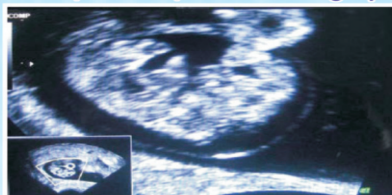


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- IVF - ICSI (Test Tube Baby Center)
- Blastocyst Culture
- Operative Laparoscopy & Hystroscopy
- Thermal Ablation
- 3D (4D Live) Color Sonography



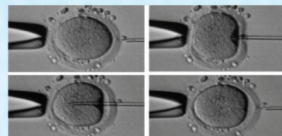
# IVF



**Dr. Laxmi Agrawal**  
(Art Specialist)



**Dr. Hasmukh Agrawal**  
(Art Specialist)



## Reshambai fertility Hospital

Center For Human Reproduction ivf-icsi (Test Tube Baby Center)

Swastik Complex, Opp. Rajsthan Hospital,  
Shahibaug, Ahmedabad-380 004.

Phone : 079-22863777 / 3444, M. : 094266 70791 Fax : 22865596  
E-mail : info@reshambaiivf.org • Website : www.reshambaiivf.org

Time : 10.00 a.m. to 2.00 p.m. • 5.00 p.m. to 7.30 p.m.



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## AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association)

ESTD : 1902

## AHMEDABAD MEDICO NEWS

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Email: amagsbima@yahoo.co.in

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**DR. KIRITKUMAR C. GADHAVI**  
President - AMA



**DR. DHIREN R. MEHTA**  
Hon. Secretary - AMA

Imm. Past President - **DR. MONA P. DESAI**

**VOL. 16**

**JUNE-2021**

**ISSUE-2**

### HIGHLIGHTS

#### Programme

1<sup>st</sup> July Doctor's Day Celebration

#### Article

1. Impact of Covid Era on Cancer Care  
**Dr. Dushyant Mandlik, Dr. Kaustubh Patel**

### Happy Doctor's Day



**'SERVICE TO MANKIND... NOT DESTINATION... BUT WAY OF LIFE'**



## Message From President's & Hon. Secretary's Desk



Dear Members,

"Any fool can have a child. That doesn't make you a Father. It's the courage to raise a child that makes you a Father." - **Barack Obama**.

Yes, too much is written about MOTHER and too much is left about FATHER. But both are equally important for a good child to become a good person. Today, when I am writing this message, it's a Fathers' Day.

"My Father was a `Saint`. He was the closest thing to a Saint that you can find in a normal man." ---- **Indira Gandhi**.

So, the Father is first Hero in the life of son and first Love in the life of daughter.

So let us never forget the crucial role of Father that silently plays role in the life of any son or daughter.

We are also child of our parent association, IMA. We should give equal importance to it. Any attack on it, we should not tolerate at any cost. We should always stand with and walk with IMA with keeping our head and shoulders upright. We have followed all the calls given by IMA, for the sake of our fraternity against any person. We had filed FIR against Ramdev in all cities in the police station for abusing and using derogatory words for us and our fraternity. We also have followed Protest Day, on 18<sup>th</sup> June against Violence against

doctors and para medical staff.

We are also fighting for BU permission legally in the court. We have lost in Gujarat High Court but have got stay on it in Supreme Court. All credit of this success goes to hard work of Dr. Monaben Desai and all other past presidents.

We also are working on Clinical Establishment Act which is about to implemented in Gujarat also. We have sent many suggestions and changes in that so that our doctor friends will not have troubles in establishment as well as in running their clinics and hospitals.

1<sup>st</sup> July is celebrated as Happy Doctors Day in our country in the memory of Dr. B. C. Roy. This day is his Birth anniversary as well as Death Anniversary. He was born in 1882 and died in 1962 on the same day. It was started in 1991 by Government of India in tribute of great Physician.

"Winning doesn't always mean being first. Winning means you are doing better than you have done before." Yes, 2<sup>nd</sup> wave of COVID is about to over but still possibilities of 3<sup>rd</sup> wave are still there. So, we doctors should never take it lightly. We have to promote for vaccination among people as much we can. We also should take care of our family members and ourselves. We are also waiting for guidelines by government so that we can have a big functions and programs. Till now, Safety is First.

Thank you.

**Jay AMA**

**Jay IMA**

**Dr. Kiritkumar C. Gadhavi**

President

Ahmedabad Medical Association

**Dr. Dhiren R. Mehta**

Hon. Secretary

Ahmedabad Medical Association





**FB LIVE IN WORLD ASTHMA DAY ON 5-5-2021, WEDNESDAY**



**WORLD NO TOBACCO DAY - 31 MAY - 2021**





## Memorandum to Shri Dr. Kiritbhai Solanki



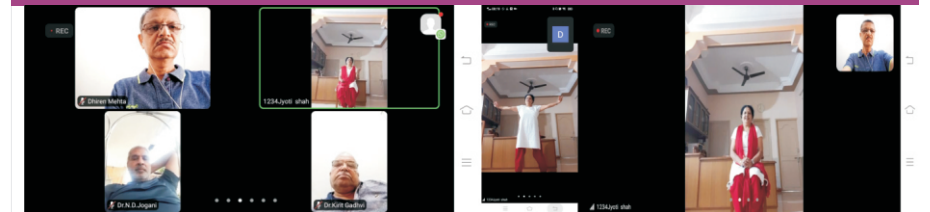
## Memorandum to Shri Hasmukh Patel



## Memorandum to Shri Naraharibhai Amin



## 20/6/2021, Sunday Online Yoga by Jyotiben Shah



## AMA Senior Citizen & Ladies Club FB Live - 06-06-2021







## National Protest Day on 18/6/2021, Friday. Save the Saviours.



## Fire Issue Urgent Meeting







## Distribution of masks, gowns, shields to doctors of different specialties



## Distribution of masks, gowns, shields to doctors of different specialties



## FIR Given Against Baba Ramdev







## Face Book Live - 13-06-2021









**1<sup>ST</sup> JULY- DOCTOR'S DAY CELEBRATION- "LIFE FOR LIFE"**

Dear Doctors,

As known to all of us 1<sup>st</sup> July 2021- Thursday is DOCTOR'S DAY and our Ahmedabad Medical Association and Brain- Heart Foundation (Director- Dr. Sunil Thanvi ) is jointly going to celebrate it in a very unique way. We have lost around 25 Doctors from Ahmedabad to the COVID-19 Pandemic battle. We want to give unique homage to our martyrs. The event is known as "LIFE FOR LIFE". For every life lost we will plant a tree with their name plate – so their memory will always be alive around us in the premises of AMA and also trees with their names will be planted in "SMRUTI VAN" at Gota, Ahmedabad in association with AMC. Along with this, each and every family of the Martyr will be given a tree sapling to plant at their home to keep their near and dear one's memory alive.

**DATE** : 1<sup>st</sup> JULY-2021 , THURSDAY

**TIME** : 8:30 AM

**VENUE** : Ahmedabad Medical Association,  
Ashram Road

**TIME** : 10:30 AM

**VENUE** : SMRUTI VAN, GOTA.

**DR. KIRIT GADHAVI**  
President-AMA

**DR. DHIREN MEHTA**  
Hon. Sec-AMA

**DR. MONA DESAI**  
Imm. Past President-AMA  
Programme Coordinator





**ELECTION NOTIFICATION 2021-2022**

The Annual election of the President, two Vice Presidents, Hon. Secretary, two Hon. Joint Secretaries, Hon. Finance Secretary, Hon. Library Secretary, and 12 members from Post Graduate category, 12 members from other than Post Graduate category and one Resident Doctor of the Ahmedabad Medical Association for the year **2021-2022** will be held on **Sunday 1<sup>st</sup> August, 2021**, between 9.00 a.m. and 1.00 p.m. at our premises.

1. Nomination form will be available from **02-07-2021, Friday** on payment of Rs. 50/- (Time : 2.30 p.m. to 6.00 p.m.)
2. The prescribed nomination forms duly filled, proposed and seconded should reach the office on or **before 3.00 p.m. on 07-07-2021, Wednesday**, along with Rs. 500/- for the post of President, Rs. 500/- for the post of Hon. Secretary and Hon. Finance Secretary, Rs. 250/- for other office bearers and Rs. 100/- for Managing Committee Members, (non refundable)
3. Last date for **withdrawal of nomination is 10-07-2021, Saturday before 3.00 p.m.**
4. It is compulsory to cast as many votes as the number of posts are, otherwise the Ballot paper shall be considered invalid for that particular post as per the constitution.

**N.B.**

- (1) The tenure of President, Vice-Presidents, Hon. Joint Secretaries and Hon. Library Secretary will be one year.
- (2) All the office-bearers except the President shall be eligible for re-nomination for one more tenure consecutively for the post.
- (3) This year, the post of President will be filled from Post Graduate category.
- (4) The tenure of Hon. Secretary and Hon. Finance Secretary will be of two years.
- (5) Term of members of the managing committee (25 members) shall be one year but can seek re-election for one more year. They can not contest for more than two consecutive terms.
- (6) To facilitate the arrangements, please come with membership number and identity card at the time of voting (Ahmedabad Medical Association identity card or any other identity document should be produced when asked for)

**Dr. Kiritkumar C. Gadhavi**  
Chairman Election Commission







## Report of Face Book Live on 31-05-2021

We had face book live on 31<sup>st</sup> May, World No Tobacco Day. We had an excellent program on oral cancers for doctors and common people also on that day. The speaker was Dr. Deepak Rao, Cancer Surgeon. He has nicely explained about tobacco and cancer by using it in detail and in simple language. Dr. Sahil Shah was coordinator of this program. He also has done his job well. We are thankful to both of them. Both are active members and office bearers of our Managing Committee.

## Report of Webinar on 6<sup>th</sup> June

We had Webinar in association with Senior Citizens Club and Ladies Club, Ahmedabad Medical Association on 6th June, Sunday. The subject was ' Life without Life '. The speaker was Dr. Hansal Bhachech, Psychiatrist. He had very nicely explained the family relations and impact of death of one partner on another. In this COVID era, so many have lost their spouse in early or late life resulting in so many psychological and social problems for other partner. The whole program was live on Facebook and YouTube page. It was very well attended by many people.



## Report of Scientific Program with CGP

We had scientific program on 13/6/2021, Sunday in association with College of General Practitioners. As we had seen the 2<sup>nd</sup> wave of COVID which was managed very badly and so many people were affected and even death toll was also very high. So we wanted to study what went wrong and now what we can do to prevent such things in 3<sup>rd</sup> wave. How can we manage 3rd wave without more damage to the society? We had panel discussion having 7 doctors of different specialties. Dr. Urmanbhai Dhruva was Moderator of this program. He had worked very sincerely and had nice interaction with all speakers. The whole program was coordinated by Dr. J. P. Darbar. It was live on Facebook and YouTube pages of Ahmedabad Medical Association. At the end of program, we had excellent talks with different media persons and they had given good coverage in TV and newspapers also in the form of message to society. The speakers of program were,

- 1) Dr. Urmanbhai Dhruv, Moderator. MD, Senior Physician and Diabetologist.
- 2) Dr. Dileep Mavlankar, Epidemiologist.
- 3) Dr. Vipul Shah, ID Specialist.
- 4) Dr. Jigar Mehta, Intensivist.
- 5) Dr. Parth Desai, COO, KD Hospital
- 6) Dr. Mukesh Maheshwari, Pathologist.
- 7) Dr. Gargiben Patel, HoD, Pediatrics, B. J. Medical College
- 8) Dr. Kamlesh Lala, Family Physician
- 9) Dr. J. P. Darbar, Coordinator.



**OBITUARY**

**We send our sympathy & condolence to the bereaved family.  
May their soul rest in eternal peace.**

**DR. MOHMADHANIF Y. CHHIPA**

L-2240 FAMILY PHYSICIAN

Date of Birth : 07-12-1962

Date of Death : 01-04-2021

-----

**DR. KIRTIKUMAR B. DESAI**

L-190 M.B., T.D.D. (CHEST)

Date of Birth : 01-03-1939

Date of Death : 29-04-2021

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**DR. SHOBNABEN M. PANDYA**

L-3256 M.B.B.S.

Date of Birth : 24-09-1943

Date of Death : 01-05-2021

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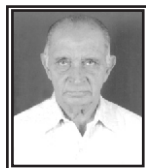
**DR. HARSHAD D. JOSHI**

L-316 M.D.

Date of Birth : 18-03-1932

Date of Death : 08-05-2021

-----

**DR. ARUNKUMAR B. SHELAT**

L-1164 GEN. PHY.

Date of Birth : 10-12-1940

Date of Death : 10-05-2021

**DR. RAJENDRA J. SHAH**

L-1065 M.B.B.S.

Date of Birth : 28-08-1949

Date of Death : 16-05-2021

-----

**DR. SUBODHCHANDRA J. SHAH**

L-1101 M.D., D.PED., DCH

Date of Birth : 28-05-1932

Date of Death : 30-05-2021

-----

**WE WELCOME FOLLOWING NEW LIFE MEMBERS**

|       |    |                                     |
|-------|----|-------------------------------------|
| 10251 | L  | DR. SINGH SUDHIR KUMAR NATH SINGH   |
| 10252 | L  | DR. MEHTA DUNKIN NILESH             |
| 10253 | LC | DR. SHAH URVIL AJAYKUMAR            |
| 10254 | LC | DR. DESAI MEGHA KALPESH             |
| 10255 | L  | DR. PATEL VIPULKUMAR BHARATBHAI     |
| 10256 | L  | DR. MODI JAIMIN ASHOKKUMAR          |
| 10257 | L  | DR. MEHTA PARIN KAMAL               |
| 10258 | LC | DR. SHAH DEEP NILESHKUMAR           |
| 10259 | LC | DR. SHAH AVANI DEEP                 |
| 10260 | LC | DR. KANDULNA AMBROSEKUMAR KAMAL     |
| 10261 | LC | DR. KERKETTA CAROLIN SMITA ALTHAR   |
| 10262 | L  | DR. LOHANA HEMANDAS TOTARAM         |
| 10263 | LC | DR. CHHAPAN HARSHIL BHUPESHBHAI     |
| 10264 | LC | DR. BHAVISHI RUJU KAMLESH           |
| 10265 | L  | DR. MEHTA JAY CHANDRESHKUMAR        |
| 10266 | LC | DR. PAUNIKAR NAYANKUMAR ASHOKBHAI   |
| 10267 | LC | DR. PAUNIKAR NIYATI NAYAN           |
| 10268 | L  | DR. CHAUDHARY SWEETYBEN NARAYANBHAI |
| 10269 | L  | DR. NANDWANA PRAVIN AMRIT           |
| 10270 | L  | DR. SHETH VISHESH SHAILESHKUMAR     |
| 10271 | L  | DR. SHAH SAMIR DHIRAJLAL            |
| 10272 | L  | DR. PATEL SHRIKUNJ BABULAL          |
| 10273 | L  | DR. PATEL DARSHIT DINESHBHAI        |
| 10274 | L  | DR. KORIA KATHAN KISHOR KUMAR       |
| 10275 | L  | DR. ADIWALA POOJA SNEHALKUMAR       |







## OBITUARY

We send our sympathy & condolence to the bereaved family.  
May their soul rest in eternal peace.

### CORONA WARRIORS

**DR. DEEPAK M. NAIK**

L-2506 GYNEC

Date of Birth : 10-08-1965

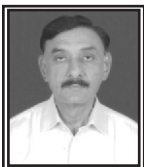
Date of Death : 26-04-2021

**DR. NAVINCHANDRA M. SHAH**

L-1014 M.B.B.S.

Date of Birth : 16-10-1932

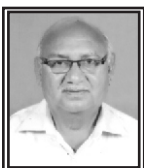
Date of Death : 30-04-2021

**DR. GANPATSINH C. CHAVDA**

L-1989 M.B.B.S.

Date of Birth : 20-07-1954

Date of Death : 30-04-2021

**DR. PRATAPBHAI P. TAK**

4226 M.B.B.S.

Date of Birth : 07-08-1950

Date of Death : 08-05-2021

**DR. ANIMISH N. DESAI**

L-173 M.B.B.S.

Date of Birth : 07-03-1946

Date of Death : 14-05-2021



**PROFESSIONAL PROTECTION SCHEME; G.S.B. I.M.A.**

"P.P.S. HOUSE", Beside Sakar - V, Building, Nr. Mithakhali Railway Crossing,  
Off Ashram Road, Navrangpura, Ahmedabad -38 00 09.

Tele No. 079-2658 8929 E-mail : ppsgsbima1@yahoo.in

(Reported by Dr. Bipin M.Patel , Managing Director , P.P.S.)

**Sub. : ANNUAL REPORT : 2020-2021**

The office has received back the Annual Report of the following members with postal remarks as 'left' or 'Not Known'. The concerned members are requested to notify immediately change of their addresses.

| Sr. No. | P.P.S. No. | NAME                                    | BRANCH / CITY |
|---------|------------|---|---------------|
| 1       | 131        | DR. PAREKH RAMESH MAGANLAL              | AHMEDABAD     |
| 2       | 351        | DR. VAIDYA DILIPBHAI CHUNILAL           | AHMEDABAD     |
| 3       | 395        | DR. SHAH PRAVIN KESHAVLAL               | AHMEDABAD     |
| 4       | 528        | DR. SHAH SATYAVIJAY GOKALDAS            | AHMEDABAD     |
| 5       | 644        | DR. KAMDAR (MRS)HEMLATA PRAFUL          | AHMEDABAD     |
| 6       | 750        | DR. GUNANI GIYAN SATRAMDAS              | AHMEDABAD     |
| 7       | 961        | DR. CHHAYA REKHA PIYUSH(MRS)            | AHMEDABAD     |
| 8       | 1125       | DR. VORA NARENDRAKUMAR CHUNILAL         | AHMEDABAD     |
| 9       | 1186       | DR. PATEL MANSUKH MANJIBHAI             | AHMEDABAD     |
| 10      | 1200       | DR. GANDHI RAKSHA SUBODH                | AHMEDABAD     |
| 11      | 1410       | DR. THAKKAR PRAHLAD MANILAL             | AHMEDABAD     |
| 12      | 1411       | DR. HUDANI BABOO POPATLAL               | AHMEDABAD     |
| 13      | 1510       | DR. VAISHNAV RANJANA KUSUMAYUDH         | AHMEDABAD     |
| 14      | 1638       | DR. PATEL AMIT PUNJABHAI                | AHMEDABAD     |
| 15      | 1694       | DR. SHAH HASMUKH CHOTALAL               | AHMEDABAD     |
| 16      | 1695       | DR. SHAH NAYANTARA HASMUKH              | AHMEDABAD     |
| 17      | 1805       | DR. SHAH NARAYANBHAI SHANTILAL          | AHMEDABAD     |
| 18      | 1812       | DR. PATEL RAMANLAL MADHAVLAL            | AHMEDABAD     |
| 19      | 1895       | DR. SHAH ANIL VASANTLAL                 | AHMEDABAD     |
| 20      | 1971       | DR. PATEL HITESHBHAI ISHVERLAL          | AHMEDABAD     |
| 21      | 2066       | DR. UPADHYAY ADITYA INDULAL             | AHMEDABAD     |
| 22      | 2074       | DR. KODNANI (NEE) MEGHANI MAYA SURENDRA | AHMEDABAD     |



|    |      |                                      |           |
|----|------|--------------------------------------|-----------|
| 23 | 2274 | DR. PATEL DILIP AMBALAL              | AHMEDABAD |
| 24 | 2406 | DR. PATEL KAUSHIKKUMAR RAMANLAL      | AHMEDABAD |
| 25 | 2412 | DR. PATEL NANDKUMAR NATHALAL         | AHMEDABAD |
| 26 | 2491 | DR. VYASA PARESH ARUNKUMAR           | AHMEDABAD |
| 27 | 2537 | DR. TOPIWALA ABDULKADAR ABDULREHMAN  | AHMEDABAD |
| 28 | 2538 | DR. TOPIWALA FARIDA ABDULKADAR       | AHMEDABAD |
| 29 | 2834 | DR. ANTANI DEEPAK UMESHBHAI          | AHMEDABAD |
| 30 | 3098 | DR. TALASANIA DUSHYANT CHATRAHUBHAI  | AHMEDABAD |
| 31 | 3138 | DR. PATEL NARENDRA GANPATRAM         | AHMEDABAD |
| 32 | 3235 | DR. SHAH SAMIR NATVERLAL             | AHMEDABAD |
| 33 | 3625 | DR. SHAH RAJESH VRAJLAL              | AHMEDABAD |
| 34 | 3660 | DR. PATEL BHIKHABHAI CHHANABHAI      | AHMEDABAD |
| 35 | 3933 | DR. VYAS DARSHANA PRADEEP            | AHMEDABAD |
| 36 | 4069 | DR. DUTTA LEENA GAUTAM               | AHMEDABAD |
| 37 | 4070 | DR. DUTTA GAUTAM SUBODHKRISHNA       | AHMEDABAD |
| 38 | 4210 | DR. PANDYA CHARU JAYANT              | AHMEDABAD |
| 39 | 4237 | DR. BUTANI LAL BALUBHAI              | AHMEDABAD |
| 40 | 4477 | DR. PATEL NAVIN DAHYABHAI            | AHMEDABAD |
| 41 | 4610 | DR. PARIKH RAJNIKANT BIJALBHAI       | AHMEDABAD |
| 42 | 4793 | DR. AGRAWAL NITA INDRAKUMAR          | AHMEDABAD |
| 43 | 4870 | DR. SHAH MADHU SHAH                  | AHMEDABAD |
| 44 | 4934 | DR. NAIK BIPIN RANJITRAI             | AHMEDABAD |
| 45 | 4963 | DR. PATEL AMITA KAUSHIK              | AHMEDABAD |
| 46 | 5051 | DR. SHAH AJAY BABULAL                | AHMEDABAD |
| 47 | 5423 | DR. RAWAL RAJESH DINKERRAI           | AHMEDABAD |
| 48 | 5623 | DR. SHAH RAJNI DOSALAL               | AHMEDABAD |
| 49 | 5669 | DR. SHAH NIKUNJ VINAYKANT            | AHMEDABAD |
| 50 | 6096 | DR. THAKKAR JAYESH NATVARLAL         | AHMEDABAD |
| 51 | 6101 | DR. JINJUVADIA CHANDRAKANT CHANDULAL | AHMEDABAD |
| 52 | 6137 | DR. THAKKAR DEVANG PRAHLADBHAI       | AHMEDABAD |
| 53 | 6157 | DR. SHAH VINOD MANILAL               | AHMEDABAD |
| 54 | 6183 | DR. PATEL ALPESH MULCHANDBHAI        | AHMEDABAD |
| 55 | 6184 | DR. SHAH JAYDEEP RASIKLAL            | AHMEDABAD |
| 56 | 6308 | DR. PATEL VAISHALI ASHISHBHAI        | AHMEDABAD |
| 57 | 6413 | DR. SHAH BIREN BIPINCHANDRA          | AHMEDABAD |



|    |       |                                       |           |
|----|-------|---------------------------------------|-----------|
| 58 | 6663  | DR. MOD SAMARTHHADAN CHHAGANBHAI      | AHMEDABAD |
| 59 | 7030  | DR. SHUKLA SURENDRAKUMAR PRAMODRAY    | AHMEDABAD |
| 60 | 7346  | DR. VITHALANI UPENDRA KHIMJIBHAI      | AHMEDABAD |
| 61 | 7351  | DR. SHAH RAJESH SHANTILAL             | AHMEDABAD |
| 62 | 7384  | DR. PATEL ASHOK CHIMANLAL             | AHMEDABAD |
| 63 | 7587  | DR. PRAJAPATI AJAY NARANBHAI          | AHMEDABAD |
| 64 | 7763  | DR. VAISHNAV UMESH GOVINDLAL          | AHMEDABAD |
| 65 | 7911  | DR. MRS. PATEL GEETA BHAVESH          | AHMEDABAD |
| 66 | 8091  | DR. DESAI GAURANG NATVERLAL           | AHMEDABAD |
| 67 | 8371  | DR. DABHI ASHWIN BHIKHUBHAI           | AHMEDABAD |
| 68 | 8444  | DR. SHAH DHARA GUNJAN                 | AHMEDABAD |
| 69 | 8574  | DR. SHAH DILIP PURSHOTTAMDAS          | AHMEDABAD |
| 70 | 8879  | DR. FATANIA KAMLESH LILADHARBHAI      | AHMEDABAD |
| 71 | 8993  | DR. DESAI HITENDRA KARSHANBHAI        | AHMEDABAD |
| 72 | 9133  | DR. MALHOTRA NARESH DALPATBHAI        | AHMEDABAD |
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| 78 | 10076 | DR. CHAUHAN AJAYKUMAR PARSOTTAMDAS    | AHMEDABAD |
| 79 | 10077 | DR. CHAUHAN PRATIMA AJAYKUMAR         | AHMEDABAD |
| 80 | 10271 | DR. SINGH RAMINDER BALWANT            | AHMEDABAD |
| 81 | 10575 | DR. PATEL BHUPENDRA VINODKUMAR        | AHMEDABAD |
| 82 | 11013 | DR. DOSHI HIRENKUMAR GOVINDLAL        | AHMEDABAD |
| 83 | 11034 | DR. LEUVA ANIL DAHYABHAI              | AHMEDABAD |
| 84 | 11228 | DR. BHAVSAR ANKIT PRAVINKUMAR         | AHMEDABAD |
| 85 | 11452 | DR. SHAH KUNTAL GUNVANTLAL            | AHMEDABAD |
| 86 | 11641 | DR. BHATT KAJAL AMITBHAI              | AHMEDABAD |
| 87 | 11642 | DR. BHATT AMIT JITENDRA               | AHMEDABAD |
| 88 | 11794 | DR. PATEL MAYANKKUMAR CHANDULAL       | AHMEDABAD |
| 89 | 11921 | DR. SONI PIYUSH VRAJLAL               | AHMEDABAD |
| 90 | 11926 | DR. CHAUHAN MOHAMMED ABID ZIYAUDDIN   | AHMEDABAD |
| 91 | 11938 | DR. NAIK ASHOK MANIBHAI               | AHMEDABAD |
| 92 | 12116 | DR. PATEL RUCHIT BHUPENDRAKUMAR       | AHMEDABAD |

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તા. ૬ જૂનના રોજ ડૉ. હંસલ ભયેય પાસેથી “જીવન, જીવન સાથી વગરનું” એ topic પર ખૂબજ રસપ્રદ પ્રોગ્રામનો આપણે સૌએ આનંદ માણ્યો.

તા. ૨૦ અને ૨૧ જૂન વર્લ્ડ યોગ ડે નિમિત્તે આપણે મૌલી બાવિષ્કર અને જ્યોતિબેન શાહ પાસેથી યોગનો લાભ લીધો.

મિત્રો,

કોરોના કપરા કાળમાંથી આપણને અત્યારે થોડી રાહત મળી છે અને આપણે સૌ New normal life જીવવાની શરૂઆત કરી દીધી છે. તો આવો જુલાઈ મહિનામાં આપણે સૌ રૂબરૂ મળીએ. કોરોના કાળમાં આપણે સૌ રેસ્ટોરન્ટમાં જવાનું ટાળીને ઘરે અવનવી વાનગીઓ બનાવવાનું શીખી ગયા છીએ. તો જુલાઈ માસમાં આપણે થાઈ પ્લેટ બનાવતા શીખીએ.

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આગામી વર્ષ ૨૦૨૧-૨૦૨૨ માટે નવા કારોબારી સમિતિમાં ઓફિસ બેરર અને કમીટી મેમ્બર્સ ના પદ માટે ઉત્સુક સભ્યોને નીચે જણાવેલ હોદ્દા માટેની અરજી ૩૧ જુલાઈ ૨૦૨૧ સુધીમાં AMA ઓફિસ પર મોકલી દેવી.

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## Impact of Covid Era on Cancer Care

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Covid 19 pandemic, first as well as subsequent waves, had drastic impact on health care system. It also had huge impact on non-Covid medical care. Cancer care also suffered same at each step starting from diagnosis to treatment, from follow up to palliative care<sup>1,2</sup>. Cancer patients are at a much higher risk of morbidity and mortality with Covid infection<sup>3</sup>.

Lockdowns and partial restriction were covering almost 70-75% of the time period after March 2020. Recently we are in the phase of partial restriction lifts from the second wave of covid, and trying to figure out the possible third wave and its impact.

### Major Challenges :

We faced a multitude of challenges<sup>4</sup>. Major challenges leading to delayed care were:

- Fear of getting Covid: Patients avoided visit to health care facilities due to this fear. According to a global review, 34.8% patients either deferred or delayed treatment, 60.9% of them due to fear of contracting Covid<sup>5</sup>.
- Missing or misinterpreting early symptoms: Minor symptoms were missed or ignored. Many a times self-remedy or medication were sought after.
- Misinformation: Patients believed that only Covid care is available and all institutes are treating covid only, due to misinformation.
- Inability to reach for care: Social Isolation (Lockdown, curfews) made it difficult to reach at care center,

especially for remote areas.

- Limited availability of Specialists: A large number of specialists were recruited for Covid care. May also contracted Covid, or avoided practice leading to Self-isolation of specialists, resulting in decreases specialist work force
- Limited infrastructure: Speciality institutes were converted to Covid care centers, limiting the infrastructure for cancer care. There was a reduction in Surgical capacity up to 57.1% in a review<sup>5</sup>.
- Barriers to telehealth: Health care delivery was offered by Teleconsultation significantly. Globally, almost 62 % shift was seen towards virtual health care for cancer<sup>5</sup>. Though we also faced barriers like lack of access to - digital technology, digital literacy, and coverage - leading to uneven distribution of care<sup>6</sup>.

### Impact on Cancer treatment:

Globally, a decrease in cancer OPD footfall (26.4%) and delays in all treatment modalities (Surgical – 50%, Systemic-55.8%, Radiation – 56.7%) were noted in a review by Powis et al<sup>5</sup>. In a cohort study by 41 cancer centers across India by National Cancer Grid, as compared to 2019, during 2020 lockdown, 54% reduction was seen in new cancer registrations, 46% decrease in follow up visits, 36% less hospital admission, 37% reduction in systemic therapies, 29% reduction in radiation treatment and 49% reduction in major surgeries was observed. There was a significant negative impact on cancer screening, going on with 25% of usual capacity. Tier 1 cities were more affected<sup>7</sup>. Our institute also recorded drop of Surgeries in the tune of 30% compared to 2019, maximum of which occurred during Lockdown period of April May 2020.

The pandemic has resulted in certain impact which may not be readily visible. A significant financial and academic resource channelisation has occurred towards Covid. This and other logistic challenges have resulted in halting of certain cancer research and







clinical trials. Medical education has seen certain changes including lesser hours of clinics, peer discussions and exchange, impact of which needs to be studied on care scenarios in future<sup>1</sup>.

### **Management strategies during Covid times:**

Various institutes and agencies proposed guidelines for safer cancer care during the pandemic. PGIMER Chandigarh has reported their strategy for dealing with paediatric oncology patients during the pandemic and lockdown. A good networking, telecommunication and help of local trained medical partners is invaluable. They were able to even continue ongoing cytotoxic treatment locally without any reported adverse effect<sup>8</sup>. In a review of various guidelines, authors from leading Indian institutes for cancer care, have elaborated on recommendations on routine precautions, special mentions on elective surgeries, radiation therapy and systemic therapy. They insisted on maintaining a balance between results of delayed cancer care Vs risks of Covid 19 in cancer patients. They also places emphasis on mental and physical health of clinicians in such a testing times<sup>9</sup>.

In our institute, we also adopted to various strategies like remote consulting, dedicated communication groups online or with telehealth, dedicated doctors and staff designated for specific one to one communication. A Covid committee was formed to build and implement Covid guidelines. We also worked on triage model, increasing gap of follow up for "stable" patients, decreasing commuting and burden on the stretched system. A direct communication was established with local care givers and patients were referred to them if needed. Due to these strategies, we were able to operate to the tune of 70% of previous year operative load (2549 surgeries in 2019, 1777 surgeries in 2020).

### **Restoring Services, its challenges and future directives:**

As the waves of Covid 19 have remained a fact, a model to deliver best possible cancer care also need to be built simultaneously. Optimum risk stratification guidelines need to be built for Covid and Cancer together<sup>10</sup>. The guidelines needs to be interpreted in the context of regional scenarios also<sup>11</sup>. Health care



institutions will need to ensure safe environment, encouraging patients to seek medical help. We will need to break the barriers for remote consulting, by overcoming it's challenges like digital literacy, network availability for the people on horizons. A huge backlog of cancer patients, possibly in advance stages is waiting, which must be managed. It is a significant infrastructural and logistical challenge. Follow up patients and those on palliative care should also not fell at the end of the line and neglected, and their fear of recurrence must be addressed.

The pandemic and challenges must make us stronger and ready for such future challenges. We need to continue validation the new tools we used like remote consulting, and evaluate its effect on true outcomes. There is a strong need to decentralise care, which will put less burden on major centers, and make cancer care available without commuting much.

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