



AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902
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Ashram Road, Ahmedabad-380009. Phone : (079) 26588775
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Website : www.ahmedabadmedicalassociation.com

AHMEDABAD MEDICO NEWS

AMA LIVEWELLCON 2026



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Dr. MAULIK SHETH

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Meeting with Shri Harsh Sanghvi, Deputy C.M., Gujarat



AMA LIVEWELLCON 2026



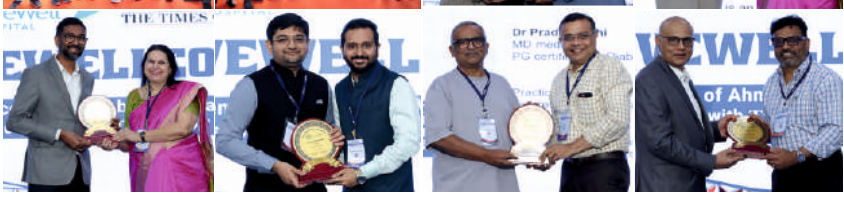
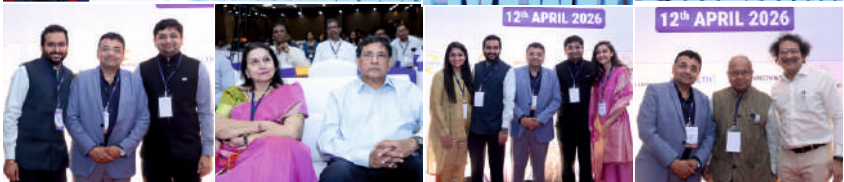


Inauguration Ceremony of AMA LIVEWELLCON 2026





AMA LIVEWELLCON 2026





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Medical Value Travel meet with Gujarat Tourism





IMA GSB Badminton Tournament 2026





AMA Ladies Club Programme





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A New Beginning: My Transformation Journey with Dr. Mahendra Narwaria

A 38-year-old male presented with cholelithiasis, hepatomegaly, grade III hepatic steatosis, obstructive sleep apnea (OSA), hypertension, diabetes mellitus, ischemic heart disease, and progressive breathlessness. He underwent Mini-Gastric Bypass (MGB) in March 2025, with an uneventful postoperative course and structured dietary follow-up. At 1-year, he achieved a 75 kg weight loss, with significant improvement in overall health and functional capacity. The patient shared that "following the surgery, my life changed completely," describing it as "being given a second life." He continues to maintain his progress through disciplined lifestyle changes and regular physical activity.



Before Weight - 201.4 kg



Current Weight - 129.8 kg



Dr Mahendra Narwaria

President, AIAARO
Surgical Gastroenterologist,
Bariatric & Robotic Surgeon
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**Message From
President & Hon. Secretary**



Dear Members,

The past month has been exceptionally active and fulfilling for the Ahmedabad Medical Association, reflecting our continued commitment to academic excellence, community service, and professional development.

We successfully organized **a meaningful and engaging programme for our Senior Citizen Members**, which witnessed enthusiastic participation from members and their families. Sessions on healthy ageing, emotional wellbeing, and social connectedness were highly appreciated. Interactive discussions and a lively skit added great value, and the programme concluded with a fellowship lunch, strengthening bonds within the AMA family. This initiative reflects our commitment to the care, dignity, and holistic wellbeing of our senior fraternity.

Our Grand Revision Series for Final MBBS students received an overwhelming response. High-quality academic sessions across subjects, along with live streaming for the first time, enabled wider outreach, benefiting more than 2000 students. This initiative reinforces AMA's role in nurturing future medical professionals.

A major highlight of the month was the grand success of **AMA LIVEWELLCON 2026**. The conference received a tremendous response, with registrations exceeding expectations and closing



early. We had the privilege of meeting **Shri Harsh Sanghvi, Hon'ble Deputy Chief Minister, Government of Gujarat**, to invite him as Chief Guest. While he had graciously consented, he could not attend due to the announcement of elections.

The inauguration ceremony was graced by Guest of Honour **Shri Om Prakash Jat, SP Ahmedabad Rural**, along with other distinguished dignitaries, setting the tone for an enriching and impactful conference. The scientific program covered a wide spectrum of topics including clinical advancements, doctor wellbeing, finance, entrepreneurship, and modern medical practice, making it a truly comprehensive academic event.

We also conducted a **Medical Value Travel Meet in association with Gujarat Tourism**, aimed at positioning Gujarat as a global healthcare destination.

Adding a cultural dimension, Healers Band of three doctors of AMA delivered an engaging musical performance during the banquet, showcasing the vibrant and creative spirit of our fraternity.

Looking ahead, we have several important initiatives:

- Digital Health Program by IMA Headquarters on 10th May at AMA Hall
- Launch of "Rupantaran", a unique staff training program to enhance communication skills, on 31st May
- Movie Show for Senior Citizen Club members on 24th May

AMA remains committed to innovation, education, and community building. I thank all members for their continued support and active participation.

Jai AMA - Jai IMA

With gratitude and pride,

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA

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Dr. Nirali Patel

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Dr. Sunil Patel

Dr. Rashi Jain

Dr. Riya Shah

Dr. Keyur Patel

Dr. Akash Patel

Dr. Punamchand Parmar



NOTICE

A General Body Meeting of Ahmedabad Medical Association will be held on **WEDNESDAY, 13th May, 2026 at 3.00 p.m.** at our premises to transact the following agenda.

AGENDA

1. To read and confirm the minutes of the last meeting.
2. Anything arising out of it.
3. Election, if required for the post of Vice President of State Branch, I.M.A.
4. Any other business with the permission of the chair.

N.B. For the want of quorum the meeting will be adjourned and will be held after fifteen minutes.

Nomination for Post of Vice President (Ahmedabad Zone) of Gujarat State Branch, IMA

1. Nominations are invited for the Post of Vice President (Ahmedabad Zone) of Gujarat State Branch I.M.A. for year the 2026-2027.
2. Nomination forms will be available from the office from Monday 04th May 2026 on payment of Rs. 10/- . [Rs. Ten only]
3. Nomination form duly filled, proposed & seconded should reach Hon. Secretary on or before Saturday, 09th May, 2026 3.00 p.m. at Association's office along with Rs. 250/- for the post of Vice President.
4. Last date for withdrawal of nomination is Tuesday, 12th May, 2026. Before 3.00 P.M.

Dr. Maulik S. Sheth
Hon. Secretary

Note:-

1. He/She must be a life members of I.M.A.
2. He/She must have 7 years continuous membership of I.M.A.
3. He/She should have served G.S.B.I.M.S. as Working committee Members for at least 3 years.



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Dr. Narayan Pendse
Digital Health Expert & NABH DHS Assessor



Dr. Narendra Saini
Chairman, IMA AMR Committee & Convener IMA Digital Health Workshop

State Coordinator



Dr. Mehul Shah

Date: 10th May 2026
Time: 09:30 am – 04:00 pm
Venue : Ahmedabad Medical Association Hall, Ashram Road, Ahmedabad



Dr. Ketan Desai
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Dr. Anilkumar J Nayak
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May the departed soul rest in peace and be fondly remembered for their service to humanity.

**DR. AMIT KALIDAS MISTRY****LM-1435****M.B.B.S.****Date of Birth : 04-06-1945****Date of Death : 06-03-2026**

All the members of Ahmedabad Medical Association extends sincere condolences to the bereaved family.



AHMEDABAD MEDICAL ASSOCIATION & AMA SENIOR CITIZEN CLUB

A very interesting programme of MOVIE show for the members of AMA Senior Citizen Club ,Ahmedabad Medical Association members & members of Ladies club is arranged.

Date : 24th May, Sunday

Time : 5.30 pm

**Venue : R.M.Fozdar Hall, AMA House,
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- For AMA Senior Citizen Club members: Free
- For AMA members, Ladies club members & spouse of members : Rs. 100/-
- For guests : Rs. 150/-
 - High tea will be served
 - Please register at AMA office before 20-5-2026 during 2 pm to 6 pm.

N.B.

BE A MEMBER OF AMA SENIOR CITIZEN CLUB or RENEW YOUR MEMBERSHIP.

Co- ordinators of AMA Senior Citizen Club

Dr. K.R. Sanghavi

Dr. Abhay S. Dixit

Dr. Ramesh C.Shah

Dr. Kirit C. Gadhavi

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



Report on AMA LIVEWELLCON 2026

AMA LIVEWELLCON 2026 was a landmark academic event that seamlessly blended clinical excellence, innovation, and holistic professional development. The conference brought together a large number of healthcare professionals for a full day of insightful discussions, knowledge exchange, and collaborative learning.

Morning Scientific Sessions

The day commenced at 8:00 AM with registration and breakfast, offering delegates an opportunity for networking and informal interaction.

The scientific proceedings began with **the Dr. Shantilal Shah Scientific Session** (9:00 AM – 9:30 AM), chaired by Dr. Punamchand Parmar and Dr. Amratlal Maheshwari. Esteemed speakers Dr. S. N. Manohar, Dr. Krishna Kishore, Dr. Srinivas Sundaraj, and Dr. N. Senthil Kumar delivered an insightful presentation on MR-guided focused ultrasound in Parkinson's disease, highlighting a promising non-invasive technological advancement. The session was smoothly conducted by Masters of Ceremony Dr. Nirali Patel and Dr. Sunnil Patel.

This was followed by **the Dr. K. L. Vasa Scientific Program** (9:30 AM – 10:40 AM), chaired by Dr. Kalpita Dave and Dr. Jaswantsinh Darbar, and moderated by Dr. Mona Desai and Dr. Urvesh Shah. The session covered diverse and relevant themes:

- * Ms. Sapna Vyas emphasized the importance of physical and mental fitness for medical professionals.
- * Dr. Pradip Joshi delivered an engaging talk.
- * Mr. Digvijaysinh Rathod introduced the concept of "Digital Arrest," highlighting the impact of digital overload on personal and professional life.

The next session (10:40 AM – 11:20 AM), chaired by Dr. Dhaval Naik and Dr. Manjit Nayak, with moderators Dr. Munjal Pandya and Dr. Gopal Desai, featured a thought-provoking plenary by Dr. Bhagesh Jha. His talk connected the teachings of the Bhagavad Gita with modern medical ethics and professional life.



Inauguration Ceremony

The formal inauguration (11:20 AM – 12:00 PM) was conducted by Dr. Pragnesh Vachharajani and graced by distinguished dignitaries including:

- **Guest of Honor: Mr. Om Prakash Jat, IPS, Superintendent of Police, Ahmedabad (Rural)**
- **Special Invitees: Dr. Anil Patel and Dr. Tushar Patel**

The ceremony was attended by AMA President Dr. Jignesh Shah, Dr. Hitesh Patel, Dr. Maulik Sheth, along with several past presidents and senior members, reflecting the unity and strength of the medical fraternity.

Midday Scientific Sessions

A plenary session (12:00 PM – 12:40 PM), chaired by Dr. Aaditya Desai and moderated by Dr. Hitesh Patel and Dr. Naitik Patel, featured Dr. Nimit Oza's inspiring talk "All Is Well," focusing on resilience, positivity, and mental well-being among doctors.

The Dr. Tejas Patel Scientific Program (12:40 PM – 1:30 PM), chaired by Dr. Dhananjay Vyas and Dr. Sanket Patel, and moderated by Dr. Kirit C. Gadhavi, focused on advancements in diabetes and obesity management:

- Dr. Banshi Saboo discussed findings from the SURPASS-2 study, highlighting superior HbA1c and weight outcomes.
- Dr. Sanjeev Phatak elaborated on the evolving role of Tirzepatide in obesity and metabolic care.

The session concluded with an interactive discussion, followed by lunch.

Afternoon Scientific Sessions

Post-lunch sessions commenced at 2:00 PM with **the Dr. H. G. Jambhekar Scientific Program**, conducted by Masters of Ceremony Dr. Rashmi Mehta Jain and Dr. Akash Patel.

Chaired by Dr. Mahesh Jivrani and Dr. Arth Koshia, and moderated by Dr. Abhay Dixit and Dr. Fenil Thakkar, the session included:

- "Rupantaran – Soft Skill Improvement" by Ms. Sneha Tripathi, emphasizing communication and personality development in healthcare.
- "The r-DNA Semaglutide Advantage" by Dr. Ravi Shah, highlighting advancements in diabetes care.



A significant highlight was the official launch of the Rupantaran Program, a soft skills training initiative for healthcare professionals, inaugurated by AMA President Dr. Jignesh Shah and senior anaesthetist Dr. Sanjay Pandey.

The Dr. Pradut R. Thakor Scientific Program (3:00 PM onwards), chaired by Dr. Manish Ninama and Dr. Hetal Pandya, and moderated by Dr. Kaushal Anand and Dr. Mitul Jasani, featured:

- Dr. Milind Kirit Akhani on robotic advancements in GI, HPB, and liver transplant surgery.
- Dr. Ravi Prajapati on robotic joint replacement.
- Dr. Jay Shah presenting a case-based discussion on hyperkalaemia in CKD.

These sessions were marked by engaging discussions and active delegate participation.

The day concluded with a Mega Lucky Draw at 4:00 PM, with over 120 winners, adding a celebratory and memorable end to the conference.

Hall B Sessions – Expanding Horizons Beyond Clinical Practice

Hall B sessions added a unique dimension by focusing on finance, entrepreneurship, and global opportunities for medical professionals.

Master of ceremony for Hall B were Dr. Shikha Shah and Dr. Riya Shah.

Business Finance Workshop (2:00 PM – 4:00 PM)

The workshop, powered by Finnovate, saw participation from over 150 delegates and focused on financial planning and wealth creation for doctors.

Key speakers included:

- Ms. Avani Bazaz – Introduction to Financial OPD and financial planning concepts
- Mr. Chintan Dudhela – Investment strategies and portfolio management
- CA Jayant Furia – Taxation and practice structuring (LLP vs Pvt Ltd vs Proprietorship)
- Mr. Shashank Vailaya – Practice valuation and growth strategies

The session was moderated by Dr. Manish Shah, Dr. Viraj Shah, and Dr. Bhavit Shah.

Medical Students Network (MSN) Session (5:00 PM – 7:00 PM)

This session witnessed enthusiastic participation from over 100 medical students.



Chaired by Dr. Chetan Parmar and Dr. Vijay Pandya, and conducted by Dr. Shikha Shah, the session included:

- Financial discipline for young doctors by Mr. Chintan Dudhela
- Startup opportunities in healthcare by Mr. Yash Pandya
- Role of AI in modern medicine by Dr. Parth Patel

A subsequent session chaired by Dr. Vinay Rawal and Dr. Suresh Maheshwari featured:

- Dr. Kalrav Mistry on communication skills and patient trust
- Ms. Urvi Parikh and Ms. Aksha Parwani on global career opportunities, particularly in Australia

Conclusion

AMA LIVEWELLCON 2026 successfully delivered a holistic, future-oriented academic experience, integrating clinical advancements with personal development, financial literacy, and global perspectives. The conference not only enriched scientific knowledge but also empowered medical professionals to evolve in a rapidly changing healthcare landscape.

Report on Gujarat Medical Value Travel Stakeholder Consultation

The **Ahmedabad Medical Association**, in collaboration with the **Tourism Department, Government of Gujarat**, successfully conducted a high-level **Gujarat Medical Value Travel (MVT) Stakeholder Consultation** during AMACON 2026.

The session saw **wide participation across the ecosystem**—including Gujarat Tourism officials, airline representatives, immigration authorities, hospitals, international marketing teams, accreditation bodies, and specialty experts.

The discussion remained **highly engaging for over two hours**, with strong participation and practical insights from all stakeholders.

◆ **Opening Perspective**

In his opening remarks, **Dr. Jignesh Shah (President, AMA)** emphasized that Gujarat already provides **world-class healthcare infrastructure and clinical expertise**, and with the right ecosystem support, the state can **significantly scale international patient inflow**.



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Interventional
Cardiologist



Dr. Subhash Chaudhari

M.D., D.M.
Interventional
Cardiologist



Dr. Kiran Prajapati

M.D., D.N.B.
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DrNB (Surgical Oncology)
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Consultant – OncoWell Cancer Hospital,
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◆ Key Stakeholder Insights & Quotes

□ **Travel & Patient Movement**

- A leading travel expert highlighted:
 - *"The biggest gap is not demand, but coordination. A single-window system can transform the entire patient journey."*
- **Mr. Shalin Joshipura (Emirates Airline)** noted:
 - *"Seamless connectivity and coordinated patient movement are critical. Airlines can play a larger role beyond transport in enabling medical travel."*
- **Mr. Mahendra Vakharia (Pathfinders Holidays Pvt Ltd)** emphasized:
 - *"End-to-end travel management—from arrival to recovery—is essential to create a smooth and stress-free experience for international patients."*

◆ Hospital & Clinical Perspective

- **Dr. Parth Desai (COO)** highlighted **practical operational challenges** in managing foreign patients and stressed the need for **better system integration**.
- **Dr. Arth Shah (Plastic Surgeon)** pointed out:
 - *"We have the capability to deliver global-standard procedures; reducing visa and travel barriers can significantly boost patient inflow."*
- **Dr. Anand Patel & Dr Prakash Patel (IVF Specialist)** shared:
 - *"IVF is a major driver for medical tourism, but smoother regulatory and patient handling processes are essential to scale this segment."*
At times patient comes for treatment on visitor visa and we face issues.

◆ Policy & Regulatory Inputs

- A representative from **FRRO** clarified:
 - *"We are committed to supporting the ecosystem and are open to conducting dedicated sessions to help hospitals better understand compliance requirements."*
- **Dr. Jayesh Sachde (Health Department)** highlighted ongoing **government initiatives to promote medical tourism**.



- **Dr. Jaya Goplani (Deputy Director)** emphasized:
 - *“NABH accreditation is critical in building global trust and positioning Gujarat as a credible healthcare destination.”*

◆ **Ecosystem Challenges Identified**

- Complex **FRRO registration processes**
- Need to simplify **visa and immigration procedures**
- **Language barriers** and need for trained nursing staff
- Lack of **coordination across stakeholders**
- Limited participation of **small and single-specialty hospitals**

◆ **Broader Industry Voice**

- **Dr. Kaushal Anand** highlighted that
 - *“Smaller and single-specialty hospitals are delivering quality care but are unable to compete due to lack of visibility and integration.”*
- **Dr. Viren Shah (Gujarat Nursing Homes Association)** raised concerns regarding **policy gaps and operational challenges faced by hospitals.**

◆ **Key Takeaways**

- Gujarat has **strong clinical capability and cost advantage**
- Major gap lies in **ecosystem coordination and global positioning**
- Need for a **single-window facilitation system**
- Importance of **accreditation, trust-building, and patient experience**
- Strong opportunity to scale in **IVF, cosmetic, and wellness segments**

◆ **Way Forward**

The consultation marks an important step towards building a **structured roadmap for Medical Value Travel in Gujarat.**

The insights gathered will be compiled into a **policy recommendation report** for submission to the Government, supporting future initiatives and ecosystem development.

◆ **Conclusion**

The session reflected a strong collective commitment across stakeholders to position Gujarat as a **leading global destination for Medical Value Travel.**

With coordinated efforts and policy support, Gujarat is well poised to move:

- **“From Capability to Global Competitiveness”**



Report on AMA Senior Citizen Programme

Ahmedabad Medical Association in association with the AMA Senior Citizen Club successfully organized a meaningful and engaging programme for senior citizens on 29th March 2026 at AMA. The event witnessed enthusiastic participation from Senior Citizen Club members, Ladies Club members, AMA members and their spouses. This reflects a strong sense of community and togetherness.

The scientific sessions were highly informative and well appreciated. Dr. Urman Dhruv delivered an insightful talk on “Ageing with dignity, acceptance, and wisdom”. Dr. Abhay S. Dixit inspired the audience with his thought-provoking session on “Change from 'I' to 'We'”, emphasizing empathy and collective wellbeing. Dr. Dhiren Mehta spoke on “Laws and benefits pertaining to senior citizens” creating important awareness among attendees. Dr. Ravi Soni addressed “The sensitive issue of loneliness and ways to overcome it” which resonated deeply with the audience.

An engaging skit presentation “Gharda to ghar ma sobhe, Ghardaghar ma nahi” by Dr. Dhiren Mehta added a lively and relatable dimension to the programme. Dr. Dhiren Mehta, Dr. Abhay Dixit, Dr. Vipul Shah, Dr. Nirali Patel & Vyom Patel participated in Skit Presentation conveying meaningful social messages in an enjoyable manner. The programme concluded with a fellowship lunch, providing an excellent opportunity for interaction, bonding, and strengthening community ties. The event was a great success with 200 to 250 participants and reaffirmed AMA's commitment to promoting healthy, active, and dignified ageing, while fostering emotional wellbeing and social harmony among senior citizens.

Report of All Gujarat Badminton Tournament 2026 Organised by IMA Gujarat – Ahmedabad Medical Association

The All Gujarat Badminton Tournament 2026, organised by IMA Gujarat in association with Ahmedabad Medical Association (AMA), was successfully held on 21st and 22nd March 2026 at Rajpath Club, Ahmedabad. The event witnessed enthusiastic participation from the medical fraternity, with around 162 doctors taking part in the tournament.



The tournament commenced with an elegant Inauguration Ceremony on 21st March, graced by Chief Guest Shri Mishal Patel, who inspired the participants with his encouraging words on fitness and work-life balance.

Over the two days, the courts were filled with energy, competitive spirit, and camaraderie, showcasing the sporting talent of doctors beyond their clinical excellence.

The event concluded with a grand Prize Distribution Ceremony on 22nd March, in the esteemed presence of Chief Guests Dr. Uday Patel and Dr. Vikram Shah, who felicitated the winners and appreciated the efforts of all participants and organisers.

The tournament not only promoted physical fitness and stress relief but also strengthened bonding and fellowship among medical professionals across Gujarat.

The event was efficiently coordinated by the organising team, including Dr. Kamal Parikh, Dr. Hardik Shah, and Dr. Parthiv Shah, whose dedicated efforts ensured its smooth execution.

This successful sporting event truly reflected the spirit of “Healthy Doctors, Healthy Community”, reinforcing the importance of wellness alongside professional commitment.

Report of Grand Revision Series 2026 – Ahmedabad Medical Association

Ahmedabad Medical Association successfully organized the Grand Revision Series 2026 from 28th March to 4th April 2026 at AMA, Ashram Road. This academic initiative was designed to support undergraduate medical students in their practical examination preparation across multiple key subjects.

The series covered Paediatrics, ENT, Ophthalmology, Obstetrics & Gynaecology, Surgery, and Medicine, with each session focusing on case-based discussions, clinical examination techniques, viva guidance, and practical tips, making it highly relevant and exam-oriented.

Paediatrics (28th March 2026)

The Paediatrics session included comprehensive teaching on history taking, general examination, case discussions, and newborn care.

Faculty: Dr. Snehal Patel, Dr. Dhara Gosai, Dr. Charul Mehta.

**ENT (30th March 2026)**

The ENT session provided focused insights into clinical examination, instruments, and common cases.

Faculty: Dr. Neena Bhalodiya, Dr. Chaitry Shah, Dr. Devang Gupta.

Ophthalmology (1st April 2026)

Students were guided through systematic eye examination and important clinical cases.

Faculty: Dr. Parul Danayak, Dr. Kamini Prajapati, Dr. Gunjan Tank.

Obstetrics & Gynaecology (1st April 2026)

The OBGY session emphasized practical case discussions and examination strategies.

Faculty: Dr. Yamini Trivedi, Dr. Hina Oza.

Surgery (2nd April 2026)

The Surgery sessions covered both long and short cases, along with clinical approach and viva preparation.

Faculty: Dr. Kirit Parmar, Dr. Ravi Gadhavi, Dr. Asit Patel, Dr. Rajan Patel.

Medicine (4th April 2026)

The Medicine session included long case, short case, and table viva discussions, providing a comprehensive revision platform.

Faculty: Dr. Sangita, Dr. Hemang, Dr. Brinda, Dr. Sonali, Dr. Ebrahim, Dr. Dhvani.

The sessions witnessed excellent participation from undergraduate students, with packed auditoriums and highly engaging interactions between faculty and students.

A key highlight of this year's series was **the introduction of live streaming of all sessions** for the first time, which enabled broader outreach. More than 2000 students participated online, in addition to the large number attending physically, significantly enhancing the academic impact of the program.

The entire series was efficiently coordinated by Dr. Manjit Nayak, Dr. Amratlal Maheshwari, Dr. Jinen Pandya, Dr. Hiren Pateliya, and Dr. Rashi Jain.

The Grand Revision Series 2026 stands as a significant academic initiative by AMA, reinforcing its commitment to student-centric learning, clinical excellence, and innovation in medical education.



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કાર્યક્રમ નં.-૧૯ : (The Pearl Affair)

નમસ્તે સખીઓ,

રસોડાની દોડધામ અને ઘરકામની ચીલાચાલુ જિંદગીમાંથી થોડો 'કિંમતી' બ્રેક લેવાનો સમય આવી ગયો છે! ૧૮ એપ્રિલ અને ૨૦ એપ્રિલે આપણે મોતીની જેમ ચમકવા માટે મળવાનું છે. વેલણ પકડતા હાથમાં જ્યારે અસલી મોતીના હાર આવશે, ત્યારે એ ચમક તો કંઈક અલગ જ હશે ને!

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સમય : બપોરે ૩:૦૦ થી ૫:૦૦
(મોડા પડ્યા તો મોતી અને મસ્ત હાઈ-ટી બંને મિસ થશે!)

સરનામું બરાબર નોંધી લેજો : NJL હાઉસ ઓફ જવેલરી
૩૩-૯, ગ્રાઉન્ડ ફ્લોર, આદર્શ કો-ઓપરેટિવ હાઉસિંગ સોસાયટી લિમિટેડ,
ભગવતી ચેમ્બર્સની પાછળ, સી.જી. રોડ, નવરંગપુરા, અમદાવાદ - ૩૮૦૦૦૯.

સ્પોન્સર અને પ્રોગ્રામ કોર્ડિનેટર - ડો. પારૂલ શાહ

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કાર્યક્રમ નં.-૨૦ : નિષ્ઠા આયુર્વેદ અને યશ ડેન્ટલ ક્લિનિક

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- વક્તા : ડો. પ્રજ્ઞા મહેતા (B.A.M.S., CRAV)
વિષય : આયુર્વેદ ફોર વુમનહુડ (Ayurved For Womenhood)
- વક્તા : ડો. મનીષા મહેતા (B.D.S.)
વિષય : ફીલ લાઈફ થોર ટીથ અગેઈન: મોર્ડન એન્ડ ઇઝી ડેન્ટર ઓપ્શન્સ:

કાર્યક્રમ ની વિગત:

તારીખ : 2nd May, ૨૦૨૬, શનિવાર
સમય : સાંજે ૪:૦૦ થી ૬:૦૦ વાગ્યે
સરનામું : અમદાવાદ મેડિકલ એસોસિએશન (AMA),
આશ્રમ રોડ, અમદાવાદ.



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Media Coverage

પ્રેક્ટિકલ પરીક્ષાનો ડર દૂર કરવા મેડિકલ રિવિઝન સેશનનું આયોજન પરીક્ષામાં માત્ર જ્ઞાન જ નહીં, પણ રજૂઆત અને આત્મવિશ્વાસ પણ એટલો જ મહત્વનો મેડિકલ કોલેજના ફાઈનલ યર એમબીબીએસના 1500 વિદ્યાર્થીઓ જોડાયા

ભાસ્કર ન્યૂઝ | અમદાવાદ

મેડિકલ અભ્યાસમાં ફાઈનલ વર્ષ સૌથી અધુરું માનવામાં આવે છે. થિયરીની તૈયારી બધા કરે છે, પરંતુ પ્રેક્ટિકલ પરીક્ષામાં કેવા પ્રશ્નો પુછાશે, પેશન્ટ સામે કેવી રીતે વર્તવું અને એક્ટ્રામિનરની અપેક્ષા શું હશે, તેને લઈને વિદ્યાર્થીઓ ભારે તણાવમાં હોય છે. આ સ્ટ્રેસને કારણે ઘણીવાર તેજસ્વી વિદ્યાર્થીઓ પણ ભૂલો કરી બેસે છે. તો આ ભય ને દૂર કરવા માટે મેડિકલ એસોસિએશન દ્વારા વિશેષ રિવિઝન સેશન્સનું આયોજન કરવામાં આવ્યું છે. 6 એપ્રિલથી શરૂ થતી પરીક્ષાઓ પહેલાં શહેરની 6 થી વધુ મેડિકલ કોલેજોના વિદ્યાર્થીઓને



સ્ટ્રેસ-ફ્રી કરવા માટે એક્સપર્ટ ફેકલ્ટી દ્વારા પ્રેક્ટિકલ ટિપ્સ આપવામાં આવી રહી છે

મેડિકલ એસોસિએશનના ડૉ. જીજ્ઞેશ શાહ પ્રમુખ જણાવ્યા અનુસાર આ કાર્યક્રમમાં બી.જે. મેડિકલ, નરેન્દ્ર મોદી મેડિકલ કોલેજ, NHL, સૌલા સિવિલ અને GCS જેવી પ્રતિષ્ઠિત કોલેજોના વિદ્યાર્થીઓ ભાગ લઈ રહ્યા છે. પીડિયાટ્રિક્સ સેશનમાં 400 અને ENTમાં 170 જેટલા

વિદ્યાર્થીઓ પ્રત્યક્ષ હાજર રહ્યા હતા. જોકે, ડિજિટલ માધ્યમનો વ્યાપ એટલો છે કે લાઈવ સેશન્સમાં 1000થી વધુ વિદ્યાર્થીઓ ઓનલાઈન જોડાયા હતા. આગામી ગાયનેક અને સર્જરીના સેશન્સ માટે અત્યાર સુધીમાં 450થી વધુ રજીસ્ટ્રેશન થઈ ચૂક્યા છે.

એટલે 1500 થી વધુ વિદ્યાર્થી આનો લાભ લઈ રહ્યા છે. આમ એવા પ્રોફેસરને બોલાવ્યા છે જે પોતે વર્ષોથી પ્રેક્ટિકલ પરીક્ષાઓ લેતા આવ્યા છે. આ અનુભવી શિક્ષકો વિદ્યાર્થીઓને એ સમજાવે છે કે પરીક્ષામાં માત્ર જ્ઞાન જ નહીં, પણ રજૂઆત અને આત્મવિશ્વાસ પણ એટલો જ મહત્વનો છે.

ડૉક્ટર, હોસ્પિટલ સ્ટાફને સોફ્ટ સ્કિલ વિકસાવવા તાલીમ અપાશે અમદાવાદ મેડિકલ એસોસિએશનનો 'રૂપાંતરણ' પોગ્રામ શરૂ

ભાસ્કર ન્યૂઝ | અમદાવાદ

મેનેજમેન્ટ અને કોમ્યુનિકેશન કાર્યક્રમોના રૂબરૂ કાર્યકર્તાઓને સ્કિલ પર પણ ધ્યાન આપવો, જેથી આંતરરાષ્ટ્રીય દરજ્જાે સાથે વધુ સારું કંબલન થઈ શકે, આ પ્રોગ્રામ દ્વારા લીડિંગરોલમાં સેવા ગુણવત્તામાં સુધારો થશે અને દર્દી અનુભવ સુધુ સારો બનશે.

અમદાવાદને વેબિક અને મેડિકલ ટુરિઝમ હબ તરીકે વિકસાવવા માટે અમદાવાદ મેડિકલ એસોસિએશન દ્વારા 'રૂપાંતરણ' નામનો ટ્રેનિંગ પ્રોગ્રામ શરૂ કરાયો છે. તેમાં શહેરના પ્રેક્ટિસિંગ ડૉક્ટર અને હોસ્પિટલ સ્ટાફને ક્લિનિકલ શાસ્ત્રના પુસ્તકોમાંથી લઈ ૨-૩ દિવસીય તાલીમ-સીવાઈ નામના પ્રમુખ ડૉ. જિજ્ઞેશ શાહ કન્વે કે 'રૂપાંતરણ' પ્રોગ્રામ હેઠળ સ્ટાફને અસરકારક સંવાદ કૌશલ્ય, એક્ટિવ લિસ્ટનિંગ, સહાનુભૂતિશીલ વર્તન, સિક્કિટ ક્યોન્ટ્રોલ અને સમયા ઠીકસવાની ક્ષમતામાં તાલીમ આપવામાં આવશે. ઉપરાંત, દર્દીની સાથે ધીરજથી વર્તવું, ટીમવર્ક, સ્ટ્રેસ

કોન્ટ્રોલ અને ડીપ્રેશન જેવા અન્ય મુદ્દાઓને ધ્યાનમાં રાખીને આ પ્રોગ્રામનું આયોજન કરવામાં આવ્યું છે. આ પ્રોગ્રામ દ્વારા ડૉક્ટરો અને હોસ્પિટલ સ્ટાફને સ્કિલ પર પણ ધ્યાન આપવો, જેથી આંતરરાષ્ટ્રીય દરજ્જાે સાથે વધુ સારું કંબલન થઈ શકે, આ પ્રોગ્રામ દ્વારા લીડિંગરોલમાં સેવા ગુણવત્તામાં સુધારો થશે અને દર્દી અનુભવ સુધુ સારો બનશે.

પ્રોગ્રામમાં ૩૦૦ પ્રેક્ટિસિંગ વિદ્યાર્થીઓ જોડાશે સાથે મેડિકલ ટુરિઝમનું હબ બનાવવા કોન્ટ્રોલ યોજાશે

અમદાવાદ 14-04-2026

ગુજરાતમાં મેડિકલ ટુરિઝમ માટે 2 વર્ષમાં કોર સિસ્ટમ તૈયાર કરાશે વિદેશી દર્દીઓ માટે ટ્રાવેલથી ફોલોઅપ સુધી સિંગલ વિન્ડો પ્લેટફોર્મ બનાવશે ગુજરાત ટુરિઝમ અને અમદાવાદ મેડિકલ એસો.ની બેઠક મળી

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ડેસ મેમ માટે ટાઈટલી ઠાળવતો ટાઈમમાં રજાશે

ગુજરાતમાં મેડિકલ ટુરિઝમ માટે 2 વર્ષમાં કોર સિસ્ટમ તૈયાર કરાશે વિદેશી દર્દીઓ માટે ટ્રાવેલથી ફોલોઅપ સુધી સિંગલ વિન્ડો પ્લેટફોર્મ બનાવશે ગુજરાત ટુરિઝમ અને અમદાવાદ મેડિકલ એસો.ની બેઠક મળી



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A.C. Charges (For 3 hours)	Rs. 4,500-00	Rs. 4,000-00
(Extra Charges 1 hour) A.C.	Rs. 1,400-00	Rs. 1,100-00
Dr. R.M. Fozdar Hall Full Day (9 a.m. to 7 p.m.) Non A.C.	Rs. 12,000-00	Rs. 10,000-00
A.C. Full Day - Dr. R. M. Fozdar Hall	Rs. 12,000-00	Rs. 10,000-00

OPEN GROUND WITH Dr. R. M. Fozdar Hall

For Lunch / Dinner	Rs. 5,500-00	Rs. 4,500-00
For Refreshment	Rs. 1,500-00	Rs. 1,200-00
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Hall Deposit (Refundable)	Rs. 4,000-00	Rs. 4,000-00
J. P. Hall (For 3 hours) Non A.C.	Rs. 3,000-00	Rs. 2,500-00
Extra charges for 1 hour (Extra charges limit upto 3 hours)	Rs. 700-00	Rs. 600-00
A.C. Charges (For 3 hours)	Rs. 2,000-00	Rs. 1,500-00
(Extra charges 1 hours) A.C.	Rs. 600-00	Rs. 500-00
J. P. Hall Full day 9 a.m. to 7 p.m. (Non A.C.)	Rs. 7,500-00	Rs. 6,500-00
J. P. Hall A.C. Full Day	Rs. 7,000-00	Rs. 6,000-00

OPEN GROUND WITH DR. J. P. HALL

For Lunch / Dinner	Rs. 3,000-00	Rs. 2,500-00
For Refreshment	Rs. 800-00	Rs. 700-00
Cleaning + Electric	Rs. 600-00	Rs. 500-00

18 % GST extra will be applicable.

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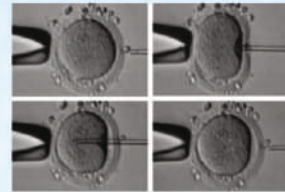
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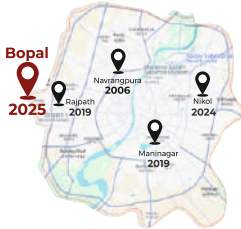
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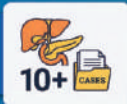
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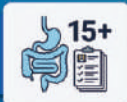
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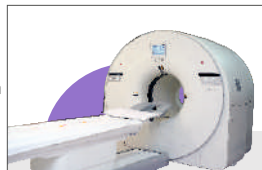
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1 PET-CT – uMI 550 Digital PET-CT

State-of-the-art digital PET-CT platform delivering high sensitivity and resolution for:

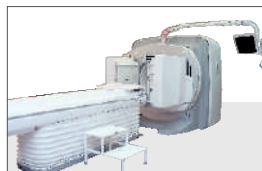
- Oncology: Diagnosis, staging, restaging, recurrence detection
- Cardiology: Inflammatory disease
- Neurology: Tumour imaging and movement disorders
- Gallium based various PET-CT scans



2 Gamma Camera / SPECT (± CT Integration)

Reliable and cost-effective functional imaging for:

- Thyroid disorders
- Skeletal metastasis and bone scans
- Renal function (DTPA, DMSA)
- Hepatobiliary and GI studies
- Cardiac and brain perfusion studies



3 Targeted Nuclear Therapy

Dedicated facilities for radionuclide therapy:

- Differentiated thyroid cancer (I-131 therapy)
- Hyperthyroidism management
- Palliative bone pain therapy
- Lu177 – PSMA and PRRT therapy
- Other novel radionuclide therapy

OUR EXPERT

Dr Digish C. Shah, Senior Consultant - Nuclear Medicine and PET-CT

FOR APPOINTMENTS ☎ 079 6677 0000

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