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AHMEDABAD MEDICAL ASSOCIATION
(Branch of Indian Medical Association)
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AHMEDABAD MEDICO NEWS

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DR. MONA P. DESAI
President - AMA



DR. DHIREN R. MEHTA
Hon. Secretary - AMA

Imm. Past President - **DR. MEHUL N. SHELAT**

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ISSUE-9

HIGHLIGHTS

23-02-2020	Scientific Programme
01-03-2020	Sports Day Events
05-04-2020	AMACON-2020
09-02-2020	} Ladies Club Programme
16-02-2020	
27-02-2020	
05-03-2020	

Inter Speciality Antakshari Competition 19-01-2020



**'SECRET TO SUCCESS IS THE RESULT OF
PREPARATION, HARD WORK AND PERSEVERANCE'**

PUBLISHER AND EDITOR : **DR. DHIREN R. MEHTA** HON. SECRETARY, ON BEHALF OF
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Message From President's & Hon. Secretary's Desk

Greetings from Ahmedabad Medical Association !

It seems that time really passes so fast, if we do not run with it we would be losing so many opportunities and enjoyable moments. If we look around, we are the most blessed people, as we have brains-intelligence. We have the power to earn and mould the society, but then do we really enjoy all these powers. Are we happy ? Well a tough question but then so is life. Whatever life span left for each of us let us make a conscious effort to make it easy and enjoyable so that when time comes for us to say 'ADIOS' there are no regrets. Every person has his or her passion and doing that work never tires an individual. Working day and night for others, it is our right to have 'ME TIME'. It is a time you 'charge' your mind and soul which would keep you going smoothly. Your mind and knowledge also needs updating time to time, so do attend all scientific and entertainment programs of AMA. There are two advantages, you would meet your colleagues and friends and also learn

from experts. We are planning for this year's AMACON-2020 on 5th APRIL-2020, so block your dates. Would not like to miss it as it will be a conference with a difference.

Our AMA, has now decided to fight till the end for 'Zero Tolerance for Violence against Doctors. Lots of planning is done by involving all speciality leaders and now we will go with proper planning and not with emotional bursts. We can only get success if there is full support from your side and we all unite and stay together.

An Environmentally friendly project has been planned. We are going to make an 'OXYGEN PARK' right in the middle of the city with lots of trees and Murals giving health messages to public. It will be our permanent project to this city. A small step towards reducing pollution and bringing awareness to people about Health and Sanitation.

**'THE FUTURE BELONGS TO THOSE
WHO BELIEVE IN THE BEAUTY OF THEIR DREAMS'**

Dr. Mona P. Desai

President

Ahmedabad Medical Association

Dr. Dhiren Mehta

Hon. Secretary

Ahmedabad Medical Association

SCIENTIFIC PROGRAMME - 20-12-2019



MEDICAL-CONFERENCE OF SAARC COUNTRIES IN KOLKATA - 28-12-2019



MEMENTO TO COMMISSIONER OF POLICE FROM AMA



MILESTONE MELODIES - 21-12-2019



INTER SPECIALITY ANTAKSHARI COMPETITION 19-01-2020



WINNER

RUNNERS UP



INTER SPECIALITY ANTAKSHARI COMPETITION 19-01-2020

PARTICIPATING TEAMS



FELICITATION OF DR. MONA DESAI - PRESIDENT - AMA BY SADVICHAR PARIVAAR



બીના શ્રેયસ પંડ્યા આરોગ્ય, શિક્ષણ,
માહિતી અને સંદર્ભ કેન્દ્ર સદ્વિચાર પરિવાર અને
લાફિંગ ક્લબ અમદાવાદ (ઇન્ડિયા)

સમર્પણ વિદ્યાપીઠ, રામદેવનગર બસસ્ટેન્ડ પાસે, બોધપુર ટેકરા,
સેટેલાઈટ રોડ, અમદાવાદ-૩૮૦૦૧૫



સન્માનપત્ર

સન્માનનીય શ્રી **ડૉ. મોના દેસાઈ** (પ્રમુખ, અમદાવાદ મેડિકલ એસોસિએશન)

સુદીર્ઘ કાલ માટે બહુજન સમાજની આરોગ્યલક્ષી સેવા કરીને આપે
સમાજમાં ઉચ્ચ પ્રશાસિકા પ્રસ્થાપિત કરેલી છે. આપની અનુકંપાભરી
કાળજીએ અનેક જીવનને સુખકર કર્યા છે.

न त्वहं कामये राज्यं न स्वर्गं न पुनर्भवम् ।
कामये दुःखतप्तानां प्राणिनामार्तिनाशनम् ॥

આપે આપના કાર્ય દ્વારા આ સુભાષિતને સાર્થક કર્યું છે.

આપના જેવા કોઈ નિર્ધનને મદદરૂપ થનારા, બીજાને ઉપયોગી થવામાં
મગ્ન રહેનારા અને બીજાના દુઃખને દૂર કરનારા લોકો વિરલ હોય છે.
આપની સો શરદ આનંદ અને ગૌરવ સાથેની હો એવી પ્રભુને પ્રાર્થના
કરીએ છીએ.

આપના આજીવન ઉમદા કાર્ય માટે સદ્વિચાર પરિવાર તથા લાફિંગ
ક્લબ, અમદાવાદ આપનું સન્માન કરતાં ગૌરવ અનુભવે છે.

ડૉ. મુકુંદ મહેતા
કન્વિનરશ્રી
લાફિંગ ક્લબ, અમદાવાદ

પ્રવીણ ક. વહેરી
મેનેજિંગ ટ્રસ્ટીશ્રી
સદ્વિચાર પરિવાર, અમદાવાદ

ડૉ. પંકજ એમ. શાહ (પદાધી)
ઉપપ્રમુખશ્રી
સદ્વિચાર પરિવાર, અમદાવાદ

તા. ૧૫-૧૨-૨૦૧૯

FELICITATION OF DR. MONA DESAI - PRESIDENT - AMA BY SADVICHAR PARIVAAR



GAPIO CONFERENCE GLOBAL ASSOCIATION OF PHYSICIANS OF INDIAN ORIGIN



EPILEPSY AWARENESS PROGRAM-19-01-2020



YOGA SHIBIR



NATCON



IMA National President Appreciation Award to Ahmedabad Branch for 2018-2019



IMA National President Appreciation Award to Dr. Gargi Mahesh Patel for 2018-2019



Content

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[illegible]**OFFICE BEARER**

<p>PRESIDENT</p> <p>DR. MONA P. DESAI</p> <p>M. 9825016769</p> <p>VICE - PRESIDENT</p> <p>DR. ASHISH A. BHOJAK</p> <p>M. 99099 04571</p> <p>DR. CHINTAN K. GANDHI</p> <p>M. 99799 73239</p> <p>HON. FINANCE SECRETARY</p> <p>DR. PANKAJ K. SHETH</p> <p>M. 98241 95362</p>	<p>HON. SECRETARY</p> <p>DR. DHIREN R. MEHTA</p> <p>M. 98988 54158</p> <p>HON. JOINT SECRETARY</p> <p>DR. SUNIL B. CHENWALA</p> <p>M. 94284 05490</p> <p>DR. VIPUL V. SHAH</p> <p>M. 94265 33707</p> <p>HON. LIBRARY SECRETARY</p> <p>DR. RACHIT J. PATEL</p> <p>M. 97266 57062</p> <p>IMM. PAST PRESIDENT</p> <p>DR. MEHUL N. SHELAT</p> <p>M. 98253 98891</p>
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DR. NAITIK B. PATEL	DR. DEVENDRA R. PATEL	

**SCIENTIFIC PROGRAMME PROGRAMME NO. 5****DR. TANUMATI G. SHAH & DR. SHANTILAL A. SHAH PROGRAM**

The Scientific Committee has organised a very interesting CME for our members. Being intellectuals we should also know about Pros and Cons about newer inventions and not blindly follow them. So don't miss this CME :-

Date	: 23 rd February, Sunday
Time	: 10.00 a.m. to 10.30 a.m. Registration & Breakfast 10.30 a.m. onwards - CME
Venue	: AMA Hall, Ashram Road, Opp. H.K. College, Ahmedabad.
Speaker	: 1) Dr. Bharat Dave - Spine Specialist
Topic	: "ARTIFICIAL INTELLIGENCE AND INNOVATIONS- DOCTORS AWARE !"
Speaker	: 2) Dr. Hansal Bhachech M.D. (Psychiatry)
Topic	: "RELATIONSHIP WITH SELF" (You only need to find yourself, everything else can be Googled)

Programme will be followed by LUNCH.

Registration fee -Rs. 50/- per Member -at
AMA Office -26588775 from 2:00pm to 6:00pm.

Dr. Mona P. Desai

President, AMA

Dr. Dhiren R. Mehta

Hon. Secretary, AMA

**AHMEDABAD MEDICAL ASSOCIATION - SPORTS DAY**

Dear Members,

Our life is full of stress and hectic schedule of our practice and we hardly get time to play our games which were our passion in our younger days. So, after few excellent entertaining programs let us all get together and run a little and also play indoor games. So friendly, let us all celebrate 'AHMEDABAD MEDICAL ASSOCIATION - SPORTS DAY'. It will be an event in which all our family can also participate. It is said with exercise Endorphins - happy hormones- secrete in our body and it brings happiness and reduces stress. So do not miss this wonderful event and participate actively and make it a grand success. The different sport events will be as follows. :-

INDOOR SPORTS EVENT :- 1) TABLE TENNIS 2) CAROM

Date : 29-02-2020, Saturday **Time** : 2.30 pm to 6.30 pm

Venue : AMA Hall, Ashram Road, Ahd.

OUT DOOR SPORTS EVENTS :-

Track Events :-

- | | |
|----------------------------------|----------------------------------|
| 1. 100 mts. Run | 5. Lemon-Spoon Race - (Fun Race) |
| 2. 200 mts. | 6. Slow Cycle - 100 mts. |
| 3. 400 mts. Relay race - 100 x 4 | 7. Long Jump |
| 4. Sack Race - (Fun Race) | 8. Shot put |

INDOOR SPORTS EVENTS :- Badminton**AGE GROUPS :-**

- | | |
|----------------|----------------|
| - 5 to 9 yrs | - 26 to 35 yrs |
| - 10 to 16 yrs | - 36 to 50 yrs |
| - 17 to 25 yrs | - 50 yrs above |

Date : 01-03-2020, SUNDAY

Time : 8.00 AM Onwards

Venue : Gujarat Vidyapith, Ashram Road

Please register before 10-02-2020 on 26588775
FREE BUT COMPULSORY for better Management

Dr. Mona P. Desai

President, AMA

Dr. Dhiren R. Mehta

Hon. Secretary, AMA



REPORT OF YOGA SHIBIR - 16-12-19 TO 24-12-19

A very successful Yoga Shibir was organized by AMA. For the whole week more than 20 members did Yoga under the able guidance of Dr. Mrs. Pushpaben Multani. She is an international Yoga teacher, and teaches yoga explaining the importance of each 'ASANA'. The shibir started with prayer to God almighty and lamp lighting by President - Dr. Mona Desai and Hon. Secretary Dr. Dhiren Mehta. On the last day, President - Dr. Mona Desai felicitated Dr. Mrs. Pushpaben on behalf of AMA for her selfless services, by a Memento. Every day all the participants were given different fruits after Yoga.

REPORT OF 'MILESTONE MELODIES' on 21-12-19

An unique musical program was organized by Ahmedabad Medical Association for the music lovers of our association. The entire show was conducted by none other than our 'Great' Dr. G.G. Oza, who himself is an encyclopedia of Bollywood songs, in an impeccable and most entertaining manner. The visuals were made by Dr. Urman Dhruv, who is a most creative and innovative personality. Who never fails to surprise and entertain the audience with his 'creations'. The whole show was coordinated by Dr. Gurudutt Thakkar, who is not only an excellent singer but an excellent compere who would till the end make the program interesting and also make the audience stick to their seats.

President of AMA - Dr. Mona Desai Felicitated Dr. G.G. Oza with a memento and shawl and welcomed the audience. Hon. Sec. of AMA - Dr. Dhiren Mehta felicitated Dr. Urman Dhruv and Dr. Sunil Chenwala felicitated Dr. Gurudutt Thakkar. Dr. Bharat Shah felicitated Dr. Ashok Patel. The event was most successful with a hall packed of audience who first enjoyed the most delicious dinner and then enjoyed the Bollywood songs with commentary of Dr. G.G. Oza sir to make it more spicy, till midnight. The program ended with vote of thanks from our Hon. Sec. Dr. Dhiren Mehta.

REPORT OF AMA INTER-SPECIALITY ANTAKSHARI COMPETITION

Ahmedabad Medical Association organized Interspeciality Antakshari Competition for the **first time in history of AMA in 118 years. In all 18 Specialities Participated with their teams of 3 doctors each. We had 32 teams participating.** For the very first time all these speciality doctors gathered on one stage and enjoyed an event. The event started at 4:00 pm on 19/01/2020-Sunday at AMA, Ashram road, Ahd. There were 8- Elimination rounds with 4 teams in each round, 2- Semifinal rounds and then the Finals. There was lot of audience participation with lot many prizes. The winners were - **Paediatric Team- consisting of 1) Dr. Dhiren Thakkar, 2.) Dr. Kajal Shah 3) Dr. Shruti Desai. The Runners up were- Gynaec & Obs. Team - consisting of 1) Dr. Sonal Shah 2) Dr. Nivedita Vaja 3) Dr. Sugandha Patel.** The whole event was very nicely managed and conducted by Dr. Mona Desai -President of AMA and excellent compereing was done by Dr. Raj Rawal which made the event run smoothly. The Specialities which participated were- 1) Paediatrics 2) ENT 3) Pathology & Microbiology 4) Dermatology 5) Plastic Surgery 6) Neuro physicians 7) Orthopedics 8) General Surgery 9) Anaesthesia 10) Ophthalmology 11) Psychiatry 12) Physicians 13) Gynaec. & Obs. 14) Radiology 15) Urology 16) Oncology 17) Family Physicians 18) Ladies Club of AMA.

Our special thanks to Dr. Alpa Gandhi, Dr. Manjit Nayak, Dr. Gargi Patel, Dr. Ashish Bhojak, Dr. Kalpita Dave, Dr. Atul Gandhi and our Hon. Secretary- Dr. Dhiren Mehta for their cooperation and support in making this event a grand success.

We thank the Musicians of Sa Re Ga Ma Orchestra. With a 'HOUSE FULL' audience, it was an evening most enjoyable and fun filled, followed by Dinner.

AMACON-2020

This year's AMACON-2020 will be with a difference. So do not miss it. All the deliberations will of interest to each and every Doctor Member of every Speciality. Topics which you would encounter in your day to day life and discussions you will relate to your every day routine. So **BLOCK YOUR DATE - 5th APRIL-2020-SUNDAY**. Venue will be Ahmedabad Management Association - and it will be a full day conference so see that you have not other commitments on that day.

**The Registration Charge for
Delegates will be Rs. 500/- each and
Spouse will be Rs. 300/-**

WE WELCOME FOLLOWING NEW LIFE MEMBERS

9909	L	DR GANDHI TAKSHAY JAGDISHBHAI
9910	L	DR PARMAR HARDIK KANAIYALAL
9911	L	DR PATEL PARTH MAHENDRAKUMAR
9912	L	DR SALVI NANDISHKUMAR SATISHBHAI
9913	L	DR PATEL HARDIK SURESHCHANDRA
9914	L	DR JAIN NEELAY PRAKASHCHANDRA
9915	L	DR PATEL MIT VIKASHKUMAR
9916	L	DR JOSHI PRATIK NARESHKUMAR
9917	LC	DR PATEL NAGENDRAKUMAR PRABHUDAS
9918	LC	DR PATEL MANISHA NAGENDRAKUMAR
9919	L	DR KOTHARI ABHIMANYU DEEPAKBHAI
9920	L	DR BAROT JIGNA PANKAJKUMAR
9921	L	DR LANUKIYA BANSAL JAYANTIBHAI
9922	L	DR PRAJAPATI AMRUT GULABBHAI
9923	LC	DR KAMDAR PRIYANK NARENDRAKUMAR
9924	LC	DR KAMDAR JINAL PRIYANK
9925	L	DR PATEL DEVARSHKUMAR BHARATBHAI
9926	L	DR PATEL DIVYESHKUMAR KIRANBHAI
9927	L	DR KALARIA HARSHILKUMAR ARVINDBHAI
9928	L	DR PATEL HARSHAL ATULBHAI
9929	LC	DR PATEL PINAKIN SURESHBHAI
9930	LC	DR PATEL KESHA PINAKIN
9931	L	DR SHEKHAWAT NIKUNJ PRIYA
9932	L	DR PANDYA ISHAN ASUTOSH
9933	LC	DR SABNANI RAJIV KISHAN
9934	LC	DR SABNANI AVANI RAJIV
9935	LC	DR MERJA MANTHAN RAMESHCHANDRA
9936	LC	DR MERJA APEKSHA MANTHAN

CONGRATULATION

AHMEDABAD BRANCH has received "IMA National President Appreciation Award" for best meritorious performance during the year 2018-2019 at the 94th all India Medical Conference held at Kolkata on December 27th - 28th, 2019.

DR. GARGI MAHESH PATEL has received "IMA National President Appreciation Award" for best meritorious performance during the year 2018-2019 at the 94th all India Medical Conference held at Kolkata on december 27th - 28th, 2019.

DR. B. M. SONI has been awarded "Charu Chandra Das Memorial Award by the tuberculosis association of India. New Delhi at the 74th NATCON-2019 held at Chennai in December, 2019.

NEWS CLIP

દિવ્યભાસ્કર - ૨૧-૦૧-૨૦૨૦

સ્પેશિયાલિટીઝના ડોક્ટરોએ સ્ટેજ પર ગીતો ગાયાં



અમદાવાદ: અમદાવાદ મેડિકલ એસોસિયેશન (એએમએ)એ ઈન્ટર-સ્પેશિયાલિટી અંતાકરી સ્પર્ધાનું આયોજન કર્યું હતું, જેમાં 18 સ્પેશિયાલિટીઝ પ્રત્યેક ત્રણ ડોક્ટરની ટીમ સાથે જોડાયા હતા. કુલ 32 ટીમે ભાગ લીધો હતો.

PROFESSIONAL PROTECTION SCHEME; G.S.B. I.M.A.

"P. P. S. House", Beside Sakar-V Building, Nr. Mithakhali Railway Crossing,
Off Ashram Road, Navrangpura, Ahmedabad-380009.

Tele No. : 079-2658 8929 E-mail : ppsgsbima1@yahoo.in

Website : www.ppsgsbima.com

Attention Please !! - ALL THE MEMBERS OF P.P.S.

Coverage : 1 Crore Rupees AOA (Any one Accident)
From 01-04-2020 1 Crore Rupees AOY (Any one Year)

Dear Member,

Professional Protection Scheme has already sent a notice alongwith a Renewal Application form for renewing the membership before 31st March, 2020 for the year 2020-2021 "By Registered Post January 2020 to all the members.

We have posted PPS Renewal Notice for the year 2020-2021, only pay Annual Fee, Don't pay Admission Fee.

We request you to draw kind attention towards the constitution of P.P.S.G.S.B.I.M.A.

Clause 10/B :- A member who does not pay the annual membership fee in advance – before 31st March (before the expiry of the indemnity cover) shall be discontinued without any notice.

Clause 10/C :- However if a discontinued member wants to revive his/her membership within one month of the expiry of the indemnity cover he/she shall pay annual membership fee only, but the indemnity covered shall be provided from the day of revival of the membership."

Clause 10/D :- After one month if a member wants to rejoin the scheme, he/she shall be treated as a new member and he/she shall have to pay admission fees as well as annual membership fees."

The member who has not sent the Renewal Application form duly filled in alongwith required amount is requested to send it immediately.

For Online : **Renewal**

Please visit our

Website : www.ppsgsbima.com

Dr. Bipin M. Patel
Dr. Bipin M. Patel
Managing Director

An Open Letter to All Doctors

આ અવ "લૌટ" ચલે

દર્દીઓની જિંદગી બચાવવામાં અને લંબાવવામાં આપણે આપણી જિંદગી ટૂંકાવી રહ્યા છીએ. ભારતીય નાગરિકનું સરેરાશ આયુષ્ય (Lifespan) 65 થી 70 વર્ષ છે, જ્યારે ભારતના ડૉક્ટરનું સરેરાશ આયુષ્ય 59 વર્ષ છે.

આપણે **Lovers of Life** ને બદલે **Labourers of Life** બની રહ્યા છીએ.

ચહેરા પરનું સ્મિત અલોપ થવું એ **Presenting Symptom** છે.

કપાળ પરની આડી કરચલીઓ ઉંમર સૂચવે છે,

કપાળ પરની ઊભી કરચલીઓ ઉદ્વેગ સૂચવે છે.

ये उलझन, ये उदासी हम सबको अंदरसे खाए जा रही है -

अतः हमारी **Waistline** बढ़ती जा रही है, और हमारी **Lifeline** घटती जा रही है ।

आज के तबियों की तबियत तरोताजा नहीं है ।

All is not well, dear Doctors !

बहुत दिया देने वाले ने तुझको आंचल ही न समाये तो क्या किजीये

હજી તક છે, સમય છે, પોરો ખાઓ, પાછા વળો..

Weekend free રાખો.

AMA Hall એ **Hall** નથી; **Holistic Health Centre** છે..

આ **Hall** માં નિયમિત આવતાં રહો જેથી-

જિંદગીને ઉત્સવ બનાવી શકાય, જિંદગીને કહી શકાય--

ए जिन्दगी गले लगा ले...

Wish you the best of health and happiness.

-- Dr. G. G. Oza Sir

Excerpts from the script of "Mile Stone Melodies"... A musical programme organized by AMA on 21-12-2019

REPORT OF 17th TB Seal Campaign

70th TB Seal Campaign was organized on 18-12-2019 at Rajbhavan Gandhinagar. Dr. Soni gave welcome address. Dr. R. M. Patel, Dr. Tushar Patel and Shri L.P. Shah gave bouquet to Hon. Governor. Dr. Tushar Patel requested Hon. Governor to inaugurate the campaign. Hon. Governor Shri Devvarat Acharya launched the campaign. Hon. Governor presented TB Seal book to Shri Laxmichand Shah. Dr. P. M. Parmar Hon. Sec. gave vote of thanks.

OBITUARY

We send our sympathy & condolence to the bereaved family.
May his/her soul rest in eternal peace.



DR. SURYAPRASAD H. MEHTA

Date of Birth : 16-02-1933

Date of Death : 24-09-2019



DR. YOGESH H. HATHI

Date of Birth : 17-07-1948

Date of Death : 19-12-2019



DR. ILA G. PATEL (DR. ILA C. SHAH)

Date of Birth : 09-09-1943

Date of Death : 21-12-2019



DR. MADHUKAR V. VACHHARAJANI

Date of Birth : 14-12-1946

Date of Death : 01-01-2020

DISCLAIMER

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વેડીઝ-કલ્પ

"Women are the real architects of society"

- Cher

Dear Friends

Health and Happiness Seminar ખૂબ જ સરસ અને માહિતી સભર રહ્યો. આપ સૌના ઉષ્માભર્યા પ્રતિસાદ માટે આભાર.

HIITCON-2020 Basic Technology Workshop માં members મોટી સંખ્યામાં ઉપસ્થિત રહી, Technology ના વિવિધ પાસાઓને જાણ્યાં, અને ખાત્રી છે કે આ Workshop થી રોજબરોજની જીંદગીમાં ચોક્કસ ફાયદો થશે.

પ્રોગ્રામ નં. ૯ :

Valentine's Day Celebration in Advance

"Partner Yoga and Meditation"

Let's be our own Valentine. આપણાં અને આપણાં જીવનસાથીની દૃઢ્યની ઉર્મીઓને સાથે મળીને ચેતનવંત કરીએ. ખાસ 'યોગ' અને 'પ્રાણાયામ' ના ઉષ્માભર્યા કાર્યક્રમ દ્વારા.

Loving and Live Session of Partner Yoga and Twin heart Meditation by Mauli Baviskar.

Holistic partner Yoga / Meditation Practices

તારીખ	: ૦૯-૦૨-૨૦૨૦, રવિવાર
સમય	: સવારે ૦૭.૪૫ થી ૧૦.૦૦
સ્થળ	: એ.એમ.એ. હોલ
રજીસ્ટ્રેશન ફી	: મેમ્બર અને Spouse free
	Guests Fee : 100 Rs.

Break-fast will be ready after the session.

Programme Courtesy : Damru Yog & Sound Therapy Studio.

પ્રોગ્રામ નં. ૧૦ :

મહામંદિર થી મસ્જિદ સુધી મંદિર થી મસ્જિદ સુધી

અમદાવાદ-ભારતનું હેરીટેજ સીટી. આવો આપણા આ ઐતિહાસિક વારસાને નજીકથી નિહાળીએ.

તારીખ : ૧૬-૦૨-૨૦૨૦, રવિવાર
સમય : સવારે ૭.૩૦ કલાકે
સ્થળ : સ્વામિનારાયણ મંદિર,
 કાલુપુર પાસે આવવું.
 ત્યાં થી જામા મસ્જિદ
 સુધી.

રજી. ફી : રૂ. ૧૦૦/-

- ટી-શર્ટ દરેક Participant માટે ફી
- અમદાવાદી નાસ્તો



પ્રોગ્રામ નં. ૧૧ :

પીકનીક

આવો સૌ સાથે મળીને વસંતઋતુમાં પ્રકૃતિને માણીએ. સહ પ્રવાસની મજા, પ્રાકૃતિક ભોજન અને પરંપરાગત રમતોનો ભરપૂર આનંદ કરીએ.

તારીખ : ૨૭-૦૨-૨૦૨૦, ગુરુવાર

સમય : સવારે ૭.૩૦ કલાકે રીપોર્ટીંગ અને ચા

- બસ ઉપડવાનો સમય : ૭.૪૫ કલાકે
- પીકનીકનું સ્થળ : સેવા ઈકો ટુરીઝમ - ગણેશપુરા
- નાસ્તો : સવારે ૧૦.૦૦ કલાકે
- ફાર્મની મુલાકાત : ૧૧ થી ૧૨ કલાકે
- ભોજન : ૧૨ કલાકે
- ૨ થી ૪ કલાકે Karaoke Programme અને રમતો
- ૪.૩૦ કલાકે પ્રસ્થાન via ઊંઝા ઉમિયા માતા મંદિર થી અમદાવાદ
- ૭ કલાકે - એ.એમ.એ. આગમન અને Business Dinner

રજીસ્ટ્રેશન ફી : મેમ્બર્સ - ૩૫૦ રૂ. • ગેસ્ટ - ૭૦૦ રૂ.

રજીસ્ટ્રેશન કરાવવા માટેનું સ્થળ

- | | | |
|----------------------|------------|----------|
| (૧) એ.એમ.એ. | | |
| (૨) મયુરી વઘરાજાની | ૯૪૨૭૦૨૨૫૮૬ | નારણપુરા |
| (૩) હિરલ શેલત | ૯૯૨૫૩૯૮૮૯૧ | સાબરમતી |
| (૪) પ્રતિમાબેન મહેતા | ૯૪૨૬૨૪૭૫૭૬ | પાલડી |
| (૫) અલકાબેન દીક્ષીત | ૯૦૮૧૪૩૪૫૫૫ | મણીનગર |
- રજીસ્ટ્રેશન કરાવવાની છેલ્લી તારીખ તા. ૧૬ ફેબ્રુઆરી.

પ્રોગ્રામ નં. ૧૨ :

Meet the Master Chef Mrs. Heena Gautam

તારીખ : ૦૫-૦૩-૨૦૨૦

સમય : બપોરે ૩.૦૦ થી ૫.૦૦ કલાકે

સ્થળ : એ.એમ.એ.

- Ms. Heena Gautam આપણી સાથે Tasty and Healthy receipies બતાવશે અને બનાવતા શીખવાડશે.
- SuperWoman - Talk દ્વારા તે Cooking expert ની સફર થી અવગત કરાવશે. પ્રોગ્રામને અંતે અલ્પાહાર

રજીસ્ટ્રેશન ફી : મેમ્બર્સ - ફી • ગેસ્ટ - ૧૦૦ રૂ.

મયુરી વઘરાજાની
 પ્રમુખ - લેડીઝ ક્લબ
 મો. ૯૪૨૭૦૨૨૫૮૬

હિરલ શેલત
 માનદ્ મંત્રી - લેડીઝ ક્લબ
 મો. ૯૯૨૫૩૯૮૮૯૧

ડૉ. મોના દેસાઈ
 પ્રમુખ
 અમદાવાદ મેડિકલ એસોસિએશન

ડૉ. ધીરેન મહેતા
 સેક્રેટરી
 અમદાવાદ મેડિકલ એસોસિએશન