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E-mail : drbavishi@ivfclinic.com | Website : www.ivfclinic.com | WhatsApp : 9687422288

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AHMEDABAD MEDICAL ASSOCIATION. AMA HOUSE, 1st FLOOR, Opp. H.K. Arts College,
ASHRAM ROAD, AHMEDABAD-380 009. **PHONE : 2658 87 75**

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AHMEDABAD MEDICAL ASSOCIATION (Branch of Indian Medical Association)

AHMEDABAD MEDICO NEWS

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DR. MEHUL N. SHELAT
President - AMA



DR. KIRITKUMAR C. GADHAVI
Hon. Secreary - AMA

Imm. Past President - **DR. JAYESH P. SACHDE**

VOL. 14

JULY-2019

ISSUE-3

HIGHLIGHTS

02-08-2019 **Ladies Club Programme**
11-08-2019 **AMA Young Forum**
13-08-2019 **8th Face Book Live**
15-08-2019 **ભણ વંદન**

18-08-2019 **Annual Day**
20-08-2019 **Ladies Club Programme**
28-08-2019 **સંગીત બેઠક**
01-09-2019 **Workshop**

World Breast Feeding Week 2019

Thursday, 1 August to
Wednesday, 7 August



Organ Donation Day



Tuesday, 13 August



**LOOK BACK & THANK GOD,
LOOK FORWARD & TRUST GOD**

Message From President's and Hon. Secretary's Desk



Dear friends,

Greetings,

" Life is not about waiting for the storms to pass ...
It is about learning to dance in the rains "

So let us celebrate the monsoons as ever again and continue to serve the society in the true spirit of dedication and faith. In spite of all adversities where the common man takes the law in his hand, let us be true to our professions and serve the society with dedication, honesty and selflessness. A few antisocial elements may cause a small dent but they cannot stop the juggernaut from rolling.

On 29th & 30th June "KDAMACON-2019 was organized at our premises and KD Hospital. It was full of spiritual talk, educational talk, scientific talk and special sessions for ladies & Kids. Thanks to Dr. Adit K. Desai, (Managing Director, K.D. Hospital) Chief Guest & Dr. Samir Shah (Director ESIS) being Guest of Honour for remaining present through out day the and gave inspiration to team AMA. Special thanks to Dr. Mahendrabhai Desai (Medical Superintendent KD Hospital)

Dr. Parth M. Desai (COO KD Hospital) and their management team for giving full support in managing event at every level. Special thanks to Dr. Mehul Shah – Vice President IMA GSB who look after whole conference at every level. It was well appreciated by members of Ahmedabad Medical Association.

On 3rd July there was programme under Banner "Guru Speaks " ..It was also grand success. Thanks to Mr. Naresh Balodia & his team to gave good information on Income tax and National

Building.

On 13th July, 2019 there was Scientific Programme on Vitamin B12 Deficiency & unique Novel drug delivery system was excellent. Thanks to Dr. Mahadev Desai.

On 21st there was staff Training programme for staff of members. Thanks to Dr. Kaushikbhai Shah & Dr. Bhagyeshbhai Desai – coordinated full day programme very well. Thanks to all eminent speakers. More than 150 staff of members attended the programme .

Every year as the term of the office bearers comes to an end, the offices at AMA gear up for another round of elections for the general body and the executive committee . The year too our team had pulled up its socks to face the turmoil but all is well and the team for members for the coming year had been elected uncontested. Congratulations to all of the incumbent team members.

Our next programme will be on 27th July, 2019 face book live on Hepatitis A to E. On 28th July, 2019 AMA Senior Citizen Club programme & Medical Health Check up Camp at Sabarmati Central Jail, Sabarmati.

Our next months programmes are as under :

On 11-08-2019 AMA Young Forum

On 13-08-2019 8th Face Book Live

On 18th August, 2019 our 117th ANNUAL DAY PROGRAMME

On 28-8-2019 Sangit Bethak

On 01-09-2019 Workshop on Happiness Management

More details given in this bulletin.

"JAY AMA" "JAY IMA"

Dr. Mehul N. Shelat

President

Ahmedabad Medical Association

Dr. Kiritkumar C. Gadhavi

Hon. Secretary

Ahmedabad Medical Association

ASSOCIATION CORNER

Ahmedabad Family Physicians Association has celebrated Happy Doctors Day on 7/7/2019, Sunday. They have felicitated Senior members of association by memento and shawl. They also have arranged Blood Donation Camp in association with Paldi Vasna Medical Association at office premises. Total 45 units have been donated by members and some spouses also.



GURU SPEAKS



CME PROGRAMME



"KD-AMACON"-2019



"KD-AMACON"-2019



"KD-AMACON"-2019



"KD-AMACON"-2019





"KD-AMACON" SPOUSE PROGRAM



LADIES CLUB



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AHMEDABAD MEDICAL ASSOCIATION YEAR : 2018-2019

OFFICE BEARER

PRESIDENT	HON. SECRETARY
DR. MEHUL N. SHELAT	DR. KIRITKUMAR C. GADHAVI
M. 98253 98891	M. 99983 70353
VICE - PRESIDENT	HON. JOINT SECRETARY
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M. 98250 37891	94284 05490
DR. CHINTAN KIRITBHAI GANDHI	DR. NIRAV VINODCHANDRA MODI
M. 99799 73239	98258 87812
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M. 99099 04571	97266 57062
	IMM. PAST PRESIDENT
	DR. JAYESH P. SACHDE
	M. 98240 18848

MANAGING COMMITTEE MEMBERS

P.G.	OTHER THAN P.G.
DR. NAIMISH R. BHOJAK M. 98259 10060	NIRNAYNAGAR DR. ADIT K. DESAI M. 97243 04018
DR. MAHESH G. GUPTA M. 98250 91092	SABARMATI DR. KIRIT H. KHARSADIYA M. 98255 28788
DR. ANKIT M. PATEL M. 98253 36688	GHATLODIA DR. DHIREN R. MEHTA M. 98988 54158
DR. GAURANG J. PATEL M. 97243 19934	GHATLODIA DR. AMIT K. MISTRY M. 98253 31266
DR. MITESH K. PATEL M. 94094 09300	SABARMATI DR. DEVAL D. PANCHAL M. 97257 53032
DR. VINAY A. PATEL M. 98250 64189	THALTEJ DR. MINESH S. PATEL M. 90999 26525
DR. DEEPAK M. RAO M. 98252 10880	CHANDKHEDA DR. RAMESH I. PATEL M. 94264 95264
DR. SAHIL N. SHAH M. 94285 01412	NAVRANGPURA DR. VASANT B. PATEL M. 94280 18840
DR. URVESH V. SHAH M. 92282 33441	MANINAGAR DR. VISHNU N. PATEL M. 98251 65294
DR. VIPUL V. SHAH M. 94265 33707	PALDI DR. JAYESH C. SHAH M. 94262 74536
DR. VIRAL D. SHAH M. 90990 47007	AMBAWADI DR. JITENDRA H. SHAH M. 98240 22362
DR. MAULIK S. SHETH M. 98259 15464	SHAHIBAUG DR. PANKAJ K. SHETH M. 98241 95362

BULLETIN COMMITTEE

DR. JAYESH P. SACHDE	DR. K. R. SANGHAVI	DR. DEVENDRA PATEL
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DR. ATUL GANDHI	DR. JITENDRA N. PATEL	DR. BHAVESH M. PATEL



AMA YOUNG FORUM

PRESENTS

UNIQUE WORKSHOP



Date : 11-08-2019, SUNDAY

09.30 to 10.00 am Registration & Breakfast

10.00 to 10.30 am Subject : Acid Peptic disorder
management : ABCD of ACDT

Speaker : Dr. Chaitanya Buch
M.D. (Medicine)
P.G.D. (Cyber Law)
D.APD (Boston)

10.30 to 11.15 am Subject : Communication Skills

Speaker : Dr. Chetna Desai
H.O.D. Pharma Dept.
B.J. Medical College

11.15 to 12.00 noon Subject : Doctor-Patient relationship

Speaker : Dr. Parimal Desai
Past President, AMA

12.00 pm onwards Lunch

Registration fees Rs. 50/- before 09-08-2019

Co-Ordinators

Dr. Mehul J. Shah

Dr. Adit K. Desai
Dr. Sahil N. Shah

Dr. Kirit H. Kharsadiya
Dr. Urvesh V. Shah

Dr. Mehul N. Shelat
President, AMA

Dr. Kiritkumar C. Gadhavi
Hon. Secretary, AMA



AHMEDABAD MEDICAL ASSOCIATION

ANNUAL ELECTION 2019-2020

AMA OFFICE HAS RECEIVED FOLLOWING VALID NOMINATIONS FORM

All Members elected uncontested so there is
no election on 4-8-2019.

PRESIDENT [ONE POST]

1. DR. DESAI MONA PARIMAL Elected UNCONTESTED

VICE - PRESIDENT [TWO POSTS]

1. DR. BHOJAK ASHISH A. Elected UNCONTESTED
2. DR. GANDHI CHINTAN A. Elected UNCONTESTED

HON. SECRETARY [ONE POST]

1. DR. MEHTA DHIREN R. Elected UNCONTESTED

HON. JOINT SECRETARY [TWO POSTS]

1. DR. CHENWALA SUNIL BHIKHABHAI Elected UNCONTESTED
2. DR. SHAH VIPUL V. Elected UNCONTESTED

HON. FINANCE SECRETARY [ONE POST]

1. DR. SHETH PANKAJ K. Elected UNCONTESTED

HON. LIBRARY SECRETARY [ONE POST]

1. DR. PATEL RACHIT JAYESHKUMAR Elected UNCONTESTED

MANAGING COMM.MEMBERS P.G. [TWELVE POSTS]

1 DR. BHOJAK NAIMISH R.	Elected UNCONTESTED
2 DR. DESAI RAJESH M	Elected UNCONTESTED
3 DR. DHARAIYA NISARG D.	Elected UNCONTESTED
4 DR. GAJJAR KUNTAL H.	Elected UNCONTESTED
5 DR. NAYAK MANJIT J.	Elected UNCONTESTED
6 DR. PATEL GARGI MAHESH	Elected UNCONTESTED
7 DR. PATEL GAURANGKUMAR J.	Elected UNCONTESTED
8 DR. PATEL MAITREYI J.	Elected UNCONTESTED
9 DR. PATEL MITESH K.	Elected UNCONTESTED
10 DR. PATEL NAITIK	Elected UNCONTESTED
11 DR. PATEL SUMIT	Elected UNCONTESTED
12 DR. SHAH SAHIL N.	Elected UNCONTESTED

MANAGING COMM. MEMBERS - [Other than P.G.] [TWELVE POSTS]

1 DR. DAVE KALPITA M.	Elected UNCONTESTED
2 DR. DESAI ADIT K.	Elected UNCONTESTED
3 DR. MISTRY AMIT K.	Elected UNCONTESTED
4 DR. MOD JAGDISH J.	Elected UNCONTESTED
5 DR. MOHATTA PRAKASH P.	Elected UNCONTESTED
6 DR. PANDYA SATISH M.	Elected UNCONTESTED
7 DR. PATEL HEMANT B.	Elected UNCONTESTED
8 DR. PATEL SURESH K.	Elected UNCONTESTED
9 DR. PATWARI HARGOVIND G.	Elected UNCONTESTED
10 DR. RAVAL SHAILESH D.	Elected UNCONTESTED
11 DR. SHAH JITENDRA H.	Elected UNCONTESTED
12 DR. SHAH RAKESH N.	Elected UNCONTESTED

DR. MEHUL N. SHELAT
Chairman

DR. KIRITKUMAR C. GADHAVI
Returning Officer

DR. KIRTIBHAI M. PATEL
Member

DR. MEHUL J. SHAH
Member

Dt. 10-7-2019

Election Committee



8th Face Book Live...



Date : 13-08-2019, Tuesday
Time : 3.00 pm

Subject : Organ Donation
Speaker : Dr. Pranjal Modi
Co-ordinator : Dr. Vipul Shah

દવાજવંદન



Date : 15th August, 2019,
Thursday

Time : 9.00 a.m.

Venue : AMA Premises

DRUG BANK

Concept by : Dr. Mehul Shah

- આપની હોસ્પિટલ / ક્લિનિકમાં સેમ્પલની દવાઓ / ઇન્જેક્શન / ટ્રેસીંગ મટીરીયલ્સ AMA Drug Bank માં આપ આપી શકો છો.

જેનો સદુપયોગ અમદાવાદ અને અમદાવાદ બહાર ચાલતી ચેરીટી સંસ્થા/ ક્લિનિકમાં અમે પહોંચાડીશું.

એરીયા કો-ઓર્ડિનેટર્સ

ડૉ. ધીરેન સાણંદીયા	સાબરમતી	૯૮૨૫૬૩૩૮૮૯
ડૉ. મનીષ શાહ	મણીનગર	૯૦૯૯૯૬૨૦૯૪
ડૉ. જયોતિન્દ્ર મહેતા	પાલડી-વાસણા	૯૮૨૫૦૩૯૬૫૩
ડૉ. જયેશ સયદ	સિવિલ	૯૮૨૪૦૧૮૮૪૮
ડૉ. સાહિલ શાહ	નવરંગપુરા	૯૪૨૮૫૦૧૪૧૨

or Contact : AMA Office 2 to 6 pm : 26588775

WE WELCOME FOLLOWING NEW LIFE MEMBERS

- | | | |
|------|----|---------------------------------|
| 9796 | L | DR. SHAH KUSHALKUMAR M. |
| 9797 | LC | DR. PANDYA JAIMIN JITENDRAKUMAR |
| 9798 | LC | DR. BHATT SHIVANGI DIPAKKUMAR |
| 9799 | L | DR. PANCHAL KOSHA PIYUSHKUMAR |
| 9800 | L | DR. AGARWAL KALPESHKUMAR R. |
| 9801 | L | DR. JHAVERI HARSHDEEP S. |
| 9802 | LC | DR. SHAH VIHANG PRAGNESH |
| 9803 | LC | DR. SHAH ADITIVIHANG |
| 9804 | L | DR. SHAH SAPAN SNEHALBHAI |
| 9805 | L | DR. PARMAR MILONI MUKESHKUMAR |
| 9806 | LC | DR. CHATTERJEE SUMIT SURESH |
| 9807 | LC | DR. CHATTERJEE SAGARIKA SUMIT |
| 9808 | L | DR. VAGHELA MUKUNDKUMAR M. |
| 9809 | L | DR. KANSARA TEJALBEN NAVALBHAI |
| 9810 | L | DR. MORI AKHILKUMAR G. |

SPORTS ZONE @ AMA

Come and Play @ AMA...



Badminton

Carrom

Table Tennis

Chess

Kid's Games



Call : 26588775 before you come.



Pl. Come AMA &
Go for Cycling @
River front & in city.



For Cycles Contact AMA office 26588775

**AHMEDABAD MEDICAL ASSOCIATION**

(Branch of Indian Medical Association)

117th ANNUAL DAY CELEBRATION

We cordially invite you on 117th Annual Day Celebration programme of our Association and felicitation of our members and students.

Date : 18th August, 2019, SUNDAY
 Time : 4.30 p.m. onwards
 Venue : Dr. R. M. Fozdar Hall, A.M.A. House,
 Opp. H. K. College,
 Ashram Road, Ahmedabad-380 009

CHIEF GUEST : PROFESSOR PANKAJ CHANDRA
 Vice Chancellor, Ahmedabad University
 GUEST OF HONOUR : MR. TUSHAR GANDHI
 - Founder President, Mahatma Gandhi Foundation,
 - President, Lokseva Trust,
 - Chairman, Australia India Rural Development Foundation.
 - Director - Gandhi Research Foundation

ANNUAL DAY PROGRAMME

4.30 p.m. to 5.00 p.m. Tea/Coffee & Refreshment
 5.00 p.m. to 5.45 p.m. Dr. B. N. Mehta Oration
 Subject : A Journey in Dermatology from Past, Present to Future
 - Dr. Ranjan C. Raval [Mrs. Bhavsar]
 Prof. H. O. D. G. C. S. Medical College and Hospital



5.45 p.m. onwards

Prayer

- Welcome Speech by President, A.M.A.
- Felicitation of Guest
- Speech by Guest of Honour - Mr. Tushar Gandhi
 "Gandhi in the service of Humanity"
- Annual Day Celebration
- Speech by Chief Guest Prof. Pankaj Chandra
- Felicitation of Members & Medical Students
- Vote of Thanks

D I N N E R

 All are requested to occupy seat 15 minutes before the programme

Dr. Mehul N. Shelat
 President

Dr. Kiritkumar C. Gadhavi
 Hon. Secretary

Dr. Jayesh P. Sachde
 Imm. Past President

DISCLAIMER

Opinions in the various articles are those of the authors and do not reflect the views of Ahmedabad Medical Association. The appearance of Advertisement is not a guarantee or endorsement of the product or the claims made for the product by the manufacturer.



સંગીત બેઠક

તારીખ : ૨૮-૦૮-૨૦૧૯

સમય : સાંજે ૮.૩૦ થી ૯.૩૦ કલાકે
સંગીતની સંગે જમીશું

અને પછી...

સંગીતની સાથે રમીશું, મળીશું, બેસીશું, જીવીશું.. તો આવો... તમારા કુટુંબ સાથે... હાર્મોનિયમ અને તબલા સાથે...

Celebrate the Artist within you
Come, listen & Sing a Song

Or

Recite Poetry

Or

Share a Joke

Or

Share a Shayari

&

Together Antakshari



Co-ordinator : - Dr. Raj Raval & Dr. Hetal Kapil Pandya

Reg. Fees Rs. 50/- for every family member before 26-08-2019

Dr. Mehul N. Shelat
President

Dr. Kiritkumar C. Gadhavi
Hon. Secretary

GET READY FOR TALENT EVENING

ON 15TH SEPTEMBER, 2019

WORKSHOP ON

HAPPINESS MANAGEMENT

By

Dr. Darshna Thakker, M.D. Gynaec, DHA, MBA Motivational Speaker & Social Entrepreneur Internationally licenced HYL-Heal Your Life Teacher and Workshop Leader

Vanue :- AMA House

Date :- 01/09/2019, Sunday

Time :- 9.00 to 11.30 a.m.

-: Key Points:-

- Happiness management
- Memories & Moods
- Visualization for faster recovery
- Enhance carrying money & respect
- Relationship Dynamics
- Emotional Detoxification
- Affirmation Prescription
- Doctor's life & Dilemma

Reg. Fees :- Member - Rs. 50/-

Spouse - Rs. 50/-

Reg. before 30-08-2019

OBITUARY

We send our sympathy & condolence to the bereaved family.
May his/her soul rest in eternal peace.



DR. TRIVEDI DUSHYANT C.

Date of Birth : 05-12-1943

Date of Death : 18-06-2019



DR. MEETABEN H. MANKAD

Date of Birth : 28-04-1958

Date of Death : 10-06-2019

ACTIVITY REPORT

On 23rd June, 2019, there was National Debate on Cardiology supported by Ahmedabad Medical Association. Subjects were very excellent & delivered by eminent speakers of India. Members of AMA also participated.

KDAMACON-2019 was organized on 29th & 30th June, 2019 at K.D. Hospital and our premises AMA. It was well supported by Dr. Mahendra Desai (Managing Director K.D. Hospital) & Dr. Parth Desai- COO Dr. Mehul J. Shah – Vice President, GSB IMA and K.D. Hospital team Managements. Thanks to Dr. Adit Desai (Director K.D. Hospital) and team of K.D. Hospital for General support. More than 350 members participated in conference.

It was full of Spiritual Educational & scientific lecture & special session to ladies & kids. All are enjoying more. It was grand success.

On 3rd July, 2019 there was programme under Banner "Guru Speaks" Mr. Naresh Balodia and his team gave good information on Income tax and National Building members also participated in interaction with Income tax team. It was grand success.

On 13rd July, 2019 CME on B-12 Deficiency and Unique Novel drug.

Dr. Mahadevhai Desai gave best information. Thanks to Dr. J. D. Patel & Dr. Sunil Chenwala Coordinated well. It was attended by more than 75 members.

On 21st July, 2019 there was Staff Training programme of member Hospital Staff.

It was attended by more than 150 staff members. It was Co-ordinated by Dr. Kaushik Shah & Dr. Bhagyesh Desai. Thanks to both. All speakers gave good information in all subjects.



AMA FAMILY BENEFIT SCHEME



Office : "A.M.A. House", 1st Floor, Opp. H.K. College, Ashram Road, Ahmedabad-380 009. (Gujarat)
Tel. : (079) 2658 8775 E-mail : amagsbima@yahoo.co.in Website : www.ahmedabadmedicalassociation.com

Time : 2.00 pm to 6.00 pm

Dr. Mehul J. Shah
(Chairman)

Dr. J. P. Darbar
(Hon. Treasurer)

Dr. Pragnesh M. Vachharajani
(Hon. Secretary)

Dr. Mehul N. Shelat
(President - AMA)

Dr. Kiritkumar C. Gadhavi
(Hon. Secretary - AMA)

Dear Member,

Greetings from Executive Committee of AMA Family benefit scheme. We are pleased to inform you that with your support and kind cooperation our scheme has completed 6 years. In last 6 years we have grown up in numbers and had sad demise of some of our members.

The Family Benefit Scheme is unique, one of its kind scheme launched by Ahmedabad Medical Association for its Life Members & their spouse. The theme of this scheme is to increase bonding among us, and strengthen our fraternity. Kindly encourage & enroll your colleagues and doctor friends also. Scheme started operation from 1st, July 2013. As per the constitution, the members can claim after completion of one year of membership.

Report of AMA FBS

- Membership strength at the time of inception : 1647
- Membership as on 30th June, 2019 is : 2162

	Membership Strength	No. of Deaths	Claim amount paid to nominee
1 st Year	1647	-	-----
2 nd Year	1735	2	Total 16,97,500/-
3 rd Year	1929	1	Total 9,18,500/-
4 th Year	2070	3	Total 29,59,500/-
5 th Year	2118	5	Total 51,56,500/-
6 th Year	2162	2	Total 21,16,000/-

- We urge you to encourage your friends and colleagues to become member of AMA Family benefit scheme.
- Expecting your kind cooperation as always :

We are deeply grieved to inform you that we lost following Members to heaven for eternal peace. We have paid their nominees F.B.C. on your behalf as under :

Sr. No.	FBS No.	Name of Members Expired	Expired Date	Age	Total Amount Paid
1.	474	Mrs. Mala S. Dalal	08-01-2019	68	Rs. 10,58,000-00
2.	1602	Dr. Ketan Anantray Trivedi	20-02-2019	55	Rs. 10,58,000-00
				Total	Rs. 21,16,000-00

FRATERNITY BENEFIT CONTRIBUTION NOTICE NO. 5

Last Date of Payment : 17-08-2019

PLEASE READ THE INSTRUCTIONS CAREFULLY

1. Please draw your cheque in favour of "AMA Family Benefit Scheme".
2. Cash / Money Order will not be accepted.
3. Cheque payable at Ahmedabad Medical Association office.

FOLLOWING IS THE SCHEDULE FOR PAYMENT

FBS No.	DFC Rs.
1 to 2152	1000/-
2153 & 2154	500/-
2155 onwards	NIL

Dr. Mehul J. Shah
Chairman

Dr. Pragnesh M. Vachharajani
Hon. Secretary



KDAMACON ના ચૂંટેલા સંસ્મરણો

Dr. Pankaj Sheth, Family Physician, Wadaj

KDAMACON was superb in all aspect particularly Medical, Spiritual, Entertainment aspect. Management of K.D. Hospital was excellent.

Dr. Ajay Chauhan, Medical Superintendent, Mental Hospital

I just want to take a moment to thank Dr. Mehul & Team AMA for making KDAMACON such a worth while experience. I know you spent many months planning the event & it showed. The workshops were relevant & very helpful. All Speakers were excellent. Thanks for making the conference so worthwhile.

Dr. Bhagyesh Desai, Pathologist, Sabarmati

"ટેન્શનને ટાટા ને બીક ને બાય બાય" Mr. Sanjay Raval speech taught us to live life king size. Thanks to Dr. Mehul, Dr. Cadhavi & K.D. Hospital organizers for unique conference with theme of entertainment, spirituality & entertainment

Dr. Sanjay Shah, Family Physician, Maninagar

Thanks to AMA & K.D. Hospital for giving best scientific Feast with entertainment & spirituality add on.

Dr. Amit Shah, Family Physician, Baherampura

ડૉ. કુમારપાળ દેસાઈ સાથે જયભાઈ, સંજયભાઈ અને અંકિતભાઈની જોડીએ રંગ જમાવ્યો. KDAMACON ના દરેક પાસા માટે 110 Out of 100. AMA અને KD Hospital ને ખૂબ ખૂબ શુભેચ્છાઓ.

Dr. S. P. Shukla, Consulting Surgeon, Gandhinagar

સુંદર સાયન્ટીફિક સેસન્સ. KD Hospital નું અદ્ભુત વાતાવરણ, મળતાવડો સ્ટાફ, શ્રી જય વસાવડા, ડૉ. કુમારપાળ દેસાઈ, શ્રી અંકિત ત્રિવેદી અને શ્રી સંજય રાવલ જેવા વક્તાઓ, સુંદર અને આકર્ષક ગીફ્ટ, આ બધા માટે કર્મયોગી ડૉ. મેહુલભાઈ, ભીષ્મ પિતામહ ડૉ. ગઢવી સાહેબ અને KD Hospital



નો ખૂબ ખૂબ આભાર અને આશીર્વાદ.

Dr. Divyesh Panchal, M.S. Obst & Gynec

"Best Venue"

"Best Speakers"

"Best Food"

"Best Choice of academic topics"

KDAMACON 2019 SPOUSE PROGRAM

KDAMACON 2019 Spouse Program ના ભાગરૂપે સ્પાઉસ માટેના વિવિધ માહિતીપ્રદ કાર્યક્રમોનું આયોજન કરવામાં આવ્યું હતું.

આ કાર્યક્રમ અંતર્ગત સાહુ વહુના બહુચર્ચિત સંબંધો વિષે અદ્ભુત ડીબેટ રાખવામાં આવેલ હતી.

"સાસુ વહુના સંબંધો ખાટા-મીઠા કે ગળચઢા?"

આ ચર્ચામાં ભાગ લેનાર બહેનોએ પોતાના સાસુ તરીકેના અને વહુ તરીકેના મંતવ્યો અને અનુભવોનો નીચોડ રજૂ કર્યો હતો. વહુ તરીકે કદાચ પોતાને પરિવારમાં જે ભોગ આપવો પડેલો તો પણ બદલાતા જમાનાની તાસીર પ્રમાણે પોતાની વહુ માટે ઘણી ઉદારતા દાખવી સાસુ તરીકે સકારાત્મક વલણ દાખવવું જોઈએ તેવા તેમના વિચારો રજૂ કર્યા.

આ ચર્ચાનું સંચાલન શ્રી અંજુબેન શાહે ખૂબ જ સુંદર રીતે કરેલું અને શ્રીમતી અલ્કાબેન, મયુરીબેન, જશ્રાબેન, સ્મિતાબેન શાહ, ભારતીબેન, કલ્પનાબેન તથા સ્મિતાબેન પટેલે આ ચર્ચામાં ભાગ લઈ પોત પોતાના વિચારો રજૂ કર્યા હતા.

સ્પાઉસ માટેના બીજા કાર્યક્રમ અન્વયે ડર્મેટોલોજિસ્ટ એન્ડ કોસ્મેટોલોજિસ્ટ ડૉ. મૈત્રીબેન પટેલનું માહિતીપ્રદ લેક્ચર પણ રાખેલ. તેઓ આ સાસુ-વહુના કાર્યક્રમમાં હાજર હતા ત્યારે તેઓને પણ તેમનો પ્રતિભાવ આપવા કહ્યું તો તેમણે તેમની માતાએ આપેલી ખૂબ જ વ્યવહારુ સલાહ તેના જ શબ્દોમાં રજૂ કરી કહ્યું : "દિકરી તું ભલે તારા વ્યવસાયમાં વ્યવસ્ત હો પરંતુ જો થોડું ટાઈમ મેનેજમેન્ટ કરીશ તો પરિવાર અને પ્રોફેશન બંનેને ન્યાય આપી શકીશ" પેરન્ટીંગનું ડૉક્ટર જીનેશનું લેક્ચર પણ કાબિલેદાર હતું.

કાર્યક્રમમાં ઉપસ્થિત બધી જ બહેનોએ પણ રસભર ભાગ લઈ પોતાના વિચારો અને લાગણીઓ રજૂ કરી હતી. આખરે તો "સાસ ભી કભી બહુ થી ઔર બહુ ભી કભી સાસ બનેગી"

ઈતીશ્રી

- દિના સંઘવી

ભૂતપૂર્વ પ્રમુખ, લેડીઝ ક્લબ

AHMEDABAD MEDICAL ASSOCIATION

CULTURAL FORUM

Renewal Notice

Renewal fees Rs. 1500/- per person

New member entry fee Rs. 200/- per person

(For new member Rs. 1700/-)

- Renew your membership at the earliest.
 - Motivate your friends and family members to become member of Cultural Forum.
 - List of Program shown in 2018-2019 as under :
1. Sharadotsav
 2. An evening with shaku - Drama
 3. Budho Bado Bajigar - Drama
 4. Pappa Amara Prime Minister - Drama
 5. Master Stroke - Drama
 6. Sambhav Asambhav - Drama
 7. Sada Bahar Geeto
 8. Dinner
 9. Baraf Na Chehra - Drama

Dr. Mehul N. Shelat
President

Dr. Kiritkumar C. Gadhavi
Hon. Secretary

લેડીઝ-ક્લબ

યત્ર નારી પૂજ્યતે તત્ર રમન્તે દેવતા

કાર્યક્રમ : ૩૨

શ્રાવણમાસના વધામણાં સાથે તહેવારના ઉજમણા...

હાલી સખીઓ,

દોડતાં સમયના વહેણમાં, આપણે પણ દોડીએ. શીખીએ ઝટપટ, નવીન મિઠાઈઓ અને ફરસાણા..!

- * Live demo by cooking expert Mrs. Preetiben Thakker.
- * "તોલ મોલ કે બોલ" with Nestle India Ltd. 'Nestle products hampers' ની સાચી કિંમત બોલો અને ઈનામ જીતો.
- * અને અંતમાં વક્તૃત્વ સ્પર્ધા....

સ્પર્ધાનો વિષય : "ભાઈ બહેનનો સંબંધ - રક્ષાબંધન અને તેનાથીયે આગળ"

સમય મર્યાદા ૩ મિનિટ

જજ : (૧) શ્રી ડૉ. મેહુલભાઈ શેલત, President, AMA

(૨) શ્રીમતી પ્રીતિબેન ઠક્કર, Motivational Speaker

સમય : બપોરે ૨ વાગ્યાથી

તારીખ : ૦૨-૦૮-૨૦૧૯, શુક્રવાર

સ્થળ : એ.એમ.એ. હોલ

Program will be followed by snacks.

કાર્યક્રમ : ૩૩

"Oooff this Headache"

માથાના દુઃખાવાના અનેક કારણો અને ગંભીર પરિણામો વિશે સમજ આપશે જાણીતા ન્યુરો ફિઝિશિયન ડૉ. ભૂમિરભાઈ ચૌહાણ (M.D.)

Date : 20-08-2019, Tuesday

Lunch : 01.30 p.m. Lecture : 02.30 p.m.

Venue : Hotel Four Points by Sheraton

www.ladiesclubama.com

આગામી વર્ષ ૨૦૧૯-૨૦ માટે નવા કારોબારી સમિતિમાં ઓફિસ બેરર અને મેમ્બરના પદ માટે ઉત્સુક સભ્યોને નીચે જણાવેલ હોદ્દા માટેની અરજી ૨૦ ઓગસ્ટ સુધીમાં AMA ઓફિસ પર મોકલી દેવી.

President-1

Secretary-1

Treasurer-1

Committee Members-10

Vice President-2

Joint Secretary-2

Joint Treasurer-1

Mrs. Kiluben H. Shah

Mrs. Darshnaben A. Shah

President

Secretary

9825316222

8780970821

Dr. Mehulbhai N. Shelat

Dr. Kiritkumar C. Gadhavi

AMA President

AMA Secretary

9825398891

9998370353

ORGAN DONATION

What is organ donation?

It is when a person allows an organ of their own to be removed and transplanted to another person, legally, either by consent while the donor is alive or dead with the assent of the next of kin.

Donation may be for research or, more commonly, healthy transplantable organs and tissues may be donated to be transplanted into another person

The most common organs transplanted are kidney, heart, liver, pancreas, lungs, bone, bone marrow, skin and cornea.

History - The first living organ donor in a successful transplant was Ronald Lee Herrick (1931–2010), who donated a kidney to his identical twin brother in 1954.^[10] The lead surgeon, Joseph Murray, won the Nobel Prize in 1990.

The youngest organ donor was a baby with anencephaly, born in 2015, who lived for only 100 minutes and donated his kidneys to an adult with renal failure.^[11] The oldest known organ donor was a 107-year-old Scottish woman, whose corneas were donated after her death in 2016.^[12] The oldest known organ donor for an internal organ was a 92-year-old Texas man, whose family chose to donate his liver after he died of a brain hemorrhage.¹

Kidney transplants in India first started in the 1970s and since that time, India has been a leading country in this field on the Asian sub-continent. The evolutionary history of transplants in the last four decades has witnessed a different facet of transplant emerging in each decade. The first cadaveric kidney transplant in India was undertaken in Mumbai in 1965.

Major Organs and tissue donation

Thoracic organs – Heart(deceased donor), Lungs(deceased donor).

Abdominal Organs – Kidney(deceased donor and living donor), Liver(deceased donor and living donor), pancreas(deceased donor and living donor), stomach(deceased donor), Intestine(deceased donor),

Tissue and body fluids – cornea(deceased donor), bone marrow(deceased donor), heart valves(deceased donor and xenograft), bones(deceased donor and living donor).

Legalization of Organ donation , Indian and Global perspectives – Various countries have developed their own legal process for organ donation. One of the main perspectives in organ donation is **consent**. There are two types of consents regarding organ donation; EXPLICIT CONSENT & PRESUMED CONSENT. Explicit consent consists of the donor giving direct consent through proper registration depending on the country. The second consent process is presumed consent, which does not need direct consent from the donor or the next of kin. Recent advances in medical science have led to a drastic demand of the organ donation.

Basically two types of policy have been accepted in global society; 1) opt-out policy and 2) opt-in policy.

Opt in are those who have given explicit consent are donors. Opt out are those who have not refused consent to donate are donors.

Various countries practicing “opt in “ are United States Of America, United Kingdom, India, European Union, Australia, South Africa. Countries practicing “opt out “ are Turkey , Russian Federation.

Spain has the highest donor rate in the world at 46.9 per million people followed by Portugal 34.0 per million.

In India most of the transplant are living related or unrelated transplant. To promote organ donation after brain death and to curb organ commerce central government of India enacted a law called “The Transplantation of Human Organs Act” in 1994 that brought a significant change in organ donation and transplant scene in India. Deceased donation after brain death have slowly started happening in India. As per data available for year 2013-2014 total number of 313 donor turned out and total 852 different organs were available from them for transplant, these numbers are constantly increasing but central and state government efforts and with the help of various NGOs. Mohan foundation primarily working in the state of Tamil Nadu and Andhra Pradesh has done a pioneer contribution in setting up the organ sharing network. As a result, retrieval of 1033 organs and tissue were facilitated in these two states.



Various other programs are going on at different levels promoting organ donation in India such as; jeevandan programme in Andhra Pradesh, Zonal Coordination committee of Karnataka for Transplant, mrithasanjeevani kerala network for organ sharing, Navjeevan network of organ sharing Rajasthan ,Shatayu an NGO by Govindbhai C.Patel foundation Cadaveric Transplant Programme of Tamil Nadu.

An online organ sharing registry is maintained for deceased donation and transplant by the Directorate General of Health Services, Ministry Of Health And Family Welfare , Government of India at New Delhi.

In India states such as Tamil Nadu, Andhra Pradesh, Gujarat, Maharashtra, Kerala and Delhi are the highest contributors for organ donation.

WHO CAN DONATE – All people should consider themselves a potential organ donor and tissue donors regardless of age, health, race, or ethnicity. No one is too old or too young for deceased donor and most of the religion support donation.

Even with illness or health condition you may be able to donate your organs or tissues upon death. If the situation arises upon death, doctors examine your organs and determine whether they are suitable for donation. **Few condition which prevent from organ donation are active cancers, HIV Positivity , HCV and Hepatitis B positivity and some immunological diseases.**

Newborn and a old man in his 90's can be a donor as health of your organ counts more than your age.

Most of the donors are living donors, deceased donors and cadaveric donors. Living donors most frequently donate their kidney, part of liver while the deceased donors donate their liver, lungs, pancreas, intestine. Cadaveric donors are donors of heart valves and cornea.

ORGAN PRESERVATION- Organ preservation is the supply line for organ transplantation. Currently the liver pancreas and kidney can be successfully preserved for up to two days by flushing the organ with the UNIVERSITY OF WISCONSIN organ preservation solution and storing them at hypothermia (0-5 degree C), the solution contains impermeant agents such as lacto bionic acid, raffinose, hydroxyethyl starch that prevent the cells from swelling during cold ischemic storage. In addition it also contains glutathione and adenosine agent that stimulates recovery of normal metabolism upon reperfusion by augmenting the antioxidant capacity of the organs or by stimulating high energy phosphate generation upon reperfusion.

GREEN CORRIDOR- It is demarcated, cleared out special road and air route created for an ambulance that enables harvested organs meant for transplant to reach the destined hospital. It is a special corridor without any stoppage which ensures that, during transit, organs arrive at its specialized and specific destination within the



shortest possible time. The prime objective of creation of these green corridors has arisen from the fact that organs have a short preservation time; henceforth, within few hours the entire process, right from harvesting interinstitutional transport and final transplantation surgery must be completed.

The time span between recovering organs and Transplant-

Lungs(4-6hours),	Heart(4-6hours),	Liver(24hours),	Pancreas(24hours)
Kidney(72hours),	cornea(14days),	Bone(5years),	Skin(5years).

How the organs are allocated based on ABO Blood type & HLA Grouping, Medical Urgency, Time on the waiting list and Geographic locations.

COMPLICATIONS OF ORGAN TRANSPLANT.

Transplant rejection manifest in three forms , * Hyperacute *Acute *Chronic. Hyperacute rejection is immediate and occurs in minutes and hours and requires explantation. Acute rejection occurs in one week to one month after transplant. It occurs because of T cytotoxic lymphocytes attack organs. Chronic rejection occurs over months to years mostly in lungs transplant.

Immunosuppressive therapy is given to recipient patients to suppress cytotoxic T cells and helper T cells. This therapy makes the recipient exposed to number of complications and infections. It leads to nephrotoxicity, increased risk of opportunistic infections, lymphoma, hepatotoxicity, neutropenia, diarrhea, vomiting, vitamin deficiency.

World organ donation day 13th August.

Lets be an organ donar to give life after death.

Dr. Manan Shah

M.S. ENT

Dhruvi Hospital, Sabarmati

