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TIMES OF INDIA

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AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association)

AHMEDABAD MEDICO NEWS

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DR. MEHUL N. SHELAT
President - AMA



DR. KIRITKUMAR C. GADHAVI
Hon. Secretary - AMA

Imm. Past President - **DR. JAYESH P. SACHDE**

Vol.13

MARCH-2019

Issue-11

HIGHLIGHTS

- 03-04-2019 CME with Spouse
- 20-04-2019 Scientific Programme
- 20-04-2019 Ladies Club Programme
- 27-04-2019 Scientific Programme
- 02-05-2019 Ladies Club Programme
- 05-05-2019 Senior Citizen Club Programme
- 30-06-2019 AMACON



"LOOK BACK & THANK GOD, LOOK FORWARD & TRUST GOD"

Message From President and Hon. Secretary Desk



Greetings,

Dear friends,

All aspiring students as well as all other members who have future task that test one's character and ability. This is the season of examination and members whose children have appeared for the board examination must have put in immense efforts to success at all the levels. Our best wishes to all those who appeared for the exam and they achieve their goals.

On 21-02-2019 UG & PG Medical Students career seminar organized at AMC MET Medical College. Thanks was to all who made this program successful. Dr. Saumil Merchant, Dr. Ashok Nirvan & Ms Janat Turner. The program was well attended by 150 students.

On 22-02-2019 Guru speaks was arranged. More than 70 members attended this program. Thanks to Pankaj Nagar & Dr. Jitendra N. Patel.

On 03-03-2019 there were two programs (1) Mega Medical Camp at Dakor. About 315 patients got benefit of camp. The Medical camp was very successful.

On same day (03-03-2019) there was workshop to NABH SENSITIZATION at Silver Cloud Hotel. Dr. Jayesh D. Patel was co-ordinator. He managed program well. Thanks to Dr. J. D. Patel.

On 10th March, there was Woman's Day Celebration program, which was arranged by Ahmedabad Medical Association, woman doctor wing and Ladies club of AMA. First of all congratulation to

Dr. Monaben Desai being elected as – official Adviser in Social Medical Affair committee of WMA and also thanks for organizing woman's Day program. It was grand success.

On 16-03-2019 there was talk on "શિક્ષણનું માધ્યમ માતૃભાષા કે અંગ્રેજી ?" Members participated interestingly.

On 17-03-2019 there was PPS Zonal Educational Seminar inaugurated by our President IMA GSB Dr. S. S. Vaishya, Dr. Bipinbhai Patel, Dr. Mahendrabhai Desai, Dr. Yogendrabhai Modi and dignitaries.

Thanks to all.

On 24th March has just gone it is the World T.B. Day. Though one of the oldest known disease. We are still far from controlling this monstrous disease. Multi drug resistant & extended Drug resistant cases are on the rise. The growing epidemic of HIV is making the control difficult. After a long period of 40 years, we would like to create awareness amongst our Doctor friends as well as lay public for early diagnosis, prompt start treatment, full course treatment and proper follow up to help reduce the tuberculosis burden. So we were able to arranged detailed information on the subject of tuberculosis A to Z live on face book on 23-03-2019.

On 03-04-2019 Felicitation of Dr. Anilbhai Nayak In charge- Vice Chancellor, Hemchandra North Gujarat University and Scientific Program on Pain management update.

On 20-04-2019 there will be a program present, past & future Cardio update. On 27-04-2019 program on Adult Immunization and "નસકોરા, નિયંત્રણ નિદાન અને નિવારણ" Face book live (1) 07-04-2019 Live with Past President of Ahmedabad Medical Association. (2) 27-04-2019 Face Book live on Pediatric Vaccine.

Details of entire coming program is given in this bulletin.

Dr. Mehul N. Shelat

President

Ahmedabad Medical Association

Dr. Kiritkumar C. Gadhavi

Hon. Secretary

Ahmedabad Medical Association



SCIENTIFIC PROGRAMME



CAREER SEMINAR



WOMAN'S DAY CELEBRATION



DAKOR MEDICAL CAMP



MEETING WITH HEALTH DEPARTMENT - GANDHINAGAR



MEETING WITH HEALTH DEPARTMENT - GANDHINAGAR



GURU SPEAKS



SENIOR CITIZEN PROGRAMME



CYCLE DONATION



NABH WORKSHOP



NABH WORKSHOP



**Be a Member of
F.B.S.,
S.S.S., P.P.S.,
Health Scheme
and N.S.S.S.**



PPS ZONAL SEMINAR



PPS ZONAL SEMINAR





LADIES CLUB PROGRAMME



Content

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DR. ATUL GANDHI	DR. JITENDRA N. PATEL	DR. BHAVESH M. PATEL

CME with Spouse & Felicitation of Dr. Anil Nayak

Vice Chancellor

Hemchandracharya North Gujarat University Incharge

Date : 03-04-2019, Wednesday

Time : 8.30 pm onwards

Venue : AMA Hall

PROGRAMME HIGHLIGHTS

8.30 pm to 9.00 pm : Dinner

9.00 pm to 9.20 pm :

Subject : Pain Management Update

Speaker : Dr. Hitesh Patel

9.20 pm to 9.40 pm :

Subject : Spine Surgery

Speaker : Dr. Rohit Thakor

9.40 pm to 10.00 pm :

Subject : Wealth Building

Speaker : Mr. Utpal Shah

10.00 pm onwards : Felicitation of Dr. Anil Nayak

Programme Co-ordinator

Dr. Adit Desai & Dr. Gargi M. Patel

Supported by :



Reg. Fee : Rs. 50/- for Member & Delegate.

You are requested to register at AMA Office before 1st April, 2019 on 26588775.

Dr. P. P. Mehta SCIENTIFIC PROGRAMME NO. 9

Interactive CME on Cardiology with Spouse

Date : 20-04-2019, Saturday

Venue : Ahmedabad Medical Association Premises

Opp. H. K. College, Ashram Road, Ahmedabad.

Time : 08.30 pm Dinner

9.00 pm onwards PROGRAMME

Subject : हृदयरोग, कल आज और कल

Speaker : Dr. Rameshbhai Kapadia
M.R.C.P. (Cardiology) F.R.C.P. (Edin)

Speaker : Dr. Dhaval Doshi
M.D., D.M. (Cardiology)

Interactive Session will be in Gujarati

Programme Co-ordinators

Dr. Ashish Bhojak Dr. Chintan Gandhi

Registration Fee Rs. 50/- for Members & their Spouse

You are requested to register your name at our AMA Office on Tel. 26588775 before 18-04-2019 5.00 pm

Dr. Mehul N. Shelat Dr. Kiritkumar C. Gadhavi
President, AMA Hon. Secretary, AMA

DISCLAIMER

Opinions in the various articles are those of the authors and do not reflect the views of Ahmedabad Medical Association. The appearance of Advertisement is not a guarantee or endorsement of the product or the claims made for the product by the manufacturer.

Dr. Tanumati G. Shah SCIENTIFIC PROGRAMME NO. 10

AMA Celebrates WORLD IMMUNIZATION WEEK
CME with SPOUSE

Date : 27-04-2019, Saturday
Time : 8.30 pm - Dinner
Venue : Regenta Central Antarim
Between Girish Cold Drink & Xavier's Corner, Off.
C.G. Road, Ahmedabad.
Subject : Adult Immunization
Speaker : Dr. Narendra B. Raval

9.00 pm onwards PROGRAMME

Interactive Session on

નસકોરા- નિયંત્રણ, નિદાન અને નિવારણ

Speaker

Dr. Narendra Raval Dr. Nitesh Shah Dr. Viral Shah

Co-ordinators

Dr. Rachit Patel Dr. Gaurang Patel

Registration Fee Rs. 50/- for Members & their Spouse
You are requested to register your name at our AMA Office
on Tel. 26588775 before 25-04-2019 5.00 pm

Dr. Mehul N. Shelat
President, AMA

Dr. Kiritkumar C. Gadhavi
Hon. Secretary, AMA

OBITUARY

We send our sympathy & condolence to the bereaved family. May his/her soul rest in eternal peace.



Dr. KIRIT F. SHAH

Date of Birth : 26-04-1947

Date of Death : 27-01-2019



Dr. BALWANTRAY G. DAVE

Date of Birth : 06-05-1932

Date of Death : 04-01-2019

ACTIVITY REPORT

On 21/02/2019, AMA Youth Forum Career Seminar for UG & PG Medical Students arranged at AMC MET Medical College. It was co-ordinated by Dr. Saumil Merchant & Dr. Diptiben Shah. Dr. Ashok Nirvan & Ms. Junet Turner gave their views on the subject. Students appreciated this program & more than 150 students attended the program.

On 22/02/2019, there was program on Guru Speaks. Dr. Jitendra N. Patel gave details about Guru Speaks & Dr. Panckaj Nagar highlighted on astrology, Science & disease more than 70 members attended the program & appreciated the program.

On 03/03/2019, there were two programs

- (1) Health Check-up camp at Dakor – more than 315 patients was taken benefit of camp. There was distribution of drugs free of cost.
- (2) Workshop for NABH Sensitization was at Hotel Silver Cloud. Dr. J.D. Patel Co-ordinator organised well more than 50 Doctors participated in this Program. Program was grand success.

On 10/03/2019, women's Day celebration, by Women Doctor Wing & Ladies Club jointly organized this program, It was well conducted by Dr. Monaben Desai. Thanks to Dr. Monaben Desai & Congratulation to her being elected as member of WMA Social Medical Affairs Committee.

On 16th March, AMA & Senior Citizen Club & AMA Kids Club jointly organized programme on "શિક્ષણનું માધ્યમ, માતૃભાષા કે અંગ્રેજી"

Prof. Dr. Titikshaben Urman Dhruv made this program interesting by interaction with the members.

On 17th March, PPS Zonal Educational Seminar organized by AMA & PPS GSB IMA. Program was inaugurated by President IMA GSB Dr. S.S. Vaisya, Managing Director, PPS, Dr. Bipinbhai Patel, National Leader Dr. Mahendrabhai Desai, co-ordinator Dr. Yogendrabhai Modi, Dr. Shailendra Vora, President AMA Dr. Mehul Shelat & other dignitaries. Speaker Dr. Sunil Mehta, Mr. Sunil

Chhabariya, Dr. Nilay Brahmchari gave their views on professional negligency & Patients negligency. Dr. Parth Desai & Dr. R.S. Bhise gave speech on medico legal cases and death in Hospital and Mr. Ashok Chudgar gave his views on CPA. It was well attended by 70 Doctor Members. It was grand success.

WE WELCOME FOLLOWING NEW LIFE MEMBERS

9681	L	DR. PARIKH AJAY JAYESH
9682	L	DR. SHAH JINESH NAVINCHANDRA
9683	L	DR. PATEL VIVEKKUMAR NATVARLAL
9684	L	DR. THAKOR SHAKTISING BABAJI
9685	L	DR. DOSHI DHAVAL ARVINDKUMAR
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9709	LC	DR. BHABHOR SARALA JIGNESH
9710	LC	DR. BHABHOR GAURANG BABUBHAI
9711	LC	DR. BHABHOR MONA GAURANG
9712	L	DR. SOLANKI SWETABA CHANDRASINH
9713	L	DR. PATEL NITIN ISHWARBHAI
9714	LC	DR. PATEL PRIYADATT DINESHKUMAR
9715	LC	DR. PATEL SHREYA PRIYADATT
9716	LC	DR. TIWARI RAJNISH HARIPRASAD
9717	LC	DR. TIWARI RASHMI KUMARI R.
9718	LC	DR. PANDYA ANUJ SATISHBHAI
9719	LC	DR. PANDYA POOJABEN ANUJ

AHMEDABAD MEDICAL ASSOCIATION & Senior Citizen Club - AMA

BOLLYWOOD SONGS कल और आज (Video Presentation with KARAOKE)

Date : 05-05-2019, Sunday
 Time : 6.00 p.m. onwards
 Venue : Ahmedabad Medical Association Hall.

More details will be given in next bulletin.

Members & their spouse can attend the programme.

Members of AMA Senior Citizen Club & members of Cultural Forum will be given free ticket.

Registration Fee : Rs. 50/- per person.

Please register at AMA Office Phone : 26588775 before 04-05-2019.
 The programme will be followed by DINNER.

Be a member of Senior Citizen Club - AMA

Dr. K. R. Sanghavi Dr. Abhay S. Dikshit

AMA Senior Citizen Club Co-Ordinators

Dr. Mehul N. Shelat Dr. Kiritkumar C. Gadhavi
 President -AMA Hon. Secretary -AMA

ASSOCIATION CORNER

ISSPCON 2020-35th Annual National Conference &
 of Indian Society for Study of Pain

Date : 7th-9th Feb., 2020 Host : Ahmedabad City Branch, ISSP
 For Information Call : 98250 40252

New Office Bearers of AFPA

President	Dr. Shah Keyoor I.	Joint Secretary	Dr. Gandhi Piyush B.
Vice President	Dr. Rathod Balkrishna N.	Treasurer	Dr. Vachharajani Pragnesh M.
Vice President	Dr. Shah Pritesh D.	Joint Treasurer	Dr. Shah Pratik V.
Hon. Secretary	Dr. Naik Kamlesh R.	Imm. Past President	Dr. Mehta Jyotindra C.
Joint Secretary	Dr. Dave Sandip J.		

3rd Face Book Live...
 with
 Past Presidents of the
 Ahmedabad Medical Association
 on World Health Day

Date : 07-04-2019, Sunday
 Time : 3.00 pm


 4th Facebook live
 

Date : 27-04-2019, Saturday
 Time : 3.00 pm

Subject : Paediatric Vaccines - A to Z
 Speaker : Dr. Dharmesh Vora
 Dr. Kamlesh Lala
 Co-ordinator : Dr. Vipul Shah

CONGRATULATIONS



DR. MRUGESH VAISHNAV
 is installed as PRESIDENT of Indian
 Psychiatric Society, in 71st Annual
 Conference by Hon. Governor of Uttar
 Pradesh H.E. Shri Ram Naik at Lucknow.



DR. SULAY KAUSHIK SHAH
 has secured All India 32nd rank in NEET PG
 Exam 2019.

DR. MONABEN P. DESAI

Appointed as official Advisors in Social Medical affairs in
 World Medical Association for the year 2019-2020.

AMACON 2019

Festival of Education, Literature & Spirituality

Date : 30-06-2019

Registration Fees

Date	Up to 15 th May 2019	Up to 15 th June 2019
Member	800	1000
Spouse	800	1000
Child > 5 years	400	600

N.B. :

- After 15th June Registration will be consent as "SPOT"
- Please pay by Cash/Cheque in the name of "Ahmedabad Medical Association"

**AHMEDABAD MEDICAL ASSOCIATION**

Initiative



**DONATE
FOR
OUR ARMY**



Send your Cheque in name of
"Ahmedabad Medical Association"

Donation Received

Dr. Nanavaty Pranav R.	Rs. 10,000/-
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Dr. Belani Jitendra R.	Rs. 5,000/-

દેડીઝ-ક્લબ

यत्र नारी पूज्यते तत्र रमन्ते देवता

Hello and Happy Holi to all my dear ladies. Coming out of their nutshell, Widening their horizons, Out of their comfort zone

Members of LADIES CLUB-AMA, in large nos, attended investment and planning seminar with their spouse in hotel El Dorado.

AND NOW,

will go for outing to learn:: Visit to Torrent Pharma.

Date : April 20, 2019, Saturday.

For further details check website and follow whatsapp group.

Do you have BACK PAIN, KNEE PAIN or SHOULDER PAIN???

Say NO to Surgery, Say NO to PAIN with minimal invasive PAIN MANAGEMENT TECHNOLOGIES

Talk with Dr. Palak Mehta MD, FIPP, FIAPM

Date : 2nd May, 2019.

Time : Lunch: 1.30 pm

Lecture : 2.30 pm

Venue : Hotel President, C. G. Road.

Contribution of our ladies for martyrs

Dr. Jayaben Dave Rs. 10,000.

Mrs. Pushpaben Bavishker Rs. 1000.

Dr. Anita Shukla Rs. 500

Mrs. Kalpanaben Talati Rs. 500.

Dr. Parulben Shah Rs. 250.

Winner of webquiz-4 (Bollywood quiz) will be declared by lucky draw at Hotel Radisson Blu

www.ladiesclubama.com

Mrs. Kiluben H. Shah

Mrs. Darshnaben A. Shah

President

Secretary

9825316222

8780970821

Dr. Mehulbhai N. Shelat

Dr. Kiritkumar C. Gadhavi

AMA President

AMA Secretary

9825398891

9998370353

Urinary tract Infections

DR. DINESH PATEL
MS, Mch (Uro.)
Devasya Kidney Hospital

Urinary tract infections – UTI is a very common clinical problem. The spectrum of UTI varies from asymptomatic infection to a life threatening urosepsis.

Broadly urinary tract infections can be divided in two parts

1. Lower UTI – cystitis and urethritis
2. Upper tract infection – Pyelonephritis

Most common organisms for UTI are E.coli, klebsiella and pseudomonas. Enterococcus, proteus, and staphylococcus are less common causes along with candida.

Risk Factors;

Female sex, diabetes, stone disease, urological abnormalities like obstructive uropathy, prostate enlargement, neurogenic bladder, recent instrumentation, catheterization.

Clinical symptoms and diagnosis:

Patients with cystitis and urethritis present with increased frequency of urination and burning micturition-dysuria with lower abdominal pain. High grade fever with flank pain and dysuria suggests pyelonephritis and more aggressive treatment and admission.

For all patients with symptoms of UTI, urine cultures should be sent and patients with suspected pyelonephritis RFT and ultrasound of kidney should be done. Urine quantitative cultures with colonies > 1 lac suggests clinically significant UTI and needs treatment with antibiotics.

Treatment of UTI

Empirical treatment for cystitis and urethritis is oral antibiotics, cefixime / levofloxacin / nitrofurantoin / cotrimoxazole / amoxycylav for 5-7 days and to be modified based on culture report.

Patients with pyelonephritis usually need admission and parenteral antibiotics for 7-10 days followed by oral antibiotics. Cefoperazonesulbactam, ceftriaxone, levofloxacin, cefepime - tazobactam can be used for empirical treatment.

Carbapenems should be used only on the basis of culture report or very severe sepsis.

Aminoglycosides are better avoided in view of possible nephrotoxicity.

Which patients need referral to kidney specialists:

Patients with recurrent cystitis, pyelonephritis and urosepsis and any patient with complicated UTI is better managed by a kidney specialist.

Complicated UTI is defined as any UTI in presence of anatomical or functional abnormality like; diabetes, stone, obstructive uropathy, stricture, abscess, prostate enlargement, neurogenic bladder.

How to manage recurrent UTI

Detailed evaluation should be done including USG with full bladder and post void, Xray KUB and sos CT scan, metabolic work up for diabetes and RFT, uroflowmetry and sos urodynamic study for neurogenic bladder.

Apart from correction of underlying cause these patients need long term antibiotic prophylaxis, in which a low dose antibiotic is given at bed time for months.

Cefixime, levofloxacin, nitrofurantoin, cotrimoxazole are agents for prophylaxis.

Life style changes for UTI prevention:

- Drink more liquids
- Use more citrus fruits
- Micturition after intercourse reduces chances of UTI in females
- Diabetes control and treatment of kidney stones

FOR RENT

Hospital or Office at Gurukul Road

Area : 3200 Sq. ft. (1600 Sq.ft. + 1200 + 400)



Contact : Dr. N. N. Mishra

98240 22035, 94270 71742

OBITUARY

Dr. INDRAVADAN CHANDULAL SHAH
M.B.B.S., F.C.G.P.

Date of Birth : 07-02-1928

Date of Death : 17-02-2019

Services to Ahmedabad Medical Association

- ❑ Managing Committee Member.
- ❑ Hon. Library Secretary for two years.
- ❑ Hon. Joint Secretary for two years.
- ❑ Hon. Secretary for three years
- ❑ President - Ahmedabad Medical Association in the year 1976-1977.

Achievement in Public Life :

- ❑ He was Municipal Councilor, Ahmedabad Municipal Corporation.
- ❑ He was Chairman - Hospital Committee, Ahmedabad Municipal Corporation.
- ❑ Opened Children Ward with modern facilities at Vadilal Sarabhai Hospital, Ahmedabad.
- ❑ Holding membership of various committees of Ahmedabad Municipal Corporation.
- ❑ Member of working committee of Red Cross Society, Gujarat State.
- ❑ Chairman - E.S.I.S. Committee of Indian Medical Association (HQ) New Delhi.
- ❑ Hon. State Secretary - Gujarat State Branch, I.M.A.
- ❑ President - Gujarat State Branch, IMA - 1994-1995

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