team of Krish Heart Care – Dr. Jay Shah, Dr. Sanjiv Prajapati, Dr. Dhruvkumarsinh Jadeja, Dr. Shaival Majmudar & Dr. Utsav Unadkat discussed on various topics of cardiology. The last session was discussed by Dr Malhar Shah on the Hidden aspects of Medico-legal Consent. The CME was followed by lunch. The CME was attended by around 80 members.



OBITUARY

**May their soul rest in
eternal peace.**



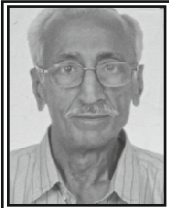
DR. PARSRAM T. ASSUDANI

L-33

M.B.B.S.

Date of Birth : 07-07-1946

Date of Death : 25-09-2024



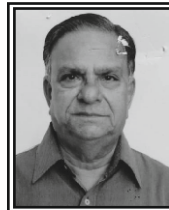
DR. GAUTAM RATILAL ZAVERI

L-1317

RAD.

Date of Birth : 06-06-1942

Date of Death : 16-03-2024



DR. JYANTILAL BALUBHAI KOTHARI

Date of Birth : 29-11-1941

Date of Death : 26-10-2024

**We send our sympathy & condolence
to the bereaved family.**

**વૈડીય-ક્લબ**

Success is not final, Failure is not fatal
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Case Summary : Sameera Kohli vs. Prabha Manchanda (2008)

Compiled by Dr. Malhar Shah,
MBBS, MD (Dermat), PGDMLPE.

Citation:

Sameera Kohli vs. Dr. Prabha Manchanda & Anr, Civil Appeal No. 1949 of 2004, Supreme Court of India, Judgment dated February 16, 2008.

Background:

This case involved a dispute over the informed consent required for medical procedures. Sameera Kohli, the appellant, had approached Dr. Prabha Manchanda, the respondent, with complaints related to menstrual irregularities and lower abdominal pain. During the exploratory surgery (laparotomy), Dr. Manchanda found a large cyst in Kohli's left ovary and proceeded to perform a hysterectomy (removal of the uterus) and bilateral salpingo-oophorectomy (removal of ovaries and fallopian tubes) without obtaining prior consent for these specific procedures.



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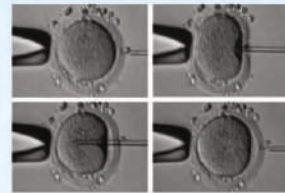
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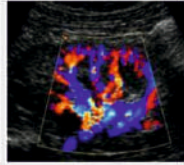
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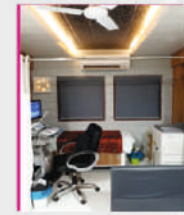
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**Legal Issues:**

The core legal issue was whether Dr. Manchanda breached her duty by not obtaining informed consent from Sameera Kohli before performing additional surgical procedures.

Arguments:

- Appellant (Sameera Kohli) argued that she did not give consent for the removal of her reproductive organs and that her autonomy and right to decide on her own medical treatment were violated.
- Respondent (Dr. Prabha Manchanda) contended that the additional procedures were necessary given the condition observed during the exploratory surgery, and the decision was in Kohli's best interest to avoid further complications.

Judgment:

The Supreme Court of India ruled in favor of Sameera Kohli, holding that Dr. Manchanda had acted without obtaining adequate informed consent. The court emphasized the importance of a patient's right to



autonomy and the duty of medical professionals to respect it.

Key Takeaways:

1. **Informed Consent:** Consent must be specific to the procedure being performed. Blanket consent does not authorize the doctor to carry out additional invasive procedures unless it's an emergency.
2. **Patient Autonomy:** The judgment reinforced the principle that patients have the right to make informed decisions regarding their health, especially in cases involving non-life-threatening conditions.
3. **Standard of Care:** This case established that the medical practitioner must respect the patient's right to autonomy and adhere to professional standards in obtaining informed consent. The court awarded compensation to Kohli, underscoring the accountability of healthcare providers in respecting patient autonomy. This case became a landmark decision in medical law, emphasizing the necessity of informed consent in India.



The patient should have the capacity and competence to consent

- Consent should be free and voluntary
- Consent should be informed
- Consent should be procedure specific
- Consent obtained during the course of surgery is not acceptable
- When blood transfusion is anticipated, a specific written consent should be taken
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Common clinical threats

1. Around 20% of hospitalized patients on antibiotics experience side effects. C.difficile is one example.

2. In hospitalized patients, severe reactions, including renal and bone marrow toxicity, can be seen.

With the overuse or abuse of antimicrobials, up-trending antimicrobial resistance, and limited antimicrobial resources, it is high time we take action.

Four Moments of Antibiotic Decision Making.

Moment 1 is considering the question if the patient has an infection and does it require antibiotics.

Moment 2 is to think about what cultures should be obtained and the best empiric treatment.

Moment 3 is the question of, after a day or so of antibiotics being used, should the regimen be stopped, narrowed, or changed route of administration.

Moment 4 considers how long the antibiotic should be continued for the treatment of the patient's infection.

It is responsibility of each and every medical doctor to work in this Antibiotic Stewardship. If we don't act now then future generations will never forgive us for such a big lapse in our duty.



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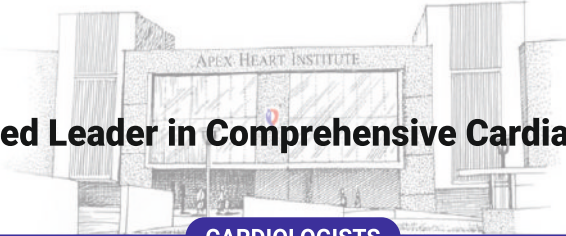
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