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AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902

AMA House, First Floor, Opp. H. K. Arts College, Ashram Rood, Ahmedabad - 380009 Phone : (079) 26588775

Email : amagsbima@yahoo.co.in Website : www.ahmedabadmedicalassociation.com





World Environment Day Celebration Dated 05-06-2025





100th National Conference of





27 & 28 December, 2025 Venue : Club O7, Off. S.P. Ring Road, Shela, Ahmedabad, India 380058

VOL. 20

JUNE - 2025

ISSUE - 2

Dr. DHIREN MEHTA President - AMA

Dr. URVESH SHAH Hon. Secretary - AMA

Imm. Past President - Dr. TUSHAR PATEL

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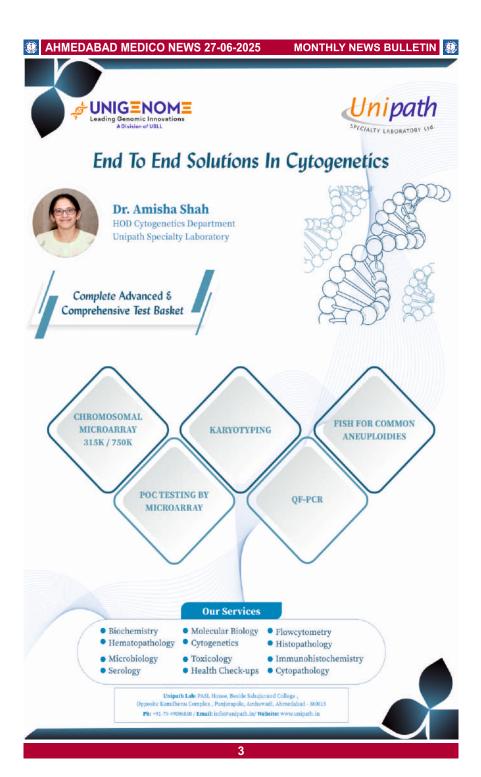
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- Neurosurgery
- Oncology
- Oncosurgery
- Ophthalmology
- Orthopedic Surgery (Joint Replacement)
- Plastic, Cosmetic and Reconstructive Surgery
- Pulmonology
- Pain management
- Pediatric
- Spine surgery
- Transplant Surgery (Renal)
- Urology
- Bone Marrow Tranplant



Curtain Raiser Ceremony IMA-NATCON 100th Dated 18-05-2025















AHMEDABAD MEDICO NEWS 27-06-2025 MONTHLY NEWS BULLETIN Curtain Raiser Ceremony IMA-NATCON 100th Dated 18-05-2025

























AHMEDABAD MEDICO NEWS 27-06-2025 MONTHLY NEWS BULLETIN Dr. Tanumati G. Shah Scientific Programme Dated 08-06-2025























ies You

MONTHLY NEWS BULLETIN

Dr. Tanumati G. Shah Scientific Programme Dated 08-06-2025



AHMEDABAD MEDICO NEWS 27-06-2025 MONTHLY NEWS BULLETIN Dr. P. P. Shah Scientific Programme Dated 18-05-2025



World No Tobacco Day, Awareness Programme at Danilimda UHC



World Environment Day Celebration Dated 05-06-2025



MONTHLY NEWS BULLETIN 🏽 🎒

Blood Donation Camp at Kankaria Lake with Maninagar Medical Association







🛞 AHMEDABAD MEDICO NEWS 27-06-2025 MONTHLY NEWS BULLETIN 🚇

Blood Donation Camp at SBI, Civil Hospital Branch Dated 11-06-2025



Blood Donation Camp at Prahlad Nagar Dated 18-05-2025



Dr. Arpitbhai at Aao Gaon Chale, at Urban Health Center, Naroda Rd. Dated 24-05-2025, Saturday.



MONTHLY NEWS BULLETIN

Pledge for Tobacco Free Hostels taken by MBBS Students of GCS Medical College Hospital and Research Center taken on the day of World No Tobacco Day.. Awareness session was conducted for the Tobacco Hazards among youth.



Sensitization Session on World No Tobacco Day & Announcement of IMA 100th NATCON 2025 at GMERS Medical College, Sola, Ahmedabad.



Ladies Club Programme



MONTHLY NEWS BULLETIN

A.M.A. BULLETIN INDEX

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MONTHLY NEWS BULLETIN



Message From President & Hon. Secretary



Dear Members,

ll महामृत्युंजय मंत्र ll

त्रियम्बकं यमामहे, सुगन्धि पुष्टिवर्धनं । उवारूकमिव बन्धनान्, मृत्योर्मोक्षिय मामृतात् ॥

This Mahamrutyunjay Mantra asks for liberation from the cycle of death and a connection to immortality, by worshipping Three Eyed Deity, Lord Shiva.

On 12-6-2025, our city Ahmedabad had experienced the worst of its time. The big blast, flames and fire, multiple cries and then a big big Silence leaving a big question behind it. The different age of people, from different parts of world had a common moment of death and common end of destination. Even the innocent medical students who were not traveling, had suffered multiple injuries while taking lunch. Even some had lost their lives also. May departed souls rest in heaven with peace.

In this critical situation our all friends of association and other doctors had done good and hard work to help the affected people. Even so many youths have come forward to donate blood and had shown humanity.

Anyway, time is flowing and has to flow and we have to accept reality and move forward.

MONTHLY NEWS BULLETIN

"People working together in a strong community with shared goal and a common purpose can make the impossible possible."

- Tom Vilsack.

Last month we had done multiple programs. We had done 4 blood donation camp in association with AFPA on 18-5-2025, 1 with MMA on 25-5-2025, 1 with Ratan Hospital, Isanpur and 1 with SBI, Civil Hospital branch. So total 7 camps we had done.

We had awareness program under Aao Gaon Chale banner, 1 at Naroda UHC on 24-5-2025 and 3 on 31-5-2025, World No Tobacco Day at 3 different places, at Danilimda UHC, GCS Medical College and Sola GMERS College. We also had participated with SHRC for camps at different villages on all Sunday of June month.

We had also celebrated World Environment Day, on 5-6-2025, at AMA by planting saplings. We also had distributed saplings to participating doctors.

We had also organized scientific program on 12-5-2025 and one with College of GP, GSB on 8-6-2025.

These all are successful only and only because of good teamwork.

"A community that is engaged and working together can be a powerful force."

- Idowu Koyenikan.

At last, preparations of the NATCON 2025 are going with bang with many innovative ideas and tasks. Join hands and let us make it memorable event if IMA.

Jai AMA - Jai IMA

Dr. Dhiren Mehta	
President, AMA	

Dr. Urvesh Shah Hon. Secretary, AMA

AHMEDABAD MEDICO NEWS 27-06-	
	OCIATION YEAR : 2024-2025
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Dr. Urvesh Shah Dr. Hetalbhai Shal	
Dr. Rohan Christian Dr. Rajesh Desai	Dr. Atul Gandhi

Ahmedabad Medical Association 123rd Annual Day Celebration : 27/07/2025, Sundav Date Time : 9-00 am onwards. : Dr. R. M. Fozdar Hall, AMA House, Ashram Road. Venue **Annual Day Program** 8-45 am to 9-15 am : Tea/Coffee & Breakfast 9-15 am to 10-00 am : Dr. B. N. Mehta Oration 10-00 am onwards Welcome speech by President, AMA Felicitation of Guests Annual report by Hon. Secretary, AMA Annual Day Celebration Speech by Distinguished Guest Felicitation of Members and Medical Students. Vote of Thanks. Awards and Medals will be distributed All members are invited to join The event will be followed by lunch. **DR. DHIREN R. MEHTA** DR. URVESH SHAH President Hon. Secretary 21

ELECTION NOTICE 2025-2026

The Annual election of the President, two Vice Presidents, Hon. Secretary, two Hon. Joint Secretaries, Hon. Finance Secretary, Hon. Library Secretary and 12 members from Post Graduate category, 12 members from other than Post Graduate category and one Resident Doctor of the Ahmedabad Medical Association for the year **2025-2026** will be held on **Sunday 3rdAugust**, **2025** between 9.00 a.m. and 1.00 p.m. at our premises.

- Nomination from will be available from 02-07-2025 Wednesday on payment of Rs. 100/- (Time : 2.30 p.m. to 6.00 p.m.)
- The prescribed nomination forms duly filled, proposed and seconded should reach the office on or before 3.00 p.m. on 07-07-2025, Monday, along with Rs. 1000/- for the post of President. Rs. 500/- for the post of Hon. Secretary and Hon. Finance Secretary, Rs. 500/- for other office bearers and Rs. 100/- for Managing Committee Members, (non refundable)
- 3. Last date for withdrawal of nomination is 09-07-2025, Thursday before 3.00 p.m.
- 4. It is compulsory to cast as many votes as the number of posts are, otherwise the Ballot paper shall be considered invalid for that particular post as per the constitution.

N.B.

- The tenure of President, Vice-Presidents, Hon. Joint Secretaries and Hon. Library Secretary will be one year.
- (2) All the office-bearers except the President shall be eligible for re-nomination for one more tenure consecutively for the post
- (3) The tenure of Hon. Secretary and Hon. Finance Secretary will be of two years.
- (4) Term of members of the managing committee (25 members) shall be one year but can seek re-election for one more year. They can not contest for more than two consecutive terms.
- (5) To facilitate the arrangements, please come with membership number and identity card at the time of voting (Ahmedabad Medical Association identity card or any other identity document should be produced when asked for)

Dr. Dhiren R. Mehta

Chairman Election Commission

MONTHLY NEWS BULLETIN



All India Medical Conference

27th & 28th December 2025 HOSTED BY

IMA Gujarat State Branch | Ahmedabad Medical Association

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Silver Sponsor	₹51,00,000
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Lunch	₹20,00,000
Kit	₹20,00,000
Conference Hall Sponsorship (Each Hall)	₹4,00,000
Premium Stall	₹3,00,000
Scientific Programme (20 Mins)	₹2,00,000
Regular Stall	₹2,00,000
Friday Pre Conference Workshop – Each	₹2,00,000
Lucky Draw	₹2,00,000
Audio & Visual (Each Hall)	₹2,00,000
Banner	₹30,000



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A/C Name	:	IMA NATCON 2025
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A/c No.	:	99910010010025
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- The number of representatives of the sponsor / exhibitor at the conference venue will have to get registered for security purpose.
- The Exhibition Committee reserves the right to modify or rearrange the floor plan or even cancel any sponsorship / Exhibitor, without assigning any reason thereof.
- The site of the stall shall be made available to the participants a day before the exhibition begins. No workman
 will be allowed at the exhibition site after 8.00 am of the Conference day under any circumstances. If the
 participants fail to occupy the stall by 8.00 am of Conference day, the Exhibition Committee reserves the right to
 allot the vacant stalls to the waiting application.
- The Exhibition Committee shall allocate the floor areas to meet the request of exhibition as far as possible to their given preference but the same cannot be guaranteed by the Exhibition Committee.
- Sponsor / Exhibition / Souvenir confirmed are NON TRANSFERABLE.

DR. MEHUL SHAH

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All India Medical Conference **IMA NATCON 2025** 27th & 28th December 2025



HOSTED BY: IMA Gujarat State Branch & Ahmedabad Medical Association

Please Fill in BLOCK LETTERS

Name :		Speciality :
Membership LM / AM No. / Non Member		SMC/NMC Reg. No :
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Mailing Address :		
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Mobile :	E-mail :	
Member CWC / CC :	Branch :	_ State :
No. of the accompanying person (s) :		

DELEGATE FEES (Inclusive of G.S.T. 18%)		01/05/2025- 30/06/2025	01/07/2025- 31/08/2025	01/09/2025- 31/10/2025	01/11/2025 ONWARDS
Reception Committee		₹ 29,500	₹ 29,500	₹ 29,500	₹ 29,500
Delegate IMA Member	Individual	₹ 4,720	₹ 5,900	₹ 8,260	₹ 11,800
	Couple	₹ 7,080	₹ 9,440	₹ 14,160	₹ 21,240
Corporate		₹ 17,700	₹ 21,240	₹ 24,780	₹ 29,500
Foreign Delegates		\$ 200	\$ 250	\$ 300	\$ 350
IMA, MSN		₹ 2,360	₹ 3,540	₹ 5,900	₹ 8,260
IMA, JDN		₹ 3,540	₹ 4,720	₹ 7,080	₹ 10,620
Accompanying Person* (Non IMA Member)		₹ 4,130	₹ 6,490	₹ 8,850	₹ 12,390
Pre Conference (26-12-25)**		₹ 1,770	₹ 1,770	₹ 2,950	₹ 2,950

*Children above 10 years of age should be registered as accompanying persons. **Only registered conference delegate can register for pre Conference Date 26-12-2025 Friday Please find enclosed herewith a Cheque No.:_____ Dated :_____ Dated :_____ for INR ______ drawn on (Name of Bank) _____

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Medico Mitra Mandal Scientific Programme

AHMEDABAD MEDICAL ASSOCIATION & AMA SENIOR CITIZEN CLUB

Organises an informative, Educative programme .

Date: 20th July 2025, SundayTime: 10.00 to 12.30pmVenue: Ahmedabad Medical Association, Ashram Road.

Programme: Topic & Faculty

Topic : Ideal Nutrition to protect health of Elders.							
Faculty	: Dr. Mahadev Des	ai					
Торіс	: Life style change elders	es to save neurological health in					
Faculty	: Dr. Pranav Kharo	d					
Торіс	: Life style change elders	s to save Bone & Muscle health in					
Faculty	: Dr. Jitubhai Patel						
Торіс	: Evaluation of FE	Evaluation of FEAR in elders9					
Faculty : Dr. Hansal Bhachech							
 The programme will be followed by Lunch. AMA Senior Citizen Club members, Ladies club members can attend the programme. Registration to be done at AMA office on working days between 2pm to 6pm. Registration charges: Rs. 50 per person. 							
• Senior citizen club members no charges but Registration is mandate							
• I IISISI K	This is TRO programme						
Co ordinators							
Dr. K.R. Sanghavi Dr. Abhay S. Dixit							
	Dr. Ramesh C.Shah	Dr. Kirit C. Gadhavi					
	hiren Mehta	Dr. Urvesh Shah					
President, AMA		Hon. Secretary, AMA					

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	WE WELCOME	FOLLOWING NEW LIFE MEMBERS
M.No.	Туре	Name
13489	L	Dr. Tripathi Shyam Shyam
13490	L	Dr. Gheewala Panth Bhaurik
13491	L (Transfer)	Dr. Patel Kishan Kiritkumar
13492	L (Transfer)	Dr. Patel Brinda Dharmendrabhai
13493	L	Dr. Christian Jenish Samuel
13494	L	Dr. Trivedi Aditya Kalpesh
13495	L	Dr. Patel Maulik Kanubhai
13496	L	Dr. Patel Lucky Hiteshkumar
13497	L	Dr. Gandhi Sagar Dilipkumar
13498	L (Transfer)	Dr. Shah Gunjan Prafulbhai
13499	L (Transfer)	Dr. Shah Ekta Shaileshkumar
13500	L	Dr. Shah Ashutosh Mitulkumar
13501	L	Dr. Parekh Zil Alpeshkumar
13502	L	Dr. Patel Achalkumar Bhaveshbhai
13503	L	Dr. Gamit Khusbuben Satishbhai
13504	L	Dr. Gamit Gracekumari Kantilal
13505	L	Dr. Dixit Shruti V.
13506	L	Dr. Jain Sandeep Ramesh
13507	L	Dr. Amlani Rutva Nilesh
13508	L	Dr. Raval Prakruti Kashyapkumar
13509	L	Dr. Gor Saloni Piyushchandra
13510	L	Dr. Patel Hardikkumar Hasmukhbhai
13511	L (Transfer)	Dr. Rathore Kaniyalal Hiraj
13512	LC	Dr. Chhatrola Akshay Rameshbhai
13513	LC	Dr. Merja Shraddha Prakashbhai
13514	L	Dr. Patel Ami Bharatbhai
13515	LC	Dr. Patel Dhruv Rajeshbhai
13516	LC	Dr. Vekariya Vandana Hasmukh
13517	L	Dr. Patanvadiya Amitkumar Harsukhlal
13518	L	Dr. Gandhi Hemisha Vijaykumar
13519	LC	Dr. Panchal Swapnil Manojkumar
13520	LC	Dr. Panchal Kamaxi Anantkumar

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	DABAD MEI	ICO NEWS 27-06-2025 MONTHLY NEWS BULLETIN
13521	L	Dr. Patel Dhaval Pashabhai
13522	L	Dr. Makvana Ghanshyambhai Chhaganbhai
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13534	L	Dr. Prajapati Preyal Jitendrabhai
13535	L	Dr. Goriya Mohammedshaid Shabbirbhai
1		

OBITUARY

May their soul rest in eternal peace.



DR. STUTI NITIN TRIVEDI		
LM- 10207	M S OPHTHALMOLOGY	
Date of Birth	: 20/09/1991	
Date of Death	: 12/04/2025	
DR. HARIKRUSHNA	A KANAIYALAL THAKKA	



DR. HARIKRUSHNA	A KANAIYALAL THAKKAR
LM- 5510	GP. FAMILY PHYSICIAN

Date of Birth : 06-02-1976

Date of Death : 07-06-2025

We send our sympathy & condolence to the bereaved family.

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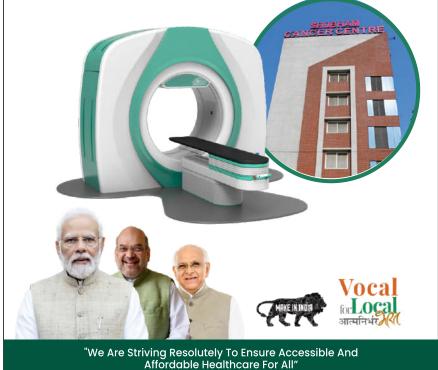
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From Despair to Vitality:

Mr Jayeshkumar Jani's Transformation through Bariatric Surgery



"This Surgery Gave Me a Second Chance. It's More Than Just Losing Weight It's About Gaining Life. "

Case Summary

61 years old, Mr Jayeshkumar Bhanushankar Jani faced serious health challenges. With a weight of 124 kg and a BMI of 41.6 kg/m², his Life was burdened by the crippling effects of obesity. He battled chronic obstructive pulmonary disease (COPD), ischemic heart disease (IHD), and left ventricular dysfunction with an ejection fraction (EF) of just 40%. Chronic kidney disease (CKD) and obstructive sleep apnea (OSA) added to his woes, necessitating the use of a BiPAP machine and frequent nebulisation.

Diabetes further complicated his condition, requiring about 100 units of insulin daily in addition to four oral hypoglycemic agents (OHAs). Even a simple task like walking two steps left him breathless, with his oxygen saturation (SpO2) plummeting to 88%.

Despite his best efforts, including strict diet plans and exercise regimens, Mr Jani found himself unable to shed the weight that was slowly killing him.

In December 2023, Mr Jani underwent the life-changing surgical procedure of Laparoscopic Sleeve Gastrectomy performed by Dr Manish Khaitan, Director and Consultant Bariatric Surgeon. In the months that followed, Mr Jani's weight dived from 124 kg to an impressive 95 kg.

Rediscovering Life



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- Dr. Vishvas Amin

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MONTHLY NEWS BULLETIN





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Report of Dr. P. P. Mehta Scientific Program : Dated 18-5-2025

Dr. P. P. Mehta Scientific program was planned on 18-5-2025, Sunday. Dr. Mahadevbhai Desai, Dr. Dhiren Ganjwala, Dr. Pranav Joshi, Dr. Himanshu Desai and Dr. Nisarg Parikh had delivered scientific lectures on different topics. Dr. Urvi Parikh had given lecture on Medico legal topic. Program was very well attended by large number of doctors. Dr. Rohan Christian and Dr. Jinen Pandya were chair persons and had conducted whole program very nicely.

Report of World Environment Day : Dated 5-6-2025

The World Environment Day was celebrated on 5th June,2025 at 9:00 am in the morning at Ahmedabad Medical Association, Ahmedabad. Around 60 doctors gathered to plant tree saplings. 5 to 8 trees were planted in the compound of Ahmedabad Medical Association. Approximately 70-80 saplings were distributed among people to plant. Free cap and T-shirts were distributed to everyone.

Report of Dr. Tanumati G. Shah Scientific Program : Dated 8-6-2025

Dr. Tanumati G. Shah Scientific Program with College of GP, GSB was organized on 8-6-2025, Sunday. The scientific lectures were delivered by Dr. Sanjeev Phatak, Dr. Urvesh Shah. There were two debates on anti-diabetic drugs. One was participated by Dr. Vipul Chavda and Dr. Maulik Kinariwala. The another was participated by Dr. Dhruvi Hasnani and Dr. Padmanabh. Both debates were very interesting and concluding comments were given by Dr. Sanjeev Phatak. One Medico legal topic was explained by Dr. Kruti Deliwala. One panel discussion was also planned on Smart Clinic. The panelists were Dr. Kirti Sanghavi, Dr. Amit Pathak and Dr. Manoj Kodwani. It was moderated by Dr. Dhiren Mehta. Even audience participation in all lectures was excellent. It was attended by many doctors. Dr. Dhanajaysinh and Dr. Imtiyaz Vohra were chair persons. They both had conducted program nicely.



"Aapnu Sharir, Aapni Samjan"

Dear Esteemed Members,

We are organizing an interactive awareness session titled "Aapnu Sharir, Aapni Samjan" for girls aged 16–19 from underserved communities.

Date : 28th June, 2025 Saturday

Time: 3 to 5 PM

Venue: Sashakt Office, Narol, 21, Shyam Vihar Complex,

Opp. Ashirwadnagar, Shahwadi, Narolgam, A'bad, Guj.-382405

Key Details:

Speaker: Dr. Kshama Shah (Senior Gynecologist, AMA)

Topics: Menstrual hygiene, sexual health, HIV/AIDS & consent

- Light refreshments will be served to the girls
- Hygiene kits will be distributed
- Sponsors are invited to support this noble initiative

Let's join hands to uplift, educate, and empower. All members are requested to participate and support the cause.

Rajni Maheshwari President, Ladies Club - AMA **Dr. Sushila Kella** Secretary, Ladies Club - AMA

MONTHLY NEWS BULLETIN

Program No. : 19

Women's Cancer Screening Camp -Organized by AMA Ladies Club*

Dear Esteemed Members,

The **AMA Ladies Club** in collaboration with **GCS Hospital** is organizing a **Breast & Cervical Cancer Screening Camp** for women.

Date : 10th July 2025, Thursday

Venue: AMA House, Ashram Road, Ahmedabad

Services Available in Camp:

- Mammography (Breast Cancer Screening)
- Pap Smear Test (Cervical Cancer Screening)
- Free Consultation by Cancer Specialist Doctors
- Counseling and Guidance

- Highly subsidized cost -

Only ₹300 (Actual value ₹2000)

Symptoms That May Need Screening:

- Breast lump or abnormal discharge
- Changes in breast size or skin texture
- Pain or heaviness in lower abdomen
- Irregular periods or unusual bleeding
- Back or pelvic pain
- Especially recommended for women above 40 years of age or with symptoms
- Early detection saves lives don't miss this opportunity!

Rajni Maheshwari	Dr. Sushila Kella		
President, Ladies Club - AMA	Secretary, Ladies Club - AMA		

Movie Program Report: "Bhram" Screening

The Ahmedabad Medical Association Ladies Club hosted a successful movie program on May 29th, featuring the screening of the movie "Bhram". The event drew a packed house, with enthusiastic attendees eager to enjoy the cinematic experience.

The movie, "Bhram", captivated the audience with its engaging storyline and impressive performances. The screening was well-received, with viewers thoroughly entertained and immersed in the plot.

Following the movie, the attendees were treated to a delightful dinner, which provided a wonderful opportunity for socializing and networking. The evening concluded on a pleasant note, with guests expressing their gratitude to the Ahmedabad Medical Association Ladies Club for organizing such a enjoyable event.

Overall, the movie program was a resounding success, showcasing the club's ability to bring people together and create memorable experiences

<mark>શ્રીમતી ૨જની મહેશ્વરી</mark>	ડો. સુશીલા કેલા
_(પ્રમુખ)	(સેક્રેટરી)
મો. ૯૯૭૪૫ ૯૦૭૯૮	મો. ૯૪૨૭૪ ૫૪૧૮૫
ડો. ધીરેન મહેતા	ડો. ઉર્વેશ શાહ
(પ્રમુખ, એ.એમ.એ.)	(સેક્રેટરી, એ.એમ.એ.)

MONTHLY NEWS BULLETIN

TELEMEDICINE IN INDIA: A NEW ERA OF ACCESSIBLE HEALTHCARE

Issued Under IMC Act | Adopted: March 25, 2020 | Applicability: All Registered Medical Practitioners (RMPs)

WHY TELEMEDICINE MATTERS

India's geography, population density, and healthcare resource gaps have long challenged equitable healthcare access. With the onset of the COVID-19 pandemic, the need for contactless consultations surged, catalyzing the release of the Telemedicine Practice Guidelines in March 2020. These guidelines, developed by the Board of Governors (BoG) in supersession of the MCI in collaboration with NITI Aayog, provide a legal and ethical framework for remote consultations—bridging gaps, empowering patients, and expanding the RMP's role digitally.

LEGAL BACKBONE OF TELEMEDICINE

- Section 27, IMC Act (1956): Recognizes teleconsultation as legal.
- Drugs & Cosmetics Rules (1945): Governs prescriptions.
- IT Act (2000): Ensures data privacy and cybersecurity.
- Digital Personal Data Protection Act (2023): Elevates legal accountability.

All consultations must be conducted by RMPs registered with state or national councils. Al tools may assist but cannot replace the human judgment of an RMP.

SCOPE AND DEFINITIONS

- **Telemedicine:** ICT-enabled remote healthcare services including diagnosis, treatment, and education.
- **Telehealth:** Broader umbrella including health education, administration, and public health.
- **RMP:** A person registered under the State/Indian Medical Register per IMC Act 1956.

Applies to: Video, audio, and text-based consultations

Excludes: Surgery, invasive procedures, cross-border consultations, and medical education

PRINCIPLES & PROFESSIONAL CONDUCT

- **1. RMP's Discretion is Key:** Determine appropriateness of teleconsult based on patient's condition.
- **2. Equal Ethical Standards:** Same level of care and professionalism as in-person consultation.
- **3. Training Mandate:** All RMPs must complete an online telemedicine training course within 3 years.

CORE COMPONENTS OF A TELECONSULT

Seven elements must be addressed in any consultation:

- 1. Context Assessment: Is telemedicine suitable for the case?
- 2. Identification: Verify both patient and RMP identity.
- 3. **Mode of Communication:** Choose between video, audio, text based on medical necessity.
- 4. **Consent:** Implied if patient initiates; explicit if initiated by caregiver or health worker.
- 5. **Consult Type:** First-time or follow-up.
- 6. Patient Evaluation: Gather adequate medical history and reports.
- 7. **Management Plan:** Includes health education, counseling, and prescriptions.

CONSENT & DOCUMENTATION

- **Explicit Consent:** Required if initiated by someone other than the patient. Can be verbal, text, or email.
- **Record-Keeping:** Maintain all interactions (calls, emails, prescriptions, case history) per IMC guidelines.
- Fees & Receipts: Must be issued like in-person consultations.

TYPES OF TELECONSULTATION

Туре	Description
Patient to RMP	Direct interaction. Consent implied.
Caregiver to RMP	Allowed for minors/incapacitated patients. Requires identity verification.
Health Worker to RMP	Facilitated by ANMs, nurses at health centers or mobile units.

AHMEDAB	AD MEDICO N	IEWS 27-06-2025	MONTHLY NEWS BULLETIN	
RMP to RMF)	For specialist opin remains with the	nions. Primary responsibility first	
Туре		Description		
		RMP.		
Emergency Consults		First aid + referral; physical evaluation		
		recommended as soon as possible.		
MODES OF COMMUNICATION: STRENGTHS & LIMITATIONS				
Mode	Streng	ths	Limitations	
Video	Closes	t to in-person,	Needs strong internet,	
	enable	es inspection	privacy concerns	
Audio	Fast, a	ccessible, useful in	No visual cues, harder to	
	urgent cases		verify identity	
Text	Quick,	documented,	Misses non-verbal cues,	

Prescriptions must follow these lists and vary by consultation type and mode:
List O: OTC & safe drugs like paracetamol, ORS—allowed in any

rapport difficult

of delay, less interactive

great for follow-ups

records, images

PRESCRIPTION RULES & DRUG CATEGORIES

Asynchronous Useful for second opinions, Not real-time, risk

- List O: OTC & safe drugs like paracetamol, ORS—allowed in any consultation.
- List A: For video first consults or refill of chronic illness (e.g., metformin, atenolol).
- List B: Add-on medications during follow-ups to optimize treatment.
- **Prohibited List:** Narcotics, Schedule X drugs (e.g., morphine) are strictly banned via telemedicine.

Note: Prescribing without proper diagnosis is considered professional misconduct.

DATA PRIVACY & ETHICAL DUTIES

RMPs are bound by:

- IMC Ethical Code (2002)
- IT & Data Protection Laws

Should maintain grievance redressal mechanisms.

Must verify all RMPs with valid credentials.

• Non-compliance can lead to blacklisting by BoG-MCI.

Must not use AI/ML to counsel or prescribe directly.

No sharing of patient data/images without consent.

No advertisements or inducement for telemedicine.

Teleconsults must not be forced if a patient prefers in-person.

Display full RMP info (name, degree, registration number).

TELEMEDICINE IN PRACTICE: CASE INSIGHTS

ROLE OF TECHNOLOGY PLATFORMS

- **eSanjeevani:** Over 150 million consultations delivered; scaled rural access via sub-centers.
- **COVID-19:** Enabled remote triage and management, conserving hospital capacity.
- **Chronic Diseases:** Teleconsults helped monitor diabetes, asthma, hypertension without hospital visits.

WHAT'S NEXT FOR TELEMEDICINE IN INDIA?

- Market Boom: Projected to reach \$5.4 billion by 2025, growing at 31% CAGR.
- Infrastructure Gaps: Connectivity in rural areas remains a challenge.
- **Policy Evolution:** Guidelines can be amended in public interest with MoHFW approval.
- **Training & Awareness:** Continuous medical education and public sensitization are vital.
- **Global Alignment:** India's guidelines now echo WHO norms—enabling international interoperability.

FINAL WORD

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Telemedicine in India has moved from a pandemic stopgap to a mainstream healthcare modality. With legal clarity, ethical safeguards, and scalable frameworks now in place, digital health is no longer a luxury—it is a necessity. The Telemedicine Practice Guidelines 2020 offer RMPs a powerful tool to deliver timely, safe, and equitable care—virtually anywhere.

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MONTHLY NEWS BULLETIN

Undergraduate Medical Admission Process Following NEET-UG

The medical admission process in Gujarat following NEET-UG is overseen by the Admission Committee for Professional Undergraduate Medical Educational Courses (ACPUGMEC). This committee manages admissions for MBBS, BDS, BAMS, BHMS, and other allied health science programs in both government and private institutions across the state. The admission process is conducted by this committee strictly on the basis of merit of the candidate.

Seats Available for Admission

For the purpose of admission to the first year of the Professional Medical Educational Courses, available seats shall include

A. Government Quota Seats

B. Management Quota Seats (25% seats of the total sanctioned seats including 15% Non Resident Indian seats of the Professional Medical Courses in the unaided Colleges, Institutions or a University.

Provided that any management seat remains vacant, such seat shall be filled in as the available Government seat)

C. Non-Resident Indian(NRI) Quota Seats (15% seats of the total sanctioned seats of the Professional Medical Courses in the unaided Colleges, Institutions or a University. Provided that if a Non-Resident Indian seat remains vacant, such seat shall be filled as Management seat)

Eligibility Criteria

To participate in the Gujarat NEET-UG counselling, candidates must:

- 1) be a citizen of India
- 2) have place of birth in Gujarat or Domicile of Gujarat state.
- have passed standard 10 and 12 with B-group or AB-group from Gujarat board schools or Central board schools located in Gujarat state or Council of Indian school certificate examination board schools located in Gujarat state.
- 4) have qualified in NEET-UG conducted in current academic year
- 5) have completed 17 years of age on 31st December of the academic year for which admissions are being conducted.

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- be NRI or children or wards of an NRI if seeking admission on NRI seat.
- 7) Supplementary Examination passed in corresponding academic year will not be eligible for the admission.

Counselling Process Overview

The counselling process typically involves the following steps:

- 1. Online Registration: Candidates must register on the official ACPUGMEC website medadmgujarat.org by purchasing a PIN (Personal Identification Number) using a non-refundable fee.
- 2. Document Verification: After registration, candidates need to get their documents verified at designated help centers.
- 3. Merit List Publication: ACPUGMEC releases a state merit list based on NEET-UG scores and other eligibility criteria.
- 4. Choice Filling and Locking: Eligible candidates can fill and lock their choices of courses and colleges online.
- 5. Seat Allotment: Seats are allotted based on the merit list, choices filled, and reservation policies.
- 6. Reporting to Allotted College: Candidates must report to the allotted college within the specified timeframe to confirm their admission.

Seat Distribution

85% State Quota Seats: Managed by ACPUGMEC for candidates with Gujarat domicile.

15% All India Quota Seats: Managed by the Medical Counselling Committee (MCC) for candidates across India.

Important Documents

Candidates are required to submit the following documents during the admission process:

- 1. Qualifying Examination/Standard 12 (HSC) mark-sheet as the case may be
- 2. NEET mark-sheet of current academic year
- 3. School Leaving Certificate or Transfer Certificate
- 4. S.S.C. Examination (Std. 10th) mark-sheet and passing certificate
- 5. Caste certificate for a candidate belonging to Scheduled Caste (SC), Scheduled Tribes (ST) and Socially and Educationally Backward Classes

(SEBC), issued by the authority empowered by the Government in that behalf; (for SC, ST and SEBC candidates)

- 6. Non-Creamy Layer (NCL) certificate of the family, as per the prevailing policy of the Government issued by the authority empowered by the Government in this behalf (for SEBC candidates)
- 7. EWS certificate (for Economically Weaker Section candidates)
- Certificate of Physical Disability, issued and duly signed by the medical board constituted or medical officer authorised for the purpose; (for physically disabled candidates)
- 9. The certificate of local candidate from the Dean of NHLMMC, Ahmedabad or, as the case may be, from SMIMER, Surat
- 10. The documentary evidence of NRI Status for candidate who desires to take admission on NRI seat

Counselling Rounds

The counselling process generally includes:

Round 1: Initial seat allotment.

Round 2: For candidates who did not get a seat in Round 1 or wish to upgrade.

Mop-Up Round: Conducted if there are vacant seats after the first two rounds.

Government scholarship schemes

- Mukhyamantri Yuva Svavlamban Yojna
 - Eligibility :- 80 percentile or more in 12th science exam & upto Rs. 6 lakh annual income
 - Scheme :- 50% tuition fees or Rs. 2 lacs whichever is lower per year
 - Stationary and other allowances :- Rs. 10,000/-
- Mukhyamantri Kanya Kelavni Nidhi Yojna
 - Upto Rs. 6 lakh
- Freeship Card
 - Eligibility :- SC / ST students ; Annual income less than 2.5 lacs
 - Scheme :- Zero tuition fees

For the most accurate and updated information, candidates should regularly check the official ACPUGMEC website: **medadmgujarat.org**

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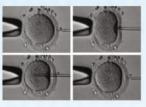












Dr. Laxmi Agrawal (Art Specialist)

Dr. Hasmukh Agrawal (Art Specialist)

Reshambai fertility Hospital

Center For Human Reproduction ivf-icsi (Test Tube Baby Center)

Swastik Complex, Opp. Rajsthan Hospital, Shahibaug, Ahmedabad-380 004. Phone : 079-22863777 / 3444, M. : 094266 70791 Fax : 22865596 E-mail : info@reshambaiivf.org • Website : www.reshambaiivf.org

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KAMESHWAR MEDICAL CENTRE

(Publich Trust Reg. No. E-8329/Ahmedabad) First Floor, Ankur Commercial Centre, Nr. Ankur Bus Stand, Naranpura, AHMEDABAD - 380013. M: 8141466522 Time : 8-00 a.m. to 5-00 p.m. Website: www.kameshwar.org



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VASCULAR DOPPLER	At Rs. 700/- only			
2D ECHO	By Cardiologist at Rs. 600/- only			
PHYSIOTHERAPY DEPARTMENT	Run by Well Qualified Physiotherapist (Time : 8 am to 6 pm)			
KIDNEY DIALYSIS	Approval by Govt. of India - PMJAY (Ayushman Bharat Yojana)			
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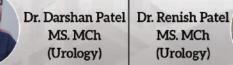
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