



AHMEDABAD MEDICAL ASSOCIATION

(Branch of Indian Medical Association) ESTD 1902
AMA House, First Floor, Opp. H.K. Arts College,
Ashram Road, Ahmedabad-380009. Phone : (079) 26588775
Email : amagsbima@yahoo.co.in
Website : www.ahmedabadmedicalassociation.com

AHMEDABAD MEDICO NEWS

100th National Conference of



All India Medical Conference

IMA NATCON 2025

Date :
27 & 28 December, 2025

Venue :
Club 07, Off. S.P. Ring Road, Shela,
Ahmedabad-380058, Gujarat, India.

PROGRAM DETAILS

Date : 01-12-2025 to 10-12-2025
Yoga Shibir

Date : 14-12-2025
Financial Freedom for
Doctors Programme

World Diabetes Day on 14-11-2025



Dr. JIGNESH SHAH

President - AMA

Dr. MAULIK SHETH

Hon. Secretary - AMA

Imm. Past President - **Dr. DHIREN MEHTA**

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07th Dec

2025, Sunday



09:30 AM

to 2:00 PM



TBA

Ahmedabad

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TOPIC THAT WILL BE COVERED

- How to safeguard your practice
- Taxation & Compliance for Doctors
- Present & Future Bulletin Market Trends
- Valuation & Mega Trends of Equity Markets
- Scaling Medical Practice & Becoming IPO Ready
- Growth stories from Ahmedabad and Beyond - Learn from the Best



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- Transplant -Panel Reactive Antibody (PRA) Class I & II Report
- Transplant-Single Antigen Quantitative (Class I)
- Transplant -Single Antigen Quantitative (Class II)
- Transplant -Single Antigen Quantitative (Class I & II)
- Transplant -Single Antigen Screen Test (SA Qualitative - Class I,II & MIC A)
- Donor Specific Antibody
- Transplant -HLA Typing For Patient & Donor

- Transplant -HLA Typing (A,B,DRB1)
- Transplant -HLA Typing (A,B,C,DRB1,DRB3,4,5,DQAB)
- Transplant -HLA Typing Individual Locus (A/B/C/DR/DQ)
- NGS High Resolution HLA Typing
- DNA Profiling
- Donor Derived Cell Free DNA

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All India Medical Conference IMA NATCON 2025

27th & 28th December 2025



HOSTED BY

IMA Gujarat State Branch & Ahmedabad Medical Association

Dear Doctor,

Seasons Greetings!

The Indian Medical Association Gujarat State Branch & Ahmedabad Medical Association invite you to be a part of **IMA NATCON 2025**, a benchmark annual conference shaping the future of healthcare. This event, scheduled on December 27th and 28th, will feature impactful lectures and skill-enhancing workshops by leading national faculties.

Your participation as a vital member of the healthcare community will undoubtedly enrich the discussions and contribute to the collective knowledge shared. We look forward to welcome you for this prestigious event.

Together, let's make **IMA NATCON 2025** a landmark conference.

With anticipation,

**The Organizing Team
IMA NATCON 2025**



DR. DILIP BHARUSHALI
National President,
IMA Nag



DR. SARBARI DUTTA
Honorary Secretary
General, IMA Nag



DR. ANILKUMAR J. NAYAK
National President Elect (25-26)
IMA Nag



DR. KETAN DESAI
Chief Patron, IMA
Past President IMA, WIMA & MCI



DR. JITENDRA B. PATEL
Conference Organizing
Chairman



DR. PARIMAL DESAI
Reception Committee
Chairman



DR. KIRTI PATEL
Finance Committee
Chairman



All India Medical Conference IMA NATCON 2025

27th & 28th December 2025



HOSTED BY: IMA Gujarat State Branch & Ahmedabad Medical Association

Prepare for an enriching and comprehensive medical conference featuring

HEALTH SUMMIT

Premier gathering of healthcare leaders, policymakers, and experts focused on advancing healthcare, innovation, pressing challenges, and drive impactful change across the healthcare ecosystem.

MEDICINE & ARTIFICIAL INTELLIGENCE (AI)

Showcasing how AI is revolutionizing diagnostics, treatment planning, and patient care and explore real-world applications, ethical considerations, and the future of AI-driven healthcare.

MEDICAL TOURISM & B2B BUSINESS

Exploring the rapidly expanding, connecting International patients & Hospitals with high-quality, cost-effective medical services in streamlining referrals, enhancing hospital networks, and driving global healthcare partnerships.

FOR YOUNG DOCTORS (FOR IMA - JDN, MSN)

Engage in a diverse range of workshops, lectures, debates, panel discussions, career guidance, paper presentations, startup and innovations - fostering knowledge exchange and critical thinking.
Future Prospects & Opportunities for Medical Graduates

ADDRESSING CRITICAL ISSUES:

Participate in crucial discussions on burning issues impacting the medical profession, including

- CPA (Consumer Protection Act)
- CEA (Clinical Establishment Act)
- Quackery & Mixopathy
- Medical Ethics
- Violence Against Healthcare & Medico-legal issues
- Medical Insurance
- Organ Transplantation

MEDICAL EXHIBITION:

Explore the latest advancements, technologies, and services at the co-located Medical Exhibition.

26th Pre-Conference

WORKSHOPS & PRE-CONFERENCE SEMINARS

Various pre-conference seminars and workshops at different national institutes and corporate hospitals

Time : 8 am to 1 pm, ₹ 500/-

CME
Credit Hours
will be applicable



CONFERENCE SECRETARIAT

DR. MEHUL SHAH | DR. TUSHAR PATEL | DR. URVESH SHAH

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All India Medical Conference IMA NATCON 2025

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77th

GIMACON

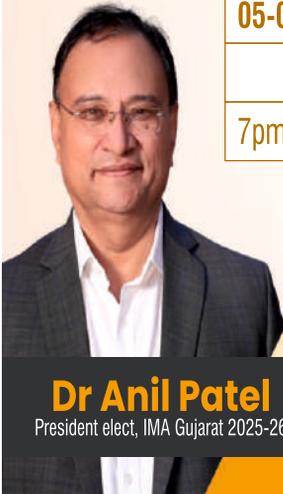
26th December 2025, Friday

Annual Conference of IMA, Gujarat
Hosted by: Ahmedabad Medical Association

Time: 12.00 to 07:00 pm onwards

Venue: Forum, Club 07

Time	Topic
12-02pm	Registration & lunch
02-04pm	Scientific sessions
04-05pm	Prestigious Oration
05-07pm	Award & installation ceremony of New team of IMA, Gujarat
7pm onwards	Banquet dinner with live music



Dr Anil Patel

President elect, IMA Gujarat 2025-26



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All India Medical Conference IMA NATCON 2025



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27th 28th

December 2025
Saturday & Sunday



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Date: 27th Dec, Saturday

Time: 7.00 pm onwards



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To Register Scan Here



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**Hon'ble Cabinet Minister for Primary,
Secondary & Adult Education;
Higher & Technical Education;
Social Justice & Empowerment,
Government of Gujarat**



Diwali Get Together on 09-11-2025





Diwali Get Together on 09-11-2025





Diwali Get Together on 09-11-2025

AMA Mobile Application Launching





Diwali Get Together on 09-11-2025





AMA at Diwali Get Together at BJMC



Rogi Kalyan Samiti Meeting at Civil Hospital Ahmedabad





World Diabetes Day on 14-11-2025





World Diabetes Day on 14-11-2025





World Diabetes Day on 14-11-2025





100 Camps on World Diabetes Day - 14-11-2025





100 Camps on World Diabetes Day - 14-11-2025





100 Camps on World Diabetes Day - 14-11-2025





Dhanavantari Pujan on 18-11-2025





Dhanavantari Pujan on 18-11-2025





AMA Ladies Club Programmes



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Types of Bariatric Surgery:

A Comprehensive List of Common Procedures for Weight Loss

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- ✦ GASTRIC BYPASS ROUX-EN-Y
- ✦ SINGLE ANASTOMOSIS SLEEVE
- ✦ JEJUNAL (LOOP) BYPASS
- ✦ SLEEVE PLUS RYGB (ROUX EN Y GASTRIC BYPASS)
- ✦ MINI GASTRIC BYPASS / ONE ANASTOMOSIS BYPASS
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- ✦ Splenectomy
- ✦ Gallbladder Surgery
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Bone Marrow Transplant Therapy



A New Hope in the Treatment of Blood Cancers

What Is Bone Marrow Transplant?

A medical procedure that replaces damaged or diseased bone marrow with healthy marrow - restoring the body's ability to produce healthy blood cells. Bone marrow transplant is also known as stem cell transplant.

How Does It Work?

- Step 1:**
Bone marrow is collected from a donor or the patient.
- Step 2:**
The marrow is processed and stored.
- Step 3:**
The patient undergoes high-dose chemotherapy.
- Step 4:**
The healthy marrow is infused into the patient, which brings out cure.

Key Benefits

- Treats various blood cancers (like leukemia, lymphoma & myeloma)
- Effective for several blood disorders (like aplastic anemia, thalassemia)
- Helps restore normal blood cell production and immune function

Possible Risks

(Managed Under Expert Supervision)

Infection | Graft failure | Graft-versus-host disease (in donor transplants)

Hope For The Future

Singular bone marrow transplants are transforming the treatment of blood cancers and other disorders.



Dr. Sandip A. Shah
MD (Hemato-Oncology
& Stem Cell Transplant Physician)



Dr. Sanket Shah
MD, DM, PDF (Medical Oncologist,
Hematologist, BMT & Cellular
Therapy Specialist)

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A.M.A. BULLETIN INDEX

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Please USG QR Code to view Photos

Dhanvantari Pujan



Diwali Get Together



World Diabetes Day





**Message From
President & Hon. Secretary**



Dear Friends and Colleagues,

With your continued support and cooperation, we have been able to move forward with enthusiasm and purpose, taking up one responsibility after another with confidence.

Continuing our year-long theme of **“Beyond Scalpel and Stethoscope,”** this month marked our first meaningful steps toward digitalisation. As technology becomes an inseparable part of daily life, it is only natural that we integrate these advancements into the functioning of our association.

During this year's Diwali Get-Together, we introduced online registration for the first time, making participation seamless for all members. The evening was a grand success, filled with joy and festive spirit, enriched by the lively presence of RJ Devang and an inspiring address by Dr. Mukesh Bavishi. On the same occasion, we proudly launched the AMA App — a unified platform for timely updates on programs and events, along with effortless online registrations. This is a major step toward modernising AMA and enhancing member engagement.

A doctor's role has always extended beyond clinics and hospitals. Guided by this belief, AMA undertook several impactful public health initiatives during the past month.

On World Diabetes Day, AMA organised a Mega Diabetes Awareness Camp, conducting blood sugar and blood pressure screenings simultaneously across 100 gardens in Ahmedabad. This massive outreach was supported by the Ahmedabad Municipal Corporation, the Ahmedabad Family Physicians Association, and



the International Diabetes Federation – South Asia.

AMA also participated in the Walkathon organised by the Indian Red Cross, standing in solidarity for thalassemia major children and cancer survivor children — a gentle reminder of the power of compassion and community support.

For the first time, AMA conducted CPR training for the ground staff of Terminal 1 and Terminal 2 at Ahmedabad Airport, an initiative that can make a lifesaving difference in emergencies.

We further collaborated with the Times of India and the National Forensic Science University to organise a program on Cybersecurity Awareness, acknowledging the growing importance of digital safety in today's world.

This month, we also performed Dhanvantari Pujan with devotion and unity, seeking blessings for the health and wellbeing of our entire medical fraternity.

Together, these initiatives reflect our shared vision — to go far beyond medical practice and contribute meaningfully to the health, safety, and wellbeing of the community we serve.

Let us continue this journey with unity, compassion, and innovation.

“Alone we heal individuals; together we uplift society.”

Jai AMA - Jai IMA

With warm regards,

Dr. Jignesh Shah
President, AMA

Dr. Maulik Seth
Hon. Secretary, AMA

Exciting AMA events are coming up

A Cricket Tournament, a fun-filled Picnic, and
A Skill Development Program for members!

We welcome sponsorships from hospitals, clinics, and our members.

Join us in making these activities bigger and better!

Contact us for details.

**AHMEDABAD MEDICAL ASSOCIATION YEAR : 2025-2026****OFFICE BEARER**

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9327014487

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All India Medical Conference IMA NATCON 2025

Dear Esteemed Members of the Ahmedabad Medical Association,

It is a moment of immense pride for all of us at AMA as we prepare to host the **All India Medical Conference – IMA NATCON 2025** on **27th & 28th December 2025**, in association with the IMA Gujarat State Branch.

This prestigious national event is even more special for our fraternity, as our very own **Dr. Anil Kumar J. Nayak will be installed as the National President of the Indian Medical Association during this conference.**

To ensure that AMA's role as host is represented with unity, warmth, and excellence, we invite all our members to actively participate in the conference by registering as:

Reception Committee Members

or

Delegates

Your presence and involvement will reflect the spirit, strength, and solidarity of Ahmedabad Medical Association. Let us come together to showcase the best of AMA and to extend a grand welcome to delegates from across the nation.

We look forward to your wholehearted participation.

Warm regards

Dr. Jignesh Shah, Dr. Maulik Sheth and team AMA



All India Medical Conference IMA NATCON 2025

27th & 28th December 2025

HOSTED BY: IMA Gujarat State Branch & Ahmedabad Medical Association



Please Fill in BLOCK LETTERS

Name : Speciality :

Membership LM / AM No. / Non Member SMC/NMC Reg. No :

Branch : State :

Mailing Address :

City : Pin Code : State :

Mobile : E-mail :

Member CWC / CC : Branch : State :

Name of the accompanying person (s) :

DELEGATE FEES (Inclusive of G.S.T. 18%)

Category		01/11/2025 ONWARDS
Reception Committee		₹ 29,500
Delegate IMA Member	Individual	₹ 11,800
	Couple	₹ 21,240
Corporate		₹ 29,500
Foreign Delegates		\$ 350
IMA, MSN		₹ 8,260
IMA, JDN		₹ 10,620
Accompanying Person* (Non IMA Member)		₹ 11,210
Pre Conference - GIMACON (26-12-25)** 1.00 pm onwards		₹ 2,950

Pre Conference Seminar Dt. 26-12-25, Time : 8 am to 1 pm, ₹ 500/-

Pre Conference Workshop Time : 8 am to 1 pm, FREE

*Children above 10 years of age should be registered as accompanying persons.

**Only registered conference delegate can register for pre Conference Date 26-12-2025 Friday

A/C Name : IMA NATCON 2025 Bank : HDFC BANK Branch : ISKON AMBLI ROAD A/c No. : 99910010010025 IFSC Code : HDFC0008702 <div style="background-color: black; color: white; padding: 2px;">IMA NATCON-2025 : GST NO. 24AAAT1716A2Z4</div>	For Registration visit : https://imanatcon100.com <div style="text-align: center;">..... Signature</div>
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Gujarat National Law University || आ नो भद्राः क्रतवो यन्तु विश्वतः ||

GUJARAT NATIONAL LAW UNIVERSITY

Leader in Legal Education, Research and Professional Training

{Accredited with 'A' Grade by NAAC}

All India Medical Conference **IMA NATCON 2025**

Presents
Pre-conference SEMINAR

In collaboration with
Gujarat National Law University

26th December 2025, Friday | Time: 8:30am to 1:30pm

Venue: GNLU, PDPU Rd, Koba, Gandhinagar

Practice with Prudence: Legal Perspectives in Clinical Medicine

TOPICS COVERED:

- Workplace Safety and Legal Protection for Healthcare Providers
- Emergency Situations and Medico legal Duties : What every Doctor must know.
- Legal Duties of Doctors in MLC : Responsibilities, and Realities for registration of case.
- Medical Negligence : Insights from Bar and Bench
- End of Life Care, DNR and Advance Directives



About GNLU

Gujarat National Law University (GNLU) is the statutory university established by the Govt. of Gujarat under the Gujarat National Law University Act, 2003 . The University is recognized by the Bar Council of India (BCI) and the University Grants Commission (UGC) (2f & 12B) . The University is also a member of the Association of Indian Universities (AIU) , United Nations Academic Impact (UNAI) , International Association of Law Schools (IALS) , Asian Law Institute (ASLI) and Shastri Indo-Canadian Institute .



National Forensic
Sciences University

Knowledge | Wisdom | Fulfilment

An Institution of National Importance
(Ministry of Home Affairs, Government of India)

All India Medical Conference IMA NATCON 2025

Presents
Pre-conference SEMINAR

In collaboration with
National Forensic Sciences University

26th December 2025, Friday | Time: 8:30am to 1:30pm

Venue: NFSU, Police Bhavan Rd, Sector 9, Gandhinagar

THE TRIPLE INTERFACE: TOXICOLOGY, DNA AND CYBER FOR MEDICAL PRACTITIONERS

TOPICS COVERED:

- Cyber Awareness in the era of AI
- Best practices of sampling in poisoning cases
- Medico-Legal Challenges
- Tools and techniques for clinical toxicology
- DNA forensics in medical practices
- Showcasing of various Centers of Excellence at NFSU



About NFSU:

National Forensic Sciences University (NFSU), an Institution of National Importance established by an Act of Parliament in 2020, is headquartered in Sector-9, Gandhinagar, Gujarat. It is the world's first and only university dedicated exclusively to forensic and allied sciences. NFSU promotes excellence in forensic science, applied behavioral sciences, law, criminology, digital forensics, cyber security, and other related disciplines through academic programs, research, training, and capacity building.

Currently, NFSU operates twelve campuses across India and one international campus in Uganda. It offers undergraduate, postgraduate, and doctoral programs through its specialized schools, including the Schools of Forensic Science, Cyber Security & Digital Forensics, Medico-Legal Studies, Behavioral Sciences, Law, Pharmacy, Police Science, Engineering & Technology, Management, and others.

Centre for Emergency Toxicology (CET) at NFSU is a visionary initiative of the Hon'ble Vice Chancellor. It focuses on drug and poison detection for clinical toxicology, offering expert consultation, timely diagnosis, treatment advice, and research services to hospitals, clinicians, and other stakeholders to ensure public health and safety.



INDIAN
INSTITUTE
of PUBLIC
HEALTH
GANDHINAGAR

ESTABLISHED BY GOVT. OF GUJARAT AND PHFI

All India Medical Conference IMA NATCON 2025

Presents
Pre-conference SEMINAR

In collaboration with
Indian Institute of Public Health Gandhinagar

26th December 2025, Friday | Time: 8:30am to 1:30pm
Venue: IIPHG, opp. New Air Force Station HQ, Gandhinagar.

Advancing Healthcare Practice through Digital, Analytical, and Quality Competencies

TOPICS COVERED:

- Digitalisation & professional networking.
- E-platforms for decision making.
- Soft skills for data analysis & publication.
- Quality Management for Healthcare Professionals.



About IIPH Gandhinagar

Indian Institute of Public Health Gandhinagar (IIPHG) is India's first Public Health University. The Indian Institute of Public Health Gandhinagar (IIPHG) is working towards building a healthier India. IIPHG is an example of visionary leadership of Honourable Shri Narendra Modi (then Honourable Chief Minister of Gujarat), who laid the foundation stone and provided support for establishing the institute in 2008. Government of Gujarat and Public Health Foundation of India (PHFI) entered an MoU in 2007 to establish IIPHG. Under the MoU, Government of Gujarat allocated land and agreed to share a part of the project cost.



All India Medical Conference IMA NATCON 2025

Presents
Pre-conference SEMINAR

In collaboration with
ICMR-National Institute of Occupational Health

26th December 2025, Friday | Time: 8:30am to 1:30pm

Venue: Conference Room, ICMR-NIOH, Meghaninagar, Ahmedabad

Healthy Workforce for Viksit Bharat

TOPICS COVERED:

- Introduction to Occupational Health: Clinical Recognition, Prevention, and Management
- Case Studies from the Field: Stories from ICMR-NIOH
- Opportunities and Career Pathways in Occupational Health: Research and Industry
- Laboratory Exposure Visit to ICMR-NIOH
- Interactive Panel / Open House with Experts at ICMR-NIOH



About ICMR-National Institute of Occupational Health

The NIOH is the premier institute, under the aegis of the Indian Council of Medical Research (ICMR) under the Department of Health Research, Ministry of Health and Family Welfare, Govt. of India.

The need for research in Occupational Health in the country was first appreciated by Indian Research Fund Association (IRFA), the forerunner of the Indian Council of Medical Research (ICMR). IRFA set up an Industrial Health Advisory Committee (IHAC) under the chairmanship of Col. Bozman in 1945. As per the recommendations of this Committee, in 1947, an Industrial Health Research Unit was created at the All India Institute of Hygiene and Public Health, Calcutta. In 1956, the IHAC recommended to the Government of India that priority should be given for the establishment of an Institute of Occupational Health Research during the Second Five Year Plan.



All India Medical Conference IMA NATCON 2025

Presents

Pre-conference SEMINAR

In collaboration with

i-Hub A Gujarat Government Enterprise
Startup & Innovation - **From Idea to Impact**

TOPICS COVERED:

- *i*-Hub's Role in Enabling and Supporting Startup Growth
- Overview of the Innovation & Startup Ecosystem in Healthcare sector
- A Comprehensive landscape on Startup Lifecycle Stages
- Medical to Entrepreneurial Mindset: Starting Up as a Doctor

Date : 26th December 2025 **Time :** 9 AM to 4 PM

Venue : *i*-Hub Gujarat, KCG Campus, Navrangpura, Ahmedabad

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support@ihubgujarat.in

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All India Medical Conference IMA NATCON 2025

HOSTED BY
IMA Gujarat State Branch
Ahmedabad Medical Association

27th 28th
December 2025
Saturday & Sunday



Pre-conference workshops

Date: 26-12-2025 | Time: 8.30 am to 1.30 pm



KD Hospital
કુચુમ વીરજીવાલ હોસ્પિટલ

Pulmonology & Epilepsy

SIMULATION & HANDS ON TRAINING



adding life to years

Cancer



Gastroenterology



Cardiology



Healthcare with Human Touch

Critical Care



Neurology & Neurosurgery

Limited seats available; stay connected for updates - pin our
website imanatcon100.com for constant updates



CONFERENCE SECRETARIAT
AMA HOUSE, OPP. H.K. ARTS COLLEGE,
ASHRAM ROAD, AHMEDABAD - 380 009.



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All India Medical Conference IMA NATCON 2025

HOSTED BY
IMA Gujarat State Branch | Ahmedabad Medical Association



EPILEPSY AND VIDEO EEG WORKSHOP

Date: 26-12-2025 | Time: 09.00 am to 02.00 pm

Topic Name	Speaker Name
Registration & Breakfast	
Video EEG Basics And	Dr. Rutul Shah And
Interesting Case Demonstration	Dr. Abhishek Gohel
Epilepsy Surgery –	
Through The Surgeon's Eye	Dr. Gopal Shah
Hands On Workshop - Drug Resistant	
Cases, Video EEG And Neuroimaging	All Faculty

Coordinators:

Dr Sunil Patel: 98792 25294

Dr Manoj Kodwani: 78787 57501

Venue : KD Institutes of Allied Health Sciences, 5th Floor, KD Sail,
KD Hospital, Ahmedabad



All India Medical Conference IMA NATCON 2025

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IMA Gujarat State Branch | Ahmedabad Medical Association



KD Hospital
કુટુંબ વીરભવાઈ હોસ્પિટલ

PULMONOLOGY & CRITICAL CARE WORKSHOP

Date: 26-12-2025 | Time: 09.00 am to 2.00 pm

Topic Name	Speaker Name
Registration and breakfast	
Chest X-Ray Interpretation	Dr Mukesh Patel, Dr Tirth Patel
Basic Bronchoscopy When? & How?	Dr Mukesh Patel, Dr Sanket Patel
ABC of ABG And Their Indications	Dr Tejas Parikh, Dr Amit Patel
Role of Allergy Diagnositic In Asthma	Dr Raj Bhagat
Pulmonary Function Test (form Basic To Interpretation)	Dr Pradip Dabhi
Hands On Session PFT Machine Demo, Basic Bronchoscopy Chest X-ray Interpretation, ABG Allergy Skin Prick Test	

Coordinators: Dr Sunil Patel: 98792 25294 | Dr Manoj Kodwani: 78787 57501

Venue: Auditorium 7th Floor, KD Hospital Vaishnodevi Circle, SG Highway, Ahmedabad



All India Medical Conference IMA NATCON 2025

HOSTED BY
IMA Gujarat State Branch | Ahmedabad Medical Association



SIMULATION & HANDS ON TRAINING

Date: 26-12-2025 | Time: 02.00 am to 04.30 pm

Who Can Join? **MSN**

Topic Name	Speaker Name
Basic Life Support (Adult)	Mr. Balram Kathaliya
Basic Airway Management	Mr. Balram Kathaliya
Basic Suturing Skills	Mr. Balram Kathaliya

Learning **Outcomes**

By the end of the workshop, participants will be able to:

1. Perform high-quality adult BLS, including use of AED.
2. Demonstrate basic airway opening manoeuvres and bag-mask ventilation.
3. Perform basic suturing techniques with aseptic precautions.
4. Integrate emergency readiness into clinical practice.

Coordinators : Dr. Suresh Maheswari : +91 98254 65235 | Dr. Rajesh Dave : +91 99790 69039

**Venue : KD Institutes of Allied Health Sciences, 5th Floor, KD Sail,
KD Hospital, Ahmedabad**



All India Medical Conference IMA NATCON 2025

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GASTRO SCIENCES WORKSHOP

Date: 26-12-2025 | Time: 09.00am to 02.00pm

Topic Name	Speaker Name
Registration, Breakfast & Welcome	
An approach to a patient with chronic diarrhoea	Dr Tejas Modi
Management of Gallstone and its complications	Dr Mayank Gurjar
An approach to a patient with Jaundice	Dr Hardik Kotecha
An Approach to a patient with acute abdomen	Dr Dhaivat Vaishnav
An Approach to a patient with gas, bloat and dysphagia	Dr Ajay Choksey
Recent Advancement in GI endoscopy	Dr Nilay Mehta
Robotic GI Surgery	Dr Bhavin Patel

Coordinators: Dr Nirali Patel : +91 94268 64496
Dr Yogesh Jadav: +91 98245 62863

Venue : Zydus Hospital Rd, Sola, Ahmedabad, Gujarat 380059



All India Medical Conference IMA NATCON 2025

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IMA Gujarat State Branch | Ahmedabad Medical Association



CARDIOLOGY WORKSHOP

Date: 26-12-2025 | Time: 09.00 am to 4.30 pm

Topic Name	Speaker Name
Resistant Hypertension: Latest Update	Dr Vipul Kapoor
Less is more: The Future of Cardiac Surgery	Dr Amit Chandan
Ghee, Oil, Cheese, Butter and Cholesterol...	
what should we know and why?	Dr Milan Chag
ECG in Emergency Room	Dr Hiren Kevadiya
SGLT2i: Multifaceted agent for Cardiometabolic diseases	Dr Hemang Baxi
Know Basics of Coronary Artery Bypass Grafting (CABG)	Dr Dhaval Naik
Audience Discussion (Q & A)	
CABG in acute MI - When to do?	Dr Nikunj Vyas
Acute Chest Pain & ACS: Case based Approach	Dr Tejas V Patel
Types of Oral Anticoagulants	Dr Ajay Naik
Interesting Case Scenarios in Cardiac Surgery	Dr Dhiren Shah
Cholesterol, Dyslipidemia, Statin: Myths and Realities	Dr Anish Chandarana
Heart Failure - Recognition and Treatment	Dr Urmil Shah
Audience Discussion (Q & A)	
ECG Workshop: How to read ECG - Basics to Benchmark	Dr Hiren Kevadiya

Coordinators: Dr Akash Patel : +91 8826001414 | Dr Jinen Pandya : +91 92658 93521

Venue : Science City Rd, Panchamrut Bunglows II, Sola, Ahmedabad.



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adding life to years

CANCER WORKSHOP

Date: 26-12-2025 | Time: 09.00am to 2.00pm

Topic Name	Speaker Name
Bursting myths about head & neck cancer and it's treatment	Dr Daxesh Patel
Saving More than Lives - Radiotherapy's Role in Saving Organs	Dr Samir Batham
Interpretation of Coagulation parameters	Dr Abhishek Dudhatra
Recommendation of vaccination in elderly patients	Dr Dhara Shah

Coordinators: Dr Manish Ninama: +91 98252 13374
Dr Hetal Pandya: +91 94288 13460

Venue : HCG Aastha Cancer Centre, opp. Bhagawat Vidhyapith, Sola, Ahmedabad,



All India Medical Conference IMA NATCON 2025

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IMA Gujarat State Branch | Ahmedabad Medical Association



CRITICAL CARE WORKSHOP DIDECTIC LECTURES AND TABLES

Date: **26-12-2025** | Time: **09.00 am to 2.00 pm**

Topic Name	Speaker Name
Your heart matters the most	Dr. Priyank Bhatt
Neuro care - Brain needs attention...spine too	Dr. Ekta Artawani
Sepsis - Your approach makes a difference	Dr. Harshal Thaker
Look in to the heart: 2D Echocardiography	Dr. Mukesh Laddha
Saves the breaths: Airway management	Dr. Anci
Yes, That's the point: Point of care ultrasound	Dr. Hiren Khatri

Coordinators: Dr Sanket Patel : +91 92281 78535
Dr Punamchand Parmar : +91 96010 78050

Venue : Kesar Sal Hospital, Opposite Science City, Ahmedabad



All India Medical Conference IMA NATCON 2025

HOSTED BY
IMA Gujarat State Branch | Ahmedabad Medical Association



NEUROLOGY & NEUROSURGERY WORKSHOP

Date: 26-12-2025, Friday | Time: 09.00 am to 2.00 pm

Topic Name	Speaker Name
Advances in Brain Tumor Surgery	Dr. Jaymin Shah
Stroke Treatment Update – Case Simulation	Dr. Shalin Shah
Update on Endovascular Management of Stroke	Dr. Akshay Patel
Role of the Hybrid Neurosurgeon /	
Hybrid Management of Aneurysm and AVM	Dr. Sandip Modh
Update on Endovascular Management of Aneurysms	Dr. Hiren Patel
Interventional Neuro Radiologist	
Updates in Minimally Invasive Spine Surgery (MIS)	Dr. Munjal Shah
Advances in Parkinson's Management	Dr. Heli Shah
Neurocritical Care Pearls	Dr. Ritesh Patel
Departure towards CLUB 07	

Coordinators: Dr Mukesh Patel : +91 98795 89494 | Dr Rashi Jain : +91 94262 83317

Venue: Shilaj Circle, Sardar Patel Ring Rd, Nr. Venetian Villa, Thaltej, Ahmedabad,



New Initiatives from Ahmedabad Medical Association

Continuing our efforts under the theme “Beyond Scalpel and Stethoscope,” AMA is pleased to announce three new initiatives for the benefit of our medical fraternity.

1 The Heart Behind the White Coat

An open platform for AMA members to share inspiring experiences and real-life stories.

You may write about:

- * Positive patient experiences
- * Why you love being a doctor
- * Special moments that touched your heart
- * The pride and purpose of our profession

Selected entries will be featured in Ahmedabad Medico News.

2 Special 50% Discount on Advertisements

Ahmedabad Medico News is offering a limited-period 50% discount on:

- * Matrimonial advertisements for doctors
- * Job advertisements for medical professionals

This initiative aims to connect doctors personally and professionally.

3 30% Discount on AMA Halls & Premises

All allopathic associations and medical societies can avail 30% concession on booking AMA halls or premises for:

- * Scientific programs
- * Non-scientific activities
- * Meetings or gatherings

For hall rates and advertisement rates, please visit our website.

Note: Discounts in hall bookings and advertisements are subject to approval from the committee.

AMA remains committed to supporting and uplifting our medical community through thoughtful initiatives and greater collaboration.

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



YOGA SHIBIR

**AMA in association with Late Dr. C. C. Raval - Divya Jivan Sangh
Organize Yoga Shibir for Doctors & their Family Members**

Date : 1-12-2025 to 10-12-2025
Time : 07:00 a.m. to 08:00 a.m.
Venue : AMA Premises

Yoga is a great way to work on your flexibility and strength. Just about everyone can do it.

ADVANTAGES : Yoga's incorporation of meditation and breathing can help improve a person's mental well-being. Regular Yoga practice creates Mental clarity and calmness, increases body awareness, relieves chronic stress, relaxes the mind centers and sharpens attention. It also helps to build up immunity and improves respiration and lung capacity. So in current Corona period Yoga is the best weapon to fight against Corona and useful for prevention.

10 Benefits of Yoga :

- Improve flexibility
- Improve strength and posture
- Stretches & Tones your muscles
- Better all round fitness
- Maintain Weight
- Increase your energy
- Reduce stress
- Breathe better
- Be happier
- Become more mindful i.e. alert

Registration fee **Rs. 50/-** per person

This Shibir will be conducted by

Dr. Pushpa P. Multani (Qualified Yoga Teacher)

:: Co-Ordinators ::

Dr. Jinen Pandya

Dr. Dhananjay Vyas

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



“FROM STETHOSCOPE TO INVESTMENT : FINANCIAL FREEDOM FOR DOCTORS”



Date : 14-12-2025, Sunday

Time & Venue : Details announce soon

Speakers



Aashish Somaiyaa
Executive Director & CEO,
White Oak Capital Asset
Management



Parthiv Shah
Director,
TRACOM



Dr. Jignesh Shah
Banknifty Doctor

Further details to be published soon

:: Co-Ordinator ::

Dr Keyur Patel
Dr Sunil Patel

Dr Nirali Patel
Dr Rashi Jain

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA



Ahmedabad Medical Association Family Benefit Scheme (FBS)



Serving our medical fraternity with care & security

- Ensures that no doctor's family stands alone in a time of need.
- With comprehensive benefits and a minimal contribution, the scheme provides strong financial protection and mutual support within our fraternity.
- If you haven't joined yet, now is the right time.
Let's care for our own.

SALIENT FEATURES

- ✓ Spouse can join the scheme
- ✓ Permanent disability covered
- ✓ Approx. ₹11,00,000 paid to nominee (as of today)
- ✓ Only ₹500 per death to be contributed
- ✓ Part of annual interest income proposed to be distributed among members

Let's care for our own.

For further details please contact

Dr. Jignesh Shah
President, AMA

Dr. Maulik Sheth
Hon. Secretary, AMA

Dr. Brijan Choksi
Chairmen, AMA FBS
M.: 98242 65642

Dr. Mehul Shelat
Hon. Secretary, AMA FBS
M.: 98253 98891

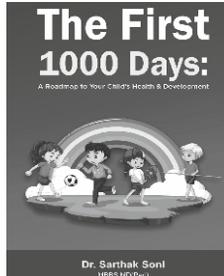


Congratulation



The Ahmedabad Medical Association extends heartfelt congratulations to **Mr. Yash Baxi**, son of Dr. Hemang and Dr. Sangeeta Baxi, on his exceptional achievement and recognition by the India Book of Records (July 2025).

Yash has been honoured as the Fastest Individual to Recall the Local Time and Day of 100 Cities Worldwide, completing this remarkable task in just 14 minutes at the India Book of Records studio, Faridabad.



Dr Sarthak Soni son of Dr Nilang R. Soni for publishing book titled 'first 1000 days: a roadmap to your child's health and development'.

Happy Attitude

Life is short but is worth, why are u worried and always hurried.. Live the life the way you want, there is nothing to flaunt.. What others say should not bother your inner self, take every step for creating a happier self. Happiness doesn't lie in what u actually have, but It's all about what you actually gave.. Just smile, laugh, learn and be happy.. Whether u cook, clean or change nappy.. Remember what u are living might be someone's dream, u will feel yourself like the rich yummy cream.. Be satisfied, be contented, life is beautiful, just make it more colorful.. Fill the colors of love, kindness and gratitude, I m sure u will get a happy attitude.

- **Dr. Rashi Prashant Jain**

Founder and Owner,

Accupath Diagnostic Laboratory at Krishnanagar & Bodakdev

M.: 9737678880



OBITUARY

May the departed soul rest in peace and be fondly remembered for their service to humanity.



DR. HIMANSHU SHANTILAL SHAH

LM-922

M.S. SURGEON

Date of Birth : 13-08-1974

Date of Death : 04-11-2025



DR. SHASHIPRABHA K. BAGADIYA

LM-36

M.B.B.S.

Date of Birth : 01-07-1941

Date of Death : 05-10-2025



DR. RAMESHCHANDRA G. SHAH

LM-1059

M.S. SUR.

Date of Birth : 20-06-1954

Date of Death : 07-10-2025



DR. ISHWARBHAI A. SUHAGIA

LM-1204

M.B.B.S.

Date of Birth : 22-05-1950

Date of Death : 29-10-2025

All the members of Ahmedabad Medical Association extends sincere condolences to the bereaved family.

AMA in Media

80 doctors to provide 24x7 support

Times News Network

More than 80 doctors as part of this year's 'Doctor on Call' initiative launched by the Ahmedabad Medical Association (AMA) and the Gujarat State Family Physicians Association (GSFPA) will be available to provide 24x7 medical support to citizens during the festive season.



STAY SAFE!

● Don't eat children stuff if their parents are not here. Prevent them from buying sweets to eat.

● Don't drink coffee. Avoid spicy foods as they are not healthy.

● Don't light crackers. Wear fire-resistant clothes.

● Don't wear or use jewelry to show off in case of an emergency.

● In case of panic, walk to affected area and walk out early. Stay alert and avoid smoking.

● Return all made-over items to the maker or the person who provided them. Avoid wearing jewelry.

● Theoretical implementation of this year's initiative is the ultimate assessment of the

SAFETY CALL: The Ahmedabad Medical Association (AMA) and Gujarat State Family Physicians Association (GSFPA) have launched the 'Doctor on Call' initiative to provide 24x7 medical support to citizens during the festive season. The initiative is a joint effort between the two associations and aims to ensure that citizens have access to medical help whenever they need it.

STAY SAFE! The AMA has issued a list of safety tips for citizens to follow during the festive season. The tips include: Don't eat children's stuff if their parents are not here, Don't drink coffee, Don't light crackers, Don't wear or use jewelry to show off, In case of panic, walk to affected area and walk out early, Return all made-over items to the maker or the person who provided them, and Theoretical implementation of this year's initiative is the ultimate assessment of the

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City Ahmedabad

Shades of celebrations

Mirror-panels set to top for professionals in the city to find out how they celebrated their Diwali and what plans they have for the New Year



“ This year I decided to celebrate with patients. Some doctors and nursing staff, including me, decided not to take holidays and focus on hospitalized patients and emergencies. We organised a raffle and ward decoration competition so that patients can also enjoy the festival. ”

Rakesh Jeshi, Medical Superintendent, Civil Hospital

“ As my New Year resolution, I want to help healthcare workers to practise work-life balance because doctors and healthcare workers often ignore their own health. ”

Dr Maulik Sheth, Secretary, AMA

86 Sisser
દિવાળીની રજાઓમાં ખંડેખો
AMA અને AFPA દરમિયાન સહયોગમાં
તમારી દીવાળી સુખસિત:
AMA (આવ્યા) '86 Sisser ઓન કોલ' સેવા

2 पेज
દિવાળીની રજાઓમાં ખંડેખો
AMA અને AFPA દરમિયાન સહયોગમાં
તમારી દીવાળી સુખસિત:
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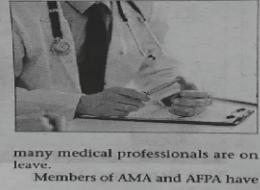
City does volunteer for medical helpline during Diwali days

AMA, AFPA to operate "Doctor on Call" helpline till Oct 26

Ahmedabad Mirror Bureau
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The Ahmedabad Medical Association (AMA) and the Ahmedabad Family Physicians Association (AFPA) have launched the 'Doctor on Call' - medical helpline during Diwali.

As per the joint initiative, the dedicated helpline service will be operational from October 19 to 26 and offer 24x7 medical support to citizens during the festive season as



many medical professionals are on leave. Members of AMA and AFPA have

volunteered to make themselves available over phone for any health-related emergencies or queries during Diwali. "This service is open to all and is part of our commitment to the well-being of society at large, ensuring that no one is left without timely medical guidance during the festival," said an official.

The helpline is accessible by getting in touch with the doctors whose contact numbers will also be published on the AMA website (<http://www.ahmedabadmedicalassociation.com/>).

“ A packet of sweets may contain enough calories for the whole day. But do we know how many a portion of sweet is in context of calories or sugar so we can plan our diet? Perhaps not. I also believe good eating habits must be inculcated from childhood. The initiative of sugar boards and calorie boards in some schools is thus a welcome move ”

Dr Dhiren Mehta | FORMER PRESIDENT, AHMEDABAD MEDICAL ASSOCIATION

Doctor on Call service attends to more than 100 queries

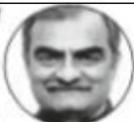
Ahmedabad: Officials of the Ahmedabad Medical Association (AMA) on Monday said that they received over 100 calls as part of the 'Doctor on Call' initiative launched with the Ahmedabad Family Physicians Association (AFPA). The helpline was operational from Oct 19 to 26, keeping in mind the possible absence of regular doctors due to the festivities.

"The majority of queries were related to seasonal ailments such as cold, cough, fever, and allergies. Additionally, the helpline supported patients with routine follow-up needs due to the temporary closure of local medical facilities during Diwali, and addressed cases such as minor burns received during festival celebrations," said senior AMA officials.



HACKED 2.0 Media Coverage

“ We have seen instances of cybercrimes affecting doctors and hospitals. Today's session was timely and an eye-opener on how to protect digital assets and establish SOPs



Dr Mehul Shah | PRESIDENT, INDIAN MEDICAL ASSOCIATION, GUJARAT

“ We learned about ransomware response and the types of cyberattacks on large databases. It is everyone's responsibility to be cyber safe. I laud Hacked 2.0



Dr Tushar Patel | PULMONOLOGIST AND CRITICAL CARE SPECIALIST



“ We plan to make cybersecurity awareness a regular feature in our communication and events. All participants took something back from today's session

Dr Jignesh Shah | PRESIDENT, AHMEDABAD MEDICAL ASSOCIATION



“ I found cybersecurity and the topic of digital arrest to be different and very pertinent for medical practitioners. It made me more cautious, especially on safety of financial assets

Dr Anjana Chauhan | GYNAEC-ONCOLOGIST

“ Everything in modern hospital management, from billing to patient data, is online. The sector must give utmost care to online systems



Dr Bharat Gadhwani | PRESIDENT, AHMEDABAD HOSPITALS AND NURSING HOMES ASSOCIATION



“ Major hospitals are often the target. They must ensure data backup and protection. We have third-party surveillance 24x7 and regular audits. Cybersecurity awareness must be part of hospital ops

Dr Parth Desai | COO, KD HOSPITAL

“ As healthcare institutions increasingly use tech-based solutions, it is essential that they adopt standardized practices, engage qualified professionals, and involve experts. Sessions like these are valuable in strengthening digital security



Dr Pragmesh Vachcharajani | CONVENER, HITCON



Dr Pragmesh Vachcharajani | CONVENER, HITCON

He deconstructed how hacker carry out digital arrest cases. “The money may come





Report of Dhanvantari Poojan on 18-10-2025

Dhanvantari Pooja on the Auspicious day of Dhanteras to worship Rishi Dhanvantari for the well-being of whole Community was held at AMA Hall, Ashram Road, Ahmedabad on 18th October, 2025 at 3 pm. Around 50 to 70 doctors remained present during Pooja. Dr. Jignesh Shah(President-AMA), Dr. Maulik Sheth(Secretary-AMA), Managing committee members and many doctors altogether did Aarti. Followed by that prize Distribution of "AMA RASS Utsav" winners were organized with same enthusiasm and spirit. With so much divine energy in the atmosphere, event ended with High tea.

Report of Hacked 2.0 on 04-11-2025

HACKED 2.0 is an initiative led by The Times of India, Ahmedabad, in strategic collaboration with the National Forensic Sciences University(NFSU), Gandhinagar on 4th November 2025, Tuesday from 04:30 pm to 05:30 pm at Auditorium, Ahmedabad Medical Association, Ashram Road, Ahmedabad. It was the focused session on cybersecurity in healthcare on Topic of "MEDICAL DATA PROTECTION & RANSOMWARE RESPONSE". It was the most comprehensive cyber-defense workshop designed for real-world threats benefitting the Hospital Administrators, Managers, Pharma companies, CISOs, IT Heads and Health-tech founders.

Report of Diwali Get-together on 9 Nov, 2025

After the joyful Diwali celebrations with our family at home to we organized "AMA Diwali Get Together 2025" on 9th November 2025, Sunday at Jubilation Banquet, Sola, Ahmedabad followed by dinner to celebrate and come together again for fun, laughter and festive fellowship. We had an exciting and an unforgettable evening with lots of entertainment that day. **Dr. Mukesh Bavishi**, a Renowned Gynaecologist and highly respected orator conducted a lively KBC-style fun quiz exclusively for members and their spouses. The highly popular and humorous **RJ Devang** added extra energy and fun to the evening with his wit and charm. Around 550 to 600 people gathering



with their family and enjoyed the evening. Launch of AMA application was also a benchmark. The wonderful event filled with fun, laughter and delicious food became only possible with joint efforts and planning by AMA President Dr. Jignesh Shah and AMA Secretary Dr. Maulik Sheth along with all the Managing Committee team. Dr. Akash Patel, Dr. Manoj Kodwani, Dr. Manish Ninama and Dr. Arth Koshia co-ordinated the entire event very smoothly.

Report of Diabetes Day Celebration on 14 Nov, 2025

As part of the IMA100 celebrations and in honour of hosting NATCON 100 next month in Ahmedabad, the Ahmedabad Medical Association had organized a Mega Diabetes Awareness Drive on World Diabetes Day on 14th November 2025. We organized 100 Free Diabetes Screening & Awareness Camps across Ahmedabad city in collaboration with the Ahmedabad Municipal Corporation (AMC), the International Diabetes Federation – South East Asia (IDF–SEA) and the Ahmedabad Family Physicians Association (AFPA). The central event was held at Parimal Garden, Ahmedabad from 7:30 AM to 8:30 AM, featuring free blood sugar and blood pressure check-ups, fitness activities, and public awareness talks. In that event Hon Mayor of Ahmedabad Shri Pratibha Jain, Hon. MLA Dr. Hasmukh Patel, Chief Medical Officer Dr. Bhaving Solanki of Ahmedabad Municipal Corporation, IMA-GSB President Dr. Mehul Shah, AMA President Dr. Jignesh Shah, AMA Secretary Dr. Maulik Sheth, Dr. Parimal Desai and Dr. Mona Desai and our committee Members remained present. All Managing committee members remain present in the different locations and managed the entire event. A large proportion showed abnormalities in at least one major non-communicable disease (diabetes or hypertension) which highlights- High NCD burden in Ahmedabad and importance of mass screening. This proved our initiative more valuable, as many people may have been diagnosed for the first time during that event. We are thankful to Dr. Bansi saboo of international diabetic federation and Dr. Pritesh Shah & Dr. Mehul shelat for fully supporting the whole activity.

**SOCIAL SECURITY SCHEME, G.S.B. I.M.A.**

Office Phone : 079-26580690 Time : 2.30 to 6.00 pm

DFC 50 was circulated to all the members. Last date of Payment is Date. 15-10-2025

Following members have not yet paid the same. Send the DFC amount with penalty.

Sr. No.	SSS NO.	NAME OF MEMBER	CITY
1	12849	Dr. Desai Ketav Rohit	Ahmedabad
2	12288	Dr. Desai Parth Rohit	Ahmedabad
3	13850	Dr. Joshi Vivek Piyushbhai	Ahmedabad
4	14636	Dr. Kapadia Kinnar Ramesh	Ahmedabad
5	13898	Dr. Khandekar Archan Abhaybhai	Ahmedabad
6	13844	Dr. Kothari Ankur Arunbhai	Ahmedabad
7	13113	Dr. Naik Pinky Dhaval	Ahmedabad
8	12602	Dr. Padodara Tejaskumar Maganlal	Ahmedabad
9	14661	Dr. Parikh Nimish Kirit	Ahmedabad
10	12628	Dr. Patel Dipan Hasmukhbhai	Ahmedabad
11	14718	Dr. Patel Neel Vishnubhai	Ahmedabad
12	14717	Dr. Patel Vidhi Vishnubhai	Ahmedabad
13	14172	Dr. Ramwani Ashokkumar Pitamberdas	Ahmedabad
14	13955	Dr. Raval Mrudang Sanjay	Ahmedabad
15	14370	Dr. Satasia Jagruti Ravi	Ahmedabad
16	14207	Dr. Shah Arth Hasmukh	Ahmedabad
17	14206	Dr. Shah Hetavi Arth	Ahmedabad
18	10856	Dr. Shah Jagruti Monal	Ahmedabad
19	13567	Dr. Shah Nilam Mehulbhai	Ahmedabad
20	12453	Dr. Shrimali Gaurishanker Pashabhai	Ahmedabad
21	14250	Dr. Solanki Atulkumar Ishwarbhai	Ahmedabad
22	12089	Dr. Vihol Brijeshsinh Kesarsinh	Ahmedabad
23	12088	Dr. Vihol Krishnabaa Brijeshsinh	Ahmedabad

Pay online without late fee Payment link : www.sssgsbima.com

or please send your Cheque / Draft at Ahmedabad office directly.

Dr. Yogendra S. Modi
Hon. Secretary

Dr. Arpit C. Prajapati
Hon. Treasurer

Dr. Abhay S. Dikshit
Hon. Jt. Secretary

WE WELCOME FOLLOWING NEW LIFE MEMBERS

M.No.	Type	Name
13626	L	DR. SHETHWALA MAHAMMAD-SAQLAİN ALTAFHUSAI
13627	L	DR. GADHAVI RAJENDRA NARHARDAN
13628	L	DR. DANGI DHARMENDRAKUMAR SHYAMSUNDARSINGH
13629	L	DR. RATHOD MUKESH DHIRUBHAI
13630	L TRANSFER	DR. BHARDWAJ ANIKET PALLAVE
13631	LC	DR. PATEL PRIYEN DASHRATHBHAI
13632	LC	DR. SHAH DEVANSHI INDRAVARDAN
13633	L	DR. CHAUHAN NIDHIBEN RAJENDRASINH
13634	L	DR. UPPAPALLI SHALOMITH CHRISTDAS
13635	L	DR. DESAI DEV HIMANSHUBHAI
13636	L	DR. SHAH MAITRI ASHOKKUMAR
13637	L	DR. SONI HIMANSHU MAHESHBHAI
13638	L	DR. PATEL BANSARI ASHOKBHAI
13639	L	DR. MANE MAYUR MAHADEO
13640	L	DR. GANDHI VISHWA MINESHKUMAR
13641	L	DR. SHAH RUSHIT HITESHBHAI
13642	L	DR. PAREKH MANAN MUKUNDBHAI



નારી તું
વિશ્વ કલ્યાણી

લેડીઝ-ક્લબ

નારી તું
વિશ્વ કલ્યાણી

આપણા આગામી કાર્યક્રમો આ પ્રમાણે છે.

કાર્યક્રમ નં.-૯ યોગ શિબિર (પિતૃ સંસ્થા સાથે જોડાઈશું)

તારીખ : ૧-૧૨-૨૦૨૫ થી ૧૦-૧૨-૨૦૨૫
સમય : સવારે ૭:૦૦ થી ૮:૦૦ કલાકે
સ્થળ : એ.એમ.એ

કાર્યક્રમ નં.-૧૦ લેડીઝ ક્લબ પીકનીક

તારીખ : ૨૦-૧૨-૨૦૨૫, શનિવાર
સમય : સવારે ૬:૩૦ (આશરે) કલાકે
સ્થળ : પટેલ પર્માકલ્ચર ફાર્મ,
લુણાસણ, કડી, મેહસાણા.

આપણા પૂર્ણ થયેલ કાર્યક્રમો આ પ્રમાણે હતા

કાર્યક્રમ નં.-૭ નવા વર્ષની ઉજવણી " મિશ્રી મુવી શો"

નવા વર્ષની શરૂઆતમાં એએમએ લેડીઝ ક્લબ દ્વારા ખાસ પિક્ચર/મુવી નું
આયોજન કરવામાં આવ્યું હતું.

તારીખ : ૨-૧૧-૨૦૨૫ (રવિવાર)
સ્થળ : એપલ મલ્ટિપ્લેક્સ, મણિનગર, અમદાવાદ.
સમય : સવારે ૧૦:૦૦ વાગે.

સૌ સખીઓએ સાથે મળીને આ પિક્ચરની મજા માણી હતી.

કાર્યક્રમ નં.-૮ ગોલ્ડ સેન્સ

તમને ગોલ્ડ સેન્સમાં આમંત્રિત કરવામાં આવ્યા છે! AMA લેડીઝ ક્લબ એક મૂલ્યવાન
સત્ર રજૂ છે:

વિષય: ગોલ્ડ સેન્સ - દરેક ખરીદનારને શું જાણવું જોઈએ નિષ્ણાત અંજન સોની (પાયલ
જવેલરી) પાસેથી સીધા જ જરૂરી ટિપ્સ શીખો.

તારીખ : ૨૦/૧૧/૨૦૨૫, ગુરુવાર
સમય : 03:00 PM - 05:30 PM
સ્થળ : AMA આશ્રમ રોડ.

સૌ સખીઓએ સાથે મળીને આ પિક્ચરની મજા માણી હતી.

Dr. Sushila Kella Ansuva Ladola
(President) (Secretary)
M: 9427454185 M: 8160883358

Dr. Jignesh Shah Dr. Maulik Sheth
(President, AMA) (Secretary, AMA)



THE HEART BEHIND THE WHITE COAT

Article-2 : The Medical Profession - The Best Profession

Background

In the vast landscape of careers, the medical profession stands apart, often regarded not just as a job, but as the noblest of vocations. Its unique blend of scientific rigor, profound human connection, and tangible impact solidifies its claim as the best profession.

Rewarding

What truly distinguishes medicine is its direct engagement with human life itself.

A medical professional is entrusted with a person's most precious asset—their health. This responsibility creates an unparalleled bond of trust and a privilege granted to few.

The profound gratitude from a patient whose suffering has been alleviated is a reward that transcends material success, offering a deep, intrinsic sense of purpose.

Evolution

Furthermore, the field is an endless journey of intellectual stimulation. The human body presents an ever-evolving frontier of challenges, demanding lifelong learning and critical thinking. Medical practitioners are perpetual students, constantly adapting to new discoveries, technologies, and treatments. This dynamic environment ensures there is no room for stagnation, only growth.

**Resilience**

Beyond the intellect, medicine shapes a strong character. It teaches resilience in the face of loss, empathy under pressure, and humility when confronting the limits of science. It exposes practitioners to the full spectrum of human experience, from the joy of birth to the dignity of a peaceful death. These experiences build immense emotional strength and provide a profound perspective on life.

Significance

Ultimately, while many professions offer success, medicine offers significance. It is a demanding path, requiring great sacrifice, but it compensates with the rare opportunity to be a force for good at the most critical moments in a person's life. It is this powerful combination of science, service, and soulful fulfilment that truly makes it the best profession.

Societal Role

Finally, the societal role of the medical profession is irreplaceable. Doctors and healthcare workers are the pillars of a healthy society, the first line of defence in pandemics, and advocates for public well-being. Their work contributes to the very fabric of a functioning community, ensuring that individuals can live productive, fulfilling lives. This role grants the profession a universal respect and a sense of collective purpose that is rare in other fields.

Dr. Rekha Solanki

(DA, MD, PGDHM)

President ISA Ahmedabad city branch (2024-25)

Associate Professor

Anaesthesiology

Gujarat Cancer and Research Institute, Affiliated to

BJMC, Ahmedabad

M.: 98257 69907



THE HEART BEHIND THE WHITE COAT

Article-3 :

Being a Doctor... From My Viewpoint

“The physician is a representative of Brahma (the Creator), endowed with knowledge and compassion, whose duty is to relieve the suffering of living beings.”

— Charaka Samhita, Sutra Sthana 9.6

Being a doctor is truly a blessing. While many professions measure success by financial growth, ours stands apart — where the **true reward lies in witnessing the return of health and well-being** in those we serve.

As clinicians, our **clinical acumen and surgical skills**, supported by evidence and investigation, help us uncover the root cause of suffering. With sincere effort and sound judgment, we work toward the best possible outcomes. When the results are favorable, we feel immense joy — yet we always remind ourselves with humility: **we assisted, but He healed.**

“Let go of ego and pride in your actions.” (Bhagavad Gita 18.58: Healing comes **through** you, not **from** you. Be grateful for the opportunity to serve.)

At times, we encounter competition from our fellow professionals. But isn't competition, when seen positively, a chance to improve? If we were alone on the racetrack, would we ever discover our best pace? Every situation carries both light and shadow — what we choose to focus on defines our peace and growth.

Just as a social media algorithm shows more of what we search for, **life too reflects our focus.** If we seek negativity, we'll find more of it; if we seek growth, gratitude, and goodness, they'll find their way to us. So let's rise above medical jousting and focus on practicing the best of medicine — with sincerity, calmness, and compassion.

To society, doctors often appear as high earners. Few understand the **loans we take, the long years before we break even, and the constant effort it takes to reach our dreams.** But that's alright — not everyone is



meant to understand your struggles. What matters most is the support of those few who truly know, who care, and who take pride in your journey. Their understanding is enough to bring the solace we seek.

There are times when outcomes don't meet expectations. It's easy for others to say, "It's just part and parcel of life," but only we know the quiet ache behind those words. Moments of disappointment may even make us question ourselves. Yet, these are the phases that **teach us the most**, if we choose to learn.

Self-doubt may shake our confidence, but when we have given our 100%, we must learn to accept the outcome with equanimity. The results depend on many factors beyond our control. Our role is to act with diligence, not to be attached to the outcome.

कर्मण्येवाधिकारस्तेमाफलेषुकदाचन।
माकर्मफलहेतुभूमतिसंगोऽस्त्वकर्मणि॥

You have the right to perform your duty, but not to the fruits there of. Let not the fruits of action be your motive, nor let your attachment be to inaction.

— Bhagavad Gita, 2.47

Being a doctor is not just a profession — it is a **lifelong journey of service, humility, and gratitude**. Every patient we meet, every challenge we face, and every life we touch leaves an imprint on us. In healing others, we continuously heal and refine ourselves — as human beings, as learners, and as instruments of a higher purpose.

— Dr. Munjal Pandya, MS (Ob Gy), FICOG
M.: 97129 11784

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THE HEART BEHIND THE WHITE COAT

Article-4 : ડોક્ટરનો વ્યવસાય

ડોક્ટરનો વ્યવસાય એક સારામાં સારો વ્યવસાય ગણાય છે. કારણકે ડોક્ટર લોકોની સારવાર કરીને સારુ કર્મ કરી શકે છે, સાથે સાથે પોતાની આજીવિકા પણ રળી શકે છે. હા! ડોક્ટર હિપોક્રેટિક ઓથ પ્રમાણે વ્યવસાય કરતો હોવો જોઈએ. હિપોક્રેટિક ઓથમાં જણાવેલું છે કે જાતિ, વર્ણ, ભેદ, પોલિટીક્સ, સામાજિક સ્થિતિ ધ્યાનમાં લીધા વગર મારા પેશન્ટને સારવાર આપવાની મારી ફરજ છે. દર્દીની તંદુરસ્તી એ જ મારું લક્ષ હોવું જોઈએ. દર્દીએ મારા પર વિશ્વાસ મૂક્યો છે કે તેની બીમારીની માહિતી ગોપનીય રાખીશ. (જાહેર કરીશ નહિ.)

ડોક્ટર જ્યારે દિલથી મન દઈને સારી ભાવનાથી પેશન્ટની બિમારીની સારવાર આપતો હોય છે. ત્યારે પેશન્ટને તો સારું થાય છે, સાથે સાથે ડોક્ટરને પોતાને પણ સારું લાગે છે. પેશન્ટને થાય છે કે ખોટા ખર્ચાં કે ઈન્વેસ્ટીગેશન કરાવ્યા નથી. ઘણી વખત પેશન્ટને મોટી બીમારી હોય ત્યારે હોસ્પિટલ કે તે રોગના સ્પેશીયાલીસ્ટ કે સર્જન પાસે મોકલવો પડે છે. એકંદરે સારવાર લીધા બાદ પેશન્ટને ડોક્ટર માટે સારું એવું માન ઉપજે છે. તે તેમના સમાજમાં ડોક્ટરના વખાણ કરતો થઈ જાય છે અને ડોક્ટરનું ભલું ઈચ્છતો હોય છે. આ બધું અનુભવેલું છે એટલે લખવાનું મન થાય છે.

કદાચ આત્મશ્લાધા કરતો લાગું પણ તે ક્ષમ્ય ગણીને મારો અનુભવ લખું છું.

મેં અમદાવાદના નવરંગપુરા વિસ્તારમાં ઈશ્વર ભુવન પાસે ઘણા વર્ષો મેડિકલ પ્રેક્ટિસ કરી. મારા દવાખાને આજુબાજુની સોસાયટીઓમાંથી, ફ્લેટોમાંથી પેશન્ટો આવે. તેમજ ગરીબ વસાહતો જેવી કે રાજાજીના છાપરા, લીબર્ટીના છાપરા તેમજ લખુડીના છાપરાઓમાંથી ઘણા બધા ગરીબ પેશન્ટો આવે. આ ગરીબ વસાહતોમાંથી રોજ મહેનત મજૂરી કરી રોજ મેળવતા લોકો, અનુસૂચિત જાતિ, ઉત્તરપ્રદેશના ભૈયાઓ, રબારી કે પછાત જાતિના લોકો સારવાર માટે આવે.

ડોક્ટર માટે ધનિક, મધ્યમવર્ગ કે ગરીબ બધા પેશન્ટ તરીકે સરખા હોય છે. દરેકને સરખા માનથી અને મન દઈને સારવાર આપતો હોય છે. આવું થતું હોય ત્યારે ડોક્ટરને જાહેરાત આપવાની જરૂર હોતી નથી. સમાજના આ લોકો જ ડોક્ટર માટે સારો અભિપ્રાય વ્યક્ત કરતા હોય છે અને વાતો પણ કરતા હોય છે. ડોક્ટરને તો આ વાતની ખબર નથી હોતી.

૫૮ વર્ષની મેડિકલ પ્રેક્ટિસ દરમ્યાન ગમે તે સ્થળે જાઉં ત્યારે કોઈને કોઈ મળી જાય છે અને માનથી સરસ રીતે વાત કરે છે. પરદેશમાં ઘણા દેશોમાં ફર્યો ત્યારે ત્યાં પણ સારવાર લઈ ગયેલા, મને જોઈને દોડતા આવીને ભાવથી મળે છે. આવા બધા અનુભવ થાય ત્યારે મનમાં વિચાર આવે કે આ જ જિંદગીની સાચી કમાણી છે. બે પંક્તિઓ લખવાનું મન થાય છે.

“ડોક્ટર વ્યવસાયમાં તું સતત રહે જાગતુ,

સારા કર્મો કરતો રહેજે જીવનભર.”

ડો. સુધીર સી. મોદી

એમ.બી.બી.એસ., ફેમિલિ ફિઝિશિયન

નવરંગપુરા, અમદાવાદ,

મો. ૯૮૯૮૬૧૨૬૮૫



THE HEART BEHIND THE WHITE COAT

Article-5 : ૧૬ ટાંકા

થોડા દિવસો પહેલાં શહેરમાં ઘીકાંટા વિસ્તારમાં રહેતા જયેશભાઈ મારી પાસે સારવાર માટે આવ્યા. હજુ મારા નવરંગપુરાના દવાખાને દૂરના વિસ્તારમાં રહેતા જેવા કે સેટેલાઈટ, બોપલ કે શહેરના દરિયાપુર, ઘીકાંટા જેવા સ્થળોથી જૂના પેશન્ટો સારવાર માટે આવે છે. આટલા વર્ષોથી તેમનો મારામાં વિશ્વાસ જળવાઈ રહ્યો છે તે વાત મને પણ સારી લાગે છે અને ઈશ્વરની કૃપા માનું છું. તેઓ ઘણા વર્ષોથી આવતા હોય એટલે તેમની સાથે આનંદથી બીજી વાતો પણ થાય.

જયેશભાઈની સારવાર પૂરી થયા બાદ જયેશભાઈએ જ વાત કાઢી. સાહેબ ! યાદ છે હું ૧૯૭૮ માં આપના દવાખાનામાં થોડો સમય કામ કરી ગયો છું. મેં કહ્યું. હા, જૂના માણસો ક્યાંથી ભૂલાય ! તે બોલ્યા, સાહેબ તે વર્ષે આપના દવાખાનાને અમદાવાદ મેડિકલ એસોસિયેશનની “બેસ્ટ ક્લિનિક ટ્રોફી” પ્રાઈઝ મળ્યું હતું. (મને બીજી વખત ૧૯૮૮ માં પણ બેસ્ટ ક્લિનિક ટ્રોફી મળી હતી.) જયેશભાઈ બોલ્યા આપણે સૌ દિલથી કેટલું બધું કામ કરતા હતા. જયેશભાઈ આગળ બોલ્યા : અને હા પેલી એક વાત યાદ આવે છે ? મેં કહ્યું, કઈ વાત ?

તેઓ બોલ્યા ઈ.સ. ૧૯૭૮ ના ડિસેમ્બરમાં લગભગ રાત્રે ૯-૩૦ વાગ્યે દવાખાનાને બંધ કરવાના સમયે જ એક પેશન્ટને લઈને એક ભાઈ આવ્યા. તમે જોયું તો પેશન્ટ દુબળો સુકલકડી, બટન વગરનું સહેજ ફાટેલું ખમીસ, ડાબા પગમાં ફાટી ગયેલો મેલો લેંઘો અને તેમાંથી પગની પાનીથી ઢીંચણ સુધીનો લોહી નિકળતો ઘા દેખાતો હતો. ઘણી વખત ગરીબી શું છે તે અમુક વ્યક્તિને જોતાં જ ખ્યાલ આવી જાય. તેની સાથેનો ભાઈ બોલ્યો : સાહેબ ! એક ગાડીવાળો અથડાઈને જતો રહ્યો.

તે દર્દીને તુરત જ ડ્રેસિંગ ટેબલ પર લઈ લીધો. તેને પગમાં ફેકચર છે કે નહિ તે જોઈ લીધું. તે પેશન્ટને ફેકચર ન હતું. પરંતુ મેડિકલ ભાષામાં લાંબો Lacerated Wound હતો. પહેલાં તો થયું કે વી.એસ. હોસ્પિટલ મોકલી દઉં. પછી તુરત જ વિચાર આવ્યો કે મારા થી આ પેશન્ટની સારવાર થઈ શકે તેમ છે. હું જ ઘાની બરોબર સારવાર કરીશ.

સ્ટાફને તાત્કાલિક લોહી બંધ કરવા મોટો પાટો બાંધવાનું જણાવી, ટાંકા લેવાના



સાધનો સ્ટરીલાઈઝ કરવા મૂકાવી દીધા. ત્યારબાદ તે પગમાં ૧૬ ટાંકા લીધા. પેશન્ટે ઊંઘકારો પણ નહોતો ભર્યો. મોટાભાગે જોવામાં આવ્યું છે કે આવા ગરીબ પેશન્ટોમાં સહનશક્તિ ઘણી હોય છે. કદાચ બીજા દુઃખોની જેમ આ દુઃખ પણ સહન કરી લેતા હશે. જો સુખી ઘરનો આવી ઈજાવાળો પેશન્ટ હોય તો રોકકળ અને ધમાલ કરી દે. તે ગરીબ પેશન્ટના પગમાં ટાંકા લીધા બાદ સારી રીતે બેન્ડેજ કરીને ધનુરનું ઈન્જેક્શન આપ્યું. દવાઓ પણ આપી. બીજા દિવસે સાંજે આવીને બતાવી જવા જણાવ્યું. આ બધું કરતા રાતના લગભગ ૧૧-૪૫ થઈ ગયા. પૈસા કે ફીનું તો પૂછાય એવું જ ક્યાં હતું? તેના કપડા જોઈને જ થાય કે આની પાસેથી શું લેવાય? તેના સાથીએ કહ્યું, સાહેબ, હજુ પરમ દિવસે જ દેશમાંથી આવ્યો છે અને કામ શોધે છે. હજુ જમ્યો પણ નથી. તેને લઈને ગયા ત્યારે અમારા બધાના મોં પર એક સંતોષ અને આનંદ હતો કે એક ગરીબની સારી સારવાર કરી શક્યા. મારો સ્ટાફ પણ એટલો સારો કે આટલું મોડું થવા છતાં આનંદથી ઘરે જવા નીકળ્યો. સ્ટાફ કોઈ પણ પેશન્ટને ટાંકા લીધા બાદ ડ્રેસિંગ પાટો વગેરે સારી રીતે કરી દેતો હોય છે. સ્ટાફ સારો હોય તો ડોક્ટરને પણ કામ કરવાની મજા રહે.

બીજા દિવસે સાંજે તે પેશન્ટ આવ્યો અને પાટો ખોલીને ઘા જોયો તો એકદમ સરસ હતો. આપણી ભાવના સારી હોય તો સારું થતું જ હોય છે. તેવું મેં જોયું છે. ઘા માં ઈન્ફેક્શન કે ચેપ ના દેખાયો. તેને ફરી ડ્રેસિંગ કરી દવાની સમજણ પાડીને બે દિવસ બાદ બતાવી જવાનું જણાવ્યું. પગ લાંબો રાખીને આરામ કરવાની સલાહ આપી. તેના સાથીદારે પૂરેપૂરો સહકાર આપ્યો. ૧૦ દિવસ બાદ તેના ટાંકા દૂર કર્યા. ઘા સરસ રીતે ડ્રાઈ ગયો હતો. તેના અને તેના સાથીની બંનેના આંખમાં આંસુ હતા. બંને જણા પગે પડવા જતા હતા અને રોકી લીધા. તેઓ બોલ્યા : અમારા જેવા ગરીબની આવી સારી સારવાર કરી તે અમે માની શકતા નથી.

જ્યેશભાઈની આ વાત યાદ કરતાં, ભગવાને ડોક્ટર તરીકે મને સારી સમજ અને શક્તિ આપી તે માટે આભાર માનવાનું મન થાય છે.

ડો. સુધીર સી. મોદી

એમ.બી.બી.એસ., ફેમિલિ ફિઝિશિયન

નવરંગપુરા, અમદાવાદ,

મો. ૯૮૯૯૯૧૨૬૯૫

**THE HEART BEHIND THE WHITE COAT****Article-6 : વહેમ**

અસહ્ય દુઃખાવાથી પીડિત શરીર,
બે-ચાર લાલપીળી દવાઓની અસરથી
પથારીમાં બેઠું થાય...
પછી એના શરીરની જેમ જ ઘસાઈ ગયેલાં
એના વસ્ત્રના છેડામાંથી
ગાંધીબાપુના ફોટાવાળા
ટૂંટિયું વાળીને પડેલા બે-ચાર કાગળિયા
લઈને લંબાયેલા એના ધ્રુજતા હાથ
હું પાછા વાળુ છું ત્યારે...
એના કૃષ ચહેરા પર પથરાતાં
આનંદાશ્ચર્યના ભાવોને જોઈને,
એના જોડાઈ જતાં બે હાથોને જોઈને,
અને એની આંખોમાં ચમકી ઉઠતાં આંસુઓને જોઈને;
'મારામાં ભગવાન છુપાયો છે'
તેવો મારો
વહેમ
હોંશભેર પાકો થાય છે !

રચયિતા : ડો. વિનીત સી. પરીખ

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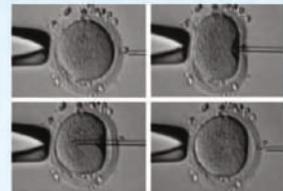
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AHMEDABAD MEDICO NEWS Registered under RNI No. GUJENG/2006/17532
 Published on 27th of Every Month under Regd. No. GAMC / 1548 / 2022-2024 issued
 by SSP Ahmedabad. Valid upto 31-12-2024 and Permitted to Post at without Prepayment
 No. PMG/NG/099/2022-2024 Valid Upto 31-12-2024 Ahmedabad PSO on 27th Date of every Month



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 of Medical Sciences,
 Eluru, Andhra Pradesh



Dr Ilankumaran Kaliamoorthy
 Chief Executive Officer
 Apollo Hospitals,
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Mr Neeraj Lal
 Regional Director
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 Professor
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Mr Shailesh Cuntu
 Deputy Chief Executive Officer
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PUBLISHER AND EDITOR : **Dr. Mehul Shah** HON. SECRETARY, ON BEHALF OF
AHMEDABAD MEDICAL ASSOCIATION. AMA HOUSE, 1st FLOOR, Opp. H.K. Arts College,
 ASHRAM ROAD, AHMEDABAD-380 009. **PHONE : 2658 87 75**

NAME OF THE PRINTING PRESS & ADDRESS :- **HITESHKUMAR & COMPANY**
 AMRUT INDUSTRIAL ESTATE, DUDHESHWAR, AHMEDABAD - 380 004.
 M. 93161 13941, 92288 85157 | **93161 13941** | E-mail: **hiteshkumarandco@gmail.com**