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AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association)

ESTD : 1902

AHMEDABAD MEDICO NEWS

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DR. MONA P. DESAI
President - AMA



DR. DHIREN R. MEHTA
Hon. Secretary - AMA

Imm. Past President - DR. MEHUL N. SHELAT

VOL. 15

SEPTEMBER-2020

ISSUE-5

HIGHLIGHTS

PROGRAMMES

04-10-2020 Installation Ceremony

ARTICLES

- A Case of Reinfection of COVID-19 : By Dr. Pragnesh Vora
- Approach to a case of Breathlessness : By Dr. Mahadev Desai
- Approach to a case of Proteinuria : By Dr. Mahadev Desai

118th Annual Day Celebration of AMA



'SECRET' TO SUCCESS IS THE RESULT OF
PREPARATION, HARD WORK AND PERSEVERANCE'

Message From President's & Hon. Secretary's Desk



PRESIDENT'S MESSAGE

Dear Doctors,

Hope everyone is safe and healthy!

Well, this my last message to you all as a President of this prestigious Association- Ahmedabad Medical Association. When I took the office last year as a President - my seniors and my mentors told me that this is not a 'Designation' it is a 'Responsibility'. These words changed my vision and dreams. I realised that slowly our fraternity is been broken into small groups and we lack unity. My first aim was to bring UNITY amongst us and well today when I look back , I feel I have been successful in doing so, up to a great extent. At present we all are helping each other , trying to solve each other's problem -well I would say we are now a 'MEDICAL FAMILY' . This feeling is so very 'peaceful' . You all must be experiencing the sweet fruits of 'UNITY'.

When I was installed , I was the very first Female PG Doctor to become President of AMA - and also Dr. Parimal Desai & Me, we were, THE FIRST COUPLE to be Presidents of AMA- it was a history. During this year we made history in so many matters also, during the CORONA PANDEMIC . The first five and a half months of my tenure were excellent - all our events were with house full - jam pack audience. Be it scientific or Entertainment. I had dreams of many such programs - a very different type of AMACON-2020 with photography exhibition of our members who had photography as their hobby and passion. But it is very rightly said , "Man Proposes and GOD Disposes". Corona Virus Pandemic started and with that came LOCK DOWN -1, 2, 3 ---and then UNLOCK with lot of

restrictions. All our dreams and calculations of future were shattered and our whole thinking and vision changed. Our first priority was to STAY SAFE AND ALIVE. Nearly all of us were practicing or doing our job and treating patients. Directly or indirectly we were a part of rescue team of COVID-19. During this Pandemic we have lost many of our near and dear ones and many of our colleagues. With each death we all felt a sense of fear and helplessness ,but still we have been doing our duties tirelessly, Kudos! to all of you.

My tenure is now ending. I have tried my level best to be a strong voice of our Medical Fraternity. Whenever we did appeal to Govt. or went to High Court with PIL - it was always for matter regarding benefit to society at large. This was always my aim- to serve people - and that is why God also helped us and we won every PIL. The judgement always came in our favour .

The Webinars we did were also for betterment and advantageous to our members. So many of you participated by joining online, and I am really thankful to you all for the wonderful positive response.

At the end , before I finish ,I want to heartily thank each and every one of you for showering appreciation and congratulating me, those kind words have been my inspiration to do much better. Every win was OUR WIN and now the smallest of the person know AHMEDABAD MEDICAL ASSOCIATION- as an association OF Doctors and FOR Doctors. My heartfelt 'adieu' to you all ! I will always cherish my one year of President ship all throughout my life. If I have made any mistakes or not been able to work according to your expectation or hurt anyone's feelings (unintentionally) kindly pardon me but I tried to give my level best to this Association.

"YOU CAN'T START NEXT CHAPTER OF
YOUR LIFE IF YOU KEEP RE-READING THE LAST ONE "

Dr. Mona P. Desai

President

Ahmedabad Medical Association

Dr. Dhiren Mehta

Hon. Secretary

Ahmedabad Medical Association



We send our sympathy & condolence to the bereaved family.
May his soul rest in eternal peace.

A Heartfelt Tribute to



MR. PRAKASH M. THORIA

Date of Birth : 07-01-1964

Date of Death : 03-09-2020



Condolence Meeting for Mr. Prakash Thorja Senior Staff of AMA Date : 09-09-2020



Condolence Meeting for Mr. Prakash Thorja Senior Staff of AMA Date : 09-09-2020



Condolence Meeting for Mr. Prakash Thoria Senior Staff of AMA Date : 09-09-2020



Webinar - Awareness for Fire Safety Saturday 12th Sept.-2020 - 8.00 p.m.



Managing Committee Members for the Year 2019-2020



Office Bearers of the Committee for the Year 2019-2020





Past Presidents of AMA - 27-09-2020



118th Annual Day Celebration of AMA Dt. 27-09-2020



118th Annual Day Celebration of AMA Dt. 27-09-2020



118th Annual Day Celebration of AMA Dt. 27-09-2020



118th Annual Day Celebration of AMA Dt. 27-09-2020



Dr. Yogendra S. Modi

Dr. H. S. Shah

118th Annual Day Celebration of AMA Dt. 27-09-2020



118th Annual Day Celebration of AMA Dt. 27-09-2020 CORONA WARRIORS AWARDS



118th Annual Day Celebration of AMA Dt. 27-09-2020



118th Annual Day Celebration of AMA Dt. 27-09-2020



118th Annual Day Celebration of AMA Dt. 27-09-2020



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AHMEDABAD MEDICAL ASSOCIATION YEAR : 2019-2020

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	M. 98253 98891

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DR. NAITIK B. PATEL	DR. DEVENDRA R. PATEL	

INSTALLATION CEREMONY

Installation Ceremony of Dr. Kiritkumar C. Gadhavi as President of Ahmedabad Medical Association and the team of Office Bearers & Managing Committee Members for the year 2020-2021 is organised on 4th Oct., 2020.

LIVE WEBCASTING WILL BE DONE OF ENTIRE EVENT.

Date	04-10-2020, Sunday
Time	11.00 am Onwards...
Venue	Dr. R. M. Fozdar Hall, AMA House, Opp. H.K. College, Ashram Road, Ahmedabad.
Chief Guest	Dr. NitinVora <ul style="list-style-type: none"> • Dean - GMERS Medical College, Sola • President - GMC, Ahmedabad • Chairman - Finance Committee Medical Council of India New Delhi
Guest of Honour	Dr. Mahadev Desai Senior Physician
Installation Officer	Dr. Devendra Patel President, (Elect.) GSBIMA Past President, AMA

PROGRAMME

- Prayer
- Welcome Speech by President
- Lighting of lamp
- Felicitation of Guests
- About A.M.A. by Hon. Secretary
- Introduction & Installation of Office Bearers & Managing Committee Members.
- Installation of President
- Speech of Installation Officer
- Acceptance Speech by the Installed President.
- Speech by Guest of Honour
- Speech and Blessings by Chief Guest
- Vote of thanks

ANNUAL REPORT - 2019-2020

October 2019 to September 2020
AHMEDABAD MEDICAL ASSOCIATION
(Branch of the Indian Medical Association)

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Hon. Finance Secretary Dr. Sunil B. Chenwala (Interim)	Hon. Library Secretary Dr. Rachit J. Patel	Imm. Past President Dr. Mehul N. Shelat

MEMBERS OF THE MANAGING COMMITTEE

Post Graduates

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Dr. Rajesh M. Desai	Dr. Gaurang J. Patel	Dr. Naitik B. Patel
Dr. Nisarg D. Dharaiya	Dr. Gargi M. Patel	Dr. Sahil N. Shah
Dr. Kuntal H. Gajjar	Dr. Maitreyi J. Patel	Dr. Sumit P. Patel

Other than P.G.

Dr. Kalpita M. Dave	Dr. Prakash P. Mohatta	Dr. H.G. Patwari
Dr. Adit K. Desai	Dr. Satish M. Pandya	Dr. Shailesh D. Raval
Dr. Amit K. Mistry	Dr. Hemant B. Patel	Dr. Jitendra H. Shah
Dr. Jagdish J. Mod	Dr. Suresh K. Patel	

MEMBERSHIP

Total Members as on 30-09-2020 10052

Activity Reports AMA 2019-2020

- 29/9/19 Installation Ceremony of Dr. Mona Desai as President and her Managing Committee with office Bearers
Installation Officer : Dr. Parimal Desai
Chief Guest : Dr. Jitubhai Patel
Guest of Honour : Dr. Ravi Wankhedkar
- 13/10/19 Sharadotsav: Garba and Ras Entertainment program
48 prizes were given in different categories.
- 19/10/19 Scientific Program:-1
(Dr. Pushpaben P. Multani & Medico-Mitra Mandal Program)
1) Speaker :- Dr. Dushyant Chauhan, Neurophysician
Topic :- Drop attacks-Faints & Falls
2) Speaker :- Dr. Himanshu Desai --Pyschiatrist
Dr. Suhas Doshi—Psychiatrist
Topic :- Communication Skills for Doctors- Practical Tips
- 25/10/19 Dhanvantari Puja
- 26/10/19 to Doctors on Call during Diwali vacation.
- 31/10/19 Burns cases 88
Surgery 42
GI 58
Fever/Cough 289
Ob/Gy 48
Total calls 690
Total 59 doctors have participated.
- 10/11/19 K.D.Marathon: Morning at 6-00 am at Sabarmati River Front
- 10/11/19 Diwali Get to gather : Evening at 5:00pm - Stand up comedy by Mr.Chirayu Mistry with Mega Housie and many interesting games.
- 17/11/19 Scientific Program:-2
(Dr. N.T.Shah & Dr. H.G.Jambhekar Scientific Program)



	Speaker	1) Dr. Padmanabh Zinzuwadia
	Topic	:- Increasing Prevalence of Diabetes- A growing concern way forward
	Speaker	2) Dr. Navneet Shah
	Topic	:- Challenges in Diabetes management & solution
	Speaker	3) Dr. Rutul Gokani
	Topic	:- Controversies in Diabetes Management
	Speaker	4) Dr. Sanjeev Phatak
	Topic	:- Clinical Inertia- its time to do more
	Speaker	5) Dr. Pratap Jethwani
	Topic	:- Use of technology in Diabetes Management
	Speaker	6) Dr. Dharmendra Panchal
	Topic	:- Diabetes is reversible- A myth or Fact
21/11/19	IMA End Tb Initiative Program CME at GCS Medical College	
	AWARENESS CAMP FOR FEMALE POLICE (1600) OF AHMEDABAD CITY	
25/11/19 to	Breast Cancer Awareness and Organ Donation	
29/11/19	Awareness Program with CBC check up of more than 1600 Ladies police of Ahmedabad city.	
	Dr. Monaben Desai- talk on Organ Donation Awareness	
	Organ Donation Awareness pledge forms were also filled by Female Police	
	Dr. Shefali Desai – talk on Breast Cancer Awareness	
1/12/19	Scientific Program : Geriatric Update 3	
	1) Dr. Abhay Khandekar-- Urologist	
	Topic	:- Urinary Retention & Urinary Incontinence
	2) Dr. Sanjay Rajput—Gastroenterologist	
	Topic	:- Constipation in elderly
	3) Dr. Rushabh Kothari—Hematologist	
	Topic	:- Tumour markers in elderly
	4) Dr. Urman Dhruv--Senior Physician	
	Topic	:- Nutrition in elderly
8/12/19	Breast Cancer Awareness Walkathon at 6-00 am at Sabarmati River Front with Samved Hospital	
12/12/19 to	Scientific Program: Alert Today Alive Tomorrow	
13/12/19	Tobacco Awareness program for CVS and Cancer	



	1) Dr. Kaustubh Patel, Cancer Surgeon, HCG
	2) Dr. Dushyant Mandalik, Cancer Surgeon, HCG
	3) Dr. Mehul Rathod, Cardiologist, CVHF
15/12/19	Scientific Program: Tb and Obesity Confluence
	(Geetaben M. Desai & Smt. Sumitraben Patel Scientific Program)
	Speaker – 1) Dr. Swati Gohel
	Topic :- Wanted Leaders for a TB free World
	Speaker 2) Dr. M. Narwaria
	Topic :- Nutritional Management of Obese Patients
	Speaker 3) Dr. Arya Singh
	Topic :- Role of Exercise and Physical activity for Weight loss
	Speaker 4) Dr. Sunil P. Mehta
	Topic : Endoscopic bariatric procedures- The new kid on the block
	Panel Discussion - Moderator;_ Dr. Navneet Shah
16/12/19 to	Yoga Shibir by Dr. Pushpaben Multani
24/12/19	
19/12/19	IMA End Tb Initiative Program CME at Mehman Restaurant, Maninagar in association with Maninagar Medical Association
	Speaker 1) Dr. Maitreyi Patel
	2) Dr. Amit Thaker
20/12/19	Scientific Program: Deaddiction of Tobacco
	Speaker - Dr. Himanshu Desai, Psychiatrist
21/12/19	Entertainment Program: Milestone Melodies
	Dr. G. G. Oza
	Dr. Gurudatt Thakkar
	Dr. Urman Dhruv
19/1/20	Social Program: Epilepsy Awareness Program with Indian Epilepsy Association at 10-00 am.





- 19/1/20 Entertainment Program: from 6:00 pm Onwards - Inter Speciality Antakshari Competition→ 18 Medical Specialities participated.
- 26/1/20 Republic Day Celebration by Flag Hoisting at 9-00 am
- 26/1/20 Scientific Program: 10:00am Onwards - Cybersafety Symposium.
 Speaker 1) Dr. Yatin Mehta
 Topic :- Be Smart with your Smart Phone
 Speaker 2) Dr. Amit Shah
 Topic : How to be safe and secure On Line
 Speaker 3) Dr. Parag Rughani
 Topic : Cyber Safety
- 23/2/20 Scientific Program No. -5
 (Dr. Tanumati G. Shah & Dr. Shantilal A. Shah Program)
 Speaker 1) Dr. Urman Dhruv--Senior Physician
 Topic : Corona Virus Infection
 Speaker 2) Dr. Bharat Dave--Spine Surgeon
 Topic :- Artificial Intelligence and Innovations- Doctors Aware!
 Speaker 3) Dr. Hansal Bhachech--Psychiatrist
 Topic :- Relationship with Self
- 29/2/20 Sports Day : Table tennis and Carrom competition at AMA.
- 1/3/20 Sports Day : Track games, Shotput, Slow cycle and Badminton at Gujarat Vidyapith.
- 8/3/20 International Women's Day Celebration
 Speaker 1) Dr. Jyotindra Pandit--Orthopedic Surgeon
 Topic :- Prescription to Fitness
 Speaker 2) Ms. Bina Asha--Fitness Expert and Nutritionist
 Topic :- Age Gracefully
 Speaker 3) Ms. Puja, Beautician
 Topic :- Grooming and Quick Make up
 Speaker 4) Dr. Monaben Desai
 Topic :- Organ Donation Awareness



- 5) SKIT
 6) Dance by Medical students.
- 27/3/20 Free Mask distribution to AMA members
 900 --N95 and
 5000 --3-Layered Surgical Masks
- 4/4/20 to 6/4/20 10,000- N-95 - Free Mask distribution to members.
- 15/4/20 to 25/4/20 PPE kit distribution to AMA members. (more than 25000)
- 8/5/20 to 13/5/20 N95 Masks distribution to AMA members. (more than 20,000)
- 30/6/20 Webinar for our Doctors --
 Speaker :- Pujya Gnan vatsal Swamiji
 Topic : Angels on Earth
 In association with MMA.
- 1/7/20 Doctors' Day Celebration Webinar
 Speaker :- 1) Dr. Atul Patel-- ID Specialist
 Topic :- Treatment of COVID-19 Infection
 Speaker :- 2) Mr. Jay Vasavda
 Topic :- How to remain Happy in this trying times. (Motivational Talk)
- 15/8/20 9-00 am Independence Day Flag Salutation at AMA
 ALIVE WEBCAST OF THE WHOLE EVENT WAS DONE
 9-00 pm PPS Zonal Seminar
 1) Dr. Chandresh Jardosh --President GSB IMA- gave Welcome address
 2) Dr. Bipinbhai Patel--Director, PPS GSB- gave talk -"About PPS"
 3) Mr. Deepak Shukla--Lawyer.-
 Topic :- Legal Awareness for Medical Practitioner
- 27/09/20 - 118th Annual Day Celebration of Ahmedabad Medical Association at AMA
 The Whole Event was LIVE WEBCASTED





We thank the Donors of the Benevolent Fund
of Mr. Ramikaka & Mr. Prakashbhai

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140	1100.00	DR. VISHWA IMPS026414022977
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144	1001.00	UPI052500007352
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152	1000.00	DR. PATEL NAVNEET
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155	1000.00	DR. RAVAL SANJAY

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172	1000.00	DR. MEHTA ILESH
173	1000.00	MRS. MEHTA PALLAVI ILESH
174	1000.00	DR. SHAH HIREN [ANAESTH]
175	1000.00	DR. SHARMA SURENDRA
176	1000.00	DR. SHAH JAYESH
177	1000.00	DR. SHAH NAYAN
178	1000.00	DR. AKHANI KIRIT
179	1000.00	DR. PRABHAKAR M.M.
180	1000.00	DR. JAGWANI KAMLESH
181	1000.00	DR. JAGWANI SHAKUNTALA
182	1000.00	DR. DELIWALA JIGNESH
183	1000.00	DR. DELIWALA KRUTI
184	1000.00	DR. GOPLANI KAMAL
185	1000.00	DR. SHAH HITEN
186	1000.00	DR. SHAH JITENDRA R.
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195	1000.00	DR. SHAH HIREN (PED.)
196	1000.00	DR. PATEL NAITIK
197	1000.00	DR. SHAH JIGNESH (GYNAEC)
198	1000.00	DR. CHRISTIAN ANKIT
199	1000.00	DR. SHAH DILIP
200	1000.00	DR. BHAVSAR PRAVIN
201	1000.00	DR. BHAVSAR RASHMI
202	1000.00	DR. BHAVSAR ANKIT
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204	1000.00	DR. VYAS AMIT VINOD
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207	1000.00	UPI25919501252
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209	1000.00	DR. ANDHARIA REKHA
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217	1000.00	UPI025922688164
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219	1000.00	UPI026089202045

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224	1000.00	IMPS026021312868
225	1000.00	DR. SHAH URVESH V.
226	1000.00	UPI026199756053
227	1000.00	DR. KHUBCHANDANI HARISHKUMAR
228	1000.00	DR. SHAH DILIPBHAI L. IMPS026115281157
229	1000.00	DR. SATISH MADHUSUDANBHAI IMPS026116975824
230	1000.00	DR. PATEL KUMUDBEN GOVINDBHAI
231	1000.00	DR. MODI NIRAV
232	1000.00	DR. BHAGAV RAJESHBHAI
233	1000.00	CASH DEP. NARANPURA BRANCH
234	1000.00	UPI026260612816
235	1000.00	DR. UPADHYAY PALLAVI
236	1000.00	UPI026105443912
237	1000.00	DR. SUHIRD BHAGWANDAS
238	1000.00	DR. BHATT MAYANK
239	1000.00	DR. HIMANSHU K. IMPS026223403269
240	1000.00	DR. MEHTA SANGITA H.
241	1000.00	DR. GAJJAR AMRITLAL VIRAJBHAI
242	1000.00	DR. SIRAJ V. IMPS026309573122
243	1000.00	DR. ASHISH MOHANBHAI IMPS026312267866
244	1000.00	DIVYAM EYE HOSPITAL
245	1000.00	UPI026335819794
246	1000.00	DR. KATHIRIYA JAY .C.
247	1000.00	UPI026410589449
248	1000.00	CASH DEP.AT CHANDLODIA BRANCH
249	1000.00	DR. TRILOCHANA IMPS026419978712
250	1000.00	DR. MOD IMPS026420003163
251	1000.00	DR. DEVAL KEVALCHAND

252	1000.00	UPI026423525700
253	1000.00	DR. MODI KALPESH JAYANTILAL
254	1000.00	DR. RAJESH IMPS026509522834
255	1000.00	UPI026509291628
256	1000.00	DR. RAJESH M. IMPS026510549931
257	1000.00	DR. BAVISKER PREYAL J.
258	1000.00	DR. BAVISKER PREYAL J.
259	1000.00	DR. PATEL BIPIN IMPS02651062044
260	1000.00	UPI026513336812
261	1000.00	DR. RIKIN SUBODHBHAI IMPS026513879379
262	1000.00	DR. NAYANA SATISHBHAI
263	1000.00	DR. SHAH PANNA NARESH
264	1000.00	DR. MEHTA ASHOK P.
265	1000.00	DR. RAJPUR VIRAL ISHWARLAL
266	1000.00	STCON20962175
267	1000.00	DR. PRATIKKUMAR IMPS026521078170
268	1000.00	UPI026609108459
269	1000.00	DR. RAJPUT VIPUL ISHWARLAL
270	1000.00	UPI026677700484
271	1000.00	UPI026615788089
272	1000.00	DR. BHAVESH R. IMPS026615918152
273	1000.00	DR. PATEL MANUPRASAD C.
274	1000.00	DR. SARDA KIRITKUMAR H.
275	1000.00	DR. RAJENDRA IMPS026712748403
276	1000.00	CASH DEP. AT STADIUM ROAD BRANCH
277	1000.00	UPI026813003475
278	1000.00	IMPS026816173158
279	1000.00	DR. SHAH TUSHAR SHWETAL
280	800.00	DR. PATEL RAJESH
281	750.00	DR. KAMLESH R. IMPS026613597779
282	700.00	DR. NATVARLAL IMPS026414698672
283	600.00	UPI026565510935

284	501.00	MRS. DIKSHIT ALKA A.
285	501.00	UPI026210670916
286	500.00	DR. SHAH SARALABEN
287	500.00	DR. GOYAL KIRAN
288	500.00	DR. BHAVSAR PARESH
289	500.00	DR. KHERADA D.A.
290	500.00	DR. PATEL ZULFIBHAI
291	500.00	DR. MAHESHWARI BHARAT
292	500.00	DR. SHAH KETAN
293	500.00	DR. MEHTA PRATIMA
294	500.00	MRS. SHAH ANJUBEN
295	500.00	DR. SHAIKH NAIMUDDIN
296	500.00	DR. SHAH NIRUBEN
297	500.00	DR. KAPADIA ANILABEN
298	500.00	DR. MODI YOGESH K.
299	500.00	MRS. SHAH ANJUBEN
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301	500.00	DR. ANKLESHWARIA S.R.
302	500.00	DR. BHATT BHARATI K.
303	500.00	DR. PARABHAKAR KOKILABEN
304	500.00	DR. MODI SUDHIR
305	500.00	DR. SHAH PRAMOD C.
306	500.00	DR. SHAH AASHOK C.
307	500.00	DR. RAJGORE JAGDISH
308	500.00	DR. SOLANKI K.S.
309	500.00	MRS. SHAH SADHANAR.
310	500.00	DR. PATEL PRAVIN
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313	500.00	DR. PARAKASHKAR MILIND
314	500.00	DR. GANDHI UPENDRA
315	500.00	DR. TANKSHALI RAJAN

316	500.00	DR. SADHU NAYAN C
317	500.00	CASH AT VADAJ ROAD BRANCH
318	500.00	UPI25970854196
319	500.00	UPI25919592967
320	500.00	DR. RAKESHKUMAR DASHRATHLAL
321	500.00	UPI026010646464
322	500.00	UPI026011255068
323	500.00	DR. MAHESWHARI NANDLAL C.
324	500.00	UPI026018643017
325	500.00	DR. KOTHARI JIGISHA PARAG
326	500.00	UPI026197518508
327	500.00	CASH AT VADAJ BRANCH
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329	500.00	DR. HASMUKH TRIKAMBHAI
330	500.00	DR. SHAH PARUL RAJESH
331	500.00	TR026121212587
332	500.00	DR. GAJJAR KAUSHIK H.
333	500.00	DR. SHAH PARESH IMPS026211329852
334	500.00	UPI026216052010
335	500.00	UPI026221955270
336	500.00	UPI026221872410
337	500.00	DR. DHARMESH IMPS026311659655
338	500.00	CASH DEP.AT CHANDLODIA BRANCH
339	500.00	DR. BHARAT MADHUSUDANBHAI IMPS026415817443
340	500.00	UPI026419781331
341	500.00	UPI026559939117
342	500.00	DR. ROY RASHMIN ANILKUMAR
343	500.00	UPI026536330406
344	500.00	UPI026560449113
345	500.00	IMPS026510592097
346	500.00	DR. SHAH RUHABH GIRISHKUMAR
347	500.00	UPI026511053016

348	500.00	UPI026512220008
349	500.00	DR. BANKER MANISH R..
350	500.00	DR. ILESH C. IMPS026513502756
351	500.00	DR. MANISH S. IMPS026513958859
352	500.00	UPI026517618055
353	500.00	DR. SADHANA LALITBHAI IMPS026517728809
354	500.00	DR. PARESH B. IMPS026518779218
355	500.00	DR. NAIK KIRIT
356	500.00	DR. SHAH ZALAK P.
357	500.00	DR. SHAH AVANI
358	500.00	UPI026680178883
359	500.00	UPI026615761378
360	500.00	UPI026615793238
361	500.00	DR. ISHWARLAL IMPS026615723836
362	500.00	DR. SUBODH M. IMPS026618950531
363	500.00	DR. GOSWAMI JIGNESH VIRGIRI
364	500.00	UPI026620628845
365	500.00	UPI026794070408
366	500.00	DR. SAPAN J. IMPS026713009294
367	500.00	DR. GOPAL J. IMPS026721106754
368	500.00	DR. SUTARIA MANISH C.
369	2000.00	DR. MODI DILIP N.
370	2500.00	DR. PRAJAPATI RAJAL B.
371	5000.00	DR. LAKHIYA TUSHAR
372	1000.00	DR. SHAH GAUTAM J.
373	500.00	DR. SHAH MANISH H.
374	500.00	DR. SHAH DARSHANA M.
375	5000.00	DR. PATEL ASHOK [ANESTH]
376	5000.00	DR. BHATIYA VIJAY
377	2000.00	DR. MODI ASHOK B.



સંવેદના સંદેશ

સેક્રેટરી / પ્રેસીડેન્ટ શ્રી,

અમદાવાદ મેડીકલ એસોસિએશન

અમદાવાદ

સ્વ. રામીકાકા અને સ્વ પ્રકાશભાઈના અકાળ અવસાનના સમાચારથી અમો એ.એમ.એ. મેડીકોઝ લીસનર્સ ક્લબના સહુ સભ્યો અત્યંત દુઃખની લાગણી અનુભવીએ છીએ. બે દાયકાથી વધુ સેવા આપનાર આ વ્યક્તિઓ જાણે કુટુંબની સભ્ય જ હતી અને એટલે જ આ કારમો આઘાત જીરવવો ઓફીસના સહુ સભ્યો માટે પણકેટલો અઘરો હશે તે સમજી શકાય તેમ છે. એસોસિએશનને ન પુરાય તેવી ખોટ પડી છે.

લીસનર્સ ક્લબને દસ વર્ષ બંનેએ ખૂબ પ્રેમથી સેવા આપી છે અને હંમેશા હસતા હસતા ક્લબના બધા જ કાર્યક્રમોમાં સહકાર આપ્યો છે. અમો સહુ એમના ઋણી છીએ અને એમના આત્માની શાંતિ અર્થે પ્રાર્થના કરીએ છીએ. પ્રભુ એમના કુટુંબીજનોને પણ આ આઘાત સહન કરવાની શક્તિ આપે એવી હૃદયપૂર્વક પ્રાર્થના કરીએ છીએ.

ઓમ શાંતિ...

એ.એમ.એ. મેડીકોઝ લીસનર્સ ક્લબ

વતી

ડૉ. જી. જી. ઓઝા

ડૉ. અશોક પટેલ

ડૉ. ઉર્મિન ધ્રુવ

ડૉ. ગુરુદત્ત ઠક્કર





118TH ANNUAL DAY OF AHMEDABAD MEDICAL ASSOCIATION AWARD WINNERS

- ➡ Dr. B.N.Mehta Oration –
Dr. Pranjal Modi [Renowned Transplant Surgeon]
- ➡ Late Advocate Shri Shivnarayan A. Modi-
Award to BEST MEDICAL TEACHER –
Dr. H.S.Shah [M.D.(Pathology & Bacteriology)]
- ➡ Mr. Indravadan Ochhavlal Dani - Ahmedabad Endovascular
Foundation – LIFE TIME ACHIEVEMENT AWARD -
Dr. Yogendra S. Modi [M.S. FICS]
- ➡ Dr.Babalal Parikh –
LIFE TIME ACHIEVEMENT AWARD to Family Phycsian-
Dr. K.R. Sanghavi [Senior Family Physician]
- ➡ Smt. Dinaben K. Sanghavi- Award for
EXCELLENCE IN SOCIO- MEDICAL FIELD by a Lady Doctor-
Dr. Bhartiben Lavingya [M.S. D.O. F.A.I.C.O. (Cornea)]
- ➡ Late Dr. Piyush V. Patel Award for
EXCELLENCE IN MEDICAL FIELD
 - 1) Dr. Vipul Shah [Infectious disease Specialist]
 - 2) Dr. Niddhi M. Bhatnagar [M.D. (Patho)]
- ➡ Late Dr. Ashok D. Kanodia – Award for
SERVICE TO SOCIETY & MANKIND:-
 - 1) Dr. Bhupesh D. Shah [MCh DNB]
 - 2) Dr. Rakesh L. Sharma [M.D.(PED)]
 - 3) Dr. Tejas N. Shah [M.D.(PED)]
 - 4) Dr. Bhavik T. Shah [M.D.(PED)]



CORONA WARRIORS

1. Dr. Atul Patel [MD FIDSA]
 2. Dr. Tushar Patel [M.D.(TB & Chest) F.C.C.P, M.C.A.I.]
 3. Dr. Bhavin Solanki [Chief Medical Officer]
 4. Dr. Kartik Parmar [M.D. Medicine]
 5. Dr. Rajesh Solanki [M.D. Chest Physician]
 6. Dr. Mukesh Patel [Pulmonologist]
- ➡ Late Dr. R.K.Nanavaty- Best Essay Prize
TOPIC: - Balancing Professional and Personal Life of a Doctor
Dr. Abhay Dixit [Senior Family Physician]
 - ➡ Indian Association of Occupational Health- Best Essay Prize TOPIC:
- Effect of Diminishing Family Physicians in Society
Dr. Kirtikumar H. Sarda [Family Physician]
 - ➡ Late Dr. Piyush Shah Paper Presentation: -
WINNER: - Dr. Sanjay Shah [MBBS]

MEDALS AND CASH PRIZES TO STUDENTS & DOCTORS

- ➡ Dr. Miss Saraswatiben Sukhlal Sheth (Cash) Prize to Lady student
who got highest number of marks in XII th and got admission in 1st
first M.B.B.S. -
Changela Janki
- ➡ Dr. Ishvarbhai M. Shah (Cash) Prize to student who got highest
number of marks in XII th and got admission in 1st M.B.B.S. –
Ravi Makhija
- ➡ Dr. Anand S. Shah (Cash) Prize to student who got highest number
of marks in first M.B.B.S. examination –
Parikh Khushi Biren





- ➡ Dr. C. V. Dikshit Medal for scoring Highest number of marks in Pathology in 2nd M.B.B.S. examination. –
Sondigara Ruchi Vinodbhai
- ➡ Dr. Shanker Govind Joshi Medal for standing first in final M.B.B.S. examination –
Swaminarayan Neel Rajendra
- ➡ Dr. Anand S. Shah Cash Prize to student who stood first in final M.B.B.S. examination –
Swaminarayan Neel Rajendra
- ➡ Dr. Trikamlal Dullabhdas Vani Medal for first in Surgery in final M.B.B.S. examination –
Patel Arjav Mahesh
- ➡ Dr. Somabhai V. Trivedi Medal for first in Surgery in final M.B.B.S. examination
Patel Arjav Mahesh
- ➡ Dr. Kanaiyalal Gulabdas Vani Medal for first in Obst. & Gynaec in final M.B.B.S. examination
Thakkar Parth Amitkumar
- ➡ Dr. Miss Saraswatiben Sukhlal Sheth Medal to Lady student for first in final M.B.B.S. examination –
Mittal Sapna Harish
- ➡ Dr. Chimanlal Ganpatram Mahadevia Medal for first in Medicine in final M.B.B.S. examination –
Mittal Sapna Harish



- ➡ Shri Dolatrai Makanji Desai Cash Prize for getting highest numbers in Medicine in final M.B.B.S. examination –
Mittal Sapna Harishbhai
- ➡ Dr. Alkaben Ketanbhai Desai Medal for scoring highest marks in Obst. & Gynaec in M.S.
Dr. Dhruvit Chandulal Vaishnani
- ➡ Dr. J. B. Haribhakti Medal for scoring highest marks in M.S. (General Surgery) .
Dr. Riddhi Gaurang Muni
- ➡ Dr. Chhotubhai H. Naik Memorial Medal for scoring highest marks in M.D. (Medicine)
Dr. Aman Tejasbhai Patel
- ➡ Late Shri Dhirajlal Desai Medal for scoring highest marks & standing first in M.Ch.(Urology)
Dr. Dushyant Shamalbhai Pawar
- ➡ Dr. Mahesh V. Choksi Medal & cash prize for scoring highest marks & standing first in M. D. – Radiology -
Dr. Sweety Bhupendra Thakkar
- ➡ Dr. Mahesh V. Choksi Medal & cash prize for standing second in M. D. – Radiology -
Dr. Sakina Hasanji Kaydawala
- ➡ Dr. Saroj Ramesh & Ramesh Damodar Shah Medal & Cash prize for first position in M.D. Pathology -
Dr. Kaushik Rameshbhai Prajapati





**REPORT OF 118TH ANNUAL DAY
CELEBRATION OF
AHMEDABAD MEDICAL ASSOCIATION-
27/09/20**

118th Annual Day of AMA was organised on 27 /09/20, Sunday from 10:00 am onwards. The whole event was LIVE WEBCASTED as due to CORONA PANDEMIC very few members were invited. The Award winners, Managing Committee members and Past presidents were amongst the few present. The Chief Guest of the event was Mr. Ajay Umat- Editor -in-Chief of Nav Gujarat Samay News Paper.

The program Started with Dr. B.N.Mehta Oration of Dr. Pranjal Modi- a renowned Transplant Surgeon. He talked about the Journey of Transplant Surgeries in Gujarat. It was an excellent Oration. After that, Dr. Mona Desai -President AMA started the event with IMA Prayer and IMA Flag Salutation. Then after a divine Shlok was sung by Dr. Kalpita Dave and with the welcome address of Dr. Mona Desai . all the dignitaries on the stage did Lamp Lighting. The guests were felicitated. Dr. Mona Desai felicitated Chief Guest- Mr. Ajay Umat. Dr. Dhiren Mehta- Hon Sec.-AMA felicitated Dr. Kamlesh Saini- Hon. Sec. GSB IMA and Dr. Sunil Chenwala felicitated Imm. Past Sec. and President elect - Dr.Kirit Gadhavi . Then, Hon. Sec. Dr. Dhiren Mehta gave the activity report of all the events which took place during this year. The Award Distribution then started. Awards for different categories were given to the Doctors who had done extra ordinary work or had any extra ordinary achievements during the year 2019-2020. The list of the Awardees is attached herewith. This year 6- CORONA WARRIOR Awards were given to Doctors who relentlessly worked during this trying times. Many Appreciation Awards were also given. The Chief Guest Mr. Ajay Umat gave a very short and apt speech . At last Dr. Dhiren Mehta gave Vote of Thanks and after singing the National Anthem everyone proceeded for lunch. The whole program was flawlessly conducted by two Masters of Ceremony- Dr. Falguni Vora and Dr. Kalpita Dave. They were both felicitated by the President- Dr. Mona Desai.

All throughout the program Social Distancing was maintained and Mask was worn by each and every member present there.



WE WELCOME FOLLOWING NEW LIFE MEMBERS

10010	L	SHUKLA MIRAT UNMESH
10011	L	PATELKAUSHAL ASHWIN
10012	L	MANSURI SHAFIKA ANISAHMED
10013	L	SHAH BHOO MI PRANAV
10014	L	SHAH PAWAN HARSHADBHAI
10015	L	JADAV KRUTI RAJESHBHAI
10016	L	SHAH PALAK NAYANKUMAR
10017	L	PANDYA STUTI MANOJ
10018	L	MAHESHWARI CHETAN GHANSHAMDAS
10019	L	PAMNANI DIRGHA HARILAL
10020	L	PATEL SIDDHARTH PRAVINKUMAR
10021	L	MASRANI SURYAKANT MAGANLAL
10022	L	OZA BRIJESH GIRISHBHAI
10023	LC	VAZIRANI PRASHANT PRAKASHCHANDRA
10024	LC	VAZIRANI PREETI PRASHANT
10025	L	HUMAL NISARG KARSHANBHAI
10026	L	KACHHAWALA MUZASKERA HAFIZBHAI
10027	L	GOYAL KRISHNA KISHORE PREMCHAND
10028	LC	SHAH AALAP JAYESH
10029	LC	SHAH HEETA AALAP
10030	L	MISTRY DEVAL BHADRESHKUMAR

10031	L	AMIN CHIRAG LAVJIBHAI
10032	L	PATEL RAJ NATVARBHAI
10033	L	PATEL MANSI JITENDRABHAI
10034	L	PARMAR KARTIKEYA GANPATLAL
10035	L	DESAI SHRUTI BHAGIRATH
10036	L	SHAH VISHVA DARSHANBHAI
10037	L	PATEL HARDIK KIRITKUMAR
10038	L	PATEL VISHAL LAXMANBHAI
10039	L	PAREKH PRAJULA RAJENDRA
10040	L	SHAH JAY MUKESHBHAI
10041	L	PATEL ASHITKUMAR RAMESHCHANDRA
10042	LC	PATEL KEVAL BHARATKUMAR
10043	LC	PATEL VIDHI KEVAL
10044	L	PATEL PARTH SUDHENDU
10045	L	SHARMA ARVINDKUMAR VISHNUPRASHAD
10046	L	PATEL VIRAJ KIRITBHAI
10047	L	RAVAL BHUMIKA ASHWINBHAI
10048	L	PATEL DISHA NISHANT
10049	L	PRAJAPATI NIRAN RAMESHKUMAR
10050	L	PANDYA PARTH DAXESHKUMAR
10051	L	SHAH MILAP NAYANKUMAR
10052	L	PATEL RUSHI NAVINCHANDRA

OBITUARY

We send our sympathy & condolence to the bereaved family.
May his/her soul rest in eternal peace.



DR. GAURANG J. BANKER

M.D. PED. M.N. L-42

Date of Birth : 02-09-1945

Date of Death : 21-10-2018



DR. SURESH J. MISTRY

M.B.B.S. M.N. 462

Date of Birth : 04-01-1947

Date of Death : 19-06-2020



DR. JAYBHAGWAN S. GUPTA
[CORONA WARRIOR]

D. O. M.N. LC2932

Date of Birth : 01-08-1952

Date of Death : 19-06-2020



DR. CHINUBHAI F. SHAH [DR. C.F. SHAH]

MS. ENT M.N. 874

Date of Birth : 29-11-1933

Date of Death : 23-06-2020



DR. [MRS.] KUSUM S. PANDIT

M.B.B.S. M.N. 528

Date of Birth : 08-01-1945

Date of Death : 31-07-2020

OBITUARY

We send our sympathy & condolence to the bereaved family.
May his/her soul rest in eternal peace.



DR. SANDIP J. DAVE

M.B.B.S. M.N. NO. 6405

Date of Birth : 23-09-1953

Date of Death : 07-08-2020



DR. DILIP C. VAIDYA

[PAST PRESIDENT YEAR 2002-03]

GFAM, LMP M.N. 1255

Date of Birth : 03-04-1939

Date of Death : 09-08-2020



DR. BORKAR R. K.

M.B.B.S. M.N. 2090

Date of Birth : 09-11-1938

Date of Death : 09-08-2020



DR. RAJESH VRAJLAL SHAH

M.B.B.S. M.N. 3770

Date of Birth : 31-07-1960

Date of Death : 17-08-2020



DR. ABDUL KADAR A. TOPIWALA

[CORONA WARRIOR]

M.B.B.S. M.N. 1619

Date of Birth : 12-03-1946

Date of Death : 26-08-2020

OBITUARY

We send our sympathy & condolence to the bereaved family.
May his/her soul rest in eternal peace.



DR. PRAGJIBHAI M. SONARIA
M.B.B.S. M.N. 9559

Date of Birth : 17-10-1944

Date of Death : 03-09-2020

Report of AWARENESS of FIRE SAFETY WEBINAR - 12/09/20

A very interesting and useful Webinar on Awareness of Fire Safety was organised by our Ahmedabad Medical Association on 12TH September -2020, Saturday at 8:00 pm. Looking to the present situation it was mandatory for all us Doctors to know rules and regulations of Fire Safety for their establishments. The Speaker for the Webinar was –The Chief Fire Officer –Mr. Mehernosh Dastoor .

The Webinar started with welcome address and introduction of the speaker by President AMA---Dr.Mona Desai . Mr. Mehernosh Dastoor gave a very apt and useful talk regarding Fire Safety . Many Questions were asked by our members and were answered satisfactorily by the Speaker. At the end our Hon. Secretary Dr. Dhiren Mehta gave Vote of thanks . It was a very well attended Webinar.

**I.M.A. NATIONAL SOCIAL SECURITY SCHEME**

Office Phone : 079-26585430 Time : 2.30 to 6.00 pm

DFC 25 was circulated to all the members.

Last date of payment is Dt. 15/10/2020

Following members have not yet paid the same.

Send the DFC amount with penalty Rs.100/-

Sr. No.	SSS NO.	NAME OF MEMBER	CITY
1.	1864	Dr. Shah Gaurang Vrindavan	Ahmedabad
2.	2353	Dr. Desai Tejas Mahendrabhai	Ahmedabad
3.	2421	Dr. Thakrar Rajendra Amritlal	Ahmedabad
4.	2422	Dr. Thakrar Kala Rajendra	Ahmedabad
5.	2743	Dr. Prajapati Hasmukhbhai F.	Ahmedabad
6.	2861	Dr. Bhatt Pragnesh M.	Ahmedabad
7.	3393	Dr. Patel Kamlesh Bhailalbhai	Ahmedabad
8.	3713	Dr. Shah Sandip Chandrakant	Ahmedabad
9.	5885	Dr. Dileep Srinivasan	Ahmedabad
10.	6855	Dr. Joshi Himanshu Arvindbhai	Ahmedabad
11.	7037	Dr. Raval Rajendra Popatlal	Ahmedabad
12.	8963	Dr. Singh Vaishali Shailendra	Ahmedabad
13.	8986	Dr. Bavishi Vidula Mukesh	Ahmedabad
14.	8987	Dr. Bavishi Mukesh Chandulal	Ahmedabad
15.	9470	Dr. Patel Trupti Shreyans	Ahmedabad
16.	9534	Dr. Parikh Rutul Rameshchandra	Ahmedabad
17.	9895	Dr. Naik Parimit Pradipbhai	Ahmedabad
18.	11188	Dr. Singh Raminder Balwant	Ahmedabad
19.	12844	Dr. Anand Kaushal Maganbhai	Ahmedabad
20.	13006	Dr. Dutt Karan Harishchandra	Ahmedabad
21.	14451	Dr. Chawda Rajesh Valjibhai	Ahmedabad
22.	14698	Dr. Vakta Rohan Kiritbhai	Ahmedabad
23.	16120	Dr. Parikh Dharmesh Vitthal Bhai	Ahmedabad
24.	16642	Dr. Shah Kuntal Gunvantlal	Ahmedabad
25.	16870	Dr. Fadia Biren Avnishkumar	Ahmedabad
26.	18132	Dr. Solanki Pravin Khemchand	Ahmedabad

So please send your Cheque / Draft at Ahmedabad office directly.

Dr. Kirti M. Patel
Chairman

Dr. Yogendra S. Modi
Hony. Secretary

**SOCIAL SECURITY SCHEME, G.S.B. I.M.A.**

Office Phone : 079-26580690 Time : 2.30 to 6.00 pm

DFC 45 was circulated to all the members.

Last date of Payment is Date. 20/10/2020

Following members have not yet paid the same.

Send the DFC amount with penalty Rs.150/-

Sr. No.	SSS NO.	NAME OF MEMBER	CITY
1	9312	Dr. Patel Manishkumar Baldevbhai	Ahmedabad
2	9604	Dr. Shah Jagruti Devang	Ahmedabad
3	10091	Dr. Shah Parag Rajnikant	Ahmedabad
4	10184	Dr. Dileep Srinivasan	Ahmedabad
5	10253	Dr. Jain Azad Hukamchand	Ahmedabad
6	10275	Dr. Trivedi Darshan Dilipkumar	Ahmedabad
7	10282	Dr. Bavishi Nilesh Kantilal	Ahmedabad
8	10284	Dr. Bavishi Sejal Nilesh	Ahmedabad
9	10342	Dr. Agrawal Parthiv Dineshchandra	Ahmedabad
10	10426	Dr. Dave Nila Harit	Ahmedabad
11	10510	Dr. Kapadia Sanjaykumar Manilal	Ahmedabad
12	10985	Dr. Raval Rajendra Popatlal	Ahmedabad
13	11320	Dr. Mehta Sanjay Pravinchandra	Ahmedabad
14	11427	Dr. Parekh Apurva Dharendra	Ahmedabad
15	11440	Dr. Goswami Kirtigiri Govindgiri	Ahmedabad
16	11480	Dr. Shah Dhaval Rajnikant	Ahmedabad
17	11542	Dr. Shah Pragnesh Upendrakumar	Ahmedabad
18	11560	Dr. Sanghavi Amir Arunbhai	Ahmedabad
19	11601	Dr. Diwan Hilesh Krishnakant	Ahmedabad
20	11692	Dr. Patel Brijesh Amrutbhai	Ahmedabad
21	11745	Dr. Vaghela Navinchandra Khodidas	Ahmedabad
22	12036	Dr. Patel Trupti Shreyans	Ahmedabad
23	12043	Dr. Joshi Rohit Naranjibhai	Ahmedabad
24	12062	Dr. Parikh Rutul Rameshchandra	Ahmedabad
25	12358	Dr. Patel Udayankumar Purushottamdas	Ahmedabad
26	12398	Dr. Palakhivala Sejal Atulbhai	Ahmedabad
27	12399	Dr. Shelat Darshan Anilkumar	Ahmedabad
28	12522	Dr. Shah Dhiren Shantilal	Ahmedabad



29	12559	Dr. Rawal Pragna Jayesh	Ahmedabad
30	12617	Dr. Mehta Kaushik Anilkumar	Ahmedabad
31	12632	Dr. Joshi Neha Manish	Ahmedabad
32	12701	Dr. Shah Pratik Hemendrabhai	Ahmedabad
33	12746	Dr. Mehta Bhumi Dhaval	Ahmedabad
34	12825	Dr. Patel Vaibhavi Bhupendrakumar	Ahmedabad
35	12826	Dr. Mehta Vikram Pradipkumar	Ahmedabad
36	13067	Dr. Dutt Karan Harishchandra	Ahmedabad
37	13087	Dr. Anand Kaushal Maganbhai	Ahmedabad
38	13193	Dr. Kaushik Shuchi Shrigopal	Ahmedabad
39	13194	Dr. Shah Bhagyesh Ashwinkumar	Ahmedabad
40	13236	Dr. Darji Prakash Ishvarlal	Ahmedabad
41	13255	Dr. Agrawal Manoj Nawalkishore	Ahmedabad
42	13438	Dr. Kapadia Siddharth Ravindrabhai	Ahmedabad
43	13581	Dr. Parikh Purvi Mitul	Ahmedabad
44	13582	Dr. Parikh Mitul Shaileshbhai	Ahmedabad
45	13613	Dr. Parikh Nilesh Lalitchandra	Ahmedabad
46	13646	Dr. Solanki Sameer Babubhai	Ahmedabad
47	13654	Dr. Suri Amar Sushilkumar	Ahmedabad
48	13821	Dr. Shah Birwa Biren	Ahmedabad
49	13822	Dr. Shah Ashini Hemal	Ahmedabad
50	13954	Dr. Mehta Shailee Pareshbhai	Ahmedabad
51	14107	Dr. Shah Arpit Subhashbhai	Ahmedabad
52	14113	Dr. Shah Rutu Sujaykumar	Ahmedabad
53	14198	Dr. Parikh Dharmesh Viththalbhai	Ahmedabad
54	14323	Dr. Shah Pritish Shrenikbhai	Ahmedabad
55	14324	Dr. Shah Parth Shrenikbhai	Ahmedabad
56	14404	Dr. Shah Kuntal Gunvantlal	Ahmedabad
57	14472	Dr. Katariya Ankitkumar Devayatbhai	Ahmedabad
58	14540	Dr. Shah Nishith Narendrakumar	Ahmedabad
59	14578	Dr. Patel Krishna Ronak	Ahmedabad
60	14579	Dr. Patel Ronak Khodabhai	Ahmedabad
61	14661	Dr. Parikh Nimish Kirit	Ahmedabad

So please send your Cheque / Draft at Ahmedabad office directly.

Dr. Jitendra B. Patel
Hon. Secretary

Dr. Yogendra S. Modi
Hon. Treasurer

Dr. Kirit A. Gandhi
Hon. Jt. Secretary

FAMILY WELFARE SCHEME, G.S.B. I.M.A.

Office Phone : 079-26580690 Time : 2.30 to 6.00 pm

DFC No.2 was circulated to all the members.

Last date of Payment is Date. 20/10/2020

Following members have not yet paid the same.

Send the DFC amount with penalty Rs.200/-

S.No.	FWS No.	NAME OF MEMBER	BRANCH/CITY
1	100	Dr. Buddhadev Nitin Amrutlal	Ahmedabad
2	261	Dr. Jain Azad Hukumchand	Ahmedabad
3	1022	Dr. Bavishi Nilesh Kantilal	Ahmedabad
4	1023	Dr. Bavishi Sejal Nilesh	Ahmedabad
5	1451	Dr. Parikh Vijay Sunderlal	Ahmedabad
6	2102	Dr. Patel Rajendra Chunibhai	Ahmedabad
7	2137	Dr. Shah Sunil Govindlal	Ahmedabad
8	2197	Dr. Vora Deepak Natwarlal	Ahmedabad
9	2281	Dr. Vaghela Navinchandra Khodidas	Ahmedabad
10	2294	Dr. Patel Pragnesh Vadilal	Ahmedabad
11	2295	Dr. Patel Dipika Pragnesh	Ahmedabad
12	2660	Dr. Jain Uresh Jayantilal	Ahmedabad
13	2753	Dr. Shah Nehil Bhadrak	Ahmedabad
14	2771	Dr. Agrawal Hasmukh Nathulal	Ahmedabad
15	2783	Dr. Desai Tejas Himanshu	Ahmedabad

So please send your Cheque / Draft at Ahmedabad office directly.

Dr. Jitendra B. Patel
Hon. Secretary

Dr. Yogendra S. Modi
Hon. Finance Secretary

Dr. Kirit A. Gandhi
Hon. Jt. Secretary



લેડીઝ-ક્લબ

"Women are the real architects of society"

- Cher

સૌ પ્રથમ તો વર્ષ ૨૦૧૯-૨૦ માટે Ladies Club નો કાર્યભાર મને અને મારી ટીમને સોંપવા માટે, વિશ્વાસ મુકવા માટે આપ સર્વે નો ખૂબ ખૂબ આભાર.

Friends 2009-10 માં સેક્રેટરી બની ત્યારથી Club સાથે એક લાગણીના સંબંધે ગુંથાઈ ગઈ અને જેમ જેમ દર વર્ષે આગળ વધતી ગઈ, અલગ-અલગ Post મળતી ગઈ અને ફરીથી બે વખત સેક્રેટરી બની અને સેક્રેટરી તરીકે 'હેટ્રીક' પૂરી કરી અને આ રીતે એક દાયકા દરમિયાન પ્રેસીડન્ટ સુધીની સફર ખૂબ જ સુંદર રહી. ખૂબ જ જાણવા મળ્યું, શીખવા મળ્યું, નવા મિત્રો મળ્યા, વડીલ મિત્રો પાસેથી ખૂબ શીખવા મળ્યું. આ સંપૂર્ણ કાર્યકાળ દરમિયાન Ladies Club ની ઉત્તરોત્તર પ્રગતિ અને ગરીમા ના નવા આયામો સિધ્ધ થતા જોયા અને જ્યારે President ની પદવી મળી ત્યારે એક ગર્વ, આનંદ, કૃતજ્ઞતાનો અનુભવ થયો.

વર્ષની શરૂઆત આપણી પ્રણાલી મુજબ શક્તિની આરાધના ના પર્વ નવરાત્રીમાં ગરબાના પ્રોગ્રામથી કરી. શપથગ્રહણ - સમારોહ ગુજરાતનાં પ્રથમ મહિલા - શ્રીમતિ અંજલીબેન વિજયભાઈ રૂપણી Chief Guest ની ઉપસ્થિતિ થી થયો. Installation Officer તરીકે વરિષ્ઠ અને આદરણીય એવા Dr. Kirtibhai Patel ના આશિર્વાદ મળ્યા અને Guest of Honour નું સ્થાન શોભાવ્યું. Club ની પ્રગતિ માટે હંમેશા ઉત્સુકતા પૂર્વક મદદ માટે તૈયાર એવા Dr. Nitin Suman Shah એ.

વર્ષની શરૂઆતમાં જ આર્થિક અને Moral Support જેની ખૂબ જ જરૂર પડે તે આપ્યો.

- Heart Care Foundation - Dr. Nitin Suman Shah

- Live Well Hospital - Dr. Hitesh Patel



- Shashwat IVF Hospital - Dr. Sheetal Punjabi

જેમનાં આપણે ખૂબજ ઋણી છીએ.

Club ની Activity ની શરૂઆત ખૂબ જ રસપ્રદ, આનંદદાયક, માહિતીસભર પ્રોગ્રામ્સ થી થઈ, વર્ષ સુંદર રીતે આગળ ધપવા લાગ્યું. Entertainment, Social, Knowledge જેવા અનેક પ્રોગ્રામની સુવાસનો ગુલદસ્તો બનતો હતો ત્યાં જ એક મોટી Challenge આવી જે સમગ્ર વિશ્વ માટે હતી. CORONA Pandemic અને એક ક્ષણ તો બધું થંભી ગયું - પરંતુ When There is a Will There is a Way એ રીતે તમારી બધાની શુભેચ્છા અને મારી પાસેની અપેક્ષાએ મને અને મારી ટીમને એક ઉત્સાહ અને ઈચ્છા માટે બળ પુરું પાડ્યું અને સમયની માંગ મુજબ આપણે Social Media પર અનેક માહિતી સભર, Mental boost up મળે તેવા Virtual Programmes ની શરૂઆત કરી.

HIGHLIGHTS OF GENERAL PROGRAMMS

1	4.10.2019	Installation Ceremony Of Team 2019-20
2	9.10.2019	INVITATION TO CALOREX GARBA AS GUEST
3	16.11.2019	A TO Z OF FAMILY FINANCES
4	26.1.2020	REPUBLIC DAY CELEBRATION WITH AMA
5	22.1.2020	VISIT TO COSMETIC CLINIC: DR. RANJAN RAVAL
6	11.1.2020	HITCON DIGITAL WORKSHOP
7	5.3.2020	MEET THE MASTER CHEF: Mrs. Heena Gautam
8	27.9.2019	INVITATION AS GUEST IN HILIFE EXHIBITION
9	8.3.2020	WOMENS DAY CELEBRATION WITH WDW
10	15.8.2020	INDEPENDENCE DAY CELEBRATION WITH AMA



SOCIAL ACTIVITIES		
11	20.10.2020	BREAST CANCER AWARENESS RALLY WITH MMA
12	14.11.2019	BAL DIN CELEBRATION with NGO Jivan Deep in Vadaj
13	2.3.2020	VISIT TO PARUL SCHOOL
14	JULY	MASK DISTRIBUTION to needy people: Support Dr. Parul Shah
15	SEPTEMBER	MEDICINE DISTRIBUTION TO NGO Jiven deep
38	SEPTEMBER	VISIT TO SOLA BHAGWAT GHARDA GHAR AND DONATION TO THEM
ENTERTAINMENT PROGRAMMS		
16	4.10.2019	GARBA AT AMA with installation ceremony
17	16.10.2019	SHARODTASAV WITH AMA
18	19.1.2020	PARTICIPATION OF LADISE CLUB TEAM IN AMA ANTAKSHARI
19	27.2.2020	PICNIC TO SEVA ECO TOURISM
20	16.2.2020	HERITAGE WALK MANDIR TO MASJID WITH NGO DOORBIN
21	14.2.2020	VALENTINE DAY CELEBRATION: PARTNER YOGA
HEALTH PROMOTION PROGRAMMES		
22	22.12.2019	MEGA SEMINAR ON HEALTH AND WELLNESS
23	5.9.2020	FIT WOMEN FIT SOCIETY MEGA ONLINE WEBINAR
24	19.9.2020	SPIRITUAL CONFERENCE ONLINE
ONLINE ACITIVITIES		
SUPER WOMEN SERIES		
37	22.12.2020	SUPER WOMEN : DR.MONA DESAI
25	16.4.2020	GOAL SETTING IN LOCKDOWN - DR.SHITAL PUNJABI
26	21.4.2020	PROPER TIME MANAGEMENT : MRS.SUMIRA SHAH

27	24.4.2020	MINIMALISM : MRS.YAYATI PATEL
28	15.6.2020	KNOW AND PROTECT YOUR CREATIVITY : MRS.GOPI TRIVEDI
OTHER ONLINE PROGRAMME ON USEFUL TOPICS		
29	25.4.2020	LIFE AFTER LOCKDOWN : DR.URMAN DHRUV
30	10.5.2020	BHAGWAN MA BHAV JAGE TYARE BHAY BHAGE : PUJYA SHRI BHAKTIPRASAD SWAMIII
31	20.6.2020	FINANCIAL AWARENESS : MR.PARTHIV SHAH
32	2.7.2020	STORIES: A SURE WAY TO CONNECT : MRS.DIPALI BHACHECH
33	4.7.2020	NEVER IGNORE PAIN : DR.HITESH PATEL
34	18.8.2020	EXERCISE AND DIET TIPS : DR.NIRAJ SHAH,MRS.SHAILEY SHAH
35	27.8.2020	ONLINE SHOPPING : DR.VISHAL DEDANIA
36	12.9.2020	WOMEN ARE REAL ARCHITECT OF THE SOCIETY : MEGA WEBINAR
<p>શરૂઆતથી જ મેં આ દરેક સફળ પ્રોગ્રામ્સ માટે અને આ વર્ષ દરમ્યાન અણધારી Challenge માં પણ મારી સાથે અડીબમ ઉભા રહી મને જે Support-Suggestion આપ્યા તે માટે મારા સાથી - Secretary હિરલ શેલત નો હૃદયપૂર્વક આભાર.</p> <p>આ ઉપરાંત મારા તમામ Committee Members નો તેમના ઉમદા Support માટે ખૂબ આભાર.</p> <p>સંપૂર્ણ વર્ષ દરમ્યાન મને ખૂબ જ પ્રોત્સાહન, યોગ્ય સમયે યોગ્ય માર્ગદર્શન માટે ગુરુ મિત્રો અને Past Presidents શ્રીમતી દિનાબેન સંઘવી, શ્રીમતી અંજુબેન શાહ, શ્રીમતી અલ્કાબેન દીક્ષીત, શ્રીમતી જસ્નાબેન મહેતા, શ્રીમતી દીપીકાબેન શાહનો ખૂબ-ખૂબ આભાર.</p> <p>વર્ષ દરમ્યાન Corona Pandemic મા Social Programmes માટે સૂચન અને માર્ગદર્શન માટે Dr. Parul Shah નો આભાર.</p> <p>ડૉ. મોનાબેન દેસાઈ AMA પ્રમુખ નો આભાર માનું તેટલો ઓછો, ખૂબ જ</p>		

પ્રોત્સાહન આપ્યું અને જ્યાં યોગ્ય અને સરસ Program હોય ત્યાં Ladies Club નો સમાવેશ કર્યો તેમનો અને તેમની ટીમનો ખૂબ-ખૂબ આભાર.

સ્ટાફ મિત્રો, મોહનભાઈ, અમીતભાઈ, પ્રિન્ટર હિતેષભાઈ સર્વેનો ખૂબ આભાર. Corona સામેની જંગમાં શહીદ થયેલા સ્ટાફના વડીલ શ્રી રામીદાદા અને શ્રી પ્રકાશભાઈનો આભાર તો કેવી રીતે માનુ...? ઈશ્વર તેમના આત્માને શાંતિ આપે.

Last but Not the least Dr. Pragnesh Vachharajani - મારા બેટર હાફ - આભાર તો નહીં માનું પણ જીંદગીના હમસફર પરંતુ આ વર્ષના કાર્યકાળમા મારા Back bone જેમના ભરોસે સફર શરૂ કરી હતી તે સફર ખૂબ જ સફળતા પૂર્વક અને એ પણ એક મોટી Challenge પછી પણ પૂરી કરી.

Dr. Mehul Shelat મારા ખૂબ સારા હિતેચ્છુભાઈનો આભાર માનું તેટલો ઓછો છે. આ ઉપરાંત Dr. Abhay Dixit, Dr. K.R. Sanghavi અને Dr. Mehul Shah વગેરેનો પણ ખૂબ આભાર.

આપ સર્વે Members નો પણ મારામાં વિશ્વાસ મુકવા માટે, આપની ઉપસ્થિતિ અને ઉત્સાહ વધારવા હૃદયપૂર્વક આભાર અને સાદર પ્રણામ.

શ્રીમતી ભારતીબેન પટેલ અને તેમની આવનારી ટીમને ખૂબ-ખૂબ અભિનંદન અને શુભેચ્છા.

મિત્રો વર્ષ બદલાયું છે, કાર્યકાળ પૂરો થાય છે પરંતુ AMA-Ladies Club સાથેનો સંબંધ અકબંધ છે, રહેશે અને વધુ ગાઢ બન્યો છે.

એક સુંદર અનુભવ, આત્મસંતોષ સાથે વિરમું છું કોઈને પણ મન, કર્મ, વચન થી જાણે અજાણ્યે દુઃખ પહોંચ્યું હોય તો ક્ષમા સાથે વિરમું છું.

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A Case of Reinfection of COVID-19

58 Old female patient, known case of HBP and Hypothyroidism, on Tab Eltroxin 50 ug once a day & Tab Metoprolol 25 mg twice a day, presented on 17th April 2020 with complaint of Fever, bodyache, cold and soreness of throat. For the same, her RT PCR COVID 19 was done at Civil hospital, which was positive. Her husband was also symptomatic for covid 19 and positive report. Both were admitted in civil hospital on 19/04/2020.

Patient was asymptomatic after 2 days and her x-ray chest was normal. Her repeat RT PCR COVID 19 was done on 28th and 29th April 2020, which were negative and then she was discharged on 29/04/2020. Her husband had severe disease and was kept in civil hospital for 23 days and then subsequently he was discharged.

Patient was on her regular Medicine for HBP and Hypothyroidism at home. She was alright for 4 months.

She again developed symptoms in form of fever, bodypain, cough and throat soreness on 17th August 2020, for which RAPID ANTIGEN TEST done by AMC team, which was positive. Her son 30 yrs. old, who is working in Airforce and travelled from Delhi on 8th August. Entire family RAPID ANTIGEN TEST was performed, out of them her Son detected to be positive for Covid 19 and admitted in Airforce hospital. Patient was admitted in Ratan Hospital on 19/08/2020.

After admission at Ratan hospital, RT PCR COVID 19 test was done which was turned positive with CT VALUE 18. Total Antibody and IGG antibody test were negative. Patient is afebrile since last 3 days. Her covid profile was done in which CRP and IL 6 value high otherwise X-ray chest and other reports are normal.

By Dr. Pragnesh Vora
M.D. (Med.)





Approach to a case of Breathlessness

Dr. Mahadev Desai, (M. D.)

When the covid19 pandemic is in full swing, all symptoms which come in D/D of Covid19 assume greater importance. On one side a clinician should not delay the diagnosis of a disease with very high infectivity and serious complications and on other side, other important conditions with similar presentation should not be ignored.

In this context, I would like to discuss in brief, how to evaluate all the patients who present with breathlessness or difficulty in breathing or shortness of breath.

What is breathlessness?

Dyspnea is defined as subjective experience of breathing discomfort.

- Symptom of breathlessness should be evaluated in the context of what is normal for a person according to his or her level of fitness and exertional threshold.
- Development of dyspnea generally considered
 - *Acute onset → hours to days
 - *Chronic → 6 to 8 weeks

Common Causes of breathlessness

Respiratory and Cardiovascular diseases.

- COVID-19, H1N1 pneumonia, ARDS, Bronchial asthma, COPD, Pleural effusion, Interstitial Lung Disease (ILD), Pulmonary Arterial Hypertension (PAH).....
- Hypertension, Coronary Artery Disease (CAD), Heart Failure, Valvular heart disease..
- Anemia
- Psychogenic: hyperventilation, anxiety, pain, anger
- Obesity



Remember serious conditions

- COVID-19 Pneumonia (also H1N1 pneumonia)
- Acute severe asthma / Anaphylaxis
- Acute Myocardial Infarction (AMI), LVF
- Pulmonary Embolism (PE)
- Pneumothorax
- Foreign body / Aspiration / ARDS
- Metabolic Acidosis
- Myasthenia gravis, Gullain Barre Syndrome (GBS)
- Poisoning

Approach to a case of breathlessness

Important points in history

- Duration, Rapidity of onset, degree, Rate of worsening ...
- Associated symptoms: fever, cough, cold, running nose, hemoptysis, chest pain, palpitation....
- H/o recent international/domestic traveling or exposure to confirmed c/o Covid-19
- Is dyspnea: Intermittent, Exertional or Nocturnal?
- Is patient a known c/o Asthma, COPD, CAD....?
- H/o medications by patient

Important clues in clinical examination

- Vital signs especially respiratory rate and pattern, SpO2, Kussmaul breathing
- Consciousness level, Cyanosis
- Accessory muscles, Stridor
- Anemia, Lymph adenopathy, Jaundice
- Neck veins / JVP / Kussmaul sign
- Oedema over legs: unilateral / bilateral, pitting ±
- RS → air entry, chest movements, breath sounds, foreign sounds





- CVS → tachycardia, arrhythmia, S3/S4/murmur

First line investigations:

- RT-PCR for COVID-19
- CBC, ESR, RBC indices
- X-ray chest PA view
- ECG
- Electrolytes, Glucose, S. Acetone...
- S. creatinine, Blood Urea, SGPT....
- 2D echocardiogram

RT-PCR for COVID-19 :

- Patient in Isolation ward
- Has to be collected by trained staff
- Nasal swab or Throat swab
- Virus Transport Medium (VTM) tube
- Maintain cold chain
- Report to be communicated as soon as possible

Special investigations:

- ABG analysis
- Troponin-T
- NT Pro-BNP / BNP
- D-Dimer
- CT Pulmonary Angiography(CTPA)
- HRCT-Thorax
- Bronchoscopy

Management of breathlessness:

Triage and Emergency Treatment : Attend with N95 mask and gloves or Full-body PPE

- Keep in Isolation ward
- Maintain vital signs pending reports
- Oxygen (Goal: SpO₂ 92%, but 95% in pregnant patient)



- Avoid aerosol-producing therapies
- Hydration
- Manage co-morbid conditions: diabetes, hypertension, CAD, COPD...
- If RT-PCR is positive → follow the protocol

Emergency Treatment in other patients:

- Oxygen by nasal prongs or face mask (Goal: SpO₂ 92 %)
- For Asthma: Nebulization with Bronchodilators / Inhaled steroids
 - Inj. Methylprednisolone and Inj. Aminophylline or Theophylline / Salbutamol
- For anaphylaxis: Inj. Adrenaline & Pheniramine maleate + Ranitidine
- For LVF Inj. Frusemide or Torsemide / Nitrites (with ECG and BP monitoring)
- For Pneumothorax: Emergency decompression for:
 - Needle aspiration of air with 8/9 Fr catheter
 - ICD(Tube Thoracostomy) insertion, connected to water seal device with/without suction

Conclusions :

- Dyspnea is a common complaint in OPD/Indoor patients.
- Serious causes like Covid-19, Severe Asthma, Acute LVF, Pneumothorax, PE, Metabolic acidosis....
- Proper documentation of history and findings
- Detailed history & thorough clinical examination will give important clues
- Get the investigations as clinical condition demands
- When Covid-19 infection is strongly suspected, Isolate, attend with N95 mask and gloves or full-body PPE, Get RT-PCR, Maintain vitals and hydration pending reports.
- Follow the protocol for Covid19 in positive case.
- First assessment and Emergency treatment (if required) has to be initiated by the primary care physician before referring to the specialist or the hospital





Approach to a case of Proteinuria

Dr. Mahadev Desai, (M. D.)

Proteinuria is defined as excessive protein excretion in the urine, generally greater than 150 mg/24 h in adults.

Proteinuria more than 1–2 g/day is usually a sign of underlying glomerular kidney disease

Proteinuria >3.5 gm/24 hrs is called Nephrotic range

Proteinuria less than 1 g/day can be due to multiple causes along the nephron segment

Mechanism & Types of Proteinuria

Functional: Benign, Stressors: fever, exercise

Overload: overproduction of circulating, filterable plasma proteins (Bence Jones proteins associated with plasma cell myeloma)

Glomerular: altered glomerular permeability with an filtration fraction of normal plasma proteins e.g. diabetic nephropathy.

Tubular: faulty reabsorption of normally filtered proteins in the proximal tubule e.g. ATN, AIN, Drug-toxicity (AG, ART, lead..), Wilson's disease

Common Causes of Proteinuria

- Acute glomerulonephritis: post streptococcal
- Diabetic nephropathy
- Nephrotic syndrome
- Lupus nephritis
- Acute Interstitial Nephritis (AIN)
- Drug-induced kidney injury: AG, Gold, Lead, Penicillamine
- IgA nephropathy
- Plasma cell myeloma (Multiple myeloma)
- Amyloidosis



- Hemolytic Uremic Syndrome (HUS), Thrombotic Thrombocytopenic Purpura (TTP)

Approach to a case of Proteinuria

- Most are asymptomatic or may show s/s of underlying etiology
- Frothy/smoky/red urine
- Urine output: oliguria/polyuria
- Weight gain or weight loss
- Anemia, anasarca (generalised edema)
- Inquire h/o hypertension, diabetes, SLE, hypothyroidism
- Age: Children- AGN; Middle age- collagen, DM, drug toxicity, Old age- malignancy-related, amyloidosis
- Degree of proteinuria : <1.0 g./day → functional, tubular,

1-2 g./day → glomerular diseases

>3.5 g./day → nephrotic syndrome

orthostatic proteinuria - It typically is observed in tall, thin adolescents or adults younger than 30 years; it may be associated with severe lordosis; renal function is normal, and albuminuria usually is less than 1 g/day

Investigations

- Urine analysis: Routine & Microscopy for pus cells, RBCs, various casts etc.
 - Urinary dipstick actually does not measure protein but instead detects the negative electrochemical charge that characterizes albumin. Albuminuria is seen in glomerular proteinuria
 - Positively charged Bence Jones proteins (B-J proteins) are often missed with dipstick analysis. B-J proteins can be detected by addition of sulfosalicylic acid to the urine specimen or by directly measuring urine protein
 - False-positive results can occur with recently exposure to





iodinated radiocontrast agents, alkaline urine, and gross hematuria. SSA detects all proteins, not just albumin.

- The gold standard for quantification of proteinuria is the 24-hour urine collection. The normal amount of protein in the urine is < 150 mg/day.

- S. creatinine, Blood Urea,
- S. proteins: Total, Albumin, Globulin
- Plasma glucose: FPG, PPG, HbA1c
- S. TSH, S. free T4, S. cholesterol
- USG / CT abdomen
- X-ray or CT chest
- Anti-GBM antibodies, ANCA
- Collagen profile: ANA, dsDNA, Complement levels...
- HBsAg, Anti-HCV antibodies
- Serum & Urine Protein electrophoresis
- Renal biopsy is occasionally indicated when other investigations do not yield diagnosis

Management of Proteinuria

- Depend on the cause
- General measures:
 - Salt restricted diet
 - Protein restriction diet: controversial (most prefer 0.8 to 1.0 kg/wt/day)
 - Diuretics & ACE inhibitors and ARBs
 - Good control of hypertension, diabetes, dyslipidemia
 - Role of steroids and immunosuppressant drugs



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