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AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902

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AHMEDABAD MEDICO NEWS

IMA GSB & IMA MSN Gujarat Organized
All Gujarat Inter Medical College SKIT COMPETITION
Grand Finale Dated: 20-04-2025



VOL. 20

MAY - 2025

ISSUE - 1

Dr. DHIREN MEHTA President - AMA

Dr. URVESH SHAH Hon. Secretary · AMA

Imm. Past President - Dr. TUSHAR PATEL

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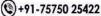




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IMA GSB & IMA MSN Gujarat Organized SKIT Competition Semi Final Dtd. 18-04-2025























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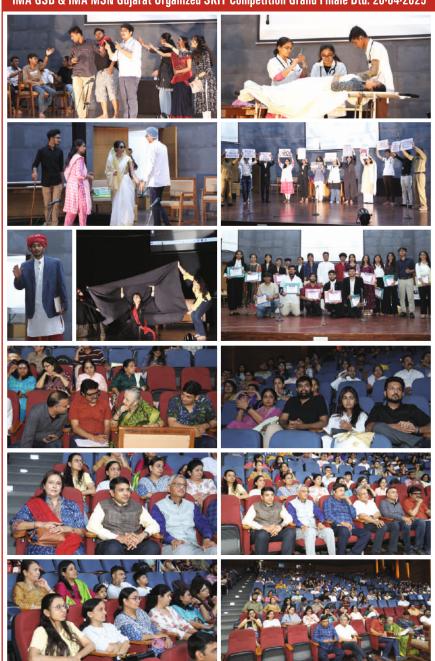








IMA GSB & IMA MSN Gujarat Organized SKIT Competition Grand Finale Dtd. 20-04-2025



CME Gandhinagar on Dated: 27-04-2025













Wolrd Liver Day - Facebook Live







Scientific Programme on Dated: 11-05-2025



Ladies Club Programme

























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IMA Gujarat State Branch | Ahmedabad Medical Association



28th

December 2025

Saturday & Sunday



Club 07, The Forum - Celebration & Convention

Off Sardar Patel Ring Road, Shela, Ahmedabad, Gujarat 380058

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All India Medical Conference



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Dear Doctor.

Seasons Greetings!

The Indian Medical Association Gujarat State Branch & Ahmedabad Medical Association invite you to be a part of IMA NATCON 2025, a benchmark annual conference shaping the future of healthcare. This event, scheduled on December 27th and 28th, will feature impactful lectures and skill-enhancing workshops by leading national faculties.

Your participation as a vital member of the healthcare community will undoubtedly enrich the discussions and contribute to the collective knowledge shared. We look forward to welcome you for this prestigious event.

Together, let's make IMA NATCON 2025 a landmark conference.

With anticipation, **The Organizing Team IMA NATCON 2025**





















27th & 28th December 2025

HOSTED BY: IMA Gujarat State Branch & Ahmedabad Medical Association

Prepare for an enriching and comprehensive medical conference featuring

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Premier gathering of healthcare leaders. policymakers, and experts focused on advancing healthcare, innovation, pressing challenges, and drive impactful change across the healthcare ecosystem.

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.M.A. BULLETIN INDEX

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Message From President & Hon. Secretary



Dear Members,

"The best team is not the team of best players, but the team that plays best together."

-Jamie Dimon.

Yes, few days back due to war like situation, the whole country was in tremendous stress and anxiety with worry. We may come to face so many challenges because of result of war and Govt was also worried for this unpredictable situation. Just by one call for preparedness for crisis, we had appealed our friends for voluntary service if required, and with our surprise, so many doctor friends of different specialties, have shown interest for that. We are so happy to see such great responses for noble cause and for our country also. We also have appealed to organize Blood Donation Camps to collect blood if required in emergency. Our many friends came forward for this noble cause also.

> "If you have knowledge. let others light their candles in it."

> > - Margaret Fuller.

We had Face book live on World Liver Day, 19-4-2025, for awareness of Liver diseases. We also had scientific Webinar on Diabetic Retinopathy on 24-4-2025 on Docplexus which was viewed by many doctors. We also had wonderful program on 27-4-2025 at NFSU, on Toxicology and Medico legal Issues, which was attended by many doctors. We also had scientific program on Thalassemia on 11-5-2025, in

context with World Thalassemia Day, 8-5-2025. We had skit

on Thalassemia Awareness by kids from one NGO.

We had beautiful program of Inter Medical College Skit Competition, in which all medical colleges of Gujarat had participated. We had also wonderful program, DocLens, Photography Competition, in which many doctors from Gujarat had participated.

We had Blood Donation Camp at Hirawadi, Bapunagar, on 20-4-2025, which was organized by Dr. Sunil Patel, Pediatrician and our MC member. We had Blood Donation Camp at Krushna Nagar, organized by Dr. Mukesh Khadalia, also our MC member. We are thankful to both for conducting community activities.

We have already started registration for NATCON 2025. All members are requested to register in large number and to participate this Mega Event.

> "We may have all come on different ships, but we are in the same boat now."

> > -Martin Luther King Jr.

Jai AMA - Jai IMA

Dr. Dhiren Mehta President, AMA

Dr. Urvesh Shah Hon. Secretary, AMA

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Dr. Tanumati G. Shah Scientific Programme

Date : 8/6/2025, Sunday. **Time**: 10.00 am to 1.00 pm

Venue: Ahmedabad Medical Association, Ashram Road.

Tentative Program Details

Debate 1:

Dapagliflozine vs Empagliflozin

Debate 2:

Vildagliptin vs Linagliptin vs Sitagliptin

Semaglutide:

Diabetes and Obesity - Should we use or to wait? Medico legal Subject.

Smart Clinic:

Panel Discussion

Co ordinators

Dr. Aditya Gupta

Dr. Hitendra Nayak

Registration is free but compulsory For Registration Contact: AMA office on 079-26588775 during 2.00 pm to 6.00 pm

Dr. Dhiren Mehta President, AMA

Dr. Urvesh Shah Hon. Secretary, AMA



ANNUAL DAY COMPETITIONS

(1) INDIAN ASSOCIATION OF OCCUPATIONAL HEALTH ESSAY PRIZE Subject: Health Issues in IT Professional - Recent and Remote.

DR. RANJAN K. NANAVATY ESSAY PRIZE **(2)**

(For Family Physicians Only)

Subject: Role of Family Physician for Prevention of Anti Microbial Resistance.

- * Each candidates shall have to submit word file (double space) at email: amagsbima@yahoo.co.in before 30-06-2025, 5.00 pm (maximum 1500 words)
- Candidates should not write their names or addresses on the essay. They should not reveal their identity in the essay. Candidate should write the name and complete address on a separate word file
- **(3)** DR. PIYUSH SHAH PAPER PRESENTATION PRIZE

(For Family Physicians only)

- * The last date for submission of abstract is 30-06-2025, 5 p.m. Complete Power Point presentation will have to be submitted the day of presentation.
- All papers accepted by the Scientific Committee will be read few days before our Annual Day function.
- * The paper must be original and must not have been published or read previously.

8 minutes will be allowed for presentation and 3 minutes for discussion.

DR. B.C. AMIN MEMBERSHIP DRIVE TROPHY will be awarded **(4)** to the member who has enrolled the maximum number of members in the year 2024-2025.

Other Trophies: The entry fee is Rs. 100/- only.

- **(5) DR. K. K. SHAH TROPHY** For Best Nursing Home.
- **(6)** DR. P. B. HARIBHAKTI TROPHY For Best Consulting Room.
- DR. DAHYABHAI SHIVRAM JOSHI TROPHY For **(7)**

General Practitioner's best Clinic



- DR. TANUMATI G. SHAH & DR. GIRISHCHANDRA SHAH (8) Octogenarian prize for the outstanding services to medicine & social services: one for Gentleman & one For Woman Above 80 years.
- (9) DR. KALPESH B. SHAH Rotating Trophy for Best Diagnostic Center to be awarded to the best diagnostic facility (Laboratory Radiodiagnostic center)

Those members who want to take part in these competitions, should send the application on their letter pad.

Last date of entry is 30-06-2025, 5.00 p.m.

Note: The winners of the Trophy in past should not apply again.

OBITUARY

May their soul rest in eternal peace.



DR. KHODABHAI TRIBHOVANDAS PATEL

Date of Death : 03-03-2025



DR. DIVYAKANT GOVINDLALA PATEL

LM- 640

Date of Birth : 02-09-1939

Date of Death : 13-04-2025



DR. LALBHAI HIMMATLAL SHAH

LM- 967 **MBBS**

Date of Birth : 25-07-1934

Date of Death : 06-05-2025

We send our sympathy & condolence to the bereaved family.



Report On Skit Semifinal Dated On 18/04/2025

Ahmedabad Medical Association along with IMA-GSB and IMA-MSN Gujarat organized "All Gujarat Inter Medical College SKIT Competition" amongst all the Medical Colleges of Gujarat. All the Medical colleges were divided in 5 zones for the ease of arrangement and planning. In the college level round, maximum 2 teams per college were decided to take part. Then zone level competition level was held. At the end of zone level competition two best teams were decided to select to participate in Grand Finale. Zonal Coordinators were Dr. Mona Desai, Dr. Urvesh Shah, Dr. Jaydeep Shah, Dr. Nirali Patel and Dr. Vipul Shah who throughout all the stages coordinated the competition along with Local Branch IMA Coordinators. ZONE A semifinal was kept at Auditorium, Ahmedabad Medical Association on 18th April 2025 between 2 to 6 pm. Around 300 audience witness the wisdom and creativity of SKIT presented on stage by students. Judges for this competition were DipikabenRaval, Chirag Parikh("Anandbhai"), Nitish Parikh- all are very prominent figures from Gujarati Cinema and Music Industry. Dr. Dhiren Mehta, President, AMA and many dignitaries remain present in the Zone A Semifinals and witnessed the wisdom performed by the students of all the Medical colleges of Ahmedabad. SKITs from SAL Medical Collegeand GMERS Sola got selected to perform in Grand Finale.





All Gujarat Inter Medical College Skit Competition Dated 20/04/2025

Our Gujarat State Branch of Indian Medical Association along with IMA MSN Gujarat organized an Inter Medical College Skit Competition of 41 Medical Colleges of Gujarat.

These Medical Colleges were divided into 5 groups according to their zones and / Semi final rounds were organized in each zone. Two Best Skit were selected for the Final round.

The Grand Finale Of All Gujarat Inter Medical College Skit Competition was organised on Sunday 20th April – 2025 at Narendra Modi Medical College Hall, Ahmedabad.

The 10 Colleges which participated in Grand Finale were:

- 1 Group A (1) GEMRS Sola Medical College, Ahmedabad
 - (2) Sal Institute of Medical Sciences, Ahmedabad
- 2 Group B (1) Banas Medical College, Palanpur
 - (2) Swaminarayan Medical College, Kalol
- 3 Group C (1) Government Medical College, Surat
 - (2) SMIMER Medical College, Surat
- 4 Group D (1) Dr. N.D. Desai Medical College, Nadiad
 - (2) Zydus Medical College, Dahod
- 5. Group E (1) GMERS Medical College, Morbi
 - (2) GMERS Medical College, Porbandar

All the Medical College Students Performed extremely well.

The esteemed Judges for the Event were

- (1)Smt Annapurana Shukla - Movie & TV. Artist.
- (2)C.A. (Dr) Kabir Mansuri Khan. Well known Theater Artist, Director, Writer & TV artist.
- (3) Mr. Shaunakk Vyas Well known TV Artist, Director, Producer & Writer.



The judges unanimously announced Following Prizes:

- (1)Best Skit - Winner - "ឲ្យនទាំ" GMERS Sola Medical College, Ahmedabad
- (2)Sal Institute of Medical Sciences, Ahmedabad
- (3) Best Actor - Vedant Joshi - "जारह मुजी" Dr. N. D. Desai Medical College, Nadiad
- Best Actress Riddhi Goswami "ਪੀਤੀਕ ਸਾਂ" (4) SMIMER Medical College, Surat
- Best Supporting Actor Jayrath Shah (१२वोतिराव ६०) "बाडकी" (5)GMERS Sola Medical College, Ahmedabed
- (6)Best Supporting Actress – Aditi Joshi - "ম্মী বঙ্গীর'' "৬ বয়ল বিলাগলা" Sal Institute of Medical Science, Ahmedabad
- Best Theme "સંદર્ખ" (7)Government Medical College, Surat
- (8) Best Direction - "લाडडी" **GMERS Sola Medical College**

All in all an excellent and most Successful Event.

We thank Dean of Narendra Modi Medical College, Ahmedabad. Dr. Dipti Shah, for granting us the permission to use their Hall for the event.

We are very much thankful to all the Deans and Coordinators of all the Medical Colleges for their Positive support and cooperation.

We also thank the regional Coordinators for managing Semifinal rounds smoothly.

Our Special thanks to

- 1. Dr. Mona Desai
- 2. Dr. Urvesh Shah
- 3. Dr. Jaydeep Shah
- 4. Dr. Vipul Shah
- 5. Dr. Nirali Patel

Without them the event would not have been this grand success.

It was an ideal event for coordinating Medical Students with GSB IMA.





Report on Blood Donation Camp Dated 20/04/2025

The blood donation camp was organised at Pushpak Arcade, Hirawadi, Bapunagar on 20th April, 2025 between 8:00 am to 2:00 pm. Total 90 registration were done out of which 52 units of blood were collected during the camp organised by Ahmedabad Medical Association in association with Sparsh Neonatal & Pediatric Centre, "Parewada Group" & Ahmedabad Red Cross. Dr. Dhiren Mehta, President Ahmedabad Medical Association remain present during the camp. Dr. Sunil Patel, Sparsh Hospital who organized this camp donated blood for 32ndtime in that camp himself.

Report on DocLens Dated on 20/04/2025

A one of its Kind unique full day photography Workshop and Exhibition was organized by Ahmedabad Medical Association on 20th April 2025 from9 to 5.The Theme behind this event was "Doctors behindthe camera stories in focus". Inauguration of this Event was done by Dr. Anil Nayak, President Elect 2025-26, IMA HQ, New Delhi. In the morning Workshop was arranged between 10:30 to 01:30 pm in which different sessions were taken on topics like Basic photography skill, Wildlife photography, Landscape Photography, Street Photography, Tips on Travel Photography by different experts in the field. More than 200 Delegates participated in this. Workshop was followed by Delicious Lunch. Exhibition was kept open from 9 to 5.Entries were accepted from total 19 cities all over Gujarat for which different coordinators were also assigned. 3 themes were kept for Exhibition- Wildlife, Landscape and Street. Total 240 entries came. For Wildlife-104, Landscape-84 and for Street category -52. Total 71 Participants were there for Exhibition. Prizes in each category was given as per 1st, 2nd and 3rd. The Exhibition was Extended next day also due to overwhelming increased interest from public.Dr. Vipul Shah and Dr. Dhananjay Gohil coordinated the entire program very nicely and meticulously.

Report of Seminar on Medico-Legal Aspects of Poisoning Dated on 27/04/2025

A seminar on Medico-Legal Aspects of Poisoning and its Current Perspectives and Challenges was held on 27th April, 2025 between 10:00 am to 12:30 pm at IGH Banquet Hall, NFSU, Gandhinagar. Around 60 participants attended the seminar. This seminar was organized by Centre for Emergency Toxicology (CET), NFSU along with Ahmedabad Medical Association. Medicolegal Cases- Principles, Practices and Implications were discussed by Prof. (Dr.) G. Rajan Babu, Dean, School of Medico-Legal Studies. A Session on Standard Protocols for Poison Sample Collection, Preservation and chain of custody was taken by Dr. Neelkanth Verma. Dr. Dhwani Patel throw light on the Documentation, Consent and Confidentiality of Medico-Legal Cases. Techniques for Poison Detection were well explained by Dr. Bhoomika Patel. Dr. Yogesh gupta spoke on The Pivotal Role of Legally





Prepared Emergency Departments in Modern Justice. Seminar ended with Case studies and open house discussion along with Delicious Lunch at last.Dr. Brijesh Patel, Ms. Heenaba Jadeja, Ms. Sona PM Were the coordinators for the entire seminar.

Dr. SOMABHAI DESAI SCIENTIFIC PROGRAMME Dated on 11/05/2025

World Thalassemia day is being celebrated every year on 8th May. A scientific Program on Thalassemia was organized by Ahmedabad Medical Association and Supported by Prathama Blood Centre, HOC Vedanta Hospital and Association of Pediatrics on 11-05-2025, Sunday 10:00 am to 1:00 pm followed by Lunch at Auditorium, Ahmedabad Medical Association, Ahmedabad. The programme was kept on a theme of "THAL-Time to Help by Awareness & Learning". Informative sessions were taken by Estimed Doctors in the field. A talk on "Thalassemia- Prevention is better than cure" was taken by Dr. Arpit Prajapati. A talk on "Transfusion Support in Thalassemia" was taken by Dr. Ripal Shah. A talk on "Transplant in Thalassemia" was taken by Dr. Vaibhav Shah. A talk on "Evolution of Treatment modalities over the Time" was taken by Dr. Deepa Trivedi. In the end, Thalassemia recovered Patients Mrs. Pooja Vora and Mr. Shaival Gandhi shared theirLife stories in their own words with the audience. Around 20 Kids from "Aryavart- Life saviours" performed an inspiring Skit on Thalassemia on stage. Around 70 to 90 Participants attended the Programme. Dr. Nirali Patel co-ordinated and hosted the entire Program very well.



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Medical Negligence: Case-Based Insights for **Clinical Practice**

Introduction

Medical negligence refers to a breach of duty by a healthcare provider that leads to injury, harm, or death of a patient. In India, such cases fall under the Consumer Protection Act (CPA) 2019, and under criminal law as per Section 304A of the Indian Penal Code (IPC) — now replaced by Section 106 of the Bharatiya Nyaya Sanhita (BNS), 2023. This article explores landmark medico-legal cases in India to highlight key clinical and legal lessons for safer, more accountable medical practice.

1. Kunal Saha vs. AMRI Hospital (2013)

Case Summary:

Anuradha Saha developed Toxic Epidermal Necrolysis (TEN) while visiting Kolkata in 1998. She was administered a very high dose of Depomedrol (methylprednisolone acetate) by senior physicians at AMRI Hospital without adequate monitoring or justification. Her condition worsened, and she was airlifted to the U.S., where she died.

Allegations:

Overdose of steroids, delayed referral, and lack of specialist consultation.

Legal Proceedings:

After 15 years, the Supreme Court awarded 5.96 crore compensation, the highest ever in Indian medical negligence history.

Key Lessons:

- Use high-risk drugs cautiously and document rationale.
- Always consult experts in complex or rare conditions.
- Follow clinical guidelines meticulously.

Nizam Institute vs. Prashant Dhananka

Case Summary:

A young man underwent surgery for a chest tumor at NIMS, Hyderabad.





Postoperatively, he developed irreversible paraplegia. Investigations revealed inadequate intraoperative care and insufficient postoperative monitoring.

Allegations:

Intraoperative mismanagement, poor documentation, and delayed detection of neurological deficit.

Legal Proceedings:

The Supreme Court held the hospital liable and awarded 1 crore as compensation for permanent disability and loss of future income.

Key Lessons:

- High-risk surgeries need thorough planning and consent.
- Multidisciplinary follow-up and documentation are essential.
- Postoperative rehabilitation must be proactive.
- 3. Jacob Mathew vs. State of Punjab (2005)

Case Summary:

A patient at CMC Ludhiana developed respiratory distress and died allegedly due to the unavailability of a functional oxygen cylinder during an emergency. The family alleged criminal negligence against Dr. Jacob Mathew and the hospital.

Allegations:

Lack of readiness in emergency setup, failure to provide oxygen, and delay in treatment.

Legal Proceedings:

The Supreme Court emphasized the distinction between civil and criminal negligence. It ruled that to prosecute a doctor under IPC Section 304A (now BNS Section 106), the negligence must be gross, amounting to recklessness or indifference to life. Routine errors or misjudgment do not attract criminal liability.

Key Lessons:

Emergency preparedness is a hospital's non-negotiable responsibility.



- Clinical misjudgment alone is not criminal unless gross negligence is proven.
- Expert medical opinion is mandatory before initiating criminal proceedings.

4. Martin D'Souza vs. Mohammed Ishfaq (2009)

Case Summary:

Mohammed Ishfaq, a renal patient, sought treatment for a skin ailment from Dr. Martin D'Souza. Allegedly, he was prescribed a drug contraindicated in renal disease, which led to severe complications.

Allegations:

Prescribing nephrotoxic drugs without reviewing patient's renal status and history.

Legal Proceedings:

The Supreme Court observed that medical negligence cannot be decided solely on patient allegations. The court mandated that before issuing notice or proceeding against a doctor, a credible medical expert opinion must be obtained to prevent harassment of medical professionals.

Key Lessons:

- Thorough medical history and lab review is critical in prescribing.
- Protects doctors from unwarranted litigation by enforcing pre-litigation scrutiny.
- Encourages fair investigation through expert peer review.

5. Savita Garg vs. National Heart Institute (2004)

Case Summary:

After a patient's death post cardiac surgery, the hospital denied access to medical records requested by the deceased's wife, Savita Garg, who suspected medical negligence.

Allegations:

Lack of transparency, refusal to provide documentation, suspected concealment of error.





Legal Proceedings:

The Supreme Court ruled that hospitals must provide medical records to the patient or their legal heir. Denial amounts to deficiency in service under CPA.

Key Lessons:

- Good documentation and transparency are both ethical and legal imperatives.
- Patients have the right to access their own medical information.
- Maintaining up-to-date and accurate records protects both doctor and patient.

Conclusion:

These landmark medico-legal cases underline the importance of clinical diligence, communication, documentation, and ethical conduct. Learning from these judgments allows healthcare professionals to better serve patients while protecting themselves from avoidable litigation.

Medical excellence and legal compliance must go hand in hand.

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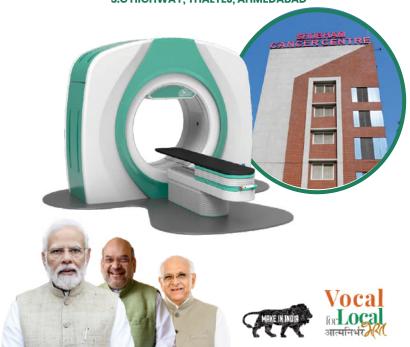
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The EVA hospital and family is extremely delightful to share that our innovative new technique for bowel endometriosis - "Laparoscopic Recto - sigmoid Resection and Anastomosis in Bowel Endometriosis: Single Stapler Technique" another milestone in minimal invasive surgery providing utmost benefits to patients and their recovery,has been published in a renowned Pubmed Indexed International journal,the details of which are shared along with.



DR. DIPAK LIMBACHIYA
M.D., D.G.O., Endoscopy Specialist
Specialist in Advanced LAP Gynaec Surgeries &
LAP Onco Gynaec Surgeries

Laparoscopic Recto sigmoid Resection and Anastomosis in Bowel Endometriosis: Single Stapler Technique

Background and Objectives: Endometriosis affects 10% of reproductive-age women globally, with bowel endometriosis in 3.8%-37% of cases, primarily involving the rectum and sigmoid. Surgical excision is the gold-standard treatment for deeply infiltrating endometriosis (DIE). Our objective was to evaluate the feasibility, safety, and efficacy of a single-stapler laparoscopic rectosigmoid resection technique for bowel DIE.

Methods: This retrospective study analyzed 17 cases managed from January 2023 - June 2024. Clinical presentation, surgical outcomes, and follow-up data were reviewed. Symptom improvement and complications were assessed during a minimum 3-month postoperative period.

Results: Patients reported progressive dysmenorrhea, dyspareunia, and dyschezia. All anastomoses were tension-free with negative margins; no diversion stomas were needed. Postoperative recovery was smooth, with significant symptom relief and no complications.

Conclusion: The single-stapler technique for laparoscopic recto sigmoid resection is a safe, effective approach for bowel DIE, offering excellent outcomes with no morbidity and significant symptom improvement.

Key Words: Bowel endometriosis, Single stapler surgical technique. Recto sigmoid resection and anastomosis, Deep infiltrating endometriosis, Laparoscopic.

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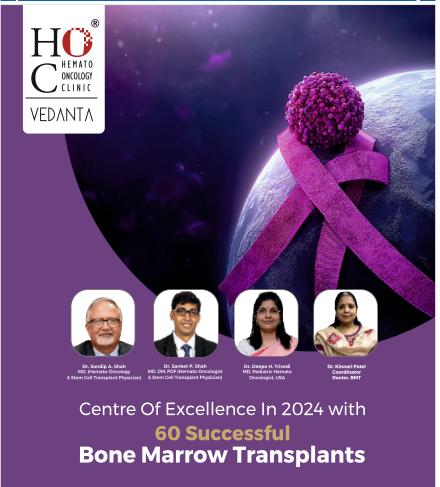
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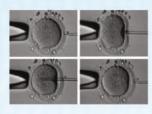




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