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Dr. JITENDRA SHAH
President - AMA



Dr. GARGI PATEL
Hon. Secretary - AMA

Imm. Past President - **Dr. DILIP GADHAVI**

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HIGHLIGHTS

Programme

16-07-2023 121st Annual Day Celebration

Articles

Evaluation and Management of Diabetes-related Foot Infections

MEGA INAUGURAL CAMP AT GUJARAT

25th June 2023, Sunday

Relaunch IMA DREAM PROJECT

DR. KETAN DESAI
Chief Patron
Past President - WMA, IMA & MCI

Please Save Mob. No. : 97268 88775 of AMA to get regular updates on WhatsApp

'TOGETHER WE CAN, TOGETHER WE WILL'

Message from President's & Hon. Secretary's Desk



Dear members,

“Aao Gaon Chalen”, the Dream project of Indian Medical Association & our great leader legendary Dr. Ketan Desai sir, being re-launched on 25th June 2023. We are fortunate to evident the grand re-launching at our own place; it became possible under leadership of Dr Anil Nayak, HSG, IMA HQs & Dr. Bipin Patel, chairman of IMA standing committee for Aao Gaon Chalen. As rightly said in their message by national president, Dr. Sharad Agrawal, - in our initial years of career, after long run of studies & when, we are loaded with lots of responsibilities, we may not be able to serve the poor & needy people of villages. This project of IMA, provides an additional opportunities to cater our noble desire of service to mankind. IMA has directed to all the local branches to adopt at least one village. We, the Ahmedabad Medical Association have adopted three villages around Ahmedabad & also 9 urban health centers of Ahmedabad, where we will be providing our services. It's humble request to every member to participate in this project by mode of whichever noble service you want & you can provide. In this reference we would like to quote the wise statement of Winston Churchill,

“We make a living by what we get, but we make a life by what we give.”

Friends, this year, annual day of AMA is organized on 16th of July 2023. We recognize all those stalwarts of our association, who are known for their great contributions to our fraternity, healthcare or society. Annual day of AMA is the occasion when

we convey our feelings to them, how we are much obliged for their services.

“It's not what they achieve in life, but who they become as a person due to those achievements.”

- Curtis Martin

All the members are heartily invited to attend the event to praise them & put hands together for their noble contributions.

The month of June was a very busy month when we covered all aspects of our activities. To begin with our unity & strength, we did a membership drive to join more & more young doctors with our association. As a part of our social responsibility, we showed our commitments to serve the society especially the poor & needy people of Villages by joining ourselves with IMA initiated Aao Gaon Chale project. On no tobacco day, to increase the awareness, we arranged Cyclothone at Sabarmati River front in association with Maninagar Medical Association. For personal development, we arranged a spiritual programme on 10th June at AMA. For family welfare & as an innovative step, we arranged a one week training programme of rifle shooting for the members & their family members. A wonderful scientific programme was organized in association with college of GP, IMA GSB at hotel Radisson blue; many interesting topics were covered & presented by well known speakers.

On this doctor's day (1st July), we wish for good health of you, your family & your patients too.

Jai AMA

Jai IMA

Dr. Jitendra Shah

President

Ahmedabad Medical Association

Dr. Gargi Patel

Hon. Secretary

Ahmedabad Medical Association

Scientific Programme on Allergy Algorithm Dt. 27-05-2023



World No Tobacco Day Cyclothon on Dt. 04-06-2023



Basic Air Rifle Pistol Shooting from 05-06-23 to 11-06-23



Spiritual Programme on Dt. 10-06-2023





• *Congratulations* •

Dr. Dilip Gadhavi
for
Becoming **Vice President** of
IMA GSB 2023-2024

Movies Show on 17-06-2023



Scientific Programme on 18-06-2023



Scientific Programme on 18-06-2023



Scientific Programme on 18-06-2023



Ladies Club Programme



A.M.A. BULLETIN INDEX

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AHMEDABAD MEDICAL ASSOCIATION YEAR : 2022-2023

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HON. FINANCE SECRETARY Dr. KALPITA M. DAVE 9924558450	IMM. PAST PRESIDENT Dr. DILIP B. GADHAVI 9898047505

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Dr. URVESH SHAH	Dr. ARPIT PRAJAPATI	Dr. K. R. SANGHAVI



Ahmedabad Medical Association Annual Day

121st Annual Day...

Date : 16/7/2023, Sunday
Time : 8-45 am onwards.
Venue : Dr. R. M. Fozdar Hall, AMA House...

Chief Guest : Shri Pankaj Patel
Chairman - Zydus Lifesciences

Distinguished Guest : Dr. J. M. Vyas
Vice Chancellor,
National Forensic Sciences University

Annual Day Program

8-45 am to 9-15 am : Tea/Coffee & Breakfast
9-15 am to 10-00 am : Dr. B. N. Mehta Oration
Speaker : Dr. Abhijat Sheth
Medical Director
Apollo Hospitals, Ahmedabad.
Subject : Skills & Virtual training in Healthcare
Education

10-00 am to 12-30 pm :
- Welcome speech by President, AMA
- Felicitation of Guests
- Annual report by Hon. Secretary, AMA
- Annual Day Celebration
- Speech by Chief Guest
- Felicitation of Members and Medical Students.
- Vote of Thanks.

12-30 pm : Lunch

DR. JITENDRA SHAH
President, AMA

DR. GARGI PATEL
Hon. Secretary, AMA



ELECTION NOTIFICATION 2023-2024

The Annual election of the President, two Vice Presidents, Hon. Secretary, two Hon. Joint Secretaries, Hon. Finance Secretary, Hon. Library Secretary, and 12 members from Post Graduate category, 12 members from other than Post Graduate category and one Resident Doctor of the Ahmedabad Medical Association for the year **2023-2024** will be held on **Sunday 6st August, 2023**, between 9.00 a.m. and 1.00 p.m. at our premises.

1. Nomination form will be available from **05-07-2023, Wednesday** on payment of Rs. 50/- (Time : 2.30 p.m. to 6.00 p.m.)
2. The prescribed nomination forms duly filled, proposed and seconded should reach the office on or **before 3.00 p.m. on 10-07-2023, Monday**, along with Rs. 500/- for the post of President, Rs. 500/- for the post of Hon. Secretary and Hon. Finance Secretary, Rs. 250/- for other office bearers and Rs. 100/- for Managing Committee Members, (non refundable)
3. Last date for **withdrawal of nomination is 13-07-2023, Thursday before 3.00 p.m.**
4. It is compulsory to cast as many votes as the number of posts are, otherwise the Ballot paper shall be considered invalid for that particular post as per the constitution.

N.B.

- (1) The tenure of President, Vice-Presidents, Hon. Joint Secretaries and Hon. Library Secretary will be one year.
- (2) All the office-bearers except the President shall be eligible for re-nomination for one more tenure consecutively for the post.
- (3) This year, the post of President will be filled from Post Graduate category.
- (4) The tenure of Hon. Secretary and Hon. Finance Secretary will be of two years.
- (5) Term of members of the managing committee (25 members) shall be one year but can seek re-election for one more year. They can not contest for more than two consecutive terms.
- (6) To facilitate the arrangements, please come with membership number and identity card at the time of voting (Ahmedabad Medical Association identity card or any other identity document should be produced when asked for)

Dr. Jitendra H. Shah
Chairman Election Commission

Awardees to be felicitated on 121st Annual Day of AMA

Mr. INDRAVADAN OCHHAVLAL DANI
LIFE TIME ACHIEVEMENT AWARD

Dr Jitendra N. Patel

- Dr Jitendra N. Patel, borne on 11th August, 1965, is a name which requires no introduction in the medical fraternity. He completed his graduation study from M.P.Shah Medical College, Jamnagar in 1987 and post-graduation in MD (Anaesthesia) from B. J. Medical College, Ahmedabad in 1991. He is a renowned practitioner Anaesthetist Ahmedabad since 1992.
- Apart from his private professional occupancy, he has remained enthusiastically available for the benefit of the medico fraternity and association activities. He graced the presidency of Ahmedabad Medical Association in 2009-10. Before the president-ship he has rendered his selfless services for the association in all capacities including the Treasurer, Secretary, Joint Secretary, Managing Committee member etc. from time to time. He also served as the Secretary of Indian Medical Association – Gujarat State Branch from 2013-16. He was unanimously elected as the President of Ahmedabad branch of Indian Society of Anaesthesiology. Previously he had held the post of Convener of Academy of Medical Speciality too and presently he is the Secretary of Professional Protection Scheme of IMA.
- However, his service to the society needs no formal office-bearing anytime anywhere. This can be seen from the phenomenal work he carries out during honorary service as an anaesthetic doctor at Karuna Trust. He holds a distinguished achievement of 50 times blood donation. The first blood donation camp at GMDC was also organised during his presidency. He has been organising blood donation camp at his society for last 14 years in association with Keval foundation and collected more than 6000 blood bottles through this campaign. Not stopping at blood donation, he is also the organ donor.
- Last but not the least; he is the founder of Creator Anaesthesia Pvt. Ltd his dream venture established at Ahmedabad. Other than medical professionalism, he is providing yeoman service to the society by operating Shehnaai Matrimonial service dedicated to eligible highly qualified professional youth of the day.

DR. B. N. MEHTA ORATION AWARD 2023

Topic : “ Skills and Virtual Training in Healthcare Education”

Dr. Abhijat C. Sheth



- Dr. Abhijat Sheth has qualified as cardiothoracic surgeon from India in 1994. He worked as an Assistant Professor in Cardiothoracic Surgery until 1998 at NHL Municipal Medical College, Ahmedabad. He went to UK in 1998 and worked in the Cardiothoracic Surgery department at Freeman Hospital, Newcastle upon Tyne. He obtained his FRCS (Glasgow) in General Surgery in 2000. From 2001 to 2010 he has worked in the Cardiothoracic Department of St George's Hospital NHS Trust, London. He has published more than 20 peer reviewed publications in prestigious journals like Annals of Thoracic Surgery, 40 abstract/oral conference presentations at the British Thoracic Society, European Respiratory Society and American Thoracic Society. His major research and publications are with the large airway interventions and Sildenafil therapy for patients with pulmonary hypertension. Since 2010 he is working with the Apollo Hospitals, Ahmedabad as a Medical Director. He also did MBA (Health Executive) from Keele University, Manchester.
- In June 2016 the Government of India has nominated him as the President of the National Board of Examination in Medical Science (NBEMS). The NBEMS regulates all India PG entrance examinations and conducts DNB (Diplomate of National Board) PG courses in India. He is nominated as governing board member of NABH by the quality council of India from April 2019. He was re-nominated as President of NBEMS in 2021. He also represents NBEMS as ex officio members in government and education institutions.

Mrs. DINABEN K. SANGHAVI EXCELLENCE IN SOCIO MEDICAL FIELD BY A LADY DOCTOR AWARD

Dr. Anuja K. Desai



- Dr Anuja K. Desai is a Cornea and Refractive Surgeon & an Executive Director of KD Hospital, Ahmedabad. She has performed more than 20,000 Laser vision correction procedures (LASIK procedures) and more than 40 Cornea Transplants. Ocular Surface Disorders, Ectatic Surface Abnormalities and Traumatic Cases are her additional expertise.
- She conceptualized 'Project Disha' to provide Eyecare services to those in need to prevent avoidable blindness. A mobile eyecare unit enables this project to provide Eyecare services at people's doorstep, especially those who live in rural areas. Project Disha has completed more than 25 comprehensive eye screening camps, more than 7500 patients assessed, more than 1050 eye surgeries performed, Eye check-up camps are held at more than 19 schools (in both Rural and Urban areas) and conducted eyesight checkups for more than 8950 students till date. In addition to her clinical work, she has taken on leadership roles within the healthcare industry. She has worked to implement innovative and effective policies and programs that have improved patient outcomes and increased access to care.
- She has received Dr C. T. Thakar Award for Young Doctors by IMA at Prayagraj, UP in December 2022. She also received a special mention with an article titled "Dr Anuja Desai: Leading Ophthalmologist with the Vision to provide affordable eye-care for all" in the Brand Connect Section of Forbes India Magazine, Feb 11, 2022 edition. She won the title of Eye Health heroes 2021 from the International Agency for prevention of Blindness (IAPB), London. She is graced by the Times Power Women 2021 Award, Ahmedabad and also recognised for Excellence in Ophthalmology by MY FM Business Solitaries 2021.

Late Dr. Ashok D. Kanodia Award for SERVICE TO SOCIETY & MANKIND

Dr. M. M. Prabhakar



- Dr M. M. Prabhakar is very well acclaimed name in the field of medico – administrator. Borne on 1st April, 1955, he pursued MBBS and MS (Orthopaedics) from prestigious Gujarat University, Ahmedabad. He has worked as a Medical Superintendent of Asia's largest civil hospital, Ahmedabad for many years. He has also worked as a Director of Government Spine Institute, Ahmedabad. He is nominated as orthopaedic surgeon of Hon'ble Governor of Gujarat. He has organised and attended more than 30 medical conferences and workshops in various parts of the world. He has done a commendable work as a co-ordinator of rehabilitation programme for earthquake patients and in reconstruction and reforms for health and family welfare department in the earth quake affected districts of Gujarat. He is also a member of the Gujarat Medical Council. His more than 30 research publications are published in reputed international and national journals. He has guided many post-graduate in orthopaedic students.
- He has worked as a President of Ahmedabad Orthopaedic Society 2002-2003, President of Gujarat Spine Association 2003-2004 and President of Gujarat Orthopaedic Association 2005-2006. Notable awards received by him are as follow; "Saraswat award" for excellence in Medical Education by Hon'ble Governor of Gujarat, Award for Specialized work in Flood Disaster at Surat presented by Hon. Health Minister, Award for the best Medical Superintendent of the year from Asia Healthcare Excellence Awards by CMO on 12th August, 2015 at Singapore, "Lions Shatabdi Award" for his outstanding work to patient and community on 29th January, 2017. Under his dynamic leadership Civil Hospital, Ahmedabad has received many prestigious awards like; "India Health Care Award 2013" , "Health Care Excellence Award 2014", "Best Multispecialty Hospital Of Gujarat" the Healthcare Excellence Award 2014, "National Award For Excellence In Healthcare" in the category of Outstanding Achievement in Healthcare - Social Causes, 'Innovation In Quality Of Service Delivery' Asia Healthcare Excellence Awards on 12th August, 2015 at Singapore, "SKOTCH Order of Merit Award for Blood Bank Data Management System under Minimum Government Maximum Governance" at India Habitat Centre, New Delhi on 20th September, 2014, "Kayakalp Award" under "Swatch Bharat Mission" on 22nd December, 2015, "Best Hospital With Medical College (Metro)" at the 6th edition of The ICICI Lombard & CNBC-TV18 India Healthcare Awards 2015-16, FICCI 8th Annual Healthcare Excellence Awards-2016 in the category of "CUSTOMER SERVICE IMPROVEMENT – PUBLIC" on 31st August, 2016 at Delhi.

Dr. GIRISHCHANDRA SHAH Octogenarian Award For the outstanding services to medicine & social services

Dr. Mahesh R. Desai



- Dr Mahesh R. Desai is a graduate of B.J. Medical College under the auspices of Pune University. He pursued his post graduation (MS) studies from the same Alma Mater. Trained in Urology, he was a recipient of the Fellowship of the Royal Colleges of Surgeons of London and Edinburgh (FRCS) in 1973. A decade later, he took over as the Chairman of the Department of Urology at Muljibhai Patel Urological Hospital (1983 - June, 2010), following which he served the Hospital as its Medical Director (June, 2010 - August, 2016). He now sits as the Managing Trustee of MPUH and Honorary Managing Director of Muljibhai Patel Society for Research in Nephro-Urology (February, 2001) and the Director of the Jayaramdas Patel Academic Center.
- A master of the most modern treatment for the stone disease, he is acclaimed for the development of modern innovative techniques in Percutaneous Nephrolithotripsy (PCNL), Ureteroscopy and ESWL. He has performed over 14000 PCNL, close to the largest series across the globe. He pioneered the service of kidney transplantation in Gujarat, along with expanding the use of ultrasound in Urology. It was in the year 1980 that Dr. Desai performed his first ever kidney transplant and since then, 3505 Renal Transplants have been performed at MPUH. Apart from being a world-class surgeon, Dr. Desai has successfully organized several conferences and workshops across the country. He led an epidemiological survey for prostatic diseases in the ageing male population, in Kheda / Charotar district of Gujarat. To this day, he has conducted 245 workshops, published 255 scientific papers in national and international journals and contributed to over 43 books. Under his guidance, the institute has also produced over 750 scientific papers which have been presented at various national and international seminars and conferences.
- Dr. Desai is an awardee of the prestigious Dr. B.C. Roy National Award (2000) in "Recognition of the best talents in encouraging the development of specialities in different branches of Medicine" by the President of India.
- Bangladesh Urological Association (BAUS) conducted inaugural Dr. Mahesh Desai Urolithiasis Course at Dhaka, Bangladesh on 11th & 12th March, 2017 and awarded BAUS Gold Medal to Dr. Mahesh Desai.
- Along with his direct contribution to the Endourology Society, Dr. Desai has also served the society as a teacher and mentor to over 70 students who have

trained in Urology under his guidance. As Director of Jayramdas Patel Academic Centre, he has inculcated the motto of Institute "Enter to Learn and Exit to Serve" in the minds of young trainee and experienced alumni. MPUH has been recognized as an Endourology training center and has produced 10 Endourology fellows till date, many of whom have published prize-winning essays.

- Dr. Mahesh Desai's wide experience and honed set of skills have resulted in him becoming the first Indian to be elected as a member of the American Association of Genito-Urinary Surgeons. On 30th April, 2003, he also became the first Indian to deliver a Guest Lecture in the plenary session of American Urological Association's Annual Conference held at Chicago. Under his leadership, India hosted, for the first time, Video Urology World Conference in the year 2000 and World Congress on Endourology in the year 2004. Healthcare Executive Magazine, a leading periodical in the field of Medicine, has featured Dr. Desai in the list of the 25 Healthcare Influencers of India.
- Dr. Mahesh Desai has been ranked in the top 10 best doctors in the world for stone management and Muljibhai Patel Urological Hospital is also ranked as Top 10 best Hospital in the world for stone management by "Expertscapes Leaders in Kidney Calculi" in December, 2018. Dr. Desai is awarded "White Coat Awards" for Medical Pioneers by Times of India on 24th March, 2019. He was also awarded Gujarat Healthcare Leadership Awards 2020.

Late Dr. Piyush V. Patel Award for EXCELLENCE IN MEDICAL FIELD

Dr. Vijay Y. Bhatia



- Dr Vijay Bhatia, borne on 21st December, 1962. He has completed MBBS, MS (General Surgery) and M.Ch. (Plastic Surgery) from prestigious B. J. Medical College, Ahmedabad. He is a plastic surgeon by profession since 1991 at present attached to Sterling hospital, Ahmedabad with special interest in burns patients. He is a passionate teacher having the credit of guiding around 40 students in plastic surgery at Smt. NHL Municipal Medical College and SVP hospital, Ahmedabad out of which 10 students got international fellowship on his recommendation.
- He has credit of publishing more than 30 research papers in various national and international journals on various topics of plastic surgery. He is also a co-author of a chapter on facial injuries in book of brain protection and neural trauma edited by V.K.Khosla and V.K.Kag published by Narosa publishing House New Delhi. He is also a reviewer in international journals like Oman medical journal, Hand, etc. and an Editorial board member in Journal of Vascular Diseases and Treatment.

Late Dr. Piyush V. Patel Award for EXCELLENCE IN MEDICAL FIELD

Dr. Hemant T. Patel



- Dr Hemant Patel is working as a Director, Consultant radiologist and Professor at Gujarat Imaging Centre and postgraduate institute of Radiology, Ahmedabad. He has been awarded best radiology entrepreneur 2019 at Health Express Radiology Conclave. He has published numerous research articles in various national and international index journals.
- He has rendered his services as National President of Indian Radiological and Imaging Society previously as well as Treasurer of Asian Oceanic Society of Radiology. He is also an author of International Textbook of Clinical Radiology. He is acclaimed as Ambassador for Radiology Society of North America in Asian subcontinent.

Late Dr. Ashok D. Kanodia Award for SERVICE TO SOCIETY & MANKIND

Dr. Hitendra A. Gandhi



- Borne on 16th September, 1952, Dr Hitendra Gandhi has pursued MBBS and MD (Psychiatry) from prestigious B. J. Medical College, Ahmedabad. He has worked as Prof. & Head of Department of Psychiatry at Smt. NHL Municipal Medical College, Ahmedabad and B. J. Medical College, Civil Hospital, Ahmedabad. Presently he is holding a post of Prof & Head of Department of Psychiatry at GCS Medical College, Ahmedabad. He has more than 45 years of teaching experience. His main area of interest is Community Psychiatry. He is also a regular columnist in Gujarat Samachar newspaper (સેતના) for last 25 years. He has published two books, "મન ચંગા તો..." & "મન કે જુતે જુ..."

Dr. BABALAL PARIKH – FAMILY PHYSICIAN LIFE TIME AWARD

Dr. Bharat R. Patel



- Dr Bharatbhai Patel borne on 20th October, 1947 joined B.J. Medical College in 1966. After completion of graduation he started his career as General Practitioner in Matar taluka. Work is worship has remained his motto and driving force throughout. His caring and healing hand has treated numerous patients till date. Owing to that only may be, he has earned wide respect across the communities for his self-less service at Matar as well as at Memnagar where he is presently practising as family physician since 1981.

LATE ADVOCATE SHRI SHIVNARAYAN A. MODI BEST MEDICAL TEACHER AWARD

Dr. Hansa M. Goswami



- Dr Hansa M. Goswami Dean of B.J. Medical College and Civil Hospital & Professor and Head of the department of Pathology, B.J. Medical College, Ahmedabad is a recognized name in the field of medical education. She got her MBBS and MD Pathology degrees from prestigious B.J. Medical College where she has served throughout her career, almost more than four decades. She is always respected as a passionate and experienced teacher with love for educating today's youth. At the same time she is considered as a tough administrator when it comes to provide quality driven services in Asia's largest hospital. All these different domains of her charismatic personality are not developed overnight but due to her self-motivating nature and conviction to remain a life-long learner and teacher.
- Her journey as a learner and teacher did not stop ever. She also got MBA in hospital administration from Meerut University as well as Post Graduate Diploma in Health and Law. For her commitment to introduce quality services in medical education she is NABL, NAAC & NABH assessor too. She has 184 research publications on her name published in various international and national journals.

Dr. Ketan Desai Sir award
for "Aao Gaon Chalen"



Dr. Ramesh I. Patel

- Dr Ramesh Patel is a senior most family physician practising at Shantivan, Paldi since last 40 years. He has been attached to PRL and Canara Bank. He has been associated with SAC, ISRO and LIC for a very long time. For past 18 years he has been a part of the core group of Sanjivani Health and Relief Committee (SHRC) and taking part in its every Sunday medical camps in interior villages of different districts of Gujarat as well as its day to day activities in urban slum areas of Ahmedabad. Presently, he is serving as a Vice President of SHRC and rendering commendable service to the society.

TANUMATI G. SHAH Octogenarian Award For the
outstanding services to medicine & social services
for woman above 80 years

Dr. Bhartiben K. Bhatt

- Ahmedabad Medical Association is pleased to announce this honour to Dr Bhartiben Bhatt for her distinguished service in medical field and service to the mankind. Work is worship has remained her motto throughout. Her caring and healing hand has treated number of ill patients.

WE WELCOME FOLLOWING NEW LIFE MEMBERS

- 12387 L DR. TANK PARVEZALAM MOHAMAD ANWAR
 12388 LC DR. DESAI SUDEEP NIMISH
 12389 LC DR. SHAH KINJAL NARENDRABHAI
 12390 L DR. GUJRATHI ARATI VIJAY
 12391 LC(Transfer) DR. KACHA SAGAR RAMNIKBHAI
 12392 LC(Transfer) DR. JOSHI GAYATRIBEN BIPINCHANDRA

Report of Dr. Somabhai C. Desai Scientific Programme on 'Allergy Algorithm' dated 27/05/2023

The CME on 'Allergy Algorithm' was organized by Ahmedabad Medical Association in collaboration with Dr. Reddy's lab at AMA hall, Ashram road on 27th May, 2023. Dr. Hardik Shah Head & Neck Surgeon, KD Hospital and Dr. Ranjan Raval Prof & Head, Dept of Dermatology, GCS Medical College were invited as expert speakers. The programme was very well co-ordinated by the organizing committee. More than 60 participants had attended this CME. The sessions were lively, engaging, educative and informative.

Report of Celebration on the occasion of 'World No Tobacco Day' dated 04/06/2023

As we all know 'World No Tobacco Day' is a global health awareness day celebrated on 31st May. "Grow food, not tobacco" was the theme for this year. This year the global campaign aims to raise awareness about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable nutritious crops. To spread awareness regarding this and possible harmful effects caused by tobacco consumption a Cyclothon was arranged by Ahmedabad Medical Association & Maninagar Medical Association on 4th June 2023 at River front. Approximately 80 people have participated in this cyclothon.

Report of Basic Air Rifle / Pistol Shooting Course from 05/06/2023 to 11/06/2023

Ahmedabad Medical Association & Maninagar Medical Association have collectively designed one week course of Basic air rifle / pistol shooting. This course is organized and conducted by The Ahmedabad Military and Rifle Training Association (Rifle Club) at Military Education Campus, Khanpur, Ahmedabad. The purpose of organizing such course is not only to keep participants active but also to built self-esteem, confidence and self-discipline among the participants. There are nearly 65 members enrolled in first morning batch of this shooting course.

Report of Spiritual Programme on 'Ekam experience for stress relief' dated 10/06/2023

'Ekam experience for stress relief' - a spiritual programme was organized by Ahmedabad Medical Association in collaboration with Ekam - the oneness field at AMA hall on 10th June, 2023. The purpose of this programme was to awaken human consciousness from suffering to enlightenment. Respected Saumyaji from Ekam disciples was invited to deliver a talk and to teach 90 minute long wisdom and meditation for pushing the body away from a state of stress. Approximately 40 people have participated in this session. The participants were blessed to have insightful learning on spirituality, meditation and motivation and felt very delighted and inspired at the end of event.

Report of Senior Citizen Club programme
(Webcasting of movie - Unchai) dated 17/06/2023

A unique movie entertainment programme was organized by Senior Citizen Club of Ahmedabad Medical Association at R.M.Fozdar hall, AMA house. Amitabh Bachchan, Anupam Kher, Boman Irani and Parineeti Chopra starrer movie ' UNCHAI ' was webcasted at AMA hall on 17th June, 2023 night. Light refreshment was also provided to the audience during interval. The programme was beautifully co-ordinated by Dr. K. R. Sanghavi, Dr. Rohan Christian, Dr. Divyesh Panchal, Dr. K. C. Gadhvi and team. It was a great experience and event was thoroughly enjoyed by the audience. More than 90 beneficiaries were available for the show.

Report of Pradut R. Thakor
Scientific Programme dated 18/06/2023

A half day CME was organized by Ahmedabad Medical Association & College of GP, IMA GAB at Hotel Radisson Blue, Ahmedabad on 18th June, 2023. The event was inaugurated by Dr. Mahavirsinh Jadeja, President, IMA GSB; Dr. Mehul Shah, Hon. Secretary, IMA GSB; Dr. Jaswant Darbar, Director CGP, IMA GSB; Dr. Vasant Patel Secretary CGP, IMA GSB & Dr. Jitendra Shah, President, AMA Dr. Swati Gohel Infectious Disease specialist, Dr. Kartik Desai Consultant Gastroenterologist, Dr. Bhavik Bhavsar Dermatologist, Dr. Hardik Modi Haemato-Pathologist and Dr. Umang Patel Pathologist were invited as expert speakers and Panelists. The programme was very well co-ordinated by Dr. Mehul Shelat, Dr. Kalpita Dave and Dr. Kamlesh Naik. More than 65 participants had attended this informative programme.

OBITUARY

May their soul rest in eternal peace.



DR. SONDARVA PANKAJ V.
L-8082 M.S. E & T

Date of Birth : 25-06-1958

Date of Death : 27-05-2023



DR. PATEL RAMESHCHANDRA
L-1566 M.B.B.S.

Date of Birth : 11-11-1944

Date of Death : 06-06-2023

We send our sympathy & condolence to the bereaved family.

DISCLAIMER

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લેડીઝ-ક્લબ

નારી સમાજસ્ય કુશલવાસ્તુક્વરા ।

"હદ છે આ તૃણની લીલાશને કે ઝાકળમાં ઝીલે તરતા આકાશને
ફોરમતા ફૂલની છાયામાં રજરજ ફોરમ થઈથઈને ફોરે
વનનો ચળકાટ જોઈ, ધૂળિયા આ ગામનો રસ્તોયે મન જેમ મ્હોરે
બાવરી નજર ત્યારે લઈ જતી ક્યાંય રે આંગળીએ ઝીલી આભાસને"

ઝરમર વરસતી છલકતી મોસમે આવો આપણા આગામી કાર્યક્રમો નિહાળીએ

આગામી કાર્યક્રમો આ પ્રમાણે છે

કાર્યક્રમ નં. ૧ : જરૂરિયાતમંદ બહેનોને વસ્તુઓની વહેંચણી

તારીખ : ૧૧-૦૭-૨૦૨૩, મંગળવાર

સમય : બપોરે : ૩.૦૦ કલાકે

સ્થળ : મણિબેન ત્રિભોવનદાસ માતૃગૃહ, નારાયણનગર રોડ,
ચંદ્રનગર પાસે

કાર્યક્રમ નં. ૨ : ઘરગથ્થુ ઉપચારોથી સુંદરતા વધારો

તારીખ : ૨૮-૦૭-૨૦૨૩, શુક્રવાર

સમય : બપોરે : ૩.૦૦ થી ૫.૦૦ કલાકે

વક્તા : બ્યુટી થેરાપીસ્ટ યામિનીબેન મહેતા

રી-લુક બ્યુટીપાર્લર

સ્થળ : એ.એમ.એ. હોલ

જે બહેનો આવનાર વર્ષ ૨૦૨૩-૨૪ માં કમિટિમાં રહેવા માંગતા હોય તેમણે
પોતાની અરજી ઓફિસમાં આપી દેવી.

પ્રેસીડેન્ટ અને સેક્રેટરીની અરજી જેમ બને તેમ વહેલી ઓફિસમાં આપી દેવા
વિનંતી.

શ્રીમતી સુષમા નયન શાહ
પ્રમુખ - મો. ૯૩૨૮૦૮૩૩૬૯

શ્રીમતી જશનાબેન મહેતા
સેક્રેટરી - મો. ૯૭૨૫૩૭૩૩૨૩

ડૉ. જીતેન્દ્ર શાહ
પ્રમુખ, એ.એમ.એ.

ડૉ. ગાર્ગી પટેલ
સેક્રેટરી, એ.એમ.એ.

Evaluation and Management of Diabetes-related Foot Infections

Table 1. Summary of the Society for Vascular Surgery's WIfI (Wound, Ischemia, Foot Infection) Classification System for Diabetes-related Foot Infection

Wound	Wound Appearance	Score
No ulcer	No ulcer	0
Small, shallow ulcer without exposed bone unless distal toe, no gangrene	Small, shallow ulcer without exposed bone unless distal toe, no gangrene	1
Deeper ulcer with exposed bone/joint/tendon or shallow heel ulcer; gangrene limited to digits if present	Deeper ulcer with exposed bone/joint/tendon or shallow heel ulcer; gangrene limited to digits if present	2
Extensive deep ulcer involving forefoot or midfoot or a deep, full-thickness heel ulcer; extensive gangrene	Extensive deep ulcer involving forefoot or midfoot or a deep, full-thickness heel ulcer; extensive gangrene	3

Ischemia	Toe Pressure, Transcutaneous Oximetry, mmHg	Ankle Systolic Pressure, mmHg	Ankle-Brachial Index*	Score
	≥60	>100	≥0.8	0
	40-50	70-100	0.6-0.79	1
	30-39	50-70	0.4-0.59	2
	<30	<50	<0.39	3

Foot Infection	Clinical Manifestations of Infection	Score
No symptoms or signs of infection	No symptoms or signs of infection	0
Local infection defined by ≥2 of local swelling/induration, erythema extending 0.5-2 cm from the ulcer, pain or tenderness, warmth, or purulent discharge, not due to some other inflammatory response, and without involvement of deeper tissues or systemic infection	Local infection defined by ≥2 of local swelling/induration, erythema extending 0.5-2 cm from the ulcer, pain or tenderness, warmth, or purulent discharge, not due to some other inflammatory response, and without involvement of deeper tissues or systemic infection	1
Local infection as defined above, accompanied by erythema extending >2 cm from the ulcer or involving deeper tissues (eg, abscess, osteomyelitis, septic arthritis), without systemic signs of infection	Local infection as defined above, accompanied by erythema extending >2 cm from the ulcer or involving deeper tissues (eg, abscess, osteomyelitis, septic arthritis), without systemic signs of infection	2

*Total Society for Vascular Surgery's WIfI (Wound, Ischemia, Foot Infection) class should be reported with the components of each score. For example, a patient with an ankle-brachial index (ABI) of 0.3 (no wound or signs of infection) would be classified as WIfI 030.

†ABI may be less elevated. The International Working Group for the Diabetic Foot guidance prefers use of toe pressure (TP) or transcutaneous oximetry, which have been shown to predict ulcer healing.

Table adapted from Mills et al [21].

Table 2. Simplified Approach to Interpreting the Society for Vascular Surgery's WIfI (Wound, Ischemia, Foot Infection) Classification for Diabetes-related Foot Infection Prognostication

	Low	Moderate	High
What is the risk of major lower extremity amputation?	Nearly all classifications with a sum of scores ≤3 ^a	Society for Vascular Surgery's WIfI (Wound, Ischemia, Foot Infection) classifications that do not fit the low- or high-risk criteria shown	Nearly all classifications with a foot infection score of 3 (extensive local and systemic infection) OR a sum of scores ≥5 ^b
What is the likelihood that revascularization would be beneficial if the infection can be controlled first?	All classifications with: <ul style="list-style-type: none"> Ischemia scores of 0 Ischemia scores of 1 with no wound and no more than local infection Ischemia scores of 2 with no wound and no more than limited local infection 	Most other classifications with an ischemia score of 1	Most other classifications with an ischemia score >2

^aExceptions are classifications 003 and 021 (both moderate rather than low risk).

^bExceptions are classifications 003, 032, 103, 131, and 212 (all moderate rather than high risk).

Table adapted from Mills et al [21].

Table 3. Typical Durations of Antimicrobial Therapy for DFI

Degree and Management of Foot Infection	Duration
Osteomyelitis, managed nonoperatively	6 weeks
Osteomyelitis, following debridement (but not curative amputation)	3–6 weeks ^a
Soft tissue infection without osteomyelitis	10–21 days ^b
Soft tissue infection and/or osteomyelitis, following curative amputation	0–48 hours

^aBased on similar clinical outcomes with 3 vs 6 weeks of antimicrobials from a single pilot randomized, controlled trial (RCT).

^bBased on similar clinical outcomes with 10 vs 21 days of antimicrobials from a single pilot RCT. Given the limitations of this study, shorter durations may not be appropriate for patients with peripheral artery disease or who have not had highly sensitive imaging (eg, magnetic resonance imaging) to rule out osteomyelitis.

Table 4. To-Do List for a Comprehensive Approach to Diabetes-related Foot Infection Care

Surgical debridement: If present, drain deep purulence and excise necrotic tissue. Assess risk of amputation using clinically validated criteria (WIFI). If elevated, request surgical evaluation and risk-benefit/shared decision-making

Peripheral artery disease: Obtain relevant vascular studies (eg, toe pressure measurements); request vascular surgery evaluation if patient is likely to benefit from revascularization (ie, by Society for Vascular Surgery’s WIFI (Wound, Ischemia, Foot Infection) classification system/WIFI classification)

Antibiotic therapy: Once patient is stabilized and has responded to initial antimicrobial therapy, select an appropriate oral (or IV) definitive antimicrobial regimen, with considerations including:

- Results of deep tissue cultures or the local epidemiology and antibiogram if cultures are not available
- Duration appropriate to the degree of infection and surgical management provided
- Social factors, including the ability to adhere to the regimen (eg, affordability, pill burden, ability to store and administer IV antibiotics, and travel to infusion centers) and whether giving IV antibiotic therapy inpatient or via skilled nursing facility facilitates access to other needed care (eg, wound care)

Offloading: Provide the patient with either a non-removable device (eg, total contact cast) or removable device (ie, surgical boot) to provide mechanical offloading of the diabetes-related foot wound; consider surgical offloading referral for select patients who do not heal with mechanical devices

Wound care: Secure longitudinal outpatient follow-up with a wound care specialist who can provide serial assessment, debridement, and appropriate dressings or negative pressure wound therapy. Ensure the patient has access to adequate wound care supplies upon discharge and at each follow-up visit

Glycemic control: Initiate or intensify diabetes treatment to achieve the HbA1c goal to optimize wound healing:

- The HbA1c goal for most adults is <7% (comparable continuous glucose monitoring targets are time in range >70% with time below range <4%). Higher or lower glycemic targets may be appropriate based on the individual’s comorbidities and risk of hypoglycemia

Concurrent foot pathology: Identify and address other conditions that provide a bacterial portal of entry into the foot or otherwise predispose to infection:

- Treat onychomycosis and tinea pedis if present
- Offer compression garments and recommend leg elevation if venous stasis is present and degree of peripheral arterial disease allows
- Recommend daily moisturizer to areas of dry, cracked skin
- Arrange longitudinal follow-up every 3 months, preferably by a podiatrist, for secondary prevention and early detection of ulcers/infection

Other key comorbidities:

- Offer pharmacotherapy and referral to local evidence-based programs for tobacco cessation if patient has any active tobacco use
- Initiate pharmacotherapy (eg, buprenorphine-naltrexone for opiate use disorder, selective serotonin reuptake inhibitor for major depression) or request psychiatry consultation for untreated mood or substance use disorders

Barriers to care: Mitigate social factors likely to impede the patient’s adherence to treatment (see Table 5)

Abbreviation: IV, intravenous; WIFI, Society for Vascular Surgery’s WIFI (Wound, Ischemia, Foot Infection) classification system.

Source : Clinical Infectious Diseases, IDSA, June 2023

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