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## AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902

AMA House, First Floor, Opp. H. K. Arts College,  
Ashram Road, Ahmedabad - 380009 Phone : (079) 26588775

Email : amagsbima@yahoo.co.in

Website : www.ahmedabadmedicalassociation.com



# AHMEDABAD MEDICO NEWS

**IMA HQs' 233rd Central Working Committee Meeting, Dehradun  
on 05 & 06 April 2025**



**VOL. 19**

**APRIL-2025**

**ISSUE - 12**

**Dr. DHIREN MEHTA**  
**President - AMA**

**Dr. URVESH SHAH**  
**Hon. Secretary - AMA**

**Imm. Past President - Dr. TUSHAR PATEL**

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**Dr. Mamta Shah** & Team of  
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**EVO Vision ICL**  
\*500 Award, Paris

**EVO Vision ICL**  
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**Times Next Gen**  
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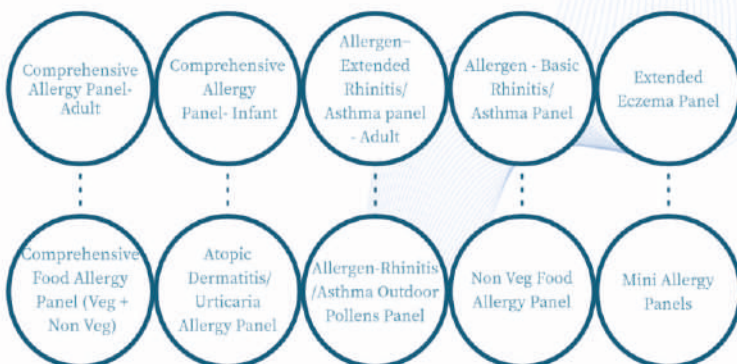
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## IMA NATCON-2025



Date : 26<sup>th</sup>, 27<sup>th</sup>, 28<sup>th</sup> December 2025

Venue : **CLUB O7**

Off Sardar Patel Ring Road, Shela, Ahmedabad-380058.

Hosted by

**IMA Gujarat State Branch**  
**Ahmedabad Medical Association**



**Dr Ketan Desai**

Chief Patron IMA  
Past President IMA, WMA & MCI



**Dr Anilkumar J. Nayak**

National President  
(Elect 2025-26)



**Dr. Jitendra B. Patel**

Organizing Chairman



**Dr. Parimal Desai**

Reception Committee  
Chairman



**Dr. Kirti M. Patel**

Finance Secretary



## IMA HQs' 233rd Central Working Committee Meeting, Dehradun on 05 & 06 April 2025







## CME on Emergency Toxicology Dated on 23-03-2025



## Creating Wealth & Beyond Dated on 13-04-2025







## Seminar on AntiMicrobial Resistance Containment Better Late than Never Dt on 29-03-2025





## AAO GAAON CHALE - Camp at Kharagodha Dated on 30-03-2025







## AAO GAAON CHALE - Camp at Kharagodha Dated on 30-03-2025





## A Musical Extravaganza - Doc Studio Dated on 30-03-2025







## Dr. Pradyut R. Thakor Scientific Programme Dated on 12-04-2025





## Ladies Club Programme





# Gujarat Liver & Digestive Surgery Clinic



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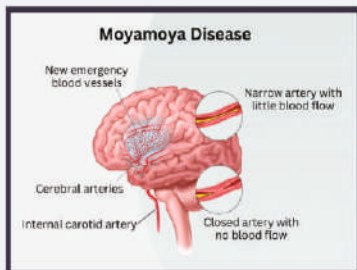
Turning challenges to Recoveries

# Brain Bypass for MOYA-MOYA Disease



## Case:

An 11-year-old girl presented with acute stroke and left-sided hemiparesis. Imaging (CTA & DSA) revealed bilateral intracranial ICA stenosis with collateral formation, confirming Moya Moya disease.

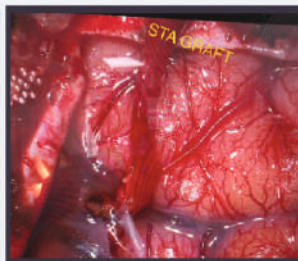
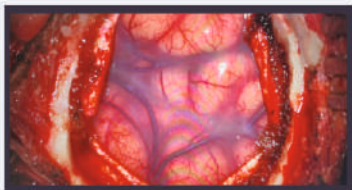


## Treatment:

Managed with antiplatelets and brain bypass surgery – Indirect EC-IC bypass using EDAMS and STA to improve cerebral blood flow.

## Outcome:

The patient made a full recovery with effective rehabilitation and continued antiplatelet therapy.



Meet our Expert:

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Consultant Neurosurgeon

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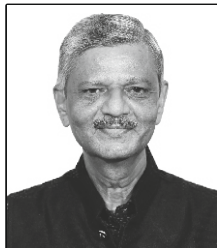


# A.M.A. BULLETIN INDEX

Content	Page No.
» IMA NATCON 2025 .....	6
» AMA Programmes Photos .....	7-14
» Message From President & Hon. Secretary Desk.....	20-21
» AMA Scientific Programme .....	23
» Notice & Agenda .....	24-25
» Congratulations.....	25
» Reports of Programmes.....	26-30., 35
» New Life Members .....	35-36
» OBITUARY .....	36
» AMA Ladies Club .....	37-38
» Articles.....	39-43
» AMA Hall Donation and Deposit Chart .....	44
» Rates for Advertisement .....	45
» Advertisements .....	43 & 46

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**Message From  
President & Hon. Secretary**



Dear Members,

**“By three methods we may learn Wisdom, First by Reflection, which is Noblest, Second by Imitation, which is Easiest, and Third by Experience, which is the Bitterest.”**

**— Confucius.**

Last month we had done some excellent out of box, programs. And we had an excellent Experience of team spirit and team work. For this novel program, we are thankful to visionary GSB IMA President, Dr. Mehulbhai Shah. We had wonderful program of instrumental music by our doctor friends. Each participated doctor had performed very very nicely and made the environment live.

We also had program, Sundays on Cycle, at River Front on 16-3-2025, in the presence of Respected Cabinet Minister, Shree Mansukhbhai Mandaviya ji.

We had wonderful scientific program with National Forensic Science University, only Forensic Science University in the World, on 23-3-2025, Sunday.

**“The Secret of getting ahead is getting started.”**

We had multi-specialty Camp at Kharaghoda, under banner





of Aao Gaon Chale. It was supported by Setu Charitable Trust. Many patients had been consulted, examined, and treated by team of our doctor friends of different specialties. We are thankful to GCS Medical Institute for providing conveyance facility.

We had also successful scientific program of Anti-Microbial Resistance with state faculties.

We also had enjoyed wonderful audio-visual program of Medicos Listeners' Club with an expert comments by respected Dr. G. G. Oza Sir. We also had started program in direction of Organ Donation awareness. First program was conducted for Intensivists covering all scientific and legal procedures for diagnosis and management of brain death patients in ICU.

We also had novel program on Finance management with Wealth First company. We had also an excellent seminar on Inheritance by an expert. And of course, one medico legal subject on Telemedicine by our own doctor.

**“Cooperation is thorough conviction that  
nobody can get there unless everybody gets there.”**

**— Virgin Burden.**

And at last, get ready and gear up for Centenary  
**NATCON 2025**, planned at Ahmedabad  
on 27th, 28th December 2025.

**Jai AMA - Jai IMA**

**Dr. Dhiren Mehta**  
President, AMA

**Dr. Urvesh Shah**  
Hon. Secretary, AMA

**AHMEDABAD MEDICAL ASSOCIATION YEAR : 2024-2025****OFFICE BEARER****PRESIDENT****Dr. DHIREN RAMNIKAL MEHTA**

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## **Dr Somabhai C Desai Scientific Programme**

**Date** : 11/5/2025, Sunday

**Time** : 10.00 am to 1.00 pm

**Venue** : Ahmedabad Medical Association, Ashram Road.

### **Program Details**

**10:00 am to 10:30 am**

**Topic** : Thalassemia: Prevention is better than Cure

**Speaker** : Dr. Arpit Prajapati

**10:30 am to 11:00 am**

**Topic** : Transfusion Support in Thalassemia Patients

**Speaker** : Dr. Ripal Shah

**11:00 am to 11:30 am**

**Topic** : Transplant in Thalassemia Patients

**Speaker** : Dr. Vaibhav Shah

**11:30 am to 12:00 pm**

**Topic** : Evolution of Treatment modalities over the Time

**Speaker** : Dr. Deepa Trivedi

### **Co ordinators**

**Dr. Nirali Patel**

**Dr. Bipin Patel**

**Registration is free but compulsory**

**For Registration Contact : AMA office on 079-26588775  
during 2.00 pm to 6.00 pm**

**Dr. Dhiren Mehta**  
President, AMA

**Dr. Urvesh Shah**  
Hon. Secretary, AMA



## NOTICE

A General Body Meeting of Ahmedabad Medical Association will be held on **FRIDAY, 16ThMay, 2025 at 3.00 p.m.** at our premises to transact the following agenda.

## AGENDA

1. To read and confirm the minutes of the last meeting.
2. Anything arising out of it.
3. Election, if required for the post of Vice President of State Branch, I.M.A.
4. Any other business with the permission of the chair.

N.B. For the want of quorum the meeting will be adjourned and will be held after fifteen minutes.

### **Nomination for Post of Vice President (Ahmedabad Zone) of Gujarat State Branch, IMA**

1. Nominations are invited for the Post of Vice President (Ahmedabad Zone) of Gujarat State Branch I.M.A. for year the 2025-2026.
2. Nomination forms will be available from the office from Wednesday 7th May 2025 on payment of Rs.10/- [Rs. Ten only]
3. Nomination form duly filled, proposed & seconded should



reach Hon. Secretary on or before Monday , 12th May, 2025  
3.00 p.m. at Association's office along with Rs.250/- for the  
post of Vice President.

4. Last date for withdrawal of nomination is Thursday ,15th May,  
2025. Before 3.00 P.M.

**Dr. Urvesh V. Shah**  
**Hon. Secretary**

**Note:-**

1. He/She must be a life members of I.M.A.
2. He/She must have 7 years continuous membership of I.M.A.
3. He/She should have served G.S.B.I.M.S. as Working committee  
Members for at least 3 years.

## **Congratulations**

- **Dr. Urvesh Shah**  
National Vice Chairman,  
JDN - IMA, HQs
- **Dr. Rajesh Desai**  
National Vice Chairman,  
IMA Standing Committee for Academic and Accreditation Board for  
the term of 2024-2025 & 2025-2026
- **Dr. Harshid Patel**  
Committee Member, IMA Standing Committee  
for Medical Students Network  
(MSN), 2024-26\*, IMA HQs, Delhi
- **Dr. Kalpita Dave**  
Member of IMA Blood Donation and  
Blood Bank committee,  
IMA HQs, Delhi



## **Seminar on VISAINFO Dated 22/03/2025**

An informative seminar on VISAINFO in association with MEDICO MOVE was held at AMA house on 22 March, 2025-Saturday between 6:00 to 8:00 pm followed by dinner. It was a First time ever Seminar on Study/ Job Placements to Australia for Medicos in Australia.

Speaker Mr. Amit Baijal gave wonderful insights for those who seek knowledge for the same. Around 100 participants attended the seminar

It was an Approach for another aspect of career building in healthcare initiative by IMA-MSN, Gujarat and Ahmedabad Medical Association.

The Seminar provided in depth information on qualifying for an Australian Visa, covering the Application process and requirements. Additionally, Medico Move offered to provide Professional Placement Services for Doctors, helping them secure positions in Private/Public Hospitals and Clinics with Support in Job Matching, Credential Verification and Career Guidance throughout the Transition.

## **Report of DR. K L VASA SCIENTIFIC PROGRAMME Dated 23/03/2025**

A scientific programme on Emergency Toxicology was organized by Ahmedabad Medical Association in collaboration with NFSU, Gandhinagar at Four points by Sheraton, Opp. Gujarat College, Ahmedabad on 23 March, 2025, Sunday from 10 am to 12:30 pm Followed by Lunch.





Wonderful Presentations were given by Speakers from NFSU ( Dr. Bhoomika Patel- Associate Dean, Dr. Neelkant Verma- Assistant Professor), Dr. Tejas Prajapati & Dr. Anish Joshi.

Knowledge on unexplored part of clinical practice, Toxicology in Critical Care, Snake bite, pesticides usage, effect of cold drink and many such interactive current effects on health were discussed.

Panel discussion Moderated by- Dr. Gopal Raval which was very informative not just clinically but also from common society perspectives.

Around 45 to 50 Participants attended the CME.

Dr. Purvi Bhagat, Dr. Hetalbhai Shah & Dr. Yogesh Gupta Coordinated the entire event.

**Seminar on Anti Microbial Resistance Containment:  
Better Late Than Never  
Dated 29/03/2025**

The Seminar on Anti Microbial Resistance was organized by Ahmedabad Medical Association and State Health System Resource Center- Gujarat on 29th March, 2025 Saturday at Ahmedabad Medical Association, Ashram Road, Ahmedabad between 6 to 8 pm followed by Dinner.

Welcome address was done by Dr. Urvesh Shah on Current Ecosystems & Human Microbiota aftermath Antimicrobial use. Around 100 Delegates attended the Seminar.

Estimated Speakers- Dr. Kamlesh Patel, Dr. Shivang Sharma, Dr. Garima Savalia, Dr. Rakesh Joshi shared their knowledge with the audience based on their current practices.



Closing Ceremony with brief talk on State AMSP Programme, Rules & Regulations, Road Map on its Implementation was done by Dr. A. M. Kadari, Dr. R. Dixit, Dr. Mehul Shah, Dr. Tushar Patel

The session was lively, engaging, educative and informative. overall Management was done by Dr. Arpit Prajapati.

### **Aao Gao chalein- camp at Kharaghoda Dated 30/03/2025**

A Medical camp was organized under the vision of Dr. Ketan Desai sir's Project "Aao Gao Chalein" at Kharaghoda on 30 March 2025 from 10 to 4. The camp was organized by Ahmedabad Medical Association and Setu Charitable Trust. In the morning, Team of Doctors from different speciality from Ahmedabad left for Kharaghoda namely- Dr. Bhavarth (Dermatologist), Dr. Chitrang (Dentist), Dr. Harajivanbhai Patel (Gen. Surgeon), Dr. Aravindbhai Vithalani (Family Physician), Dr. Rameshbhai Patel (Family Physician), Dr. Gaurav Vadodaria (Orthopedic). The entire team along with President of AMA Dr. Dhiren Mehta, Committee Member Dr. Panamchand Parmar work tirelessly the whole day for smooth coordination. In this Mega Medical Camp approx. 375 patients have been checked. 35 X-rays, 9 ECGs were done. High risk Patients were asked to come for follow up. Patient with Abnormal Test results were detected and referred for specific tests and further line of treatment.



## **A Musical Extravaganza- Doc Studio**

### **Dated on 30/03/2025**

A Musical instrumental organized by Ahmedabad Medical Association in association with GSB IMA Doctors on 30 March 2025 Unforgettable, amazing program where many talented doctors had played so many Musical Instruments so nicely. It was a Unique event 1st time ever with Instrumental playing by Doctors. Around 20 to 22 Doctors Participated among them Mr. Munjal Mehta (an “A” Grade Artist from All India Radio honoured with Gujarat Gaurav Puraskar), Mr. Akul Raval (Percussionist of Gujarat having Guinness book Record Inventing 132 Musical Instruments), Dr. Kashyap Dave (Anaesthetist who plays Sarangi and associated with Saptak since last 20 Years). Along with these three, Sangit Visharad Dr. Ashutosh Mavlankar and many more Legends who remained present and also participated. Around 250 to 300 audience witnessed the Musical fiesta which was a full house. Starting at 4:30 pm the event ended at 7:30 pm followed by Dinner. Coordinators for the event were Dr. Kamlesh Saini, Dr. Ashish Bhojak, Dr. Urvesh Shah, Dr. Jaydeep Shah, Mr. Kapil Pandya, Dr. Raj Bhagat.



## **Dr. Pradut R. Thakor Scientific Programme Dated on 12/04/2025**

Symposium on Brain Death Declaration was organized by Ahmedabad Medical Association and Supported by Marengo CIMS Hospital on Brain Death Diagnosis, Management and Organ Donation on 12-04-2025, Saturday 6:00 pm onwards followed by dinner at Auditorium, Marengo CIMS Hospital, Ahmedabad. Informative sessions were taken by Esteemed Doctors in the field. A talk on "Need/ Availability deficit of Organs for Transplant" was taken by Dr. Rakesh Joshi. A talk on "When to suspect Brain Death in Patient?" was taken by Dr. Bhagyesh Shah & Dr. Dhaval Naik, Dr. Rakesh Joshi, Dr. Sunil Agrawal. A talk on "Diagnosis of Brain Death: Clinical & Legal" was taken by Dr. Sandip Modh. A talk on "Donors Identification, Management & Viability of Organs" was taken by Dr. Parth Patel. In the end, Panel Discussion was Moderated by Dr. Dhiren Mehta along with the Panelists Dr. Dhaval Naik, Dr. Rakesh Joshi, Dr. Sunil Agrawal. Around 50 to 60 Participants attended the Programme. Dr. Deepak Rao and Dr. Manjit Nayak Co-ordinated the entire Program

## **Program "RAHE NA RAHE HUM MEHKA KARENGE" on 12/04/2025**

A Musical Programme on theme of "RAHE NA RAHE HUM MEHKA KARENGE" was organized by Ahmedabad Medical Association with Medico Listeners' Club at AMA, Ashram Road, Ahmedabad at 8 pm followed by dinner.

to be continued pg. no. 35



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Dr. G. G. Oza Anchored the event along with that Presentation was given by Dr. Gurudatt Thakkar and Expert Comment by Dr. Ashok Patel. About 250 members have attended this musical programme and enjoyed a musical melody.

### **Report of Creating Wealth & Beyond** **Dated 13/04/2025**

A seminar on Creating Wealth and Beyond was organized at Ahmedabad Medical Association (AMA), Ashram Road, Ahmedabad between 10:00 am to 1:00 pm followed by Lunch. Around 60 Participants joined the seminar. Session on Wealth Creation was taken by Mr. Ashish Shah, Founder of Wealth First Co. in the form panel discussion with active interaction with audience. Dr. Premal Naik was one of the panelists. An insights on Inheritance was given by Mr. Rajat Dutta. A talk on "Brand Developing by Doctor" as done by Dr. Sandip Shah from Supratech Laboratory. Aspect of Medicolegal Subject was covered by Dr. Jignaben Dave. Dr. Nisarg Dharaiya and Dr. Dhananjaysinh Gohil nicely Co-ordinated the entire event.

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**DR. PUNAMCHAND DANABHAI PARMAR**

**LM-1186**

**MBBS**

**Date of Birth : 28-11-1944**

**Date of Death : 12-03-2025**



**DR. GIRISH PADMRAJ**

**LM-1686**

**M.S. ORTHO**

**Date of Birth : 15-12-1958**

**Date of Death : 20-03-2025**

**We send our sympathy & condolence to the bereaved family.**

**લેડીઝ-ક્લબ****Program No. : 15****Start Up: Launch Your Journey**  
**Getting Govt Funding and Help for New Startups**

Dear Esteemed Members,

Ladies Club - AMA invites you to a valuable session on "Start Up: Launch Your Journey" at I-Hub, Gujarat Prajna Puran, KCG Campus, Navrangpura, Ahmedabad on 22nd April 2025.

**Key Details:**

- Date** : 22nd April, 2025  
**Time** : 4 to 6 PM  
**Venue** : I-Hub, Gujarat Prajna Puran,  
KCG Campus, Opp. PRL,  
Navrangpura, Ahmedabad.  
**Registration** : Free but compulsory  
(Last date: 20th April 2025)

**Cancellation Charge** : Rs 100

**Note:** Tea will be served till 4.30 PM and Program will be followed by Heavy Snacks

You are cordially invited to attend this informative session with your family and friends. Co-ordinated with Dr. Parul Shah, this event promises to provide valuable insights into securing government funding for startups.

We look forward to your participation!

Best Regards,

**Rajni Maheshwari**  
President, Ladies Club - AMA

**Dr. Sushila Kella**  
Secretary, Ladies Club - AMA

Program Co-Ordinator : **Dr. Parul Shah**

**Program No. : 16****Date: 3rd May 2025, Saturday****Time : 3:00 PM – 5:00 PM****Venue : AMA Hall, 2nd Floor,****Ahmedabad**

SPEAKER	TOPIC	DURATION
<b>Dr. Kalagi Bakshi</b> (Asst. Prof. SVP - NHL Medical College)	<b>Etiopathogenesis (causes) investigations</b>	15 min
<b>Dr. Ranjan Raval</b> (Ex. HOD Prof. V. S. Hospital) NHL Medical College	<b>Medical Management</b>	15 min
<b>Dr. Kirti P. Shah</b> (Consultant Dermatologist)	<b>Innovative Modalities for diffuse hairloss</b>	15 min
	<b>Que. &amp; Ans.</b>	15 min

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**ડૉ. ઘીરેન મહેતા**

(પ્રમુખ, એ.એમ.એ.)

**ડૉ. સુશીલા કેલા**

(સેક્રેટરી)

મો. ૯૪૨૭૪ ૫૪૧૮૫

**ડૉ. ઉર્વેશ શાહ**

(સેક્રેટરી, એ.એમ.એ.)





## Lead Poisoning: A Comprehensive Overview

### Introduction

Lead poisoning, caused by the accumulation of lead in the body, is a preventable yet persistent public health issue. This toxic heavy metal, found in sources like contaminated water, soil, paint, and industrial byproducts, poses significant risks, particularly to children and vulnerable populations. Despite global efforts to reduce exposure, lead poisoning remains a concern, necessitating awareness, early detection, and robust prevention strategies.

### Epidemiology

Lead poisoning affects millions worldwide, with an estimated 1.5 million children in the United States alone having elevated blood lead levels (BLLs). Low- and middle-income countries bear a disproportionate burden due to lax regulations and ongoing industrial activities. The World Health Organization (WHO) estimates that lead exposure causes 1 million deaths annually and contributes to significant disability-adjusted life years (DALYs). High-risk groups include children under six, pregnant women, and communities near industrial sites or with aging infrastructure, such as lead pipes.

### Classification

Lead poisoning is classified based on BLLs, measured in micrograms per deciliter ( $\mu\text{g}/\text{dL}$ ). The Centers for Disease Control and Prevention (CDC) considers BLLs  $\geq 3.5 \mu\text{g}/\text{dL}$  in children and  $\geq 10 \mu\text{g}/\text{dL}$  in adults as elevated, though no level is deemed safe. Acute poisoning results from high, short-term exposure, while chronic poisoning stems from prolonged, low-level exposure, often more insidious and harder to detect.

### Clinical Symptoms

Symptoms vary by exposure level and age. In children, low-level exposure may cause developmental delays, learning difficulties, irritability, and poor appetite. Higher levels can lead to abdominal pain, vomiting, and



seizures. Adults may experience fatigue, memory loss, joint pain, and hypertension. Neurological symptoms, such as difficulty concentrating, are common across ages, but symptoms are often nonspecific, delaying diagnosis.

### **Investigation**

Diagnosis relies on blood lead testing, typically via venous sampling for accuracy. Screening is recommended for children in high-risk areas or with potential exposure. Additional tests, like complete blood counts (to detect anemia) or kidney function tests, may assess related damage. Environmental assessments, including testing water, paint, or soil, help identify exposure sources.

### **Complications**

Lead poisoning can cause severe, irreversible complications. In children, it impairs cognitive development, reducing IQ and increasing behavioral disorders. Adults face risks of kidney damage, cardiovascular disease, and infertility. Pregnant women with elevated BLLs may experience miscarriage or preterm birth, with lead crossing the placenta to harm the fetus.

### **Treatment**

Treatment focuses on removing the exposure source and, in severe cases, medical intervention. Chelation therapy, using agents like succimer or EDTA, is employed for BLLs  $\geq 45 \mu\text{g/dL}$  in children or symptomatic adults to bind and excrete lead. Supportive care, such as nutritional support to reduce lead absorption, is critical. However, chelation cannot reverse neurological damage, underscoring the importance of prevention.

### **Prognosis**

Prognosis depends on exposure duration and severity. Early intervention can mitigate damage, but chronic exposure, especially in children, may result in permanent cognitive deficits. Adults with mild poisoning often recover fully if exposure ceases, but prolonged high-level exposure can lead to chronic health issues. Ongoing monitoring is essential for those with a history of elevated BLLs.



## Conclusion

Lead poisoning remains a global challenge, demanding coordinated efforts in policy, infrastructure, and education. Replacing lead pipes, enforcing industrial regulations, and promoting screening are vital steps. By prioritizing prevention and early detection, we can protect vulnerable populations and reduce the long-term impact of this silent threat.

## Medical Case Report: Intentional Lead Poisoning in a Domestic Dispute

### Case Presentation

Patient: Mr. Anil Sharma, 42-year-old male, software engineer

Location: Bengaluru, Karnataka, India

Date of Presentation: June 2023

**Chief Complaints:** Progressive abdominal pain, fatigue, irritability, and memory difficulties for 4 months

Mr. Anil Sharma presented to the emergency department of a tertiary care hospital in Bengaluru with complaints of colicky abdominal pain, generalized weakness, and increasing forgetfulness. He reported a metallic taste and constipation, with symptoms worsening over weeks. His medical history was unremarkable, with no occupational exposure to heavy metals or chronic illnesses.

### Clinical Examination

Vitals: BP 140/90 mmHg, pulse 88/min, respiratory rate 16/min, afebrile

General Examination: Pallor, no jaundice or cyanosis

Neurological: Mild confusion, impaired short-term memory, no focal deficits

Abdominal: Diffuse tenderness, no organomegaly

Other Systems: Normal

### Investigations

Initial blood work revealed microcytic anemia (Hb 9.8 g/dL) and elevated creatinine (1.8 mg/dL), suggesting renal impairment. Suspecting



heavy metal toxicity due to the constellation of symptoms, a blood lead level (BLL) test was ordered, revealing a BLL of 68  $\mu\text{g}/\text{dL}$  (normal  $<10 \mu\text{g}/\text{dL}$  for adults). A peripheral smear showed basophilic stippling, consistent with lead poisoning. Abdominal X-ray was unremarkable, ruling out lead-containing foreign bodies.

### **Social and Medicolegal Context( If our hospitals and forensic investigators were like those present in movies)**

Mr. Sharma lived alone following a separation from his wife, Mrs. Priya Sharma, a 38-year-old laboratory technician at a chemical supply firm. Their divorce was contentious, involving disputes over property in Bengaluru. Mr. Sharma noted that his symptoms began after Mrs. Sharma visited his home to “discuss reconciliation,” during which she frequently brought homemade meals. The absence of environmental lead sources and the high BLL raised suspicion of intentional poisoning.

The treating doctor alerted local authorities. A police investigation uncovered vials of lead acetate in Mrs. Sharma's workplace locker, and forensic analysis detected lead acetate in a turmeric powder container in Mr. Sharma's kitchen, used daily in his meals. Mrs. Sharma initially denied involvement, claiming the lead was for “industrial use,” but her inconsistent statements and documented access to lead compounds implicated her.

### **Diagnosis**

Acute-on-chronic lead poisoning, likely due to intentional administration of lead acetate.

### **Management**

Immediate: Mr. Sharma was admitted to the toxicology unit. Chelation therapy with oral succimer (DMSA) was initiated at 10 mg/kg every 8 hours for 5 days, followed by 10 mg/kg every 12 hours for 14 days.

Supportive: Intravenous fluids, calcium supplementation, and a high-fiber diet to reduce lead absorption and manage constipation.

### **Outcome and Follow-Up**

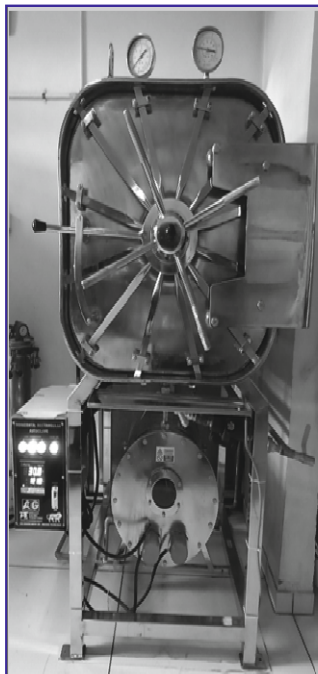
After 3 weeks of chelation, Mr. Sharma's BLL decreased to 20  $\mu\text{g}/\text{dL}$ . His abdominal pain and fatigue improved, but memory deficits persisted.



Repeat creatinine showed mild renal impairment (1.4 mg/dL). Neuropsychological testing confirmed mild cognitive impairment, affecting his work performance. He was advised regular follow-up with nephrology and neurology, with repeat BLL testing every 3 months.

### Discussion

This case of intentional lead poisoning in an Indian urban setting is rare but highlights the potential for malicious use of accessible toxins like lead acetate, especially by individuals with chemical expertise. The nonspecific symptoms delayed diagnosis, emphasizing the need for a high index of suspicion in atypical presentations. In India, lead poisoning is more commonly linked to environmental sources (e.g., contaminated water or Ayurvedic medicines), making intentional cases unique. Clinicians must collaborate with forensic and legal teams to ensure justice. Public health efforts should focus on regulating access to toxic substances and raising awareness about poisoning risks in domestic conflicts.



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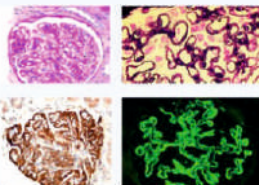


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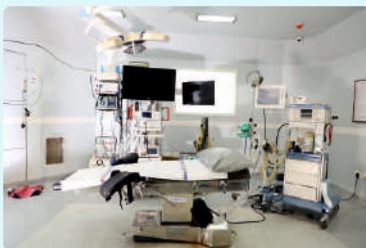
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**Consultant**

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- MS in ENT (NHL Municipal Medical College)



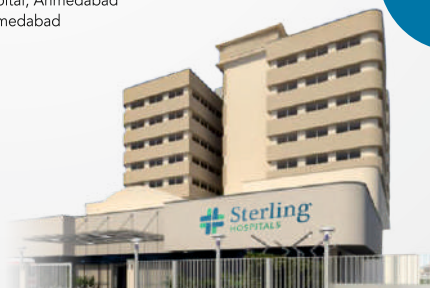
### Area of Expertise

- Oral lesions, OSMF, TM joint lesions
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- Hearing disorders, Microscopic ear surgeries
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### Work Experience

- Assistant Professor, SSG Government Hospital, Vadodara
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- Senior Resident, ESIC Model Hospital, Ahmedabad
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**Background and Objectives:** Bowel Deep Infiltrating Endometriosis (DIE) management by colo-rectal resection is a complex procedure. The purpose of the present study is to delineate a meticulous approach to the assessment of the patient, step-wise surgical technique, pre, and post-operative care, and its short-term and long-term outcomes.

**Methods:** This is a single centre retrospective study done on patients of bowel DIE managed by colo-rectal resection between January 2019 to June 2021.

**Results:** There was a significant improvement in the symptomatology of patients post-surgery. Our surgical technique is feasible with acceptable short-term and long-term outcomes.

**Conclusion:** Bowel DIE management can be proficiently executed with proper diagnostic approach, appropriate surgical expertise with exhaustive pelvic anatomy knowledge especially concerning autonomic nerve plexus.

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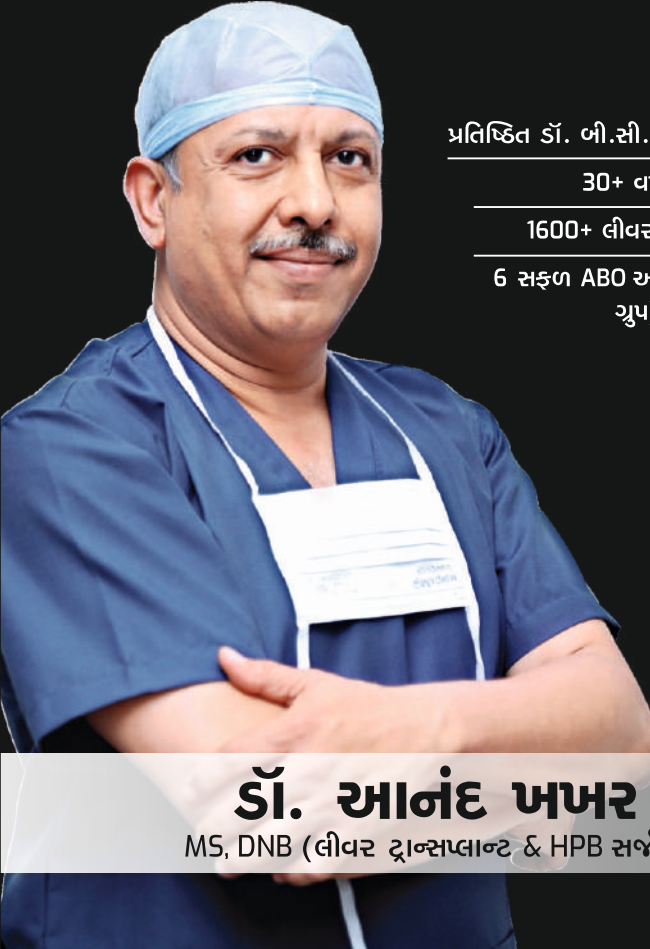
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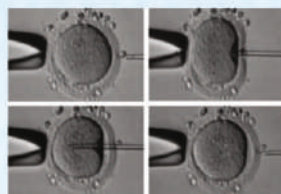
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