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AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902

AMA House, First Floor, Opp. H. K. Arts College,
Ashram Road, Ahmedabad - 380009 Phone : (079) 26588775

AHMEDABAD MEDICO NEWS

Email: amagsbima@yahoo.co.in | Website: www.ahmedabadmedicalassociation.com



INDIAN GENERAL ELECTION

AMACON 2024

The Annual Conference of
Ahmedabad Medical Association

4th 5th May 2024 Sat - Sun

Venue: Ahmedabad Management Association AMA
Dr Vikram Sarabhai Marg, IIM Road, Ahmedabad, Gujarat 380009

Workshops 4th May 2024 at



VOL. 18

APRIL - 2024

ISSUE - 12

Dr. TUSHAR PATEL
President - AMA

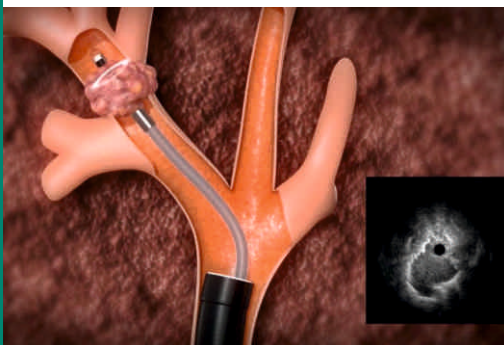
IMM. Past President - Dr. JITENDRA SHAH
Please Save Mob, No: 97268 88775 of AMA to get regular updates

Dr. URVESH SHAH
Hon. Secretary AMA



1st

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Dr. Harjit Dumra

M.D. (Medicine) Gold Medalist

Dr. Tushar Patel

M.D. (Chest) F.C.C.P.,
F.N.C.C.P., F.I.C.S.

Dr. Pradip Dabhi

MD, DNB, Post Doctoral Fellow
(Pulmonary Medicine)

Dr. Mansi Dandnaik

M.B.B.S., M.D., EDICM, IDCCM

Dr. Dhaval Darji

M.B.B.S., DTCD

Dr Mitesh Dave

MBBS, DNB Chest

RESPIRE Advanced Interventional Pulmonology Centre

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Sparsh Chest Diseases Centre (CDC)

100-B, Swastik Society, Opp. Samved, Hospital,
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Message From President & Hon. Secretary



Dear members,

The tremendous response from members for registration in conference has overwhelmed us & increased our responsibilities to give proper justification to the trust what you have shown us. There are so many things about AMACON 2024 made it an unprecedented event; magnitude & diversities of registrations including 400+ practicing doctors, 200+ PG & UG students, 150+ government & AMC doctors; additionally 200+ nursing staff been enrolled specifically for workshop on critical care; 360 degree coverage of academics including 8 different workshops at 8 different places across the city covering 6 medical specialities (Cardio, Pulmonary, Gastro, Emergency medicine, Ortho & Haemato), 1 for innovation & start up for medical students & 1 for nursing staff; on the day of conference, there will be scientific lectures by 20 + eminent speakers of India. It's a huge task, won't be possible without your support; we will be highly obliged & anticipate for your whole hearted support to make it a grand success. Back to back scientific feast will continue afterwards also.

There are series of cultural & entertainment events been organized over these months; we hope these are at par to the



expectations. All the members are requested to follow association's social media handles & website for all the updates.

Under the guidance of our visionary leaders, IMA HQ is developing a state of the art building of Head quarter at Delhi. Many of our senior members have contributed earnestly; we are heartedly thankful to all of them. Contribution of maximum members will be highly appreciated.

The hot weather & hit waves already started hitting hard to health of our community. We must be & we are ready for every possible step for prevention & management of ill effect of the weather. We can beat the any challenge with positive vibes – that summer can also give us; as wisely said by Jeanette Walls,

“One benefit of summer was that each day we had more lights.”

May 2024 is also a month of election for Central assembly. It is not only the right, but also a responsibility to vote. So, we appeal our members to participate in this the largest festival of democracy, cast your vote & be partner in building our nation. 1st May is also an establishment day of our state Garvi Gujarat. Let's celebrate together the growth & success of our nation, state & association.

Jai AMA



Jai IMA

Dr. Tushar Patel
President

Dr. Urvesh Shah
Hon. Secretary

Ahmedabad Medical Association



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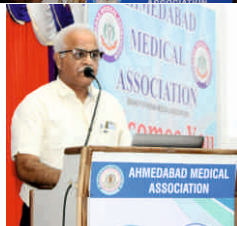


CME ON HEMATOLOGY AND SOLID TUMOURS 30 MAR 2024





CME CARDIOLOGY UPDATES 7 APR 2024





SENIOR CITIZEN VACCINATION CAMP 14 APR 2024



“AAO GAON CHALEN” MARCH 2024





SENIOR CITIZEN CLUB (HURRY OM HURRY) 31 MAR 2024



WORLD TB DAY 18 MAR 2024

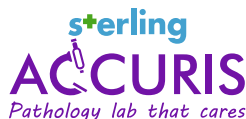




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AMACON 2024

**A workshop on startup and innovation
for medical students (IMA-MSN)**

Empowering Youth Strengthening Healthcare



Chairperson
Mr. Hiranmay Mahanta



04-05-24 Saturday

i-Hub, KCG Campus, Opp. PRL, Navrangpura, Ahmedabad

Time	Particulars
09:00AM - 09:30AM	Registration / Breakfast
09:30AM - 09:45AM	i-Hub introductory movie
09:45AM - 09:50AM	Address by Dr. Tushar Patel, President of AMA
09:50AM - 10:00AM	Address by Dr. Mehul Shah, Secretary, IMA Gujarat
10:00AM - 10:10AM	Address by Mr. Hiranmay Mahanta, CEO, i-HUB
10:10AM - 10:25AM	Sensitization of Gujarat startup ecosystem and role of i-Hub to felicitate startups from Mind To Market in Healthcare and allied sector
10:25AM - 10:45AM	Address about Biotechnology policy and support for the Healthcare and medical sector startups by Dr. Anand Bhadalkar, Officer of DST
Interaction with Medical and Healthcare sector Startups	
10:45AM - 11:00AM	IOTA Diagnostics – Founder Mr. Vaibhav Shitole
11:15AM - 11:30AM	Altea Enterprise pvt. Ltd – Founder Dr.Karnav Patel
11:30AM - 11:45AM	Brainiac pvt. Ltd. – FounderMr. Krunal Prajapati
11:45AM - 12:00PM	D3S Healthcare Pvt. Ltd- Founder Mr. Dhruv Patel
12:00PM - 12:15PM	RedicineMedsolPvt. Ltd. – Founder Mr. Dhruvil Patel
12:15PM - ONWARD	Si-Hub Complex visit and followed by Lunch

**Coordinators : Dr. Raj Mistry | Dr. Ankit Chakravarti | Dr. Sudhir Morad | Dr. Khushbu Dabhi
Mr. Jay Joshi (i-Hub) | Mr. Yash Pandya (i-Hub)**



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CARDIOLOGY WORKSHOP



📅 04-05-24 Saturday ⌚ 02.00 pm to 05.00 pm

🏠 Auditorium, CIMS Hospital, Science City, Sola, Ahmedabad



Chairperson
Dr. Anish Chandarana



Chairperson
Dr Tejas V. Patel



Time	Topic	Speaker
1:00-2:00pm	Lunch & Registration	
2:00-2:30pm	Update in Lipid lowering treatment - beyond the Statin therapy	Dr Urmil Shah
2:30-3:00pm	Latest in Coronary Intervention - IVL technology	Dr Satya Gupta
3:00-3:30pm	Treatment of Aortic Stenosis without open heart surgery - what you should know about TAVR (Trans-catheter Aortic Valve Replacement)?	Dr Tejas V Patel
3:30-4:00pm	What is Functional Angioplasty? What is 3D Angioplasty?	Dr Vipul Kapoor
4:00-5:00pm	ECG workshop : Basics to Advance - step by step interpretation of ECG	Dr Hiren Kevadiya
5.00 pm	High - Tea	

AMA Coordinators: Dr. Viral Shah | Dr Priyadatta Patel



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GASTRO - ENTEROLOGY WORKSHOP

📅 04-05-24 Saturday ⌚ 02.00 pm to 05.00 pm

🏠 Auditorium, Zydus Hospital, Sarkhej - Gandhinagar Highway, Ahmedabad



Chairperson
Dr. Nilay Mehta



Time	Topic	Speaker
1:00-2:00pm	Lunch & Registration	
2.00-2.20 pm	GERD & dyspepsia	Dr. Hardik Kotecha
2.20-2.40 pm	Dysphagia	Dr. Nilay Mehta
2.40-3.00 pm	Acute diarrhoea	Dr. Hardik Kotecha
3.00-3.20 pm	Chronic diarrhoea	Dr. Tejas Modi
3.20-3.40 pm	Break	
3.40-4.00 pm	Constipation	Dr. Ajay Choksey
4.00-4.20 pm	Abdominal pain	Dr. Dhaivat Vaishnav
4.20-4.40 pm	Jaundice	Dr. Nilay Mehta
4.40-5.00 pm	Anaemia	Dr. Ajay Choksey
5.00 pm	High - Tea	

AMA Coordinators: Dr. Gopal Raval | Dr R I Patel



AMACON 2024
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KD Hospital

કુચુમ ઘીરજલાલ હોસ્પિટલ

PULMONARY & CRITICAL CARE WORKSHOP

📅 04-05-24 Saturday ⌚ 02.00 pm to 05.00 pm

📍 Auditorium, K D Hospital, Vaishnodevi Circle, S.G. Highway, Ahmedabad



Chairperson

Dr. Harjit Dumra



Chairperson

Dr. Mukesh Patel



Time	Topic	Speaker
1:00-2:00pm	Lunch & Registration	
2.00-2.55 pm	Session 1- Critical care : For First Responders An approach to hypotensive patient My ideal response to patient with respiratory distress What should I do when I see unconscious patient Q&A	Critical care team: Dr Harjit Dumra Dr Jigar Mehta Dr Mansi Dandnaik Dr Rajan patel
2.55-3.30 pm	Session 2 - Pulmonary medicine: For Non Responders Non responding cough- possible reasons Non resolving consolidation -what next? Q&A	Pulmonary team: Dr Mukesh Patel Dr. Tushar Patel Dr Pradip Dabhi Dr Dhaval Darji Dr Rushi Rabari
3.30-5.00 pm	Workstation Basic life support Basic interpretations- CXR, ECG, ABG Oxygen therapy and nebulization Emergency drugs-dos & don't	
5.00 pm	High - Tea	

AMA Coordinators: Dr. Rushi Patel | Dr. Pratik Shah



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SPINE WORKSHOP

📅 04-05-24 Saturday ⌚ 02.00 pm to 05.00 pm

🏠 Auditorium, Stavva Spine, Mithakhali, Ellisbridge, Ahmedabad.



Chairperson
Dr. Bharat Dave



Time	Topic	Speaker
1:00-2:00pm	Lunch & Registration	
2.00-2.30 pm	Know your back	Dr. Ajay Krishnan
2.30-3.00 pm	Spine health check up	Dr. Bharat Dave
3.00-3.30 pm	The body and the mind lifestyle modification	Dr. D.Devanand Dr. Mirant Dave
3.30-4.00 pm	IOTSS Integrated Operation Theater Spine Suit	Dr. Ravi Ranjan Rai Dr. Shivanand Mai
4.00-4.30 pm	Robotics :- Mazor X, Exoscope	
4.30-5.00 pm	High - Tea	

AMA Coordinators: Dr Parag Tank | Dr. Hitendra Nayak



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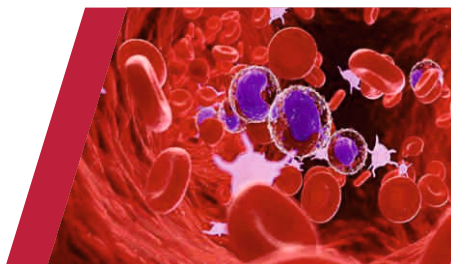
HEMATOLOGY WORKSHOP

📅 04-05-24 Saturday ⌚ 02.00 pm to 05.00 pm

📍 Auditorium, Apollo Hospital, Bhat, Gandhinagar



Chairperson
Lt. Gen Dr Velu Nair



TIME	TOPIC	SPEAKER	Chairperson / Moderator
1.45 - 2:00 pm	Welcome address Lt Gen (Dr.) Velu Nair Dr. Abhijat Seth Mr. Neeraj Lal		
2:00 - 2.15 pm	Pre Workshop questionnaire	Dr. Vijaykumar Shirure & Dr. Dhara Shah	
2:15 - 2.45 pm	Perioperative Thrombosis	Dr. Vijaykumar Shirure	Lt Gen (Dr.) Velu Nair
2:45 - 3:15 pm	Catheter Related Thrombosis	Dr. Jayani Patel	Lt Gen (Dr.) Velu Nair
3:15 - 3:45 pm	Cancer associated Thrombosis	Dr. Sandip Kheni	Lt Gen (Dr.) Velu Nair
3:45 - 4:15 pm	Thrombosis in pregnancy	Dr. Dhara Shah	Lt Gen (Dr.) Velu Nair
4:15 - 4:30 pm	Post Workshop questionnaire	Dr. Vijaykumar Shirure & Dr. Dhara Shah	
4:30 - 5:00 pm	Panel discussion: Diagnosis and management of VTE	Lt Gen (Dr.) Velu Nair, Dr. Manthan Kathrotiya Dr. Vijaykumar Shirure, Dr. Dhara Shah	
5:00 - 5.10 pm	Valedictory and closing remarks	Lt Gen (Dr.) Velu Nair	

AMA Coordinators: Dr Kamlesh Naik | Dr. Bhadresh Shah



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SAL

HOSPITAL

Healthcare with Human Touch

NURSING CRITICAL CARE WORKSHOP

📅 04-05-24 Saturday ⌚ 08.45 am to 05.00 pm

🏠 AUDITORIUM SAL INSTITUTE OF MEDICAL SCIENCES SCIENCE CITY RD, SOLA, AHMEDABAD



Chairperson
Dr. Raj Rawal



Time	Topic	Speaker
08.45 am to 09.00 am	Introduction	
09.00 am to 09.30 am	Critical care - Nurse profile	Mrs. Alice Fernandes
09.30 am to 10.00 am	ICU charting & its importance	Dr. Amit Prajapati
10.00 am to 10.30 am	Haemodynamics	Dr. Divyang Dalwadi
10.30 am to 11.00 am	Critical care pharmacy	Dr. Vinit Patel
11.00 am to 11.30 am	Tea break	
11.30 am to 12.00 noon	Infection control policies	Dr. Vinit Patel
12.00 noon to 12.30 pm	Common ICU procedures	Dr. Divyang Dalwadi
01.00 pm to 02.00 pm	Lunch break	
	WORK - STATION	
<ul style="list-style-type: none"> • CPR • Use & care of ICU equipments • Error prevention 	Mrs. Alice Fernandes, Dr Hardik Dave Dr Mitul Tadha, Dr Devashree Dr Dhruv Prajapati, Dr Gaurav Panchal Dr Vinit Patel, Dr Amit Prajapati Dr Divyang Dalwadi, Dr Raj Rawal	
04.15 pm onwards	High - Tea	

AMA Coordinators: Dr. Amit Prajapati | Dr. Imtiaz Vora

**AMACON** 2024

04-05-24 Saturday
02.00 pm to 05.00 pm



Chairperson
Dr. Pratibha Dileep

Auditorium, Sterling Hospital, Memnagar, Ahmedabad.

Time	Topic	Speaker
1:00-2:00pm	Lunch & Registration	
2:00-2:30pm	General approach to POLYTRAUMA	Dr. Abhishek Sharma
2:30-3:00pm	General approach to Acute Dyspnoea	Dr. Amrish Patel
3:00-3:30pm	General approach to Unknown Poisoning	Dr. Pratibha Dileep
3:30-4:15pm	Workstation All instruments ICU	
4:15-5:00pm	Work station All instruments ER	
5:00pm Onwd.	High - Tea	

AMA Co- Ordanators: Dr. Parth Patel | Dr. Manoj Kodnani

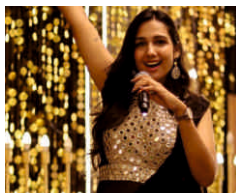
AMACON 2024

Spouse Programs

Date : 5th May 2024 Sunday

Time: 09:00am to 03:30pm

Venue: Seminar Room (S-3 & S-5), AMA



RJ AISHWARYA SHAH
(HYDERABAD)

**Oral Paper
& Poster
Presentation in
Seminar Room
(S-1), G-Floor
Ahmedabad
Management
Association**

Time	Topic	Speaker
9:00- 9:30	Registration & Breakfas	
9:30- 9:50	Prevention of Cervical & Breast Cancer	Dr. Ava Desai (Zydus Hospital)
9:50- 10:10	Prevention of Life style Diseases	Dr. Anish Chandarana (CIMS Hospital)
10:10- 11:00	Grooming session on Party look & Makeup	LAKME Salon
11:00- 1:00 pm	Gaming session	Rj Aishwarya Shah (hyderabad)
1:00- 2:00 pm	LUNCH BREAK	
2:00- 3:30 pm	Mega Housie	
3.30pm Onwd.	Validatory Function & Lucky Draw at JB Auditorium	

Coordinators: Dr Mansi Patel | Dr Nirali Patel | Mrs. Deepali Patel
Dr Kshama Shah | Dr Manisha Mehta | Dr. Nita Mishra | Dr. Alpa Gandhi



AMACON 2024



**SCIENTIFIC
PROGRAMME**

5TH MAY 2024, SUNDAY 09:00 am to 04:00 pm
AHMEDABAD MANAGEMENT ASSOCIATION, ATIRA, IIM ROAD

HALL 1: J B AUDITORIUM

TIME	SESSION	SPEAKERS
	SESSION1	
09.00 am to 09.20 am	Acute ischemic stroke - practice essentials	Dr. Mukesh Sharma Neurologist- Marengo CIMS Hospital
09.20 am to 09.40 am	Save surgeon's heartbeat: Technology & Spine. Save your spine: Spine health check up	Dr. Bharat Dave Spine Surgeon, Stavva Spine Hospital
09.40 am to 10.00 am	Gastrointestinal endoscopy and interventions: a primer for family physicians!	Dr. Nilay Mehta Senior Gastroenterologists, Zydus Hospital
10.00 am to 10.20 am	Heart failure management - four pillars to recent advances	Dr. Kamal Sharma Cardiologist, SAL Hospital
	SESSION2	
10.30 am to 10.50 am	Interpreting Mantoux test & TB gold in diagnosis & management of Tuberculosis: A comprehensive guide	Dr. Atul Patel Infectious Disease Specialist, Vedant Hospital & KD Hospital
10.50 am to 11.10 am	Tuberculosis Prevention Treatment	Dr. Malik Parmar National Professional Officer Drug Resistant TB, WHO
11.10 am to 11.30 am	What is new in Hepatology ? Every Physician should know..	Dr. Samir Shah Director, Department of Transplant, Hepatology, Global Hospital Mumbai
11.30 am to 11.50 am	Vitamin D : An essential component for the multispecility management	Dr. Vaishali Deshmukh Deenanath Mangeshkar Hospital, Pune
12.00 onwards	Inauguration at J B Auditroium Chief Guest: Shri Harshadbhai Patel, Commissioner of Health, Gandhinagar Guest of Honour: Dr Bharat Kakadia, President, IMA Gujarat	
12.45 pm onwards	Lunch	
	SESSION 3	
02.00 pm to 02.20 pm	Evolution of allergy - Your roadmap to effective diagnosis	Dr. Vikram Patra Apollo Hospital & MGM, Mumbai
02.20 pm to 02.40 pm	"What's new in Vaccination"	Dr. Narayan Gaonkar UNICEF India
02.40 pm to 03.00 pm	Pediatric Vaccination	Dr. Chetan Trivedi Senior Pediatrician, Ahmedabad



03.00 pm to 03.30 pm	Panel Discussion on Case Studies of Thromboembolic Events Panelists: Dr. Urmil Shah, Cardiologist, Marengo CIMS Hospital Dr. Manish Rawal, Senior Vascular Surgeon, Ahmedabad Dr. Vishal Sheth, Vascular Surgeon, Narayana Health
03.20 pm to 03.40 pm	Valedictory Function in Auspicious Presence of Dr. Mehul Shah , Hon. secretary, IMA Gujarat & Mr. Hiranmay Mahanta , CEO, i-hub
04.00 pm onwards	Lucky draw

HALL 2 : H T PAREKH

TIME	SESSION	SPEAKERS
	SESSION1	
9.00 am to 9.20 am	Importance & benefits of NABL accreditation	Dr. Chandrakantbhai Solanki Deputy Director, NABL
9.20 am to 9.40 am	Immunotherapy - A new armamentarium for cancer treatment	Dr. Rushabh Kothari Medical Oncologist, Narayana Health
9.40 am to 10.00 am	Hormonal therapy in breast cancer	Dr. Bhavesh Parekh Oncology- Marengo CIMS Hospital
10.00 am to 10.20 am	Cardiac Arrhythmia: recognising the value of physiology	Dr. Gaurav Panchal EP Study Specialist, KD Hospital
	SESSION2	
10.30 am to 10.50 am	Medical Dilemmas: addressing everyday illnesses in kidney transplant survival	Dr. Sonal Dalal Director Nephrology, Sterling Hospital
10.50 am to 11.10 am	Advances in surgical management of prostate cancer	Dr. Kamlesh Patel Uro Surgeon, Zydus hospital
11.10 am to 11.30 am	Demystifying multidisciplinary approach towards loss of appetite	Dr. Amit Sharaf Jupiter Hospital, Mumbai
11.30 am to 11.50 am	Redefining success in IVF: What matters most	Dr. Jwal Banker Banker IVF & Women's Hospital
12.00 onwards	Inauguration at J B Auditorium	
12.45 pm onwards	Lunch	

Grand Musical Event





Details to be announced

Please check our website and social media page



Organised by Ahmedabad Medical Association (AMA) & Kavisha Group

DATES	VENUE
20 th may to 6th June, 2024	MK Farm, Bhadaj
FORMAT	ENTRY FEE
15-over night matches	₹ 11000 per team

Eligibility restricted to allopathic doctors, MBBS students & interns from Ahmedabad and Gandhinagar.

Minimum 4 students or interns allowed per team. Minimum 3 league match.

PRIZES

25000 for the winner, 15000 for the runner-up
Individual awards for different categories!

Managed by
Dr. Tushar Patel,
President of AMA

For registration and further details,
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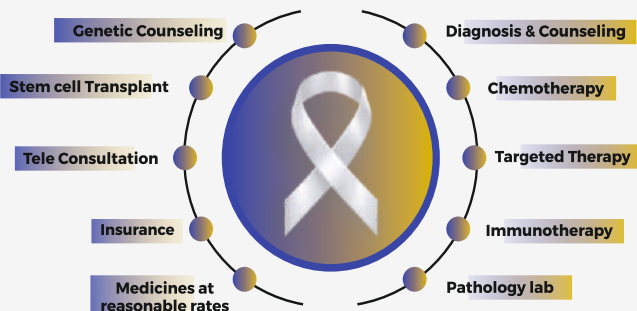
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& Stem Cell Transplant Physician)



Dr. Chirag J. Desai
MD, DM (Oncology)



Dr. Bhavin A. Shah
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& Hematologist



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For Upcoming CME's





A.M.A. BULLETIN INDEX

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**Dr. Tejas Patel Scientific Programme****Updates on Paediatric & Neonatology****Date :** Will be announced**Time :** 10.00 am to 1:00 pm**Venue :** Ahmedabad Medical Association, Ashram Road**Programme Details**

TIME	TOPIC	SPEAKERS
10:00 AM TO 10:30 AM	REGISTRATION & BREAKFAST	
10:30 AM TO 11:00 AM	PROTECT YOUR BABY VACCINE UPDATE	DR. ABHAY SHAH
11:00 AM TO 11:30 AM	A NEW BANK- HUMAN MILK BANK	DR. MANISH SHAH
11:30 AM TO 12:00 AM	SAVING TINY BABIES	DR. ASHISH MEHTA
12:00 AM TO 12:30 PM	NEWER VACCINES	Dr. UNMESH UPADHYAY
12:30 PM TO 1:00 PM	OFFICE PRACTICE IN NEONATOLOGY-PANNEL DISCUSSION	ALL FACULTIES
1:00 PM ONWARDS	LUNCH	

Registration is free but compulsory.**For Registration Contact: AMA office on 079-26588775****during 2.00 pm to 6.00 pm or****can be register through registration link
(will be shared on website)****Co-ordinators****Dr. Vaibhav Patel****Dr. Mukesh Khadaliya****Dr. Tushar Patel**

President, AMA

Dr. Urvesh Shah

Hon. Secretary, AMA



NOTICE

A General Body Meeting of Ahmedabad Medical Association will be held on **WEDNESDAY, 15th May, 2024 at 3.00 p.m.** at our premises to transact the following agenda.

AGENDA

1. To read and confirm the minutes of the last meeting.
2. Any thing arising out of it.
3. Election, if required for the post of President and Vice President of State Branch, I.M.A.
4. Any other business with the permission of the chair.

N.B. For the want of quorum the meeting will be adjourned and will be held after fifteen minutes.

Nomination for Post of President and Vice President (Ahmedabad Zone) of Gujarat State Branch, IMA

1. Nominations are invited for the Post of President and Vice President (Ahmedabad Zone) of Gujarat State Branch I.M.A. for year the 2024-2025.
2. Nomination forms will be available from the office from Monday 6th May 2024 on payment of Rs. 10/- [Rs. Ten only]



3. Nomination form duly filled, proposed & seconded should reach Hon. Secretary on or before Saturday, 11th May, 2024 3.00 p.m. at Associations office along with Rs.500/- for the post of President and Rs. 250/- for the post of Vice President.
4. Last date for withdrawal of nomination is Tuesday, 14th May, 2024. Before 3.00 P.M.

Dr. Urvesh V. Shah
Hon. Secretary

Note:-

1. He/She must be a life members of I.M.A.
2. He/She must have 7 years continuous membership of I.M.A.
3. He/She should have served G.S.B.I.M.S. as Working committee Members for at least 3 years.

OBITUARY

May their soul rest in eternal peace.



DR. GORE RAMESH NATWARLAL

L-1711 M.B.B.S.

Date of Birth : 01-11-1941

Date of Death : 17-02-2024



DR. NIHALANI RELU KEWALRAM

L-509 M.B.B.S.

Date of Birth : 02-06-1936

Date of Death : 12-02-2024

We send our sympathy & condolence to the bereaved family.



ANNUAL DAY COMPETITIONS

(1) INDIAN ASSOCIATION OF OCCUPATIONAL HEALTH ESSAY PRIZE

**Subject : Addressing stress & suicide in the medical profession.
How medical fraternity can support its own**

(2) DR. RANJAN K. NANAVATY ESSAY PRIZE

(For Family Physicians Only)

**Subject : Building stronger communities,
How family physician can contribute to public health?**

- * Each candidates shall have to submit word file (double space) at email : amagsbima@yahoo.co.in before 31-05-2024, 5.00 pm (maximum 1500 words)
- * Candidates should not write their names or addresses on the essay. They should not reveal their identity in the essay. Candidate should write the name and complete address on a separate word file

(3) DR. PIYUSH SHAH PAPER PRESENTATION PRIZE

(For Family Physicians only)

- * The last date for submission of abstract is 31-5-2024 5 p.m. Complete Power Point presentation will have to be submitted the day of presentation.
- * All papers accepted by the Scientific Committee will be read few days before our Annual Day function.
- * The paper must be original and must not have been published or read previously.

8 minutes will be allowed for presentation and 3 minutes for discussion.

(4) DR. B.C. AMIN MEMBERSHIP DRIVE TROPHY will be awarded to the member who has enrolled the maximum number of members in the year 2023-2024.

Other Trophies : The entry fee is Rs. 100/- only.

(5) DR. K. K. SHAH TROPHY For Best Nursing Home.

(6) DR. P. B. HARIBHAKTI TROPHY For Best Consulting Room.

(7) DR. DAHYABHAI SHIVRAM JOSHI TROPHY For

General Practitioner's best Clinic



- (8) **DR. TANUMATI G. SHAH & DR. GIRISHCHANDRA SHAH** **Octogenarian prize** for the outstanding services to medicine & social services : one for Gentleman & one For Woman Above 80 years.
- (9) **DR. KALPESH B. SHAH** Rotating Trophy for Best Diagnostic Center to be awarded to the best diagnostic facility (Laboratory Radio-diagnostic center)

Those members who want to take part in these competitions, should send the application on their letter pad.

Last date of entry is 31-5-2024 5 p.m.

Note : The winners of the Trophy in past should not apply again.

Congratulations



Congratulations for being elected as office bearers of **Ahmedabad Surgeons' Association** (Association of Surgeons of India - City Chapter)

President : Dr. Kaushal Anand

Dr. Kaushal Anand

Hon. Secretary : Dr. Balkrishna Tanna

Treasurer : Dr. Dushyant Bhatt



Patel Shaiv Nalin son of DR. NALIN GAUTAM PATEL RADIOLOGIST, student of B.J. Medical College, Ahmedabad INDIA, got 1077/1400 marks and **stood First** among 1282 students of all seven Medical colleges under **Gujarat University** in **Final MBBS** exam held in December 2023. He also got highest score & **gold medal** in **Internal Medicine** among all the students.



AHMEDABAD MEDICAL ASSOCIATION

AND

CIVIL HOSPITAL AHMEDABAD

ARE ORGANIZING



AWARENESS PROGRAM FOR SKIN DONATION

Date : 12-05-2024, Sunday

Time : 9:30 am onwards

Venue : Ahmedabad Medical Association, Ashram Road

Programme Details

REGISTRATION & BREAKFAST : 9.30 AM TO 10.00 AM

ACADEMIC PROGRAM : 10.00 AM TO 12.00 NOON

LUNCH : 12.00 NOON ONWARDS

SPEAKERS

DR. TUSHAR PATEL

President

Ahmedabad Medical Association

DR. RAKESH JOSHI

Medical Superintendent
Civil Hospital Ahmedabad

DR. JAYESH SACHDE

Professor & Head Dept. of
Burns and Plastic Surgery
Civil Hospital Ahmedabad

DR. MANAV SURI

Professor, Dept. of
Burns and Plastic Surgery
Civil Hospital Ahmedabad

DR. HIREN RANA

Assistant Professor, Dept. of
Burns and Plastic Surgery
Civil Hospital Ahmedabad

Programme Highlights

- LIGHTING OF LAMPS
- INTRODUCTION TO SKIN DONATION
- IMPORTANCE OF ORGAN DONATION
- ROLE OF AHMEDABAD MEDICAL ASSOCIATION IN ORGAN DONATION
- ANATOMY OF SKIN
- INDICATION OF USE OF DONATED SKIN
- PROCEDURE TO ESTABLISH SKIN BANK
- VIDEO PRESENTATION OF SKIN BANK AHMEDABAD
- PROCESS OF SKIN HARVESTING AND PRESERVATION AT SKIN BANK
- VOTE OF THANKS

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Registration is free but compulsory.
For Registration Contact: AMA office on 079-26588775
during 2.00 pm to 6.00 pm or
can be register through registration link
(will be shared on website)

Co-ordinators

Dr. Manjit Nayak

Dr. Mansi Patel

Dr. Alpa Gandhi

Dr. Tushar Patel

President, AMA

Dr. Urvesh Shah

Hon. Secretary, AMA

WE WELCOME FOLLOWING NEW LIFE MEMBERS

M.No.	Type	Name
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12945	L	DR. CHARANIYA RIYAZ DIDARALI
12946	L	DR. SHAH SHALIN BHARATBHAI
12947	LC	DR. JIVANI HIT BHIMJIBHAI
12948	LC	DR. DAMANI AANAL MEHUL
12949	L	DR. PATEL VIDHI SURESHCHANDRA
12950	L	DR. PATEL KAVISH MAHESHBHAI
12951	L	DR. PATHAN SAHNAVAJ KHAN MUSTUFAKHAN
12952	L	DR. MEHTA CHITRESH PRAKASHBHAI
12953	L	DR. KAIN RUPAM SANJAYBHAI
12954	L	DR. SHAH SHATISHAVI BIRENBHAI
12955	L	DR. ZALAVADIYA AKSHAYKUMAR MANSUKHLAL
12956	L	DR. PATEL KEYUR SURYAKANTBHAI
12957	L Transfer	DR. RAOL RAMSINHJI PRUTHMSINHJI
	Bharuch to Ahd	
12958	L	DR. BHASTEKAR NIFLA ABIMELEKH
12959	L	DR. MAKWANA PALAK DASHARATHBHAI
12960	L	DR. GOR EESHA VIPUL
12961	L	DR. DONDA RIDDHI RAGHAVBHAI



12962	L	DR. GAMIT SARITABEN GOVINDBHAI
12963	L	DR. PATNI NEHA MAHENDRABHAI
12964	L	DR. RAVAL NAMRATA HARESHBHAI
12965	L	DR. DAVE RAJVEE DHAVALKUMAR
12966	L	DR. BORISAGAR DEVANG SURESHBHAI
12967	L	DR. SHRIMALI KULIN RAMESHBHAI
12968	L	DR. KATWALA JIGAR RAVINDRABHAI
12969	L	DR. PATEL MONIL KALPESHKUMAR
12970	L	DR. KHATRI RASHMIKA PRAVINBHAI
12971	L	DR. SHAH HARSH JIGNESHKUMAR
12972	L	DR. VYAS HARSH RAJESHBHAI
12973	L	DR. AMBANI RUSHIL HEMANGBHAI
12974	L	DR. LAKHIA YESHA KETAVBHAI
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12984	L	DR. PANCHAL AMI HARESHKUMAR
12985	L	DR. PARMAR HIMANSHU KANUBHAI
12986	L	DR. ARYA UMA KANTILAL
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AHMEDABAD MEDICAL ASSOCIATION



FAMILY MEDICINE CONCLAVE

“WORLD FAMILY PHYSICIAN DAY-2024”

Date : 19-05-2024, Sunday

Time : 9.30 am Onwards

Venue : Ahmedabad Medical Association Hall

Dr. Bharat M. Kakadia
President,
GSB IMA

Dr. Mehul J. Shah
Hon. State Secretary,
GSB IMA

Dr. Tushar B. Patel
President,
AMA GSB IMA

Dr. Urvesh Shah
Hon. Secretary,
AMA GSB IMA

Dr. Jaswantsinh Darbar
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Hon. Jt. Secretary
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Dr. Nimesh Desai

Rajkot Zone

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Dr. K.M. Patel
Dr. M.K. Korvadia
Dr. Rashmi Upadhyaya
Dr. V. B. Kasundra

West Zone :

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Dr. Kashyap Dave
Dr. Shailesh Vaza
Dr. V. T. Parmar

Central Zone :

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Dr. Paresh Mehta
Dr. R. K. Modi



The Gujarat
Insurance Medical Officers (CL-II)
Association

In Association with :



**FEDERATION OF FAMILY PHYSICIANS'
ASSOCIATIONS OF INDIA**



FAMILY MEDICINE CONCLAVE "WORLD FAMILY PHYSICIAN DAY-2024"

Date : 19-05-2024, Sunday Time : 9.30 am Onwards

Venue : Ahmedabad Medical Association Hall

Registration Fees : ₹ 250/- (Last Date 10-5-2024)

FOR REGISTRATION CONTACT

at AMA ☎ 97268 88775 & GSB ☎ 98795 87370 or any Zonal Coordinator

:- SPEAKERS :-



Dr Gopal Shah

MBBS, MS, MCh, PGDMLPE
Chief Neurosurgeon, KD Hospital

**Topic : "Surgical Strike Against
Refractory Epilepsy"**



Dr. Rajendra Toprani

Head and Neck Oncology Surgeon
HCG Hospital

**Topic : Approach & Management of
Thyroid Nodule- Clinical Tips**



Dr. Hansal Bhachech

Distinguished Psychiatrist and
Prolific Author, Gujarat

Topic : Mental Pollution to Solution



Dr. Akash N Shah

DM (Endocrinologist)
Consultant Endocrinologist, KD Hospital

**Topic : Diabetes - Newer Modalities
in Diabetes Management**



Dr. Ankur Vagadiya

MS (PGIMER), M.Ch (ILBS) HPB and
Liver Transplant Surgery, Zydus Hospital

**Topic : Over view of Liver Transplant &
Recent Advances in Liver Transplant**



Dr. Nisarg Dharaiya

IVF expert,
Chairman, Sneh IVF group

**Topic : Infertility & IVF :
Basic To Advancement**



Dr. Kartik Desai

Consultant Gastroenterologist
DNB Gastroenterology, KD Hospital

**Topic : Are we Vulnerable to
Fatty Liver?**



Dr. Brajmohan Singh

CVTS Surgeon
HCG Hospital

**Topic : CABG with LIMA-RIMA-Y
(Total Arterial Grafting)**



Dr. Nidhi Jain

MD - DM Haemato Oncologist & Bone Marrow
Transplant Physician, Zydus Hospital

**Topic : Thrombocytopenia :
How to Approach?**



Dr. Parth Jani

Consultant Neurosurgeon,
HCG Hospital, Ahmedabad

**Topic : Clinicoradiological Approach to
a Patient with Neurosurgical Emergencies.**



Dr. Sanjeev Goel

M.D., Paediatrician.
Saakshi Children Hospital, Vadodara

**Topic : Your Online Safety in
Your Hands**



Dr. Samir Shah

Consultant Pediatrician and Adolescent
Specialist Chairperson CMIC chapter of IAP
Hon. Secretary AOP Gujarat VP, Vadodara

Topic : Gadget that Change Your Practice



Dr. Yogesh Gupta

Senior Physician (MD),
Head of Geriatrics Dept, Sterling Hospital
Topic : Life Course Vaccination:

**The Integral Role of Family Physicians
in Promoting Lifelong Immunization**



Dr Jayendra Kapadia

Senior Family Physician,
Surat

Topic : New Horizon in Family Practice



Report of Dr. H. G. Jambhekar Scientific Programme on 'Haematology & Solid Tumours' Date 31-03-2024

An Interactive CME on Haematology and Solid Tumours was organized by Ahmedabad Medical Association in collaboration with HOC Vedanta at Fairfield by Marriott, Ashram Road, Ahmedabad on 31st March, 2024. Dr Bharat Parikh Medical Oncologist, Dr Sandip Shah Haematologist Oncologist and Stem Cell Transplant Physician, Dr Bhavin Shah Medical Oncologist, Dr Chirag Desai Medical Oncologist, Dr Deepa Trivedi Pediatric Haematologist, Dr Rahul Jaiswal Medical Oncologist, Dr Asif Shaikh Medical Oncologist and Haematologist & Dr Jay Dadhania Medical Oncologist were invited as expert speakers. The programme was co-ordinated by Dr Dhananjaysinh Gohil and Dr Alpa Gandhi. CME was attended by the delegates in big number. The sessions were quite informative and interactive.

Report of Senior Citizen Club programme (Webcasting of movie – Hurry Om Hurry) dated 31/03/2024

A unique movie entertainment programme was organized by Senior Citizen Club of Ahmedabad Medical Association at R.M.Fozdar hall, AMA house. Siddarth Randeria, Raunaq Kamdar & Vyoma Nandi starrer movie 'Hurry Om Hurry' was webcasted at AMA hall on 31st March, 2024. Light refreshment was also provided to the audience. The programme was beautifully co-ordinated by Dr K. R. Sanghavi, Dr Ramesh C. Shah, Dr Abhay Dixit, Dr K. C. Gadhvi, Dr Dhananjaysinh Gohil and Dr Rohan Christian. It was a great experience and event was thoroughly enjoyed by the audience present in very huge number.



Report of Dr Somabhai C. Desai Scientific Programme on 'Cardiology Updates' Date 07-04-2024

CME on Cardiology Updates was organized by Ahmedabad Medical Association at AMA Hall, Ashram Road, Ahmedabad on 7th April, 2024. Dr Rajesh Hydrabadi had delivered a talk on Basics of thrombosis care. Dr Abhishek Tripathi provided insights on Atrial Fibrillation. Dr Jay Shah provided strategies for taming Resistant Hypertension. The lectures were followed by the session of Questions & Answers. The programme was co-ordinated by Dr Arpit Prajapati, Dr Mukesh Khadaliya & Dr Bhadrash Shah. CME was attended by around 100 delegates.

Report of Vaccination Camp Date 14-04-2024

Vaccination Camp was organized by Ahmedabad Medical Association on 14th April, 2024 at AMA house, Ashram Road, Ahmedabad. Influenza Vaccine & Pneumococcal-13 Vaccine were provided on special discounted rate to the association members and their family members.

લેડીઝ-ક્લબ

(यत्र नार्यस्तु पूजयन्ते, रमन्ते तत्र देवताः)

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ડો. કામાબેન શાહ
(પ્રમુખ)

મો. ૯૩૨૭૦ ૬૬૬૪૦

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Types of Blood Release- Desperate, Urgent and Routine

Dr. Jhalak Patel¹, Dr. Vishvas Amin²
Indian Red Cross Society, Ahmedabad District Branch

1 - Deputy Director-Medical, Transfusion Medicine Specialist.

2 - General Secretary, Pathologist.

In some situations, patients may require life-saving transfusion before the usual compatibility tests can be performed. The most frequently encountered clinical situations where emergency transfusion is required at Hospital are massive obstetric haemorrhage, paediatric trauma, neonatal exchange transfusion and massive gastro-intestinal bleeding.

There are different procedures adapted at blood centre for issuing blood to patients depending on the level of emergency.

Type of blood requests:

1. Desperate/Immediate:

- Under this situation; blood is issued immediately in 5-10 min of receipt of request from the doctor.
- Blood or blood components should be issued before completion of routine cross-matching tests in the case where delay in providing blood may jeopardize the patient's life, on receipt of a signed written request of the treating physician stating that the clinical condition of the patient is sufficiently urgent to require the release of blood before completing ABO and Rh(D) tests and compatibility testing.
- Under such circumstances, recipients whose ABO and Rh(D) type is not known should receive red cells of group O Rh(D)



negative if available, otherwise, O Rh(D) positive blood should be used (only if no history of transfusion with O positive Packed Red Cells).

- The donor tag or label on the blood container and the crossmatch report form should indicate that compatibility testing has not been completed at the time of issue. However, standard compatibility test should be completed promptly. If incompatibility is detected in further testing, the concerned clinician should be informed immediately to discontinue the transfusion.

2. Urgent:

- Under this situation; blood is issued immediately in 20-30 min of receipt of request from the doctor.
- Under these circumstances; the patient samples are received at the blood centre and subjected to ABO and Rh (D) typing and should receive ABO and Rh(D) specific blood group red cells before the tests for compatibility have been completed.
- Blood or blood components should be issued before completion of routine cross-matching tests in the case where delay in providing blood may jeopardize the patient's life, on receipt of a signed written request of the treating physician stating that the clinical condition of the patient is sufficiently urgent to require the release of blood before completing ABO and Rh(D) tests and compatibility testing.
- The donor tag or label on the blood container and the crossmatch report form should indicate that compatibility testing has not been completed at the time of issue. However,



standard compatibility test should be completed promptly. If incompatibility is detected in further testing, the concerned clinician should be informed immediately to discontinue the transfusion.

3. Routine:

- Most request received at the blood centre are routine type in which it takes 60-90 mins to Issue.
- The cross-match consists of detection of IgM and IgG type of antibodies in recipient serum against the antigens on donor red cells. It can be performed either by tube technique, column agglutination method or on solid phase.
- The blood is issued to the patient after completing the crossmatch.

Substance Abuse : Let's Fight with All our Might

Initiative by Ahmedabad medical association

Opiate and psychotropic drugs are valuable therapeutic tools when used as medically indicated for a variety of symptoms and conditions.

Unfortunately, non-clinical misuse of these addictive substances is an enormous problem worldwide.

Drug addiction is a complex social, economic and legal issue as well as a threat to public health and safety globally.

It affects people from all demographic and social groups and economic spheres. In addition to exposing themselves to the direct health risks related to the inappropriate use of these substances, persons addicted to drugs may engage in high risk



behaviour, such as needle-sharing and unprotected sex, and many resort to criminal activity to finance their expensive addiction.

These factors increase transmission of viral infections, such as Hepatitis B and C and HIV/AIDS, among both users and non-users alike. Other results of addiction include failure to maintain employment or to function in social and family life.

We doctors are forefront in this fight against the substance abuse. Let us formulate this guidelines in our day to day practice.

1. Responsible prescribing practices

- Doctors should be aware of the addictive properties of certain psychotropic and opiate drugs.
- When such drugs are medically indicated, their use must be carefully monitored to ensure that the patient is following strict dosage instructions, timing and any other factors associated with the safe use of the particular drug.
- All appropriate measures must be taken to prevent the stockpiling, resale or other illicit usage of the drug.
- Doctors should be aware of non-medical factors that may predispose patients to addiction. These may include, among others, family history, past addiction, emotional trauma, depression or other mental health conditions and peer pressure, especially among young persons.
- Drug seekers often consult more than one physician in an effort to obtain multiple prescriptions. In extreme cases, drug seekers may harm themselves to create symptoms to obtain a prescription
- When prescribing any psychotropic or opiate substance to minors, doctors must ensure that the parents or guardians of



the patient are fully informed of the potential misuse of the drug and encouraged to monitor the child carefully to ensure adherence to the physician's instructions

2. Awareness raising and policy development

- Let us come together to promote appropriate drug prevention programming at all levels of the educational system.

Story of Tramadol

We all know this synthetic opiod has revolutionized the management of pain across all speciality. But as the class suggest long term missue of this medicine can lead to substance abuse. The reasons behind this are

1. Feel good chemical Dopamine which makes patient feel relaxed and calm.
2. Tolerance which leads to high dose giving effects
3. Withdrawal effect that leads to addiction to prevent the symptoms.

When this medicine are taken along with Alcohol, Other Painkillers, Sedatives, like Benzodiazepines and Sleeping Pills And Cold Medicine, the risk of developing an addiction is higher. Mixing these substances can lead to respiratory depression. It also increases the risk of seizure or overdose.

Recently we have seen a rise in abuse of alcohol, drugs and substance abuse. Ours is a young country and we need to protect the young from this abuse. They need the right information from the right people. And doctors are the best people to guide, prevent, treat and rehabilitate these young people.

Let's vow for Abuse free Youth.



"Understanding Enlarged Prostate: Essential Information For Clinician"

DR. RUPESH SHAH

UROLOGIST AND URO CANCER SURGEON
ICON HOSPITAL, VASTRAPUR, AHMEDABAD.
Mob: 9099838777

Is there any role of PSA screening?

- Population based screening has no role in the present era, but opportunistic screening should be done. (when patient present with LUTS-lower urinary tract symptom)

What are LUTS (lower urinary tract symptoms)?

- Comprises STORAGE and VOIDING symptoms:

STORAGE Symptom include

- Frequency.
- Urgency.
- Nocturia.

VOIDING Symptom include

- Intermittency
- Poor Flow.
- Straining.
- Sense of incomplete evacuation.

- These are included in International Prostatic Symptom Score.

What is significance of DRE (digital rectal examination)?

- Sensitivity of DRE for detection of Ca. Prostate is low, but palpable nodule is an indication of biopsy.

What basic urological investigations are needed when males > 50 years present with LUTS?

- Urine R/M, Urine C/S
- S.PSA



- USG KUB with Pre/PVR(pre and post void residue)
- Uroflowmetry

Why PRE/PVR needed with USG?

- Pre void volume gives idea of bladder capacity.
- Distended bladder gives an idea of bladder wall thickness and avoids missing intraluminal pathology.
- High PVR (post-void residue) could be a reason for recurrent UTI.

Is it possible when urine < R & M is negative and urine < c & s positive?

- Yes.

Why uroflowmetry needed?

- Gives pattern of individual flow and accordingly urologist can differentiate stricture / BPH/Functional disorder..

What to do for elevated S.PSA in Infection?

- In presence of active infection after adequate antibiotic course, PSA should be repeated at 6 weeks. If high, at that time then MRI prostate is required.

Cause of elevated PSA?

- UTI due to enlarged prostate.
- Acute urinary retention.
- Instrumentation.
- Catheterization.

What is the effect on S.PSA, when patient is on finasteride / dutasteride (5 - alpha reductase inhibitor ?)

- This drug reduces PSA by 50% if patient is on this medication for more than 6 months.

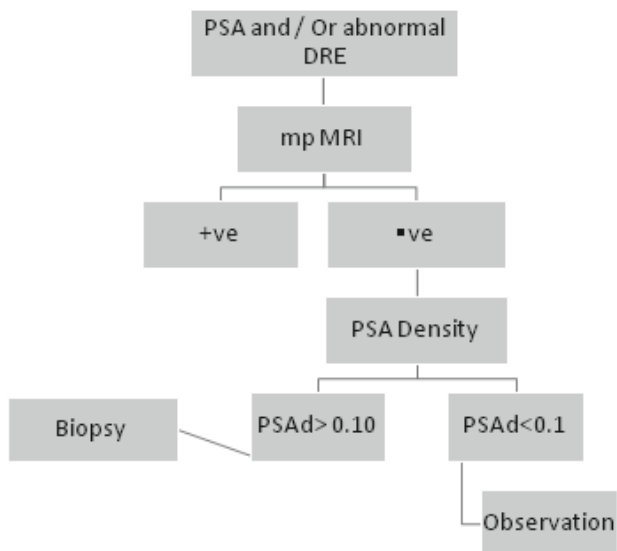
Can a patient have malignancy at PSA between 0-4 ng / dl?

- Yes, probability of having Ca Prostate around 20-25% when PSA is 2-4 & around 10 % when PSA is below 2.
- There is actually no normal value.

What parameters are to be looked at for interpretation of significant PSA?

- Presence/absence of infection
- Size of prostate/volume of prostate
- Age of patient.
- Trauma / Catheterization/cystoscopy
- Alpha reductase inhibitor

Current diagnostic pathway for early detection of prostate malignancy:



Absolute indication of TURP:

- Recurrent UTI
- Recurrent hematuria due to Enlarged prostate.
- Bladder stone c enlarged prostate
- Refractory AVR (Acute Urinary retention)
- ARF due enlarged prostate (B/L HN + HU with enlarged prostate).

PSA velocity & % of free PSA.:

Currently very limited role in presence of MRI.

Promoting Food Safety: Why Doctors Advocate Avoiding Adulterated Foods

Doctors should openly advise people to avoid food substances with a high chance of adulteration. Over the past year, numerous raids across India have uncovered adulterated foods, shedding light on the rise in inflammatory diseases, chronic illnesses, cancer, and allergies among the population. As healthcare professionals, we must be aware of common adulterants found in dairy products like cheese, butter, oil, ghee, and makhan.

- 1. Margarine:** Margarine made from animal beef fat, also known as beef tallow margarine, can contain high levels of saturated fats, which may pose health risks when consumed excessively. Saturated fats have been linked to an increased risk of heart disease and other health issues. Additionally, margarine made from vegetable oils can be a significant source of omega-6 fatty acids. While omega-6 fatty acids are essential, an imbalance between omega-6 and omega-3 fatty acids, often due to overconsumption of omega-6s, can lead to inflammation and a higher risk of chronic diseases like heart disease, diabetes, and obesity.
- 2. Detergent in Milk:** The use of detergent in milk is a serious adulteration practice aimed at artificially enhancing its whiteness and concealing dilution or contamination. This can lead to various health problems, including gastrointestinal issues such as nausea, vomiting, and diarrhea.
- 3. Annatto:** Annatto, derived from the seeds of the achiote tree, is a natural food additive commonly used as a coloring agent in food products. In India, it may be referred to as Ratanjot or Sindoori. Annatto can be found in various vegetarian food products, including cheeses, packaged snacks, butter,



margarine, processed foods, and baked goods. However, it's important to note that annatto has been statistically associated with allergic reactions and urticaria, particularly in children. Removing foods containing annatto from the diet has shown positive results in such patients.

Other common adulterants used are

1. **Water:** One of the most common forms of adulteration in milk is the addition of water to increase volume and dilute the milk's quality. This deceptive practice allows unscrupulous suppliers to sell more product while compromising its nutritional value.
2. **Urea:** Urea is another harmful adulterant that may be added to milk to increase its protein content artificially. However, ingesting urea-contaminated milk can have severe health consequences, including kidney damage and urinary tract infections.
3. **Formalin:** Formalin, a chemical used to preserve dead bodies, is sometimes added to milk to prolong its shelf life and prevent spoilage. However, formalin is highly toxic and can cause serious health problems, including cancer and organ damage, when consumed.
4. **Starch:** Starch is often added to milk to increase its thickness and viscosity, giving the impression of higher quality. However, starch adulteration reduces the nutritional value of milk and can lead to digestive issues in consumers.
5. **Vegetable Oil:** Unscrupulous suppliers may add vegetable oils to milk to increase its fat content artificially. While this may make the milk appear creamier, it can compromise its nutritional integrity and lead to adverse health effects, especially for individuals with dietary restrictions or allergies.
6. **Artificial Sweeteners:** Some milk products, such as flavored milk or sweetened yogurt, may contain artificial sweeteners



like saccharin or aspartame to enhance their taste. While not inherently harmful, excessive consumption of artificial sweeteners can have adverse health effects, particularly for individuals with diabetes or metabolic disorders.

- 7. Synthetic Hormones and Antibiotics:** In the dairy industry, synthetic hormones and antibiotics may be used to increase milk production and prevent infections in livestock. However, residues of these substances can find their way into milk and milk products, posing health risks to consumers, including antibiotic resistance and hormonal imbalances.

By being informed about these common adulterants and their potential health implications, doctors can play a vital role in promoting food safety and protecting the well-being of their patients.

AI in Healthcare is a REALITY.

We doctors should learn to coexist with it.

The application of artificial intelligence (AI) in healthcare has the potential to significantly improve healthcare outcomes and reduce the burden on healthcare systems in developing and poor countries. Here's how AI can contribute:

- 1. Early Disease Detection and Diagnosis:** AI-powered diagnostic tools can help detect diseases and medical conditions at an early stage, even in resource-constrained settings where access to healthcare professionals may be limited. AI algorithms can analyse medical images, such as X-rays, CT scans, and ultrasounds, to identify abnormalities and assist healthcare providers in making accurate diagnoses.
- 2. Remote Monitoring and Telemedicine:** AI-enabled remote monitoring devices and telemedicine platforms can facilitate



virtual consultations and follow-up care for patients in remote or underserved areas. This allows patients to access healthcare services without having to travel long distances to healthcare facilities, reducing healthcare disparities and improving access to care.

- 3. Healthcare Resource Allocation:** AI algorithms can analyze healthcare data, such as patient demographics, disease prevalence, and healthcare utilization patterns, to optimize resource allocation and healthcare planning. This can help healthcare organizations prioritize interventions, allocate funding more efficiently, and improve the delivery of healthcare services to populations in need.
- 4. Personalized Treatment Planning:** AI-driven decision support systems can assist healthcare providers in developing personalized treatment plans for individual patients based on their unique medical history, genetic makeup, and other relevant factors. This can improve treatment outcomes, reduce adverse events, and enhance patient satisfaction.
- 5. Drug Discovery and Development:** AI technologies, such as machine learning and computational modeling, can accelerate the drug discovery and development process by identifying potential drug candidates, predicting drug interactions and side effects, and optimizing drug formulations. This can lead to the development of more effective and affordable treatments for diseases that disproportionately affect developing countries.
- 6. Healthcare Management and Administration:** AI-powered healthcare management systems can streamline

administrative tasks, such as appointment scheduling, patient registration, and billing, allowing healthcare providers to focus more time and resources on patient care. This can improve operational efficiency, reduce administrative costs, and enhance the overall quality of healthcare delivery.

- 7. Public Health Surveillance and Epidemiology:** AI algorithms can analyze large volumes of health data, including electronic health records, disease registries, and social media feeds, to monitor public health trends, track disease outbreaks, and identify emerging health threats. This can enable early intervention measures and improve preparedness for public health emergencies.

By leveraging AI technologies in healthcare, developing and poor countries can overcome many of the challenges they face in delivering high-quality, accessible, and affordable healthcare services to their populations. However, it's essential to ensure that AI solutions are tailored to the specific needs and contexts of these countries and are implemented in a responsible and ethical manner to maximize their benefits while minimizing potential risks.

The present challenges faced by AI are:

Clinical side: There is lots of catching up to do for doctors and other healthcare professionals about the AI and its technology. There are many models in existence where there is no clarity about their utility and specificity and sensitivity. Even the language of mathematics that this AI uses is foreign to the doctors.

Research Side: the companies and the researchers need to share the data with each other to make models robust. They need to remove the cloud of secrecy and start teaching the clinicians about the technology. As of now clinicians are only used to fetch data from them.

We need to think about Professional liability and systemic bias also.

Barrier in AI :

1. **Trust:** It can come only when technology is discussed and standardization protocols are established by the companies before gathering data's.
2. **Clinical Utility:** Predictive models are good for risk assessment. But therapeutic and diagnostic model need to pass the test of trust and liabilities. They appear lucrative but they need to improve outcome and actually save life
3. **Practicality:** This models require high data input with accurate interpretation to make it more accurate. By feeding ECG strip with reporting done by existing ECG machines will make AI also faulty. Actual doctors need to feed data and interpretations. Predictability is good but whether actionable or not is also need of hour.

So there is urgent need of Committee who can decide all the factors right from standardization in data collection, inclusion and exclusion criteria, ethical issues and need of sharing across models to make this technology more robust.

A child if taught wrong from birth will never make right decisions.



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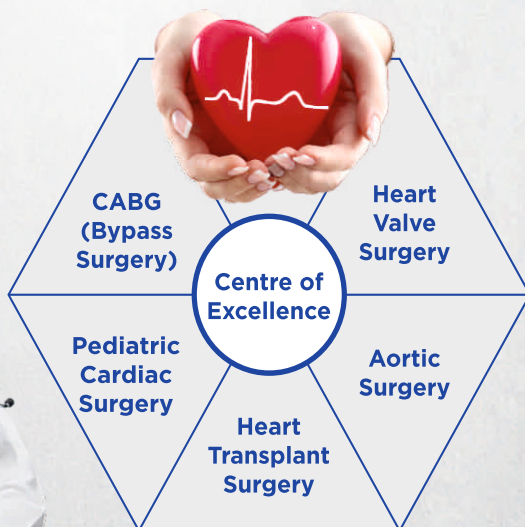
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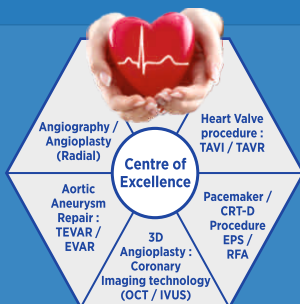
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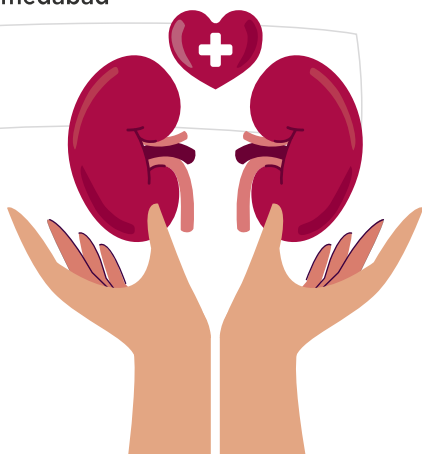
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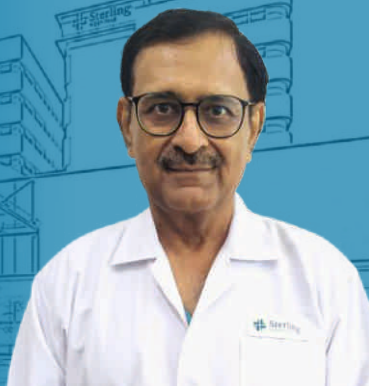


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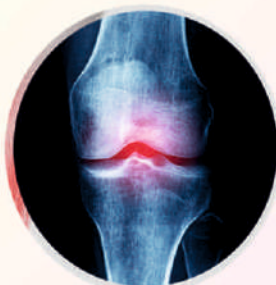
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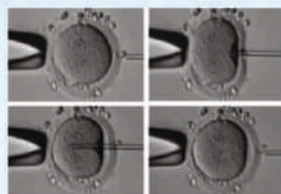
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Bowel Endometriosis management by colo-rectal resection: Laparoscopic surgical technique & outcome

Background and Objectives: Bowel Deep Infiltrating Endometriosis (DIE) management by colo-rectal resection is a complex procedure. The purpose of the present study is to delineate a meticulous approach to the assessment of the patient, step-wise surgical technique, pre, and post-operative care, and its short-term and long-term outcomes.

Methods: This is a single centre retrospective study done on patients of bowel DIE managed by colo-rectal resection between January 2019 to June 2021.

Results: There was a significant improvement in the symptomatology of patients post-surgery. Our surgical technique is feasible with acceptable short-term and long-term outcomes.

Conclusion: Bowel DIE management can be proficiently executed with proper diagnostic approach, appropriate surgical expertise with exhaustive pelvic anatomy knowledge especially concerning autonomic nerve plexus.

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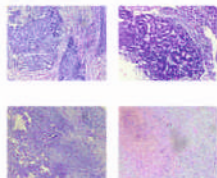
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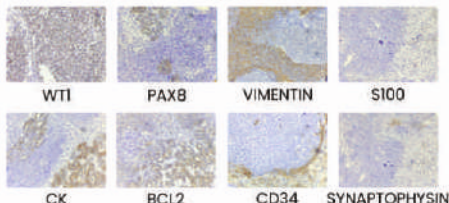
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- IHC
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- Stromal component are immunopositive for Vimentin, CD 34 and CD 99.
- Desmin, Synaptophysin, S 100 and Chromogranin A are all negative.
- Extrarenal nephroblastoma is a rare entity, 0.5- 1 %
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**Dr. Jay Shah**MD, DNB (Medicine),
DNB (Cardiology) FACC,
FESC, FSCAI

CHALLENGING CASE:

Hybrid TEVAR in a case of Dissecting Aneurysm of thoracic aorta:

**Dr. Tarun Madan**MD DNB (Medicine)
DNB (Cardiology)

A middle aged female was admitted with **Systemic hypertension** and **severe back ache**. On evaluation she was having **accelerated high blood pressure** and inequality of pulse. Normal ECG and normal LV function on Echo Doppler study. The CT Angio of aorta was showing a **large dissecting aneurysm** of thoracic aorta. She was stabilised with medicines.

Then she was planned for a **hybrid** intervention of thoracic aorta. This therapy is called **TEVAR**. It means thoracic endovascular aneurysm repair, in which patient's chest is not opened and from a small hole in the groin of patient through femoral artery the whole procedure is done.

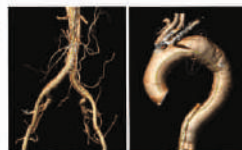
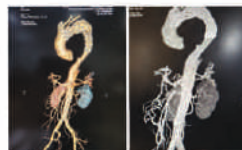
Patient was shifted to Cath lab for the same.

A small incision - **Arteriotomy** - was given in the right groin by Vascular Surgeon and from right femoral artery a covered stent graft was advanced into the aorta in the true lumen. This was done under continuous fluoroscopic guidance in the digital Cardiac CathLab.

This is a rare disease and by timely diagnosis and intervention life of the patient could be saved.

The whole procedure was completed in **thirty minutes**. There was no blood product required for the procedure and also only **local Anesthesia** was given. The patient got discharged uneventfully and got her blood pressure under control.

Cardiology department of Jivraj Mehta and Krish Heart Care team's **Dr. Jay Shah & Dr. Tarun Madan** along with the help from Vascular Surgeons accomplished this case with meticulous planning and favourable outcome.

**PRE TEVAR****POST TEVAR**

Team Krish Heart Care



➤ **Dr. Utsav Unadkat**
MD DNB (Cardiology) FSCAI

➤ **Dr. Anand Shukla**
MD, DM (Cardiology)

➤ **Dr. Bhavesh Thakkar**
MD, DM (Cardiology)

➤ **Dr. Jay Shah**
MD, DNB (Medicine),
DNB (Cardiology)
FACC, FESC, FSCAI

➤ **Dr. Tarun Madan**
MD (Medicine),
DNB (Cardiology)

➤ **Dr. Sanjiv H. Prajapati**
MD, DNB (Cardiology)

➤ **Dr. Shaurin Shah**
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➤ **Dr. Dhruvkumarsinh Jadeja**
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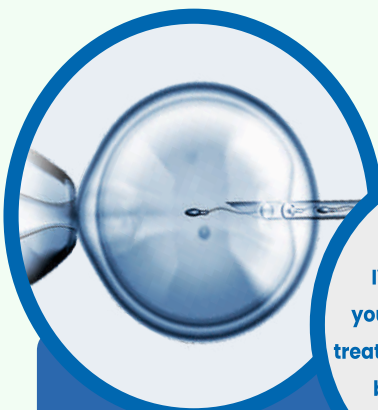


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