



## AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902  
AMA House, First Floor, Opp. H.K. Arts College,  
Ashram Road, Ahmedabad-380009. Phone : (079) 26588775  
Email : amagsbima@yahoo.co.in  
Website : www.ahmedabadmedicalassociation.com

# AHMEDABAD MEDICO NEWS

## AMA Celebrate World Environment Day on 5-06-2026



## Mayflower AMA Ladies Club Conclave 2026



**Dr. JIGNESH SHAH**  
President - AMA

**Dr. MAULIK SHETH**  
Hon. Secretary - AMA

Imm. Past President - **Dr. DHIREN MEHTA**

**“Beyond Scope of Scalpel and Stethoscope”**

Please Save Mob. No: 97268 88775 of AMA to get regular updates



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**Dr. Aditya Desai**  
M.S. (Oph.) | Director

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**Dr. Parimal Desai | Dr. Aditya Desai**  
**Dr. Ashish Kayastha | Dr. Jignesh Shah**

**Dr. Mamta Shah** & Team of Associate Doctors; Who has credit of performing one of

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**EVO Vision ICL**  
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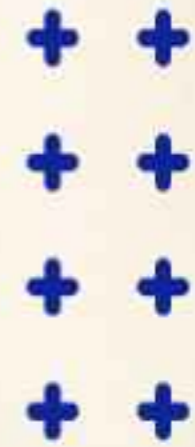
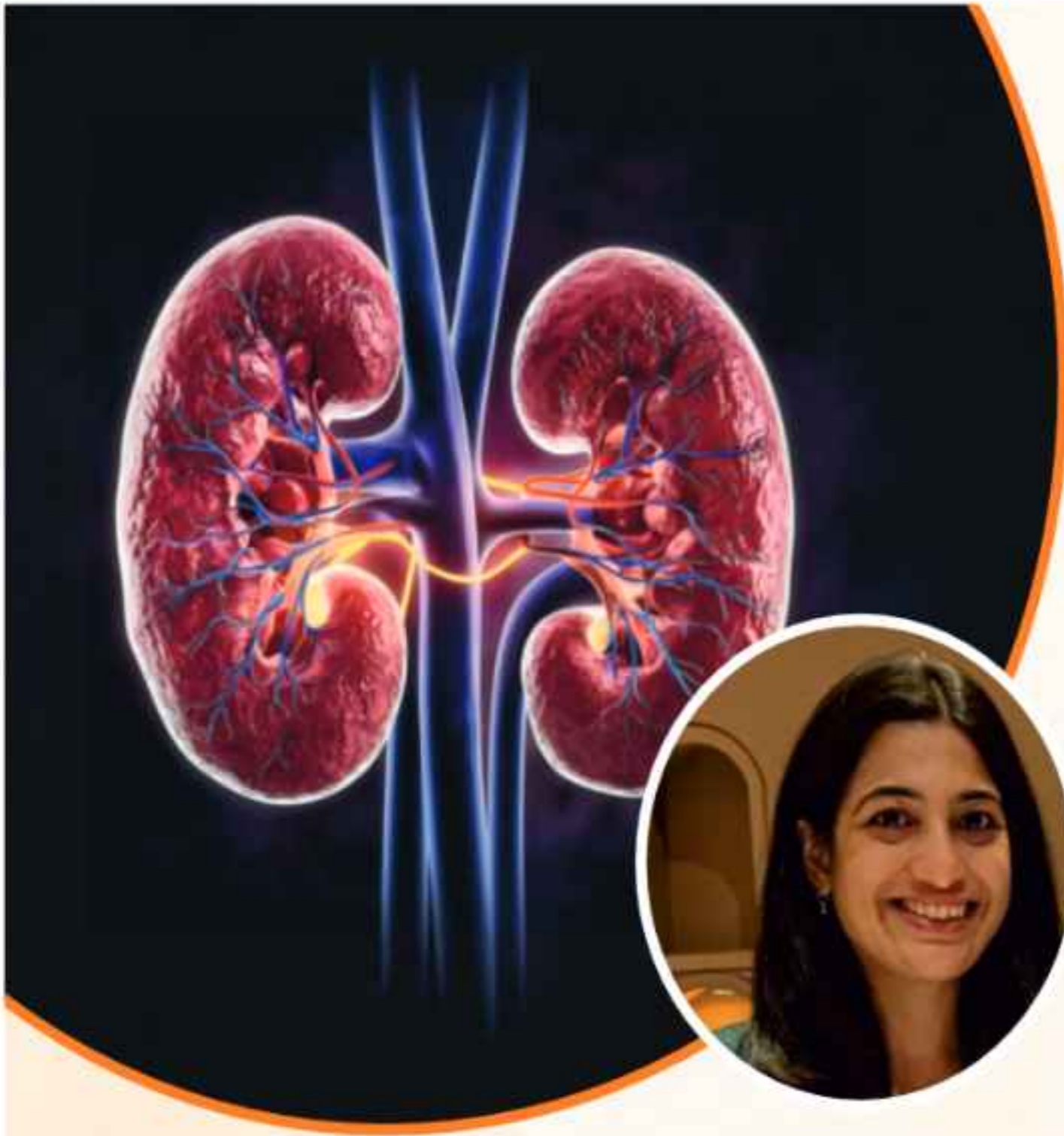
Timings: 10:30am - 5:30pm | No Follow-ups on Tuesday & Friday.

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Mo. 70419 40220, 8320015625 | [www.shukanhospital.com](http://www.shukanhospital.com)



DOCTORS DAY CELEBRATION  
AHMEDABAD MEDICAL ASSOCIATION  
INVITES YOU



A DIVINE BHAJAN JAMMING  
EXPERIENCE FOR HEALING HEARTS



📅 5<sup>th</sup> July 2026, Sunday | 🕒 Dinner : 7:30 pm to 8:30 pm | 🎵 Program Commences : 8:30 pm onwards

📍 H K Arts College Hall, Ashram Road, Ahmedabad

REGISTER NOW & BE PART OF THIS  
SOULFUL EVENING!

REGISTRATION FEES

📅 UPTO 25 <sup>TH</sup> JUNE	₹100/-
📅 26 <sup>TH</sup> JUNE TO 30 <sup>TH</sup> JUNE	₹150/-
📅 FROM 1 <sup>ST</sup> JULY ONWARDS	₹200/-

LIMITED SEATS,  
UNLIMITED MEMORIES.

REGISTER NOW



SCAN TO REGISTER

REGISTRATION LINK

🌐 <https://swasthyasetu.in/event/naad>

Let's celebrate the healers with  
BHAKTI, MUSIC & HARMONY.

Coordinators

- |                         |                           |
|-------------------------|---------------------------|
| <b>Dr. Kalpita Dave</b> | <b>Dr. Aditya Desai</b>   |
| <b>Dr. Nirali Patel</b> | <b>Dr. Arth Koshia</b>    |
| <b>Dr. Jignesh Shah</b> | <b>Dr. Ravi Prajapati</b> |
| President, AMA          | Hon. Secretary, AMA       |



# PRACTICE 2030 on Dt. 21-06-2026





# PRACTICE 2030 on Dt. 21-06-2026



## અમદાવાદ શહેર મેયરશ્રી હિતેષભાઈ બારોટજીની શુભેચ્છા મુલાકાત





# “Rupaantaran” Hospital Staff Training Program on 24-05-2026





# AMA Celebrate World Environment Day on 5-06-2026





# World Bicycle Day – “Selfie with Bicycle” Initiative





# World Bicycle Day – “Selfie with Bicycle” Initiative



## Visit at ROBOLAPCON 2026

20 - 21 JUNE, 2026

VENUE : HYATT VASTRAPUR, AHMEDABAD





# Mayflower AMA Ladies Club Conclave 2026





# Mayflower AMA Ladies Club Conclave 2026





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# 2<sup>ND</sup> ANNUAL ONCOLOGY UPDATE 2026

18 & 19 July 2026



Venue - Welcome By  
ITC Hotels, Ashram Road,  
Ahmedabad

## CONFERENCE

Hosted by

**Oncowell Cancer Hospital**

In Collaboration with

**Ahmedabad Medical Association (AMA) &  
Association of Physicians of Ahmedabad (APA)**

### PROGRAM DIRECTORS



**Dr. Akash Patel**

DM Medical Oncologist & Haematologist  
MSKCC Fellow in Immunotherapy  
Founder & Director,  
OncoWell Cancer Hospital, Ahmedabad



**Dr. Jaikumar Patel**

DM Medical Oncology & Pediatric Oncology  
Consultant - OncoWell Cancer Hospital,  
Ahmedabad

[annualoncologyupdates@gmail.com](mailto:annualoncologyupdates@gmail.com)



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Peritoneal Cancer  
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**Dr Aditi Bhatt**

MBBS, MS, MCh.

GI, Gynaec and  
Peritoneal Cancer  
Specialist



**Dr Ridham Shah**

MBBS, MS, DrNB

GI & Gynaec  
Robotic Cancer  
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- Aesthetic Vulvovaginal Surgeries
- Reconstructive & Functional Vulvovaginal Surgeries
- Minimal Invasive Gynec surgeries
- Gynec Onco Surgeries
- Lap. Myomectomy
- Lap. Cystectomy
- Female sexual disturbance
- Premarital Counselling

## Our Expert Doctors



**Dr. Chaitasi Shah**  
D.G.O.  
Obstetrician & Gynaecologist



**Dr. Shailee Bhandari Parikh**  
M.D.  
Obstetrician & Gynaecologist,  
Laparoscopic Surgeon  
and Urogynecologist



**Dr. Archana Paras Shah**  
M.D.  
Obstetrician & Gynaecologist



**Dr. Krupa Bhagat**  
M.S.  
Laparoscopic &  
Vulvovaginal  
Aesthetic Surgeon



**Dr. Jitendra Shah**  
D.G.O.  
Consultant Obstetrician & Gynecologist

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## Message From President & Hon. Secretary



Dear Members,

### Jai AMA – Jai IMA

As we enter the month of July, we begin with one of the most meaningful celebrations for our fraternity — Doctors' Day.

As Hippocrates rightly said:

**“Wherever the art of medicine is loved, there is also a love of humanity.”**

This timeless quote beautifully captures the essence of our noble profession. Being a doctor is not merely about diagnosis and treatment; it is about compassion, service, healing, and touching lives with humanity. This philosophy resonates deeply with AMA's theme for the year — **“Beyond the Scope of Scalpel and Stethoscope.”**

This year, Ahmedabad Medical Association is celebrating Doctors' Day Week from 1st to 7th July under the theme **“Celebrating Healers, Inspiring Society.”** During this week, AMA will organise Blood Donation Camps and CPR Training Programs across the city, reinforcing our commitment to social responsibility and community service.

On 5th July, we are delighted to host a special literary event, **“Sahitya ane Samaj,”** in collaboration with Gujarat Sahitya Akademi, exploring the rich relationship between literature, culture, and society. Later in the evening, we will come together for a soulful Bhajan Jamming program, celebrating devotion, music, and harmony.

The past month has been highly productive and inspiring for AMA.

One of our most meaningful initiatives was **“Rupaantaran,”** the Hospital Staff Training Program focused on communication skills, confidence building, workplace etiquette, and patient interaction. Around 55 staff members from various hospitals and clinics participated enthusiastically. The overwhelming response has encouraged us to organise the second batch on 12th July 2026.

On the occasion of World Environment Day, AMA, in association with Ahmedabad Obstetrics and Gynaecological Society (AOGS), organised a



meaningful environmental initiative. Around 120 doctors participated in tree plantation activities, and saplings and caps were distributed to all participants, reflecting our collective commitment towards a greener and healthier future.

To celebrate World Bicycle Day, AMA organised a unique social media initiative — **“Selfie with Bicycle.”** The activity received an enthusiastic response from members and their families, beautifully promoting fitness, healthy living, and environmental awareness.

Our AMA Ladies Club Conclave, held on 14th June, was another memorable highlight. With participation from around 180 members and spouses, the event witnessed excellent attendance and enthusiastic involvement, further strengthening the spirit of fellowship and bonding within the AMA family.

Another major milestone was the successful completion of Practice 2030, organised jointly with Eastern Medical Forum and supported by the Quality Council of India. The event witnessed excellent participation and highly engaging discussions on the future of medical practice, healthcare growth, branding, accreditation, and sustainability. It proved to be a highly relevant and impactful program for today's evolving healthcare landscape.

As we move ahead, we are excited about several important upcoming events.

We are hosting the Dr. Love Dalal Scientific Program in association with SAL Hospital, continuing our commitment to academic excellence and meaningful scientific discussions.

We also eagerly look forward to our Annual Day Function on 26th July, which will be a celebration of achievements, excellence, and the collective spirit of AMA.

Each initiative reminds us that the role of a doctor extends far beyond clinics, hospitals, and operation theatres. We are not only healthcare providers but also educators, leaders, mentors, and changemakers.

We sincerely thank all members, office bearers, committee members, and volunteers for their unwavering support and active participation.

Let us continue moving forward with unity, purpose, and passion as we build a stronger, more vibrant, and more impactful AMA.

With warm regards,

**Dr. Jignesh Shah**  
President, AMA

**Dr. Maulik Sheth**  
Hon. Secretary, AMA

**AHMEDABAD MEDICAL ASSOCIATION YEAR : 2025-2026****OFFICE BEARER**

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9327014487

VICE PRESIDENT

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9924558450

**Dr. NAIK DHAVAL DINKERRAI**

9099111133

HON. FINANCE SECRETARY

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7405495750

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**Dr. MEHTA DHIREN RAMNIKLAL**

9898854158

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9979902655

**DR. JAIN RASHI PRASHANT**

9737678880

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**DR. PATEL NIRALI RUSHI**

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**DR. PATEL SUNIL CHHABILDAS**

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**DR. PRAJAPATI OMAN MAHENDRABHAI**

9537984678

**DR. PRAJAPATI RAVIKUMAR VISHNUBHAI**

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**DR. SHRIMALI GAURISHANKAR PASHABHAI**

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**OTHER THAN P.G.****DR. DAVE RAJESH JASVANTLAL**

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**DR. RAWAL VINAY BIPINCHANDRA**

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**DR. VYAS DHANANJAY BHANUPRASAD**

9723035462

**BULLETIN COMMITTEE**

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Dr. Maulik Sheth

Dr. Kalpita Dave

Dr. Naitik Patel

Dr. Nirali Patel

Dr. Aditya Desai

Dr. Sunil Patel

Dr. Rashi Jain

Dr. Riya Shah

Dr. Keyur Patel

Dr. Akash Patel

Dr. Punamchand Parmar



# AHMEDABAD MEDICAL ASSOCIATION

## 124th ANNUAL DAY CELEBRATION

Ahmedabad Medical Association is pleased to announce its 124th Annual Day Celebration, a cherished occasion to celebrate the achievements of the medical fraternity and honor excellence in healthcare, academics, and community service.

All members are cordially invited to join this prestigious gathering.

**Date : 26th July 2026, Sunday**

**Time : 9:00 AM to 12:30 PM**

**Venue : AMA Hall, Ashram Road, Ahmedabad**

### Dr. B. N. Mehta Oration



**Dr. Sanjay Patel**

Consultant Gynecologist, Mayflower Hospital

**Topic: Endometriosis The Last Stich**

### Special Invitee



**Mr. Jay Vasavada**

Renowned Author, Columnist & Orator

**Topic: બોજ વિનાની મોજ**

### Programme Schedule

**09:00 AM – 09:45 AM**

**Dr. B. N. Mehta Oration**

**Orator : Dr. Sanjay Patel**

**10:00 AM onwards**

### 124th Annual Day Celebration

- Welcome Address
- Annual Report Presentation
- Felicitation of Award Winners
- Honouring Meritorious Medical Students
- Recognition of Distinguished Contributions to Healthcare and Society
- Address by Dignitaries
- Recognition of Distinguished Contributions to Healthcare and Society
- Address by Dignitaries

**12:30 PM**

**Lunch**

We look forward to your gracious presence and participation in celebrating the spirit of service, excellence, and fellowship that defines the Ahmedabad Medical Association.

**Dr. Jignesh Shah**

President, AMA

**Dr. Maulik Sheth**

Hon. Secretary, AMA



## ELECTION NOTIFICATION 2026-2027

The Annual election of the President, two Vice Presidents, two Hon. Joint Secretaries, Hon. Library Secretary, and 12 members from Post Graduate category, 12 members from other than Post Graduate category and one Resident Doctor of the Ahmedabad Medical Association for the year **2026-2027** will be held on **Sunday 2<sup>nd</sup> August, 2026**, between 9.00 a.m. and 1.00 p.m. at our premises.

1. Nomination form will be available from **3-7-2026, Friday** on payment of Rs. 100/- (Time : 2.30 p.m. to 6.00 p.m.)
2. The prescribed nomination forms duly filled, proposed and seconded should reach the office on **or before 3.00 p.m. on 10-7-2026, Friday** along with Rs. 1000/- for the post of President, Rs. 500/- for other office bearers and Rs. 100/- for Managing Committee Members, (non refundable)
3. Last date for **withdrawal of nomination is 13-7-2026, Monday before 3.00 p.m.**
4. It is compulsory to cast as many votes as the number of posts are, otherwise the Ballot paper shall be considered invalid for that particular post as per the constitution.

**N.B.**

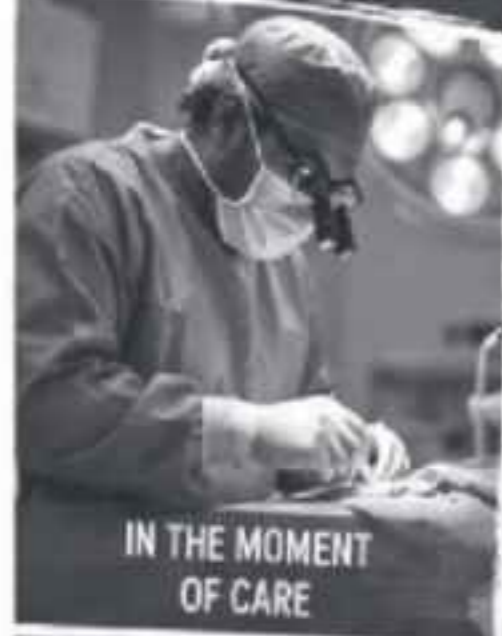
- (1) The tenure of President, Vice-Presidents, Hon. Joint Secretaries and Hon. Library Secretary will be one year.
- (2) All the office-bearers except the President shall be eligible for re-nomination for one more tenure consecutively for the post.
- (3) The tenure of Hon. Secretary and Hon. Finance Secretary will be of two years.  
**(No election for the above 2 Posts)**
- (4) Term of members of the managing committee (25 members) shall be one year but can seek re-election for one more year. They can not contest for more than two consecutive terms.
- (5) To facilitate the arrangements, please come with membership number and identity card at the time of voting (Ahmedabad Medical Association identity card or any other identity document should be produced when asked for)

**Dr. Jignesh C. Shah**  
Chairman Election Commission



AHMEDABAD  
MEDICAL  
ASSOCIATION  
ESTD. 1902

BEYOND  
THE WHITE COAT



IN THE MOMENT  
OF CARE



IN EVERY ACT  
OF HEALING

ALWAYS THERE.  
ALWAYS CARING.



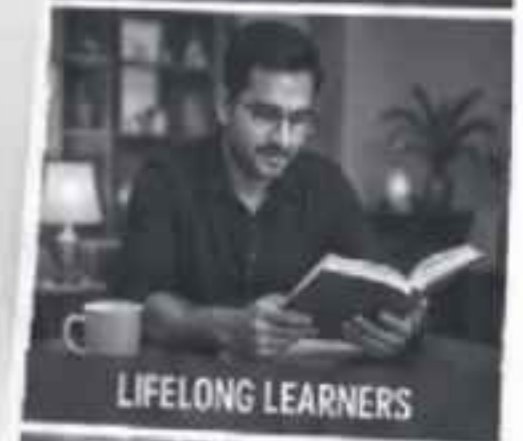
BEYOND  
EXPECTATIONS



LIVING PASSIONS



NURTURING TALENTS

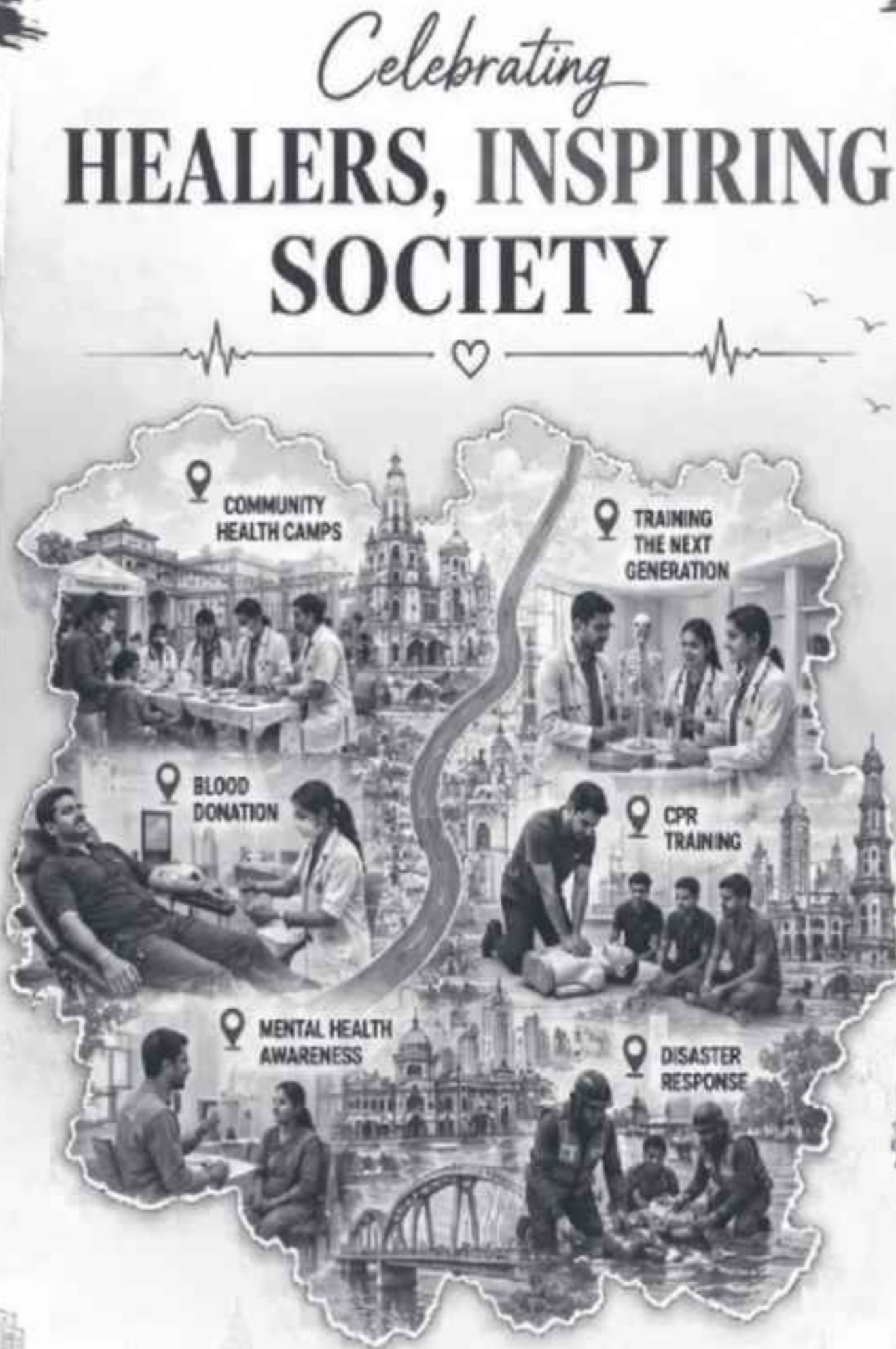


LIFELONG LEARNERS



SERVING SOCIETY

BEYOND ROLES.  
BEYOND SELF.



Keeping Ahmedabad Healthy, Every Day.



# HAPPY DOCTORS' DAY | 2026

1<sup>ST</sup> JULY 2026

## DOCTORS' DAY WEEK ACTIVITIES



**BLOOD  
DONATION  
WEEK**  
Saving Lives,  
Together.



**CPR  
TRAINING  
INITIATIVE**  
Every Hand  
Can Save a Life.



**SAHITYA  
& SAMAJ**  
Thoughts That  
Inspire Change.



**BHAJAN  
JAMMING**  
Harmony in  
Healing.



**COMMUNITY  
SERVICE  
INITIATIVES**  
Because We Care.



**14,000+  
DOCTORS**



**ONE CITY  
ONE MISSION**



**COUNTLESS  
LIVES TOUCHED**

Thank You, Doctors, for being the heartbeat of our city.







AHMEDABAD  
MEDICAL  
ASSOCIATION  
ESTD. 1902





Dear Doctor,



 Thank you for  
answering calls at midnight.

 Thank you for  
missing family functions.

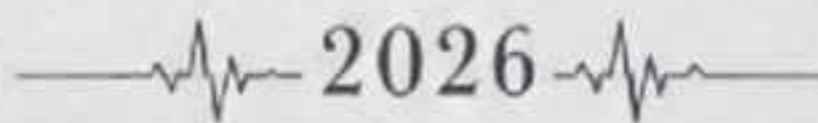
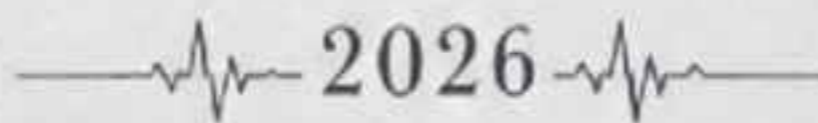
 Thank you for  
standing beside us when  
life was uncertain.

 Thank you for  
healing not only disease,  
but fear.

You don't just treat patients.  
You heal families. You build hope.  
You strengthen our society.



HAPPY  
DOCTORS' DAY

—  2026  —

*Celebrating Healers, Inspiring Society*

*With deepest gratitude,  
The People of Ahmedabad*



YOUR COMPASSION  
GIVES US COMFORT



YOUR CARE  
GIVES US STRENGTH



YOUR SERVICE  
GIVES US HOPE



THANK YOU FOR  
EVERYTHING YOU DO

—  14,000+ DOCTORS • ONE CITY • COUNTLESS LIVES TOUCHED  —



ગુજરાત સાહિત્ય અકાદમીના અને  
અમદાવાદ મેડિકલ એસોસિયેશન ના સંયુક્ત ઉપક્રમે



ડૉક્ટર્સ ડે નિમિત્તે વિશિષ્ટ સાહિત્યિક કાર્યક્રમ

# સાહિત્ય અને સમાજ

તારીખ :-  
૦૫ જુલાઈ, ૨૦૨૬  
(રવિવાર)

સમય :-  
સવારે ૧૦:૩૦ થી  
બપોરે ૧૨:૩૦

સ્થળ :-  
અમદાવાદ મેડિકલ  
એસોસિયેશન હોલ,  
આશ્રમ રોડ, અમદાવાદ



ડૉ. ભાગ્યેશ જડા  
અધ્યાક્ષત્રી, ગુજરાત સાહિત્ય  
અકાદમી, ગાંધીનગર

સાહિત્ય : બદલાતા સમય  
અને સમાજના સંદર્ભમાં



શ્રી રાજેશ વ્યાસ  
'મિસ્કીન'

ગઝલ અને અધ્યાત્મ



ડૉ. મુકુલ ચોકસી

ડૉક્ટર અને કવિતા



શ્રી કલ્પેશ પટેલ

વાર્તા અને નવલકથા



ડૉ. જયેન્દ્રસિંહ જાદવ  
મહામાત્રશ્રી, ગુજરાત સાહિત્ય  
અકાદમી, ગાંધીનગર

પ્રારંભ : અકાદમીનો નવો  
અધ્યાય

આમંત્રણ

ડૉક્ટર્સ ડેના પાવન અવસરે સાહિત્ય, સંસ્કૃતિ અને સમાજ વચ્ચેના  
ગાઢ સંબંધોને ઉજાગર કરતો આ વિશિષ્ટ કાર્યક્રમ તમામ તબીબ  
મિત્રો તથા તેમના કુટુંબીજનોને હાર્દિક આમંત્રણ પાઠવે છે. આવો, શબ્દ,  
વિચાર અને સંવેદનાના આ અનોખા ઉત્સવમાં સહભાગી બનીએ.

આયોજક

ગુજરાત સાહિત્ય અકાદમી, ગાંધીનગર અને અમદાવાદ મેડિકલ એસોસિયેશન  
"સંવેદનાથી સમૃદ્ધ સમાજના નિર્માણ માટે સાહિત્ય એક સશક્ત સાધન છે."



Coordinators

Dr. Yogesh Jadhav

Dr. Suresh Maheshwari

Dr. Jignesh Shah  
President, AMA

Dr. Maulik Sheth  
Hon. Secretary, AMA



# AHMEDABAD MEDICAL ASSOCIATION (AMA)

## DOCTORS' DAY WEEK 2026

*Celebrating Healers, Inspiring Society*

# BLOOD DONATION DRIVE

**1<sup>ST</sup> – 7<sup>TH</sup> JULY 2026**

*Every Drop, Counts*



**TOGETHER, LET'S SAVE LIVES**

Your small act of kindness can  
make a big difference.

**BE A HERO. DONATE BLOOD.**

*ONE DONATION CAN SAVE THREE LIVES*



**REGISTER NOW**

**FILL THE GOOGLE FORM**



**BE A HERO.  
DONATE BLOOD.**

## Blood Donation Drive (1st–7th July 2026)

Ahmedabad Medical Association (AMA) invites all members to organize Blood Donation Camps at their hospital, clinic, institution, society, or any suitable venue between 1st to 7th July 2026.

AMA will provide coordination support, promotional assistance, and official banners for the camps.

**One Donation Can Save Three Lives**

Interested members are requested to submit their names to the

**AMA Office or register through the Google Form:**

**<https://forms.gle/hHEWNQeUrdU6prQ88>**

Together, let's save lives.

### Coordinators

**Dr. Amratlal Maheshwari**  
**Dr. Manoj Kodwani**

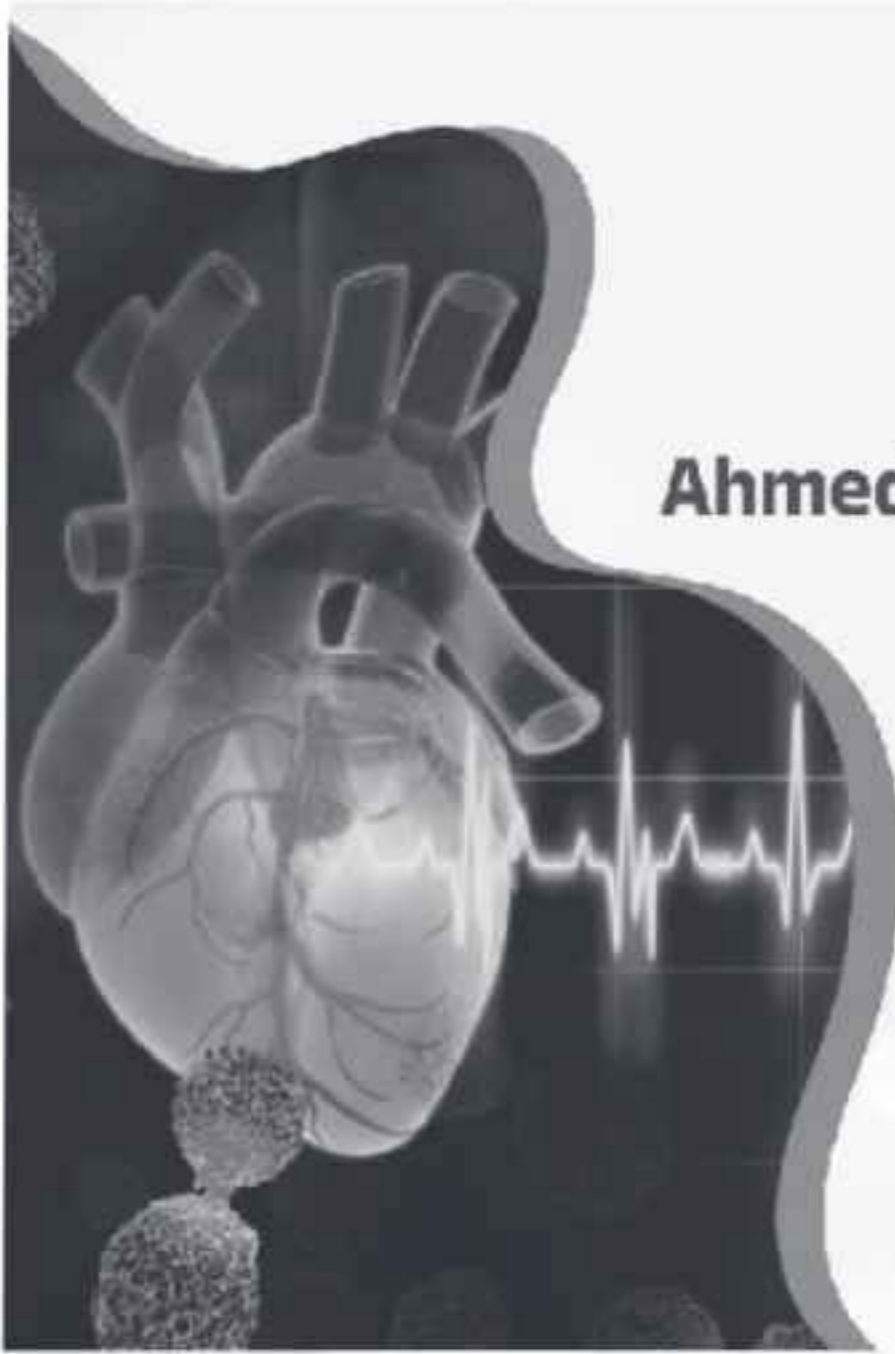
**Dr. Vinay Rawal**  
**Dr. Sunil Patel**

**Dr. Jignesh Shah**  
President, AMA

**Dr. Maulik Sheth**  
Hon. Secretary, AMA



# Dr. LOVE DALAL SCIENTIFIC PROGRAM



**SAL**  
HOSPITAL  
Healthcare with Human Touch

Ahmedabad Medical Association in support of SAL Hospital cordially invites you to

**PRECISION IN PRACTICE**  
From Oncology to Cardiology

Where Expertise Meets Innovation

📅 28<sup>th</sup> June 2026, Sunday | 🕒 09:30 am Onwards  
📍 Ahmedabad Medical Association

An Academic CME featuring distinguished experts from SAL Hospital, Ahmedabad



**Dr. Bhavin Vadodariya**  
Cancer Surgeon

Topic:  
Recent Advances  
in Oral Cancer Surgeries



**Dr. Priyank Bhatt**  
Cardiac Surgeon  
Director, SAL Cardiac Surgery Department

Topic:  
Myths About  
Cardiac Surgery



**Dr. Kamal Sharma**  
Cardiologist

Topic:  
What matters in present for  
100 years of healthy life!



**Dr. Anuj Suketu**  
Surgical Oncologist  
SSO CANCER hospital

Topic:  
AI in  
Healthcare

Join us for an engaging academic session highlighting the latest advances, practical insights, and evidence-based approaches in oncology and cardiovascular care.

An initiative by Ahmedabad Medical Association in collaboration with SAL Hospital, Ahmedabad.

Registration : Online and On AMA Mobile Application  
Followed by Lunch

### Coordinators

Dr. Manish Ninama  
Dr. Jinen Pandya

### Chairpersons

Dr. Mahesh Jivrani  
Dr. Punamchand Parmar

**Dr. Jignesh Shah**  
President, AMA

**Dr. Maulik Sheth**  
Hon. Secretary, AMA

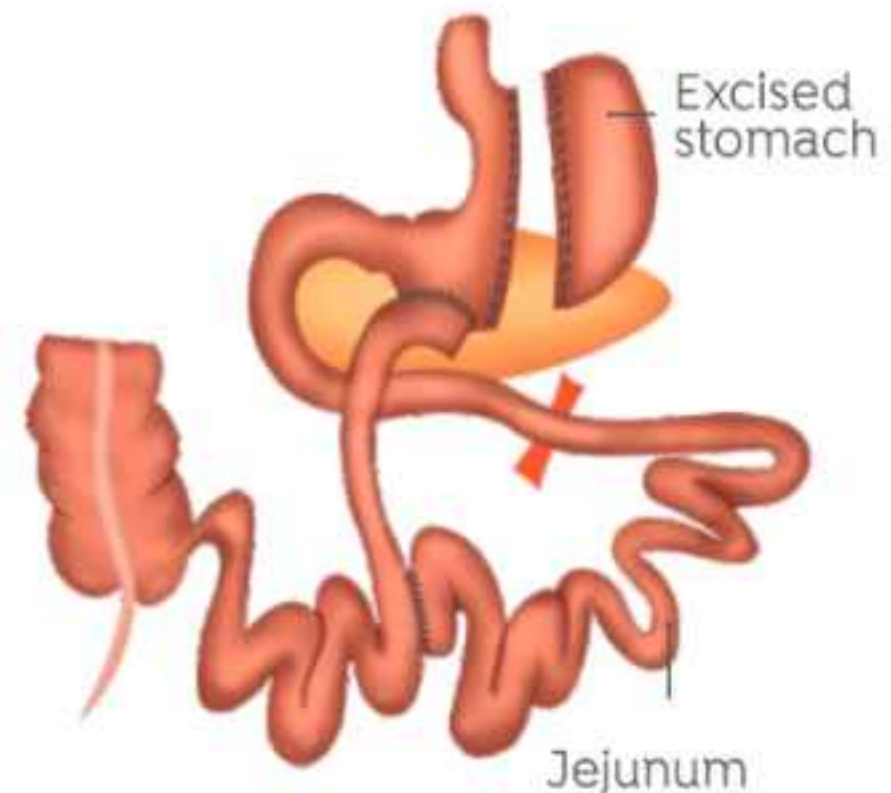
## Customized Bariatric Surgery: Moving Beyond the One-Size-Fits-All Approach

Obesity is a complex disease, and no two patients are alike. As a bariatric surgeon, I believe that obesity treatment should be as unique as the patient. Over the years, I have realized that no single operation is ideal for everyone. Each bariatric procedure has its own advantages and limitations.

Sleeve gastrectomy, for instance, is an effective and technically straightforward procedure that offers excellent weight loss. However, in some patients, it may not provide adequate metabolic benefits and can aggravate acid reflux, with weight regain occurring after a few years. Roux-en-Y gastric bypass, on the other hand, is highly effective in controlling diabetes and reflux, but it is associated with greater nutritional challenges and muscle loss.

In my practice, I believe that the key to achieving the best outcomes lies in tailoring the surgery to the individual's needs. This understanding has led me to move beyond the traditional one-size-fits-all approach. By carefully incorporating the strengths of different procedures, it is possible to overcome many of the limitations associated with individual surgeries. A customized approach allows me to strike the right balance, offering patients the advantages of both while minimizing their shortcomings. The result is not only better and more sustainable weight loss, but also improved control of obesity-related conditions such as diabetes, hypertension, and sleep apnea.

Ultimately, bariatric surgery is not just about stapling the stomach smaller; it's about improving health and transforming lives. My goal has always been to offer each patient a procedure that is best suited to them, providing long-term results and a better quality of life. As our understanding of obesity continues to evolve, I believe that customized bariatric surgery represents the future of metabolic care.



### Dr Mahendra Narwaria

President, AIAARO  
Surgical Gastroenterologist,  
Bariatric & Robotic Surgeon  
Chairman, AB Plus Speciality Hospital  
(Ahmedabad & Surat)

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DMRE, FICR

(Musculoskeletal Radiologist) (Diagnostic neuroradiology)



Dr. Dhaval Shah

MD, DNB, PDCC



Dr. Shibiraj Patel

PET MRI Fusion



Dr. Upasna Chaudhry

DMRD, DNB



Dr. Harshil Shukla

MBBS, MD

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and Spine  
Surgery

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**Dr. Navin K. Patel** M.S. (ENT)  
CONSULTANT ENT SURGEON



**Dr. Riya Vaghela** B.D.S.(COSMETIC DENTIST)  
CONSULTANT DENTAL SURGEON



**Dr. Rajan V. Merai** DLO (ENT)  
CONSULTANT ENT SURGEON



**Dr. Abhijit V. Makwana** M.S.-E.N.T, IFHNOS  
CONSULTANT HEAD AND NECK CANCER SURGEON



**Dr. Heer N. Patel** M.S. (ENT)  
CONSULTANT ENT SURGEON



**Dr. Mit Patel** M.S. OPHTHALMOLOGY  
CONSULTANT OPHTHALMOLOGIST



**Dr. Kanak Mittal Patel** M.S. (ENT)  
CONSULTANT ENT SURGEON



**Dr. Chandani Modi** M.S. OPHTHALMOLOGY  
CONSULTANT OPHTHALMOLOGIST



**Dr. Yama Patel**  
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CONSULTANT ORAL & MAXILLOFACIAL SURGEON



**Dr. Kushal Shah**  
M.S., M.Ch. (NEURO SURGERY)  
Brain & Spine Surgeon

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- Headache
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- Neuro Radiology
- EEG
- Neuro Pathology
- Cerebral angiography (DSA)
- EMG + NCV

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**Email :** info@careandcurehospital.co.in

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**ALL CASHLESS & CORPORATE TIE UP AVAILABLE**



**Divine  
Breast Clinic**  
An initiative by Divine Diagnostic Hub



**Dr. Nupur Patel**  
Interventional Breast Radiologist  
Director-Divine Breast Clinic &  
Divine Diagnostic Hub  
National Fellow Breast Imaging

# 1<sup>st</sup> Dedicated Breast Imaging & Intervention Centre

“One-Stop Diagnostic Breast Clinic For All Breast Related Concerns.”

## Imaging Services

- › Digital Mammography
- › Ultrasonography (USG) of Breast
- › MRI Breast / MR Mammography / MR Ductography
- › Elastography for Breast

## Breast Interventions

- › USG Guided Core Needle Breast Biopsy
- › Vacuum Assisted Breast Biopsy(VABB)
- › USG Guided Diagnostic / Therapeutic VABB
- › Stereotactic VABB
- › MRI Guided VABB
- › FNAC of Axillary Node
- › Wire Localization
- › Clip Placement



## — VABB- Vacuum Assisted Breast Biopsy —

### The New Cutting-Edge Technology 1<sup>st</sup> Smart Biopsy System

- A state-of-the-art biopsy system with high accuracy, large specimen retrieval, and superior comfort for patients.
- It can replace surgical excision in many benign breast lumps such as Fibroadenoma, Papilloma and many more.....

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Dr. Amar Suri is a leading Radiologist with over 12 years of expertise in sports and musculoskeletal imaging. He completed his clinical fellowship at the University of Southern California, Los Angeles, USA. He specializes in wrist, finger, foot, and ankle MRI, with a reputation for precision and diagnostic clarity. Trusted by top orthopedic and sports physicians, his reports consistently support better clinical outcomes.

# IMAGING IN SPORTS INJURY WITH ADVANCED MRI CENTER

1.5 Tesla MRI – featuring 96 channels and ultra-quiet Tim 4G + Dot system



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- > High-Precision Scans for even tiny sports injuries.
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- > Fast, Clear Reports trusted by athletes.
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Soft tissue injuries | Tendon injuries  
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Meniscal tears | Muscle strains or contusions



**CT Scan**  
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Small bone detail



**X-Ray**  
Fractures / Dislocations  
Bone alignment



**Ultrasound**  
Tendon and ligament injuries  
Muscle tears, hematoma  
Joint effusions | Foreign bodies

- Wrist MRI
- Finger MRI
- Ankle MRI
- Foot MRI
- Shoulder MRI
- Knee MRI
- Hip MRI
- TM Joint Dynamic MRI
- Sternoclavicular Joint MRI
- Multislice CT SCAN
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- Colour Doppler
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**Dr. PUSHPABEN P. MULTANI SCIENTIFIC PROGRAM**

Date : 19-07-2026, Sunday

Time : 9:00 AM to 12:30 PM followed by lunch

Venue : Sri Sathya Sai Heart Hospital, Kasindra, Ahmedabad.

The detailed programme will be shared by whatsApp in due period of time.

Coordinators : Dr. Naitik Patel

Dr. Hetal Pandya

Dr. Jignesh Shah

President, AMA

Dr. Maulik Sheth

Hon. Secretary, AMA

**AHMEDABAD MEDICAL ASSOCIATION****Rupantaran Batch 2**

Confident &amp; Caring Hospital Staff Training Program

12<sup>th</sup> July 2026, Sunday | 09:00 am Onwards

Ahmedabad Medical Association

**TRAINER :****Dr. Sneha Tripathi**Certified Soft Skills Trainer Founder,  
S3 Skills Academy**Key Highlights**

- > Patient communication & counselling skills
- > Handling difficult situations & relatives
- > Team coordination & workplace etiquette
- > Building confidence & positive attitude
- > Real-life role plays & practical training
- > Certificate will be given to staff

**Registration Charges Rs. 500/-**  
**Registration can done at AMA Office**

**Coordinators**

Dr. Rashi Jain

Dr. Oman Prajapati

Dr. Dhananjay Vyas

Dr. Jignesh Shah

President, AMA

Dr. Maulik Sheth

Hon. Secretary, AMA



# HEALTHCARE START UP PROGRAM

## Hosted By GCCCI in association with I hub and Ahmedabad Medical Association

We are pleased to invite you to an exclusive session to the exciting world of startups and innovation.

The session will explore how medical professionals can engage with promising early-stage ventures—not only as mentors, but also as advisors, collaborators, and potential investors. It will be an opportunity to understand emerging healthcare and technology startups, meet founders, and explore possibilities for meaningful involvement.

**Date : 25-06-2026**  
**Time : 2.00 pm to 7.00 pm.**  
**Venue : GCCCI**

**More details to be published soon.**

**Dr. Jignesh Shah**  
President, AMA

**Dr. Maulik Sheth**  
Hon. Secretary, AMA

## Block your dates for upcoming events in August

- PPS zonal seminar on 2nd August
- Spiritual program on 9th August
- Program with College of general practitioners Gujarat State branch on 23rd August

We will update details in next bulletin

**Dr. Jignesh Shah**  
President, AMA

**Dr. Maulik Sheth**  
Hon. Secretary, AMA



# AHMEDABAD MEDICAL ASSOCIATION

★  
CELEBRATE  
EXCELLENCE  
— IN —  
HEALTHCARE!

## INVITATION FOR NEW AWARDS, ORATIONS & TROPHIES

The Association invites members to institute new awards, trophies, or orations in their own name or in memory of respected family members, teachers, mentors, and distinguished personalities.

### SUCH INITIATIVES HELP PROMOTE:

-  ACADEMIC EXCELLENCE
-  PROFESSIONAL ACHIEVEMENTS
-  SOCIAL CONTRIBUTIONS
-  RECOGNITION OF OUTSTANDING SERVICE IN THE MEDICAL FRATERNITY

INTERESTED MEMBERS ARE REQUESTED TO SUBMIT THEIR PROPOSALS TO THE ASSOCIATION OFFICE BEFORE THE ANNUAL DAY FUNCTION.

**PRESIDENT**

**Dr. Jignesh Shah**

**HON. SECRETARY**

**Dr. Maulik Sheth**





Media Coverage

દિવ્ય ભાસ્કર અમદાવાદ 22-06-2026

# AMA organizes soft skills training

TIMES NEWS NETWORK

## ડૉ.દેસાઈ WMAના પ્રમુખ બનનાર પહેલા ભારતીય ગામડાંમાં આરોગ્ય સેવાઓ માટેના તેમના પ્રયાસ ઓછા લોકો જાણે છે



IMA રાષ્ટ્રીય અધ્યક્ષ ડૉ. અનિલ નાયકના શબ્દોમાં વર્લ્ડ મેડિકલ એસો.ના પૂર્વ પ્રમુખ ડૉ.કેતન દેસાઈ



- ડૉ. દેસાઈ MCI તથા IMA જેવી સર્વોચ્ચ સંસ્થાના વડા રહી ચૂક્યા છે.
- WMAના કાર્યકાળ દરમિયાન તેમણે તબીબી નૈતિકતા પર ભાર મુક્યો હતો.

ડૉ.કેતન દેસાઈ માત્ર એક યૂરોલોજિસ્ટ નહીં પણ એક દૂરદર્શી પ્રશાસક, શિક્ષણવિદ્ અને સ્વાસ્થ્ય નીતિના નિર્માતા પણ છે. તેઓ યુનિવર્સિટીની મેડિકલ ફેકલ્ટીના સૌથી યુવાન ડીન બન્યા. મેડિકલ કાઉન્સિલ ઓફ ઈન્ડિયાના સૌથી યુવાન ચૂંટાયેલા અધ્યક્ષ બન્યા અને બાદમાં ઈન્ડિયન મેડિકલ એસોસિએશનના સૌથી યુવાન રાષ્ટ્રીય પ્રમુખ પણ બન્યા. એટલું જ નહીં તેઓ પહેલા ભારતીય હતા જેઓ સૌથી યુવાન વયે વર્લ્ડ મેડિકલ એસોસિએશનના પ્રમુખ બન્યા હતા.

મેડિકલ કાઉન્સિલ ઓફ ઈન્ડિયાના પ્રમુખ તરીકે તેમણે વિવિધ ઐતિહાસિક સુધારા લાગુ કર્યા હતા. તેમના નેતૃત્વમાં ગ્રેજ્યુએટ અને પોસ્ટ ગ્રેજ્યુએટ મેડિકલ શિક્ષણને લગતા મહત્વના નિયમ અને ધોરણો સ્થાપિત થયા. તેમણે ઈન્ડિયન મેડિકલ એસોસિએશનને નવી દિશા આપી. સામાજિક સેવા ક્ષેત્રમાં પણ તેમનું

ઉલ્લેખનીય યોગદાન છે. ઓછા લોકો જાણે છે કે 'ચાલો ગામ જઈએ' જેવા અભિયાન દ્વારા ગ્રામીણ વિસ્તારના અને જરૂરિયાતમંદ લોકો સુધી આરોગ્ય સેવાઓ પહોંચાડવા માટે તેઓ જાણીતા છે. ડૉ.કેતન દેસાઈની સૌથી મોટી વિશેષતા તેમની વિનમ્રતા, સરળતા અને કામ પ્રત્યેનું સમર્પણ છે. તેઓ પ્રચાર વિના આરોગ્ય ક્ષેત્ર માટે સતત કાર્યરત રહ્યા છે.

Ahmedabad: The Ahmedabad Medical Association (AMA) on Sunday organized 'Rupantaran,' a soft skill training programme for the doctors and staff members of city-based medical institutions.

Dr Jignesh Shah, president of AMA, said that the purpose of the event is to strengthen the bond between doctors and patients, and improve quality of care.

દિવ્ય ભાસ્કર અમદાવાદ 25-05-2026

દિવ્ય ભાસ્કર અમદાવાદ 09-06-2026

### દર્દી સાથે વિવાદ ટાળવા ડૉક્ટર-નર્સને AMAએ તાલીમ આપી દર્દી કે સગાં ગુસ્સે થાય ત્યારે ઊંચા અવાજે વાત ન કરવી, શાંતિથી ફરિયાદ સાંભળવી રૂપાંતરણ હેઠળ રવિવારે 55 સ્ટાફને તાલીમ અપાઈ, 500થી વધુને અપાશે

સેવાકેન્દ્ર

રવિવારે મેડિકલ સ્ટાફને આ વાતો સમજાવાઈ

કોરોના સમયથી ડૉક્ટર અને દર્દી તેમજ તેમનાં સગાં વચ્ચેના વિવાદ, મેસજીંગ અને સરિવાહીના વ્યવહાર મનગરો વચ્ચે અગાડવામાં મેડિકલ એસોસિએશન, IAMAએ સોશિયલ સ્ટાડ માટે ખાસ 'સિલ્ક ડેસાઈમેન્ટ' તાલીમ કાર્યક્રમ શરૂ કર્યો છે. 'સુશાંત-સુશાંતિ' અને 'સર્વોચ્ચ સ્ટાફને દર્દીઓ સાથે અવગતતા ટાળવા અને સલામતીપૂર્વક વર્તન અને તાલીમ અપાઈ રહી છે. રવિવારે 55 સ્ટાફને તાલીમ અપાઈ હતી.

દર્દીને સાંભળવાની શક્તિ અને સલામતી આપવાની તકનીકો આપવા માટે આ વાતો સમજાવાઈ રહી છે. ડૉક્ટર-નર્સને આ વાતો સમજાવાઈ રહી છે. ડૉક્ટર-નર્સને આ વાતો સમજાવાઈ રહી છે. ડૉક્ટર-નર્સને આ વાતો સમજાવાઈ રહી છે.

### હોસ્પિટલો પાસે પ્રોવિઝનલ સર્ટિ., અરજી પહોંચ, ફીની રસીદ અને જરૂરી મંજૂરી બાદ પણ હાલાકી સીઈએ સર્ટિ.ના અભાવે કલેમ અટકતાં દર્દીએ સારવાર ખર્ચ જાતે કરવો પડે છે અથવા રિફંડની રાહ જોવી પડે છે અમદાવાદ હોસ્પિટલ્સ એન્ડ નર્સિંગ હોમ્સ એસોસિએશનની જનરલ ઈન્સ્યોરન્સ કાઉન્સિલને રજૂઆત

અમદાવાદ

હોસ્પિટલો પાસે પ્રોવિઝનલ સર્ટિ., અરજી પહોંચ, ફીની રસીદ અને જરૂરી મંજૂરી બાદ પણ હાલાકી સીઈએ સર્ટિ.ના અભાવે કલેમ અટકતાં દર્દીએ સારવાર ખર્ચ જાતે કરવો પડે છે અથવા રિફંડની રાહ જોવી પડે છે અમદાવાદ હોસ્પિટલ્સ એન્ડ નર્સિંગ હોમ્સ એસોસિએશનની જનરલ ઈન્સ્યોરન્સ કાઉન્સિલને રજૂઆત

હોસ્પિટલો પાસે પ્રોવિઝનલ સર્ટિ., અરજી પહોંચ, ફીની રસીદ અને જરૂરી મંજૂરી બાદ પણ હાલાકી સીઈએ સર્ટિ.ના અભાવે કલેમ અટકતાં દર્દીએ સારવાર ખર્ચ જાતે કરવો પડે છે અથવા રિફંડની રાહ જોવી પડે છે અમદાવાદ હોસ્પિટલ્સ એન્ડ નર્સિંગ હોમ્સ એસોસિએશનની જનરલ ઈન્સ્યોરન્સ કાઉન્સિલને રજૂઆત



**Media Coverage****AMA અને AOGSનો વૃક્ષારોપણ કાર્યક્રમ**

અમદાવાદ મેડિકલ એસોસિયેશન અને અમદાવાદ ઓબ્સ્ટેટ્રિસિયન એન્ડ ગાયનેકોલોજિકલ સોસાયટી દ્વારા 5 જૂને આશ્રમ રોડ સ્થિત સંસ્થાના કેમ્પસમાં વૃક્ષારોપણ અને પર્યાવરણ જાગૃતિ કાર્યક્રમ યોજાયો હતો. સંસ્થા અધ્યક્ષ ડૉ. જિજ્ઞેશ શાહે જણાવ્યું કે સ્વસ્થ સમાજ માટે સ્વસ્થ પર્યાવરણ અનિવાર્ય છે અને પ્રદૂષણ તથા આબોહવા પરિવર્તન માનવ સ્વાસ્થ્ય માટે પડકારરૂપ છે.

**આજે AMANી સેલ્ફી વિથ બાઈસિકલ સ્પર્ધા**

ભરતર ભૂખા રામભાઈ

અમદાવાદ મેડિકલ એસોસિયેશન દ્વારા 3 જૂને વિશ્વ સાઈકલ દિવસની ઉજવણી નિમિત્તે સેલ્ફી વિથ બાઈસિકલ સ્પર્ધાનું આયોજન કરાયું છે. સ્પર્ધામાં સભ્યો તેમજ પરિવારજનો ભાગ લઈ શકશે. સ્પર્ધાને સાઈકલ સાથે સેલ્ફી લઈ નામ સાથે AMANે મોકલવાની રહેશે. પસંદ કરાયેલા ફોટોઆક્રમ AMANના કેસબુક અને ઇન્સ્ટાગ્રામ પેજ પર પ્રદર્શિત કરાશે.

સ્પર્ધામાં બેસ્ટ બાઈસિકલ સેલ્ફી મોસ્ટ ક્રિએટિવ બાઈસિકલ સેલ્ફી અને બેસ્ટ કેમિલી બાઈસિકલ સેલ્ફી એમ ત્રણ કેટેગરીમાં પુરસ્કારો આપવામાં આવશે.

**મહિલાઓના આરોગ્યની ચર્ચા મુદ્દે 14મીએ કોન્કલેવ**

ઓવેરિયન કેન્સર સહિતના મુદ્દે માર્ગદર્શન અપાશે

ભરતર ભૂખા રામભાઈ

જિનેટિક્સ આધારિત આઈવીએફ અને એગ ક્રીડિંગ ટેકનોલોજી તથા તેના બહુલાતા પરિણામ અને પણ વિસ્તૃત ચર્ચા કરવામાં આવશે.

મહિલાઓ દેશની કુલ વસ્તીનો અડધો વિસ્તાર ધરાવતી હોવા છતાં તેમના આરોગ્ય સાથે જોડાયેલા અનેક મહત્વના મુદ્દા ચર્ચા થઈ નથી. મેનોપોઝ, ઓવેરિયન કેન્સર, એન્ડોમેટ્રિયોસિસ અને વેથવની સારવાર અને જાનવિદ્યા અભ્યાસ જેવા મુદ્દા છે. આ ગુણો પર વૈજ્ઞાનિક માહિતી અને નિષ્ણાનોનું માર્ગદર્શન ઉપલબ્ધ કરાવવા માટે અમદાવાદ મેડિકલ એસોસિયેશન દ્વારા 14 જૂને AMA હોલિંગમાં પ્રથમ વખત મહિલા સ્વસ્થ કોન્કલેવનું આયોજન કરાયું છે.

કોન્કલેવમાં ઓવેરિયન કેન્સરની વહેલી ઓળખ અને સારવાર, એન્ડોમેટ્રિયોસિસ જેવી ઘાંભીર અમુક સુધી અવગણ્યા સમસ્યા, મેનોપોઝ માટે મની સાર્વિચ અને માનસિક મુશ્કેલીઓ અને નિષ્ણાત તબીબો માર્ગદર્શન અપાશે. ઉપરાંત સંબંધન

**Events held to mark Environment Day**

**Ahmedabad:** It was a day to go green for Amdavadis as citizens celebrated World Environment Day with activities ranging from plantation drives to quizzes and hands-on sessions centred on climate change and environmental protection.

At the Centre for Environ-

ment Education (CEE), children explored the campus through nature trails. Dr Jignesh Shah, president of Ahmedabad Medical Association, said members of the AMA along with Ahmedabad Obstetrics and Gynaecological Society (AOGS) took part in a tree plantation drive. **TNN**

**શહેરના તબીબો વૃક્ષારોપણ કરી હરિયાળા સ્વાસ્થ્યનો સંદેશો આપશે**

ધર્મિક રિપોર્ટર રામભાઈ

પર્યાવરણ દિવસ નિમિત્તે AMA અને AOGS દ્વારા 5 જૂને આશ્રમ રોડ ખાતે વિશેષ વૃક્ષારોપણ અભિયાન યોજાશે, જેમાં ડોક્ટરો હરિયાળું શહેર બનાવવા સંકલ્પ લેશે. અમદાવાદ મેડિકલ એસોસિયેશન (AMA) અને અમદાવાદ ઓબ્સ્ટેટ્રિસિયન એન્ડ ગાયનેકોલોજિકલ સોસાયટી (AOGS) દ્વારા સવારે 9થી 10 વાગ્યા સુધી AMA હોલમાં યોજાનારા

કાર્યક્રમમાં ડોક્ટરો વૃક્ષારોપણ કરીને 'હેલ્થી એન્વાયરમેન્ટ, હેલ્થી હ્યુમેનિટી'નો સંદેશ આપશે.

AMANના પ્રમુખ ડૉ. જિજ્ઞેશ શાહે જણાવ્યું હતું કે પર્યાવરણ અને સ્વાસ્થ્ય એકબીજા સાથે સીધા જોડાયેલા છે. પ્રદૂષણના કારણે નવી બીમારીઓ વધી રહી છે. OGSના પ્રમુખ ડૉ. મુંજાલ પંડ્યાએ જણાવ્યું હતું કે આગામી પેઢીને સ્વસ્થ ભવિષ્ય આપવા માટે આજે જ વૃક્ષારોપણ જરૂરી છે.

**દિવ્ય ભાસ્કર અમદાવાદ 23-06-2026****અમદાવાદ મેડિકલ એસોસિયેશને 'વિઝન 2030' સેમિનાર કર્યો દરેક દર્દીનો વિશ્વાસ જીતવા સારવાર નહીં, NABH જેવી ગુણવત્તા જરૂરી 200થી વધુ ડોક્ટરોને સોશિયલ મીડિયા અંગે માર્ગદર્શન અપાયું**

ભરતર ભૂખા રામભાઈ

અમદાવાદને મેડિકલ હબ તરીકે વધુ સશક્ત બનાવવા અને શહેરની હોસ્પિટલોને ભવિષ્યના પડકારો માટે તૈયાર કરવાના હેતુથી અમદાવાદ મેડિકલ એસોસિયેશન, ઈસ્ટર્ન મેડિકલ ફોરમ અને ક્વોલિટી કાઉન્સિલ ઓફ ઈન્ડિયાના સહયોગથી પ્રેક્ટિસ 2030 સેમિનાર યોજાયો હતો. કાર્યક્રમમાં શહેરના 200થી વધુ ડોક્ટરો અને હોસ્પિટલ સંચાલકો જોડાયા હતા.

સેમિનારમાં ભવિષ્યમાં ગુપ્ત પ્રેક્ટિસનું વધતું મહત્વ, NABH-NABL એક્રેક્રિટેશન અને તબીબી શ્રેણીમાં નૈતિક માર્ગદર્શન

જેવા મુદ્દાઓ પર ચર્ચા કરાઈ. સેમિનારમાં દર્દીઓ હવે માત્ર ડોક્ટર નહીં પરંતુ સંપૂર્ણ સારવાર એક જરૂરથી વિવિધ ઘર્ષ જાય તેવા વિકલ્પ શોધતા હોય છે એટલે વિવિધ સ્પેશિયાલિટીના ડોક્ટરો, ડાયગ્નોસ્ટિક સુવિધાઓ અને સારવાર ઉપલબ્ધ હોય તેવા ગુપ્ત પ્રેક્ટિસ મોડલનું મહત્વ વધી રહ્યું છે. મલ્ટી-સ્પેશિયલિટી સેન્ટરમાં દર્દીઓને ઝડપથી રેફરલ અને સંકલિત સારવાર મળી શકે છે, જ્યારે ડોક્ટરો માટે પણ સંસાધનો અને પર્યાવરણ સરળ બને છે. અન્ય મુદ્દો જે અન્યરે ચર્ચામાં રહે છે એ કે ડિજિટલ પ્લેટફોર્મનો ઉપયોગ ડોક્ટર માટે કેવી રીતે કરવો એ વિષયે ચર્ચા થઈ હતી એમાં

તબીબી નૈતિકતા જાળવવી જોઈએ અને સારવાર અંગે વધારાના દાવા કરવા, અન્ય ડોક્ટરો કે હોસ્પિટલ સાથે તુલાત્મક જરૂરિયાતો આપવા, દર્દીની મંજૂરી વિના તેની માહિતી અથવા તસવીરો જાહેર કરવા તથા ગેરમાર્ગે દોસ્તી માહિતી પ્રસિદ્ધ કરવાથી દૂર રહેવાની જરૂરિયાત દર્શાવવામાં આવી હતી.

દર્દીઓ સાથે પારદર્શક અને જવાબદાર સંવાદ જ લાંબા ગાળે વિશ્વાસ ઉભો કરી શકે છે તે મુદ્દા પર ભાર મૂકાયો હતો. NABH હેઠળ હોસ્પિટલોએ દર્દી સલામતી, ઈન્ફેક્શન કન્ટ્રોલ, ઈમરજન્સી સેવાઓ, દવાઓના સંગ્રહન અને મેડિકલ રેકોર્ડ જેવી પ્રક્રિયાઓ માટે નક્કી પોલિસીનું પાલન કરવું પડે છે.

**WE WELCOME FOLLOWING NEW LIFE MEMBERS**

M.No.	Type	Name
13942	L	Dr. Vimal Medhavi Shyamlal
13943	L Transfer	Dr. Singh Manojkumar Shivmurti
13944	L Transfer	Dr. Singh Kanupriya Krishnalal
13945	L	Dr. Sanghvi Mansi Rajnikant
13946	L	Dr. Pandya Jay Mukeshbhai
13947	L	Dr. Parmar Kinjal Rameshbhai



## World Environment Day Celebration 2026

Ahmedabad Medical Association (AMA), in association with Ahmedabad Obstetrics and Gynaecological Society (AOGS), celebrated World Environment Day on 5th June 2026 at the AMA Campus, Ashram Road, Ahmedabad.

The event was organized with the objective of promoting environmental awareness and encouraging sustainable practices among healthcare professionals and their families. The program witnessed enthusiastic participation from AMA and AOGS office bearers, past presidents, managing committee members, senior doctors, members, and their family members.

The celebration commenced with a Tree Plantation Drive at the AMA campus. Participants actively took part in planting saplings and reaffirmed their commitment towards environmental conservation. To further encourage green initiatives, tree saplings were distributed to all participants with a request to plant and nurture them at their homes, clinics, hospitals, and surrounding communities.

Addressing the gathering, Dr. Jignesh Shah, President, Ahmedabad Medical Association, emphasized the close relationship between environmental protection and public health. He highlighted that preserving nature and increasing green cover are essential steps towards building a healthier society.

The event served as an excellent platform for spreading awareness regarding climate change, pollution control, and the importance of individual responsibility towards environmental protection. Participants enthusiastically supported the initiative and appreciated the efforts of AMA and AOGS in organizing the program.

The celebration concluded with the distribution of complimentary caps, saplings, and a fellowship breakfast, providing members an opportunity to interact and strengthen professional camaraderie.

**The program was conducted under the theme:  
“Healthy Environment, Healthy Humanity”**

## “Rupaantaran” Hospital Staff Training Program Successfully Organised at AMA

Ahmedabad Medical Association successfully organised “Rupaantaran” – Confident & Caring Hospital Staff Training Program at AMA Hall, Ashram Road, Ahmedabad on 24th May 2026. This unique and practical initiative was specially designed for hospital and clinic staff members with the objective of improving patient communication, confidence, workplace etiquette and team coordination in healthcare settings. The program received an overwhelming



response from AMA members, with full participation and enthusiastic involvement from staff members representing various hospitals and clinics across Ahmedabad. The interactive training session was conducted by Dr. Sneha Tripathi, Certified Soft Skills Trainer and Founder of S3 Skills Academy. Through practical demonstrations, real-life role plays and engaging discussions, participants were trained in patient counselling skills, handling difficult situations and relatives, confidence building and professional behaviour at the workplace. The event was graced by Dr. Jignesh Shah, President, Ahmedabad Medical Association and Dr. Amratlal Maheshwari, Joint Secretary, AMA. The program witnessed excellent interaction and enthusiastic participation throughout the session. Participants highly appreciated the practical approach and usefulness of the training in day-to-day hospital functioning. Dr. Jignesh Shah appreciated the active participation of all attendees and emphasized the importance of communication skills and compassionate behaviour in strengthening patient trust and improving healthcare experience. Looking at the tremendous response and success of the program, Ahmedabad Medical Association has announced that the second batch of “Rupaantaran” will be organised in July 2026. The program reflects AMA’s continued commitment towards professional development, patient-friendly healthcare services and strengthening the overall healthcare ecosystem.

### **World Bicycle Day – “Selfie with Bicycle” Initiative**

On the occasion of World Bicycle Day, Ahmedabad Medical Association organized a unique social media activity titled “Selfie with Bicycle” to promote fitness, healthy living, and environmental awareness among its members and their families.

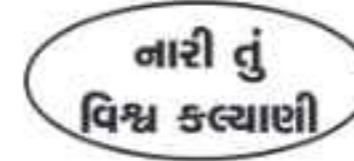
The initiative received an enthusiastic response from AMA members, who shared photographs of themselves and their families with bicycles, reflecting their commitment to an active lifestyle and sustainable living. The photographs showcased a wide range of participation, including individual cycling enthusiasts, family cycling moments, and creative bicycle-themed entries.

All submitted photographs were featured on AMA's social media platforms, generating excellent engagement and encouraging positive health messages within the medical fraternity and the community.

The activity successfully highlighted the importance of regular physical activity, environmental responsibility, and the role of healthcare professionals in promoting healthy lifestyle practices.



# वेदीक-काल



## Report of MayFlower-AMA Ladies Club Conclave 2026

Dear Members,

The momentum of academic excellence, community empowerment, and vibrant fellowship within the Ahmedabad Medical Association has continued to scale new heights over the past month.

We are absolutely thrilled to report the grand success of the highly anticipated Mayflower-A.M.A. Ladies Club Conclave 2026. Celebrated under the inspiring and timely theme, "New Era of Women: Together We Rise, Together We Shine," the full-day convention brought together an extraordinary congregation of distinguished doctors, club members, and eminent public speakers.

The absolute highlight of the inaugural ceremony was a monumental philanthropic announcement made by our Guest of Honour, Dr. Nitin Sumant Shah, a renowned Cardiologist and celebrated Philanthropist. In a grand gesture supporting the continuous community initiatives led by our team, Dr. Shah officially announced a magnificent donation of Rs. 12 Lakhs dedicated to the Ahmedabad Medical Association & Ladies Club AMA. This historic announcement was met with a well-deserved standing ovation from a packed auditorium.

The official inauguration was led by Chief Guest Dr. Sanjay Patel, a renowned Gynecologist, alongside Dr. Nitin Sumant Shah, who collectively lit the ceremonial lamp and shared an enriching vision for the evolving paradigm of women's healthcare. The day's proceedings were seamlessly guided by our dynamic Masters of Ceremony: Mayuri Vachharajani, Divya Mohta, and Vatsala Gosai.

True to our commitment to comprehensive empowerment, the scientific and holistic programs covered an exceptional spectrum of topics:

**Empowerment:** An electrifying motivational address titled "New Era - New Aim: Women Changing the Game" by Ms. Ruzan Khambhata encouraged attendees to shatter professional glass ceilings.

**Clinical Excellence & Awareness:** A critical ovarian cancer awareness session was delivered by Dr. Chintan Shah (HOC Vedanta), followed by a heavyweight medical panel from Mayflower Hospital comprising Dr. Smeet, Dr. Ripal Patel, and Dr. Ravina Patel, who shared groundbreaking clinical insights



on Endometriosis, Advanced Genetics in IVF, Egg Freezing, and Genitourinary Syndrome after Menopause.

**Holistic Wellness & Wealth:** Dr. Munjal Pandya provided profound guidance on physical and spiritual peace, while Dr. Bansari Mahadevia demystified celebrity skincare myths. Additionally, Certified Wealth Manager Rushi Khatri introduced "The Turtle Strategy" for long-term financial independence.

Adding a vibrant cultural dimension, an engaging and educational Gujarati skit directed and presented by Dr. Dhiren Mehta kept the audience thoroughly entertained. The landmark convention concluded beautifully with an exhilarating Lucky Draw sponsored by Zaira Diamond and a warm networking high tea.

The immense success of this milestone event stands as a testament to the visionary leadership, meticulous planning, and flawless execution of the program. We extend our highest commendations and credit to Dr. Sushila Kella (President, AMA Ladies Club) and Ansuya Ladola (Secretary, AMA Ladies Club), who anchored this triumph by drawing strength from the invaluable foundational guidance of all our Past Presidents. Equal credit goes to the entire Managing Committee whose sleepless nights and coordinated efforts brought this massive vision to life, and to the entire membership of the AMA Ladies Club whose enthusiastic presence and solidarity formed the very heartbeat of the event. We also express our deep gratitude to our distinguished guests whose presence lent immense dignity and prestige to the occasion.

Furthermore, we extend a special note of gratitude to the AMA President, Dr. Jignesh Shah, and the entire AMA executive team for their outstanding institutional support, which ensured the seamless execution of this high-profile event. It is this collective spirit that truly made this conclave an unforgettable milestone.

AMA Ladies Club & its parent organisation Ahmedabad Medical Association remains deeply committed to innovation, education, and community building. We thank all members for their continued support and active participation.

**Jai AMA Ladies Club -Jai AMA - Jai IMA**

With gratitude and pride,

**Dr. Sushila Kella**

President

**AMA Ladies Club**

**Ansuya Ladola**

Secretary

**Dr. Jignesh Shah**

President

**Ahmedabad Medical Association**

**Dr. Maulik Sheth**

Secretary

## THE HEART BEHIND THE WHITE COAT

**“દર્દીઓને હું દવા આપું છું, પરંતુ જીવન જીવવાની દવા તેઓ મને આપે છે.”**

**દર્દીઓએ મને શીખવેલું જીવન**

હું છેલ્લા લગભગ ૩૫ વર્ષથી ફેમિલી ફિઝિશિયન તરીકે સેવા આપી રહ્યો છું. ૧૯૮૯થી શરૂ થયેલી મારી આ સફરમાં મેં હજારો દર્દીઓને દવા આપી છે, પરંતુ એક સત્ય આજે નિર્ભયપણે કહી શકું છું કે જીવન જીવવાની ઘણી મોટી દવાઓ તો મારા દર્દીઓએ મને જ આપી છે.

મારા માટે ક્લિનિક માત્ર સારવારનું સ્થળ નથી; તે જીવનની એક જીવંત પાઠશાળા છે. અહીં લોકો માત્ર તાવ, ખાંસી કે દુખાવાની દવા લેવા નથી આવતા, પરંતુ પોતાના જીવનના અનુભવો સાથે આવે છે. ઘણી વખત તેમના શબ્દોમાં એવું જ્ઞાન છુપાયેલું હોય છે, જે કોઈ મેડિકલ પુસ્તકમાં પણ મળતું નથી.

હું દરેક દિવસને ઈશ્વરની ભેટ માનું છું. ફરિયાદો ઓછી અને આત્માર વધુ માનવાનો પ્રયત્ન કરું છું. કદાચ આ વિચાર પણ મને મારા દર્દીઓ પાસેથી જ મળ્યો છે.

એક દિવસ ગામડાના એક વૃદ્ધ દર્દી સારવાર માટે આવ્યા. સાદા કપડાં, ચહેરા પર સંતોષ અને બોલવામાં અદભૂત નમ્રતા. તપાસ અને સારવાર પછી તેમણે મારી ફી કરતાં વધુ રૂપિયા આપ્યા.

મેં કહ્યું,

“કાકા, આટલા પૈસા કેમ આપો છો? તમારી ફી તો ઓછી છે.”

તેઓ હળવા સ્મિત સાથે બોલ્યા,

“ડૉક્ટર સાહેબ, પૈસા તો ફરી કમાઈ લઈએ, પરંતુ વ્યવહારમાં ઊણો ઉતરીએ તો આખી જિંદગી પણ તે પાછું મેળવવું મુશ્કેલ છે. બીજાનો હક રાખીને ઘેર જવું મને ગમતું નથી.”

મેં વધારાના રૂપિયા તેમને ખુશી ખુશી પાછા આપી દીધા, પરંતુ તેઓ મને જીવનની અમૂલ્ય સંપત્તિ આપી ગયા. તે દિવસે સમજાયું કે માણસની સાચી મૂડી બેંક બેલેન્સ નથી, પરંતુ તેની ઈમાનદારી, સંસ્કાર અને વિશ્વાસ છે.

બીજો એક પ્રસંગ આજે પણ મને ખૂબ પ્રેરણા આપે છે.

મારા ઘણા વર્ષોથી એક મુસ્લિમ વડીલ દર્દી છે. ઉંમર લગભગ સિત્તેર વર્ષ. જ્યારે પણ તેઓની તબિયત બગડે અને ક્લિનિકમાં આવે, ત્યારે સૌથી પહેલાં મારી તબિયત પૂછે અને હસતાં હસતાં વાત કરે.

એક દિવસ મેં પૂછ્યું,

“તમે પોતે તકલીફમાં હોવા છતાં હંમેશા આટલા ખુશ કેવી રીતે રહો છો?”

તેમણે ખૂબ સરળ શબ્દોમાં જવાબ આપ્યો,

“ડૉક્ટર સાહેબ, હું બિમારીને મારી જિંદગીનો માલિક નથી બનવા દેતો. હું દરેક દિવસને અલ્લાહની સોગાદ(ભેટ) માનું છું. મને વિશ્વાસ છે કે આજનો દિવસ ગઈકાલ કરતાં સારો છે અને આવતીકાલ આજ કરતાં પણ સારી હશે.”



તેમના આ શબ્દોએ મને શીખવ્યું કે આત્મવિશ્વાસ અને આશાવાદ ઘણી વખત દવાઓ કરતાં પણ વધુ અસરકારક હોય છે.

એક દિવસ એક વૃદ્ધ ખેડૂત મારા ક્લિનિકમાં આવ્યા. તેમના ચહેરા પર ચિંતા સ્પષ્ટ દેખાતી હતી. તપાસ કર્યા પછી મેં દવા લખી આપી અને થોડો સમય તેમની સાથે વાત કરી, તેમની ચિંતાઓ સાંભળી અને સાંત્વના આપી.

જતાં જતાં તેમણે કહ્યું,

“ડૉક્ટર સાહેબ, તમે જે કહેશો એ જ મારા માટે દવા છે. મને દવા કરતાં તમારા શબ્દો પર વધારે વિશ્વાસ છે.”

થોડા દિવસ પછી તેઓ ફરી આવ્યા. આ વખતે તેમના ચહેરા પર ખુશી હતી.

તેમણે કહ્યું,

“હું દવાથી સાજો થયો કે તમારા સાંત્વનાથી, એ તો ખબર નથી; પરંતુ હિંમત મને તમારા વિશ્વાસે આપી.”

એ દિવસે મને સમજાયું કે દર્દી માત્ર દવા લેવા નથી આવતો. તે આશા લેવા આવે છે, હિંમત લેવા આવે છે અને વિશ્વાસ લેવા આવે છે. ડૉક્ટરનું જ્ઞાન સારવાર આપે છે, પરંતુ તેની નિષ્ઠા અને દર્દીનો વિશ્વાસ મળીને સારવારને વધુ અસરકારક બનાવે છે.

આ બધા અનુભવોમાંથી મેં એક વાત શીખી છે કે જીવનમાં સૌથી મોટી ડિગ્રી માત્ર મેડિકલ કોલેજ આપતી નથી; જીવનના મહાન શિક્ષકો તો આપણા દર્દીઓ પણ બની શકે છે.

તેમણે મને શીખવ્યું—

- ★ સાચો સામાજિક વ્યવહાર માણસની સૌથી મોટી મૂડી છે.
- ★ સફળ માણસ બનવા કરતાં સારો માણસ બનવું વધુ મહત્વનું છે.
- ★ દરેક દિવસને ભેટ સમજીને જીવવું જોઈએ.
- ★ ફરિયાદો ઓછી અને આભાર વધુ માનવો જોઈએ.
- ★ સ્મિત ક્યારેય ગુમાવવું નહીં.
- ★ દવા શરીરને સાજું કરે છે, પરંતુ વિશ્વાસ મનને સ્વસ્થ બનાવે છે.

આજે જ્યારે હું મારી ૩૫ વર્ષની સફર તરફ પાછું જોઉં છું, ત્યારે મને લાગે છે કે મેં દર્દીઓને જેટલી સારવાર આપી છે, તેનાથી ઘણી વધુ જીવનની સમજ તેમના પાસેથી મેળવી છે.

તેથી હું નમ્રતાપૂર્વક મારા તમામ દર્દીઓને વંદન કરું છું.

તેઓ મારા માટે માત્ર દર્દીઓ નથી, પરંતુ જીવનના ગુરુ છે.

— ડૉ. દિનેશભાઈ પ્રજાપતિ

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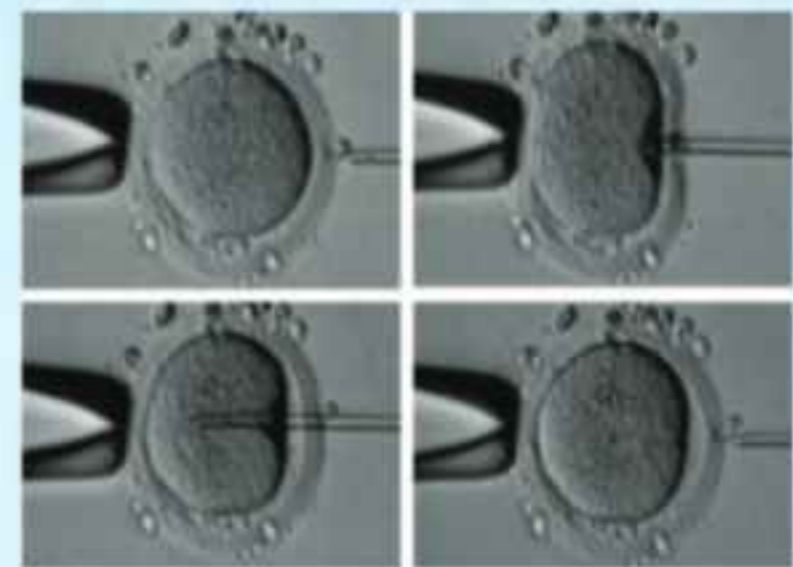
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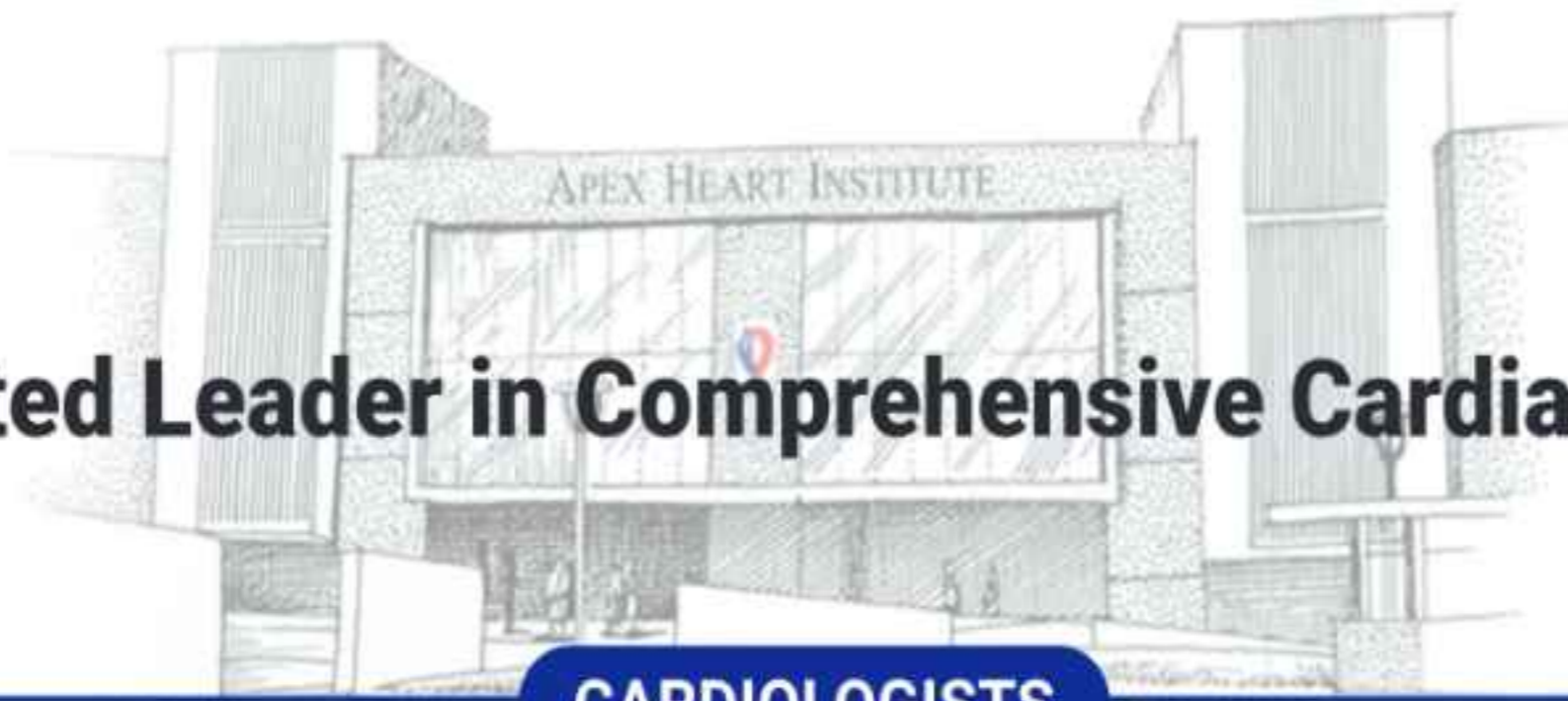
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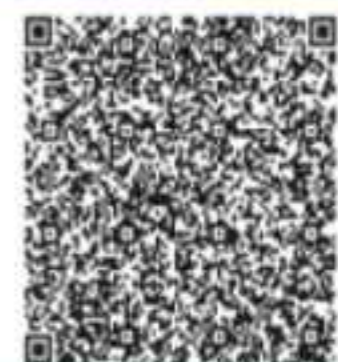
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(BACTERIAL + VIRAL + MTB + MYCOPLASMA)	ANTI CCP BY CLIA
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{FLU A (H1N1, H3N2, H9N2), FLU B, RSV}	ANA IF, ANA CLIA, ANA BLOT
<b>MTB + NTM PCR</b>	DS DNA, TTG IGA, ACA, APA, LA
<b>TB PCR, GENEXPERT</b>	<b>ICU EMERGENCY CARDIAC 24X7</b>
<b>TROPICAL FEVER PANEL</b>	TROP I HS / NT PRO BNP / PCT
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<b>EBV PCR, CMV PCR, HSV PCR</b>	PORTABLE ABG ISTAT
<b>VIRAL LOAD FOR HEPATITIS B, C, HIV</b>	GALACTOMENNAN, B D GLUCAN
<b>GASTRO PANEL RT PCR, ME PANEL RT PCR</b>	ASPERGILLOUS IGM, IGE
<b>GYNECOLOGICAL TEST</b>	LP (a), APO A1, APO B, HOMOCYSTINE
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<b>HE4 BY CLIA, AMH BY CLIA</b>	INTACT PTH, IGE, MYOGLOBULIN
<b>PREGNANCY MARKERS / HBA2</b>	ALL TUMOR MARKERS
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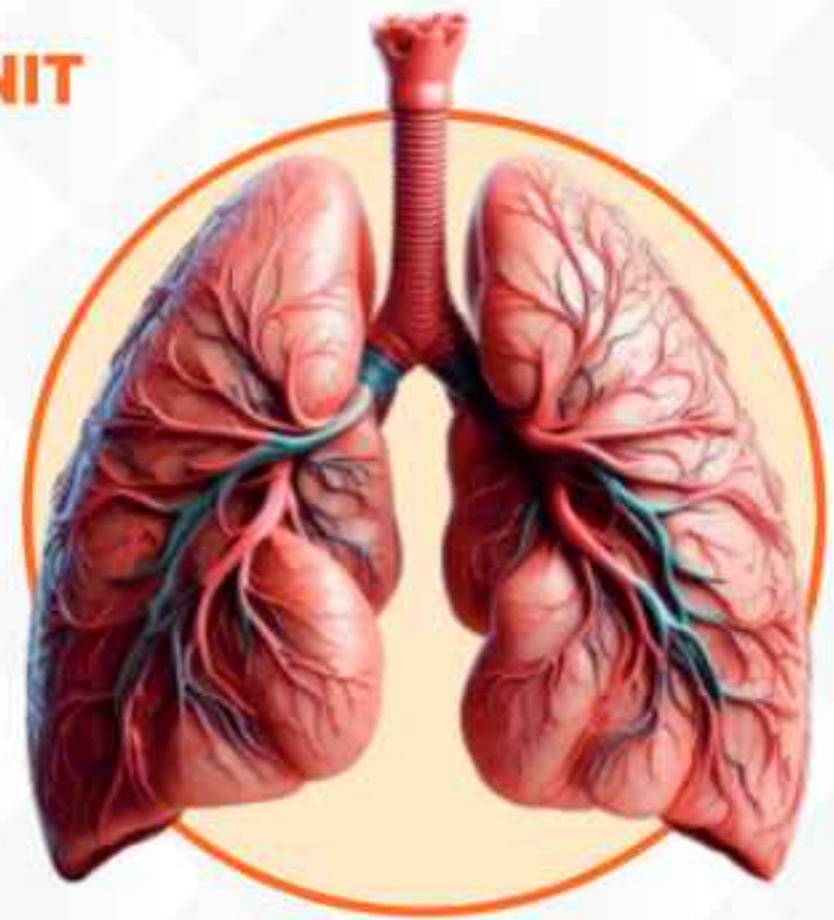
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